



CLIENT RIGHTS AND RESPONSIBILITIES
ACKNOWLEDGMENT
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Your Rights as a Client

As a client of Practical Choices and Healthy Change Therapy, LLC you can expect to:

- Be treated with respect, dignity and courtesy regardless of age, disability, cultural and linguistic background, gender, sexual orientation, socioeconomic status, and religious or spiritual beliefs.
- Receive full information about your treatment provider's knowledge, skills, experience, and credentials; and limitation of the counselor's practice to special areas of expertise or age group.
- Have information you disclose to your therapist be kept confidential, and be informed of any state laws placing limitation on confidentiality in the counseling relationship.
- Have your rights to privacy and confidentiality protected, within the limits imposed by the federal and state confidentiality laws and regulations.
- Ask questions about the counseling techniques and strategies and be informed of your progress.
- Participate in setting goals and evaluating progress toward meeting them.
- Know that sexual relations between a therapist and client or former client are against the law.
- Receive services in a safe setting and to know that the services provided are effective and of a quality consistent with professional standards of care.
- Receive services in an environment that is free of all forms of abuse, including, but not limited to, (a) fiduciary abuse, (b) physical abuse and punishment, (c) sexual abuse and exploitation, (d) psychological abuse including humiliation, treats and exploitation, and (e) all forms of seclusion and restraints.
- Have access to information about your counseling and treatment options and be involved in decision-making regarding this options.
- Have full information about program fees, rescheduling fees, and method of payment.
- Request a referral for a second opinion an any time.
- Request copies of records and reports to be used by other counseling professionals.
- Receive a copy of the code of ethics to which your therapist adheres.
- Be able to refuse any, or all, assessment and treatment services that is offered, and terminate the relationship at any time.
- Contact the appropriate professional organization if you have doubts or complaints relative to the therapist conduct.

Your Responsibilities as a Client

As a client of Practical Choices and Healthy Change Therapy, LLC you are responsible for:

- Refraining from all forms of physical violence or abuse towards client's or therapist.
- Refrain from abusive language, disruptive behavior or overt sexual conduct towards client's or therapist.
- Refrain from loitering.
- Treating other clients and therapist in a respectful manner.
- Act in a civil, decent, and respectable manner and treat other clients and therapist in the way that you would like to be treated.
- Dress appropriately and recognize that you will not receive services if you are not wearing a shirt and shoes.
- Ensuring that you are not under the influence of alcohol or other drugs, and/or behaving in a way which makes delivery of services difficult or dangerous.
- Attending appointments and informing the therapist as soon as possible if you are unable to attend schedule appointment.
- Respecting property.
- Refraining from bringing any illicit/illegal drugs or alcohol onto property.
- Recognize and acknowledge that a violation of these client responsibilities can result in involuntary discharge and discontinuation of all services.

By signing below, I acknowledge that I have read and understand my rights and responsibilities as a client of Practical Choices and Healthy Change Therapy, LLC.

Client name (please print)

Signature of client

Date signed

Signature of therapist

Date signed