



# PARK'S YONG IN MARTIAL ARTS 2018 SCHEDULE

Effective 1/3/2018

Master Yong M. Park

| Time   | MON  | TUE  | WED   | THUR  | FRI  | SAT  |
|--|--|--|---|---|--|--|
| 3:00 PM<br>4:00 PM   | Private Lesson   | Private Lesson   | Private Lesson                                | Private Lesson                              | <b>Instructor Training</b>                     | Private Lesson                                       |
| 4:00 PM<br>4:30 PM   | <b>TINY TIGER</b><br>4-6yrs                                      | <b>TINY TIGER</b><br>4-6yrs                                    | <b>TINY TIGER</b><br>4-6yrs                   | <b>Tae Kwon Do Black Belt</b><br>4-5:20     | <b>Junior Leader Training</b><br>4-4:30        |  |
| 4:30 PM<br>5:20 PM   | <b>Tae Kwon Do</b><br>White & Yellow                             | <b>Tae Kwon Do</b><br>Red & Semi-Black                         | <b>Tae Kwon Do</b><br>White & Yellow          |   | <b>Tae Kwon Do</b><br>Blue, Brown<br>Hi-Brown  | <b>Tae Kwon Do</b><br>Weapon<br>Level 2<br>4:30-5:10 |
| 5:20 PM<br>6:10 PM   | <b>Tae Kwon Do</b><br>Orange<br>Green, Purple                    | <b>Tae Kwon Do</b><br>Blue, Brown<br>Hi-Brown                  | <b>Tae Kwon Do</b><br>Orange<br>Green, Purple | <b>Tae Kwon Do</b><br>All Belt<br>5:10-6:00 |  |  |
| 6:10 PM<br>7:00 PM   | <b>Tae Kwon Do</b><br>Blue, Brown<br>Hi-Brown, Red<br>Semi-Black | <b>Tae Kwon Do</b><br>White<br>Yellow, Orange<br>Green, Purple | <b>Tae Kwon Do</b><br><b>Black Belt</b>       | <b>Tae Kwon Do</b><br>Weapon<br>Level 1     |  | <b>Tae Kwon Do</b><br>Sparring<br>6:00-7:00          |
| 7:00 PM<br>8:00 PM   | <b>Yong Moo Do</b><br><b>Judo</b>                                | <b>Elite</b><br><b>Demo Team</b><br>7-8:30                     | <b>Tae Kwon Do</b><br>All Belt                | <b>Kumdo</b><br>Sword                       | <b>Yong Moo Do</b><br><b>Judo</b><br>7:00-8:00 |  |
| <p><b>Tae Kwon Do Sparring</b><br/>           (1<sup>st</sup> &amp; 3<sup>rd</sup> Week) Yellow, Orange, Green, Purple, Blue, Brown Belt<br/>           (2<sup>nd</sup> &amp; 4<sup>th</sup> Week) Hi Brown, Red, Semi Black, Black Belt<br/>           (5<sup>th</sup> Week) All Belt</p> |  |  |   |   |  |  |

Private lessons are by appointment only. Please ask Melinda for details.  
 You can schedule a private lesson with either Master Park or an Instructor  
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**www.gowmas.com    618-624-1991**

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