



## The Rhythms of Winter...

Winter is often a time of slowing down, regrouping by the warmth of a fire and getting ourselves ready for the promise of Spring's rebirth. Our work at the Clarkston Family Farm truly reflects the season. Despite the frozen ground and frigid temperature, our team has been working hard to continue to build our Farm and reach our community! With ongoing programs, upcoming workshops and the redesigning and rebuilding of our new Healing Hoophouse, our winter schedule has barely slowed down!





PIC·COLLAGE

### ***Clarkston Family Farm Market Update***

After a wonderful, busy year, the CFF Market will be slowing down to winter hours, starting February 6th. We will still be open every Wednesday from 12-6pm. Stop on by for some farm fresh eggs, Fran's homemade bread, Simply Gourmet Salsa, winter produce and more! Our market space is busy holding daily workshops, though, so check out how you can still have great fun at the farm! When the market is open our farm is open, Visiting times. Please feel free to visit our farm during those times and bring scraps to the chickens or help take care of our bunnies. We always love to see new (and old) faces at the farm.

### ***Ongoing and Upcoming Programs...***

*Garden Club Winter Session* is just winding down. This fun, inquisitive group of students is actively growing micro greens under lights, in our Green Room! Even though our Michigan winters don't allow us to continue planting and growing outside, there is still so much to learn from these cold months ...



Join The Fun and sign-up

[Herbal Yoga Fusion Workshop](#) will begin on February 3rd. Come join us in the Green Room as we stretch, strengthen and heal our bodies. Lead by yoga instructor, Connie Passenja, and herbalist Amy Vines, we will explore different body systems during this 4 week series.

[DIY Gnome Workshop](#) Come create your own gnome in this fun DIY workshop at the Sunflower Market. Workshops will be held Saturday February 8th, at noon, and Wednesday February 12th at 4:30pm. All ages and abilities are welcome!

On Monday February 17th and Tuesday February 18th, from 1-3 p.m. Chef Carol will be hosting a [Farm to Table Cooking Class](#). Under Chef Carol's guidance you will be creating mini-pizzas on Monday and fresh pasta on Tuesday. You can sign-up for each workshop individually or both and get a discount! This class is best suited for kids ages 8 and up.

[Our new Podcasts](#) have become a family favorite! Please check out our past episodes, as Chelsea interviews different contributors to the Family Farm and expands on our Mission and purpose. Upcoming episodes will feature Larry and Louisa Stenkle from our very own local Brioni's Cafe, and Sarah Johnson (Fundraising Chair) and Clem Bond (Community Outreach Chair), two of our own Board Members....

Its not too early to start saving the date! ***Brunch with Brioni*** at the Farm will be held on Sunday May 17th, 2020. This fun, family friendly gathering is sure to feature great local food, and fabulous entertainment for all ages! More information will follow soon!



**TOP DIGGER AWARDS**

**Jason and Melanie Haley from Ace Hardware.**

We are so grateful to Jason and Melanie for quickly organizing a fun raffle for a donated new grill! The drawing for a winner took place during a fun filled Ladies' Night Out, and all proceeds were donated to the Healing Hoophouse!



**The Hemsworth Family**

-Every Tuesday, rain or shine, the animals at the CFF have been taken care of by the Hemsworths! Your generous time donation is always so appreciated!



### **Calvin Bordine**

- Calvin and the Bordine family have generously donated time, funds and greatly appreciated expertise. All this help has provided the CFF team with tools to make sure the Hoophouse can be rebuilt stronger and more accessible! We cannot wait to keep working with the Bordines!



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