

# BREAKFAST served until 2 PM

## WEEKDAY SPECIALS

Monday to Friday until 10 am  
(Excludes Holidays)  
Includes Coffee, Tea or Soda Pop

<b>Early Riser</b>	<b>11</b>
2 Eggs "how You like them"	
A choice of Ham or 2 Bacon Strips or a Sausage Patty.	
All served on a large Pancake	
<b>Early Traditional</b>	<b>12</b>
2 Eggs "how You like them"	
A choice of Ham or 4 Bacon Strips or 2 Sausage Patties or a Bavarian Smokie. Served with Toast & Pan Fries	

## SIDES

<b>A Slice of Banana or Corn Bread</b>	<b>3</b>
<b>Two Slices of Multi-Grain, Raisin, Rye, Sourdough or White Toast</b>	<b>3</b>
<b>A Slice of Ham</b>	<b>4</b>
<b>Two Eggs "how You like them"</b>	<b>4</b>
<b>Five Strips Low Sodium Bacon</b>	<b>5</b>
<b>Gluten Free Burger Bun</b>	<b>2</b>
<b>Smokie or 2 Sausage Patties</b>	<b>4</b>
<b>Strawberries &amp; Whipped Cream</b>	<b>4</b>
<b>Large Fresh Fruit Bowl</b>	<b>6</b>
<b>Side of Gravy</b>	<b>2</b>
<b>Extra Portions: Dressings</b>	<b>.50</b>
<b>Sauces</b>	<b>.50</b>

## MEXICAN FLAVOUR

<b>3 Egg Mexican Omelette</b>	<b>16</b>
Salsa, Guacamole & Refried Beans with Mixed Cheese. Topped with Sour Cream & served with in house Corn Bread or Your choice of Toast	
<b>Huevos Rancheros</b>	<b>16</b>
2 Eggs "how You like them" over in house Refried Beans & Salsa. Served in a warm 12" Tortilla dish, topped w/ Cheese & Sour Cream	
<b>12" Breakfast Burrito &amp; Pan Fries</b>	<b>14</b>
2 Scrambled Eggs, Mixed Cheese, Bell Peppers, Onions & in house Salsa. Topped with Sour Cream.	
<b>Add Avocado or Refried Beans</b>	<b>3</b>
<b>Add Our Fresh Guacamole</b>	<b>2</b>
<b>Add Diced Chicken</b>	<b>4</b>
<b>#New - Carnita Sopes</b>	<b>15</b>
Shredded, Pork, White Beans, Pickled Red Onions & Cilantro. Served on 2 Corn Tortillas topped with Fried Eggs & Feta Cheese (or enjoy the Half Order 11)	

## Allergy Alert!

Please Notify Your Server If You Have Any Allergies

## HEARTY FARE

Served with Pan Fries  
Choice of Multi-Grain, Raisin, Rye, Sourdough, White Bread or our Corn Bread

<b>Road Warrior</b>	<b>16</b>
3 Eggs "how You like them" Ham, 3 Bacon Strips, choice of Sausage Patty or ½ Bavarian Smokie & 2 slices of Toast	
<b>Traditional</b>	<b>13</b>
2 Eggs, choice of Ham or 4 Bacon Strips or 2 Sausage Patties or a Bavarian Smokie & 2 slices of Toast	
<b>Express Traditional</b>	<b>9</b>
1 Egg, choice of Ham or 2 Bacon Strips or ½ Smokie or a Sausage Patty. Served with a slice of Toast	
<b>Vegetarian Traditional</b>	<b>13</b>
2 Eggs, in house Refried Beans & Avocado. Served with 2 Slices of Toast	
<b>Sub. Tomatoes for Pan Fries</b>	<b>1</b>
<b>Sub. Fresh Fruit Cup for Pan Fries</b>	<b>3</b>

