

**ADOPTION VIVERE CANADA
 DIRECTORY OF SOCIAL INTEGRATION RESOURCES
 DURING DIFFICULT PREGNANCY
 UPDATED JANUARY 10, 2018**

OUTAOUAIS – QUEBEC SIDE

ADOPTION SUPPORT

Vivere Adoption Canada

Tel.: 1-866 445-9695; email: viverecanada@gmail.com;

Web site: www.vivereadoption.site

Support for exploring open, semi-open or closed adoption, also tutelage; reference to social integration resources for difficult pregnancy

Association Emmanuel, l'amour qui sauve: Adoption support for ill or handicapped children

Tel.: (819) 857-4613; located in Drummondville but cover entire province

Email: cat.desrosiers@emmanuel.qc.ca; Web site: www.emmanuel.qc.ca

Centre Jeunesse Outaouais, newborn adoption service (not to be confused with “Banque mixte”)

Tel. : (819) 771-2990 x 2135; contact person: Mrs. Sylvie Provost

LEGAL AID (family law - tutelage)

To find the legal aid offices nearest you, go to www.csj.qc.ca/commission-des-services-juridiques/nous-joindre/bureaux-d-aide-juridique/en and enter the first three characters of your postal code in the search box.

Bureau d'aide juridique (BAJ) de Gatineau – Gatineau Sector

365 Greber Blvd., Suite 202; tel. : (819) 568-0990; email : bureaugatineau@ccjo.qc.ca

BAJ de Gatineau - Hull Sector

768 St. Joseph Blvd., Hull; tel. : (819) 772-3011; email: bureaucivil-famille@ccjo.qc.ca

BAJ de Campbell's Bay

142 Front St.

Tel.: (819) 648-2259; email: bureaucampbellsbay@ccjo.qc.ca

BAJ de Gatineau – Aylmer Sector

204, Aylmer Rd., Suite B-403

Tel. : (819) 684-0333 ; courriel : bureauaylmer@ccjo.qc.ca

BAJ de Gatineau – Buckingham Sector

135 Joseph St.; tel. : (819) 986-6733; email: bureaubuckingham@ccjo.qc.ca

BAJ de Maniwaki

116 King St., Suite C

Tel.: (819) 449-4800; email: bureaumaniwaki@ccjo.qc.ca

FAMILY LAW LAWYERS (private intra-family adoption)

To choose a lawyer specialized in family law practising in English in Quebec, visit <https://www.yellowpages.ca/search/si/1/Family+Lawyers/Gatineau+QC>

MEDICAL AND PSYCHOSOCIAL SUPPORT

CLSC: “Services intégrés en périnatalité et pour la petite enfance” (SIPPE) Program: for pregnant women who have not completed high school and who are living in a context of poverty.

To find the **CLSC** closest to you:

- Enter your postal code on this site: www.sante.gouv.qc.ca/repertoire-ressources/clsc/; or
- If you do not have Internet access, call Service Québec at 1-877-644-4545.

Midwives

If the midwife works in a « Maison de naissance » affiliated with a CISSS or a CIUSSS, then you can be assured that she is officially recognized by the **Ordre des sages-femmes du Québec** (www.osfq.org)

Maison de naissance de l’Outaouais (CISSS de l’Outaouais)

76 Gatineau Avenue

Tel.: (819) 966-6585; email: 07_CISSSO_MDN@ssss.gouv.qc.ca

Web site: to come

Doulas (birthing accompaniment)

In choosing a doula, it is always a good sign if she is a member of the **Réseau québécois d’accompagnantes à la naissance**, at www.naissance.ca, as well as of the **Association québécoise des accompagnantes à la naissance**, at www.aqan-qad.com/membres/recherche/.

Maison Renaissance Outaouais

115 Sacré-Cœur boulevard; tel.: (819) 561-4499; Web site: www.noutaouais.ca

TEMPORARY HOUSING

Resources for youth

Auberge du cœur Héberge-ados by Avenue des jeunes (max. 60 days)

39 Richard St., Gatineau; tel.: (819) 771-1750; email: intervenant@avenuedesjeunes.com

Auberge du Cœur L'Appart Adojeune by Ado-jeunes (max. 7 days)

10 Curé-André-Pressault St., Apt. 2, Gatineau; tel.: (819) 205-7204 + EMERGENCY: (819) 743-2220

Email: appart_adojeune@hotmail.com

Le Belvédère de Vallée-Jeunesse (16-24 years of age, subsidized semi-permanent housing)

111 Carillon St., Gatineau; Tel.: (819) 778-8550, extension 103; email: belvedere@valleejeunesse.ca

Web site: www.valleejeunesse.ca/heacutebergement.html

Resources for women

Centre Mechtilde (18 years +)

Gatineau ; tel.: 0; email: accueil@centremechtilde.ca; Web site: www.centremechtilde.ca

L'Autre Chez Soi (18 years +, conjugal violence only)

Gatineau; tel.: (819) 685-0006; email: lautrechezsoi@qc.aira.com; Web site : www.lautrechezsoi.com

Maison Libère-Elles (18 years +)

Chelsea; tel.: 0;email: admin@maisonlibere-elles.ca; Web site: www.maisonlibere-elles.ca

L'Entourelle (18 years +)

Fort Coulonge; tel.: (819) 683-2709; email: lentourelle@bellnet.ca; Web site: www.lentourelle.com

Halte Femme Haute-Gatineau (18 years +)

