

## **DISCLAIMER**

**This disclaimer governs your use of mysensationsofnature.com. By using this website, you accept this disclaimer in full. If you disagree with any part of this disclaimer, do not use mysensationsofnature.com. We have the right to modify these terms at any time. You should therefore check back for changes. By using this website after we post any changes, you agree to accept those changes, whether or not you have reviewed them.**

**The purpose of this website & blog is to share with you my products, research on remedies, thoughts, projects, experiments, experiences and information as I attempt to improve and lead a healthier more natural & chemical-free lifestyle.**

**The information presented on this site, is for informational purposes only, and is not meant to substitute medical advice or diagnosis provided by a qualified health practitioner. Please discuss your personal health, including any ideas you may read, on this site or others, with your health practitioner before making any changes.**

**Always consult your physician before using any herbal products, especially if you have a medical problem.**

**My aim is to simply help share information, promote the chemical-free products I create based on research, that have been tried and tested by myself and have worked for me, my family and friends.**