



Explore life,  
faith and meaning



# St. Angela Merici Church the **ALPHA** course

Where: St. Angela Merici Gym

Beginning: Wednesday, Sept. 9, 2020 – 6:30 pm

## What is Alpha?

Alpha is a series of sessions exploring life and the Christian faith in a relaxed and friendly setting. Alpha began in 1977 in London, England and is now run all around the globe, and everyone is welcome. No two Alphas look the same, but they generally have three things in common: food, a talk and good conversation.

## What is Alpha for?

Alpha is for anyone who's curious. The Alpha Film Series are designed to encourage and explore the basics of the Christian faith in a friendly and open environment. No question is out of bounds and you are free to discuss as much or as little as you wish

## How does it work?

Alpha is ten sessions with the option of a day or weekend in the middle. Each Session includes a full meal, a short video presentation and a discussion at the end where you may share your thoughts. At any point, if you think Alpha isn't for you, that's not a problem. There's no pressure, no follow-up and no charge.

## 2020 Fall Schedule

Date	Day	Week #	Session #	Session Title	Time
Sept. 9, 2020	Weds.	Week 1	Session 1	"Is There More to Life Than This?"	6:30-8:30 p.m.
Sept. 16, 2020	Weds.	Week 2	Session 2	"Who Is Jesus?"	6:30-8:30 p.m.
Sept. 23, 2020	Weds.	Week 3	Session 3	"Why Did Jesus Die?"	6:30-8:30 p.m.
Sept. 30, 2020	Weds.	Week 4	Session 4	"How Can I Have Faith?"	6:30-8:30 p.m.
Oct. 7, 2020	Weds.	Week 5	Session 5	"Why and How Do I Pray?"	6:30-8:30 p.m.
Oct. 14, 2020	Weds.	Week 6	Session 6	"Why and How Should I Read the Bible?"	6:30-8:30 p.m.
Oct. 21, 2020	Weds.	Week 7	Session 7	"How Does God Guide Us?"	6:30-8:30 p.m.
<b>Oct. 23, 2020</b>	<b>Fri.</b>	<b>Weekend</b>		<b>Introduction to the Weekend</b>	6:30-8:30 p.m.
<b>Oct. 24, 2020</b>	<b>Sat.</b>	<b>Weekend</b>	<b>Session 8</b>	<b>"Who Is the Holy Spirit?"</b>	9 a.m.-3 p.m.
		<b>Weekend</b>	<b>Session 9</b>	<b>"What Does the Holy Spirit Do?"</b>	
		<b>Weekend</b>	<b>Session 10</b>	<b>"How Can I Be Filled with the Holy Spirit?"</b>	
		<b>Weekend</b>	<b>Session 11</b>	<b>"How Can I Make the Most of My Life?"</b>	
Oct. 28, 2020	Weds.	Week 8	Session 12	"How Can I Resist Evil?"	6:30-8:30 p.m.
Nov. 4, 2020	Weds.	Week 9	Session 13	"Does God Heal Today?"	6:30-8:30 p.m.
Nov. 11, 2020	Weds.	Week 10	Session 14	"Why and How Should I Tell Others?"	6:30-8:30 p.m.

[Alpha Coordinators -](#)

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