Maniwaki; tel.: (819) 449-4545;email: info@halte-femme.haute-gatineau.ca

Web site: www.halte-femme.haute-gatineau.ca

BUDGET COUNSELLING

Association coopérative d'économie familiale (ACEF) Outaouais

109 Wright St., Gatineau, Hull sector; tel.: (819) 770-4911; Web site: no

STUDIES

Centre local d'emploi (CLE), "Ma place au soleil" Program: support for parents of less than 25 years of age for returning to studies

Web site: <http://www.emploiquebec.gouv.qc.ca/citoyens/developper-et-faire-reconnaitre-vos-competences/formation/programme-pour-les-jeunes-parents-ma-place-au-soleil/>

To locate the **Centre local d'emploi (CLE)** nearest you:

- Enter your postal code and select the « soutien aux individus » bullet on the following Web site: <https://www.mess.gouv.qc.ca/services-en-ligne/centres-locaux-emploi/localisateur/services.asp> ; or
- If you do not have Internet access, you can call Services Québec at 1-877-644-4545.

It is always possible to move to Ontario and follow their high school education at a distance. It is also possible to keep residing in Quebec and follow the Ontario distance education, but the cost will be \$430 per course instead of only \$30 per course for Ontario residents.

OUTAOUAIS – ONTARIO SIDE

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Conlin Adoption Services – Ontario licensed private adoption agency

Paul J. Conlin, lawyer

3332, McCarthy Rd., suite 37053, Ottawa; tel.: (613) 282-8795; email: pconlin@conlinlaw.com

Adoption Resource and Counselling Centre (ARCS), Mrs. Jenny Painter, MSW – Ontario licensed private adoption agency

162 Phillips St., Kingston; tel.: (613) 542-0275; email: jennie@openadoption.ca

Web site: www.openadoption.ca

Adoption Council of Ontario; www.adoption.on.ca/i-want-to-place-my-child

MEDICAL AND PSYCHOSOCIAL SUPPORT

Ottawa Public Health “Heathy Babies, Healthy Children” Program

100 Constellation Dr.; tel.: (613) 580-6744; Web site: www.ottawapublichealth.ca/en/public-health-services/healthy-babies--healthy-children--hbhc-.aspx

Midwives

Registered with the College of Midwives of Ontario (www.cmo.on.ca)

Community Midwives of Ottawa/Ottawa Birth and Wellness Centre

2260 Walkley Dr., unit 101; tel.: (613) 883-3566; email: admin@ottawamidwives.ca;

Web site: www.ottawamidwives.ca

East Ottawa Midwives

5310 Canotek Rd., Unit 202; tel.: (613) 745-1711; email: sages-femmes@bellnet.ca ;

Web site: www.eastottawamidwives.com

Midwifery Collective of Ottawa

88 Centrepointe Dr., Unit 200, tel.: (613) 730-2323; email: reception@midwiferycollective.com;

Web site: www.midwiferycollective.com

Midwifery Group of Ottawa

700-265 Carling Ave., tel.: (613) 729-9957; email: admin@midwiferygroupofottawa.com

Web site: www.midwiferygroupofottawa.com

Ottawa South Midwives

4112 Albion Rd.; tel.: (613) 822-6646; email: admin@ottawasouthmidwives.com

Web site: www.ottawasouthmidwives.com

Ottawa Valley midwives

1 Costello Dr., unit 1, Carleton Place; tel.: (613) 253-3148; email: admin@ottawavalleymidwives.com
 Web site: www.ottawavalleymidwives.com

Doulas (birth accompaniment)

It's better to find one that is a member of the Association of Ontario Doulas at www.ontariodoulas.org

National Capital Doulas

Tel: no; email: info@nationalcapitaldoulas.com ; Web site: www.nationalcapitaldoulas.com

Ottawa Doula Services

54B Woodford Way, Barrhaven; tel.; (613) 660-8098; email: sherry@ottawadoulaservices.ca

STUDIES**Youville Centre: M.F. McHugh Education Centre (high school program)**

150 Mann Avenue, Ottawa; tel.: (613) 864-6611 or (613) 231-5150
 Email: info@youvillecentre.org; Web site: www.youvillecentre.org

HOUSING-STUDIES COMBO**St. Mary's Home + Young Parent Outreach and Program Centre ("The Centre")**

Residence for the duration of pregnancy and a few months after birth, and high school program
 780 de l'Église St., Vanier; tel.: (613) 749-2491; email : info@stmaryshome.com

HOUSING AND CHILDCARE SUPPORT**Young Parent Support Network (YPSN), "Ottawa Young Parents Program"**

780 de l'Église St., Ottawa; tel.: (613) 749-4584; email: info@ottawayoungparents.com ;
 Web site: www.ottawayoungparents.com

Bethany Hope Centre (Salvation Army) – Housing Support +

820 Woodroffe Ave., Ottawa: tel.: (613) 725-1733, extension 212
 Email: info@bethanyhopecentre.ca; Web site: www.bethanyhopecentre.ca

BUDGET COUNSELLING**EBO Financial Education Centre**

300 Olmstead St., Vanier, 2nd Floor; tel.: (613) 746-0400;
 Email: info@centre-ebo.com; Web site: www.centre-ebo.com/en/

This directory is posted at the bottom of the home page at www.vivereadoption.site .
 Other directories for other regions are also posted there.

Updated January 10, 2018 at 11:40 a.m.