## MORE FAVOURITES

<b>The Riser</b>	<b>14</b>
2 Eggs "how You like them, 3 Bacon Strips & served on a large Pancake	
<b>McJac's Flap Jacs</b>	<b>9</b>
2 large Buttermilk Pancakes	
<b>Add Strawberry Compote &amp; Whip Cream</b>	<b>4</b>
<b>A Bowl of Hot Oatmeal</b>	<b>7 or a Cup 5</b>
<b>Add Raisins &amp; Almonds</b>	<b>3</b>
<b>Belgian Waffles &amp; Strawberry Compote</b>	<b>12</b>
Whipped Cream, Butter & Syrup	
<b>Daily Double Waffles</b>	<b>16</b>
2 Eggs, 2 Bacon Strips, Butter, Syrup, Strawberry Compote & Whipped Cream	
<b>French Toast with Butter &amp; Syrup</b>	<b>9</b>
2 Slices of Your Choice of Bread, dipped in Egg Batter & Grilled to perfection	
<b>In House Banana Bread French Toast</b>	<b>10</b>
with 2 Strips of Low Sodium Bacon & sprinkled with Icing Sugar & Cinnamon	
<b>Add Fresh Sliced Bananas</b>	<b>2</b>
<b>Classic Eggs Benny</b>	<b>13</b>
2 Poached Eggs, Hollandaise Sauce & Ham on a toasted English Muffin (or enjoy the Half Order 9.5)	
<b>Santa Fe Benny</b>	<b>14</b>
2 Poached Eggs, Hollandaise Sauce, Avocado & Salsa on a toasted English Muffin (or enjoy the Half Order 10.5)	
<b>Build Your Own 2 Egg Benny</b>	<b>11</b>
<b>Add Smoked Salmon</b>	<b>4</b>
<b>Add Sausage Patty or 2 Strips Bacon</b>	<b>2</b>
<b>Add Avocado or Salsa</b>	<b>2</b>
<b>Add Capers or Tomato or Spinach</b>	<b>1</b>

## 3- EGG OMELETTES

Served w/ Pan Fries & Toast.  
Choice of Multi-Grain, Raisin, Rye, Sourdough, White Bread or Corn Bread  
Sub. Fresh Fruit Cup for Toast 2

<b>Southwestern</b>	<b>16</b>
Seasoned Chicken, Salsa & mixed Cheese. Topped with Sour Cream	
<b>Add Refried Beans</b>	<b>3</b>
<b>Vegetarian</b>	<b>14</b>
Feta or Mixed Cheese with Bell Peppers & Onion. Topped with Avocado & Sour Cream	
<b>Denver</b>	<b>14</b>
Bell Peppers, Onions, Diced Ham & Mushrooms	
<b>Add Mixed Cheese or Feta</b>	<b>1</b>
<b>Greek Frittata</b>	<b>15</b>
Spinach, Feta, Sautéed Onions & Mushrooms served open faced. Topped with freshly diced Tomatoes & in house Garlic Olive Tapenade	
<b>Build Your Own 2 Egg Omelette</b>	<b>11</b>
<b>Choose Feta or Mixed Cheese</b>	
<b>Add Spinach or Bell Peppers</b>	<b>1</b>
<b>Add Mushrooms or Onion</b>	<b>1</b>
<b>Add Fresh Diced Tomatoes</b>	<b>1</b>
<b>Add an Egg</b>	<b>2</b>
<b>Add Sour Cream &amp; Salsa</b>	<b>2</b>
<b>Add Refried Beans or Avocado</b>	<b>3</b>
<b>Add Ham or Bacon</b>	<b>3</b>
<b>Add Bay Shrimp</b>	<b>4</b>
<b>Cali Scramble</b>	<b>15</b>
2 Scrambled Eggs, Goat Cheese, Red Peppers, Spinach & Green Onions, all mixed in Dill Crème Fraiche. Topped with Sliced Avocado & Served with in house Corn Bread	
<b>#New - Corn Beef Hash</b>	<b>14</b>
Grilled Bell Pepper Mix, Red Onions, Mushrooms, Corn Beef & Mixed Cheese. Tossed over Pan Fries, topped with 2 Eggs "how You like them" & 2 Toast.	
<b>Add Diced Tomatoes</b>	<b>1</b>

## ASK YOUR SERVER

Espresso Coffee is available  
Latte, Cappuccino, Mocha,  
Americano  
5.50

## DID YOU KNOW?

All our draught Beer is local Craft  
Our house Wines are from B.C.  
Happy Hour is from 3:00 – 6:00 PM  
with Appy's for \$9  
Our Mimosas & Caesars are \$6 on  
Sunday & all Martinis are \$7 on  
Friday