

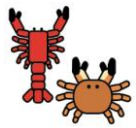
