

## **2017 Women's Therapy Center Training Programs Information Sheet**

The Women's Therapy Center, founded in 1978 as a program where women would train women to work with women, bases its work on a relational model, grounded upon the notion that a person's sense of self develops within the psychological context of interpersonal relationships. These relationships take place within each person's socio-cultural environment. The organization is committed to integrating clinical excellence with the principles of social justice. We are committed to maintaining ethnically diverse training cohorts and welcome applicants of color. Although the Women's Therapy Center has its roots in the gender politics of the 1970's and continues to be predominantly a women's organization, we welcome trans/genderqueer/gender nonconforming applicants.

### **Two-Year Intensive Training Program**

This training program is for pre- and post-degree MFT and LCSW interns, pre- and post-degree doctoral interns, and licensed therapists who want specialized training in psychodynamic, relational treatment of adult women and gender nonconforming people. WTC offers a cohesive training program that includes: weekly individual supervision (with a second hour of individual supervision when the caseload reaches 6-7), weekly case conferences (group supervision), and weekly didactic curriculum focused on the theory and technique of psychodynamic relational therapy within a social-cultural context. Agency Therapists are expected to develop a caseload of 10 clients per week. Our Agency Therapists are an integral part of the WTC community and participate in special community trainings, agency committees, and community service.

Agency Therapists ***must be available*** for weekly training on Wednesdays, 9:00 a.m. – 2:30 p.m. for this program. At the Women's Therapy Center, we believe that personal psychotherapy is a critical component of training. As a result, Agency Therapists must be in their own personal depth psychotherapy during the course of this program or have extensive personal depth psychotherapy experience. This is an ***unpaid*** training program.

### **Advanced Training Program (ATP)**

The Advanced Training Program is a one year program that offers Agency Therapists specialized training focusing on therapy with couples and, to a lesser extent, working with adolescents. In addition, the ATP program offers the experience of working with individual adult women, small numbers of gender nonconforming adults, and professional development guidance for transitioning into private practice. Agency Therapists continue to receive substantive supervision, both individually and in case conferences. You do not need to be a graduate of our two-year internship to apply to our Advanced Training Program.

The Advanced Training Program is appropriate for licensed and unlicensed clinicians who have had a minimum of three years of clinical practice (at least two of which must be post-graduate) and in-depth training. Graduates of the ATP program may take their clients with them when they leave to go to another practice setting. Agency Therapists graduating from ATP have said that they feel well-prepared to enter into independent practice, armed with a solid base in both individual and couples therapy and with good practical knowledge of legal, ethical, financial, and marketing issues necessary for licensed practice.

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Please contact Executive Director Lisa Perry with questions at (510) 524-4822, ext.101 or [ed@womenstherapy.org](mailto:ed@womenstherapy.org).

***Please visit [www.womenstherapy.org](http://www.womenstherapy.org) for more information on WTC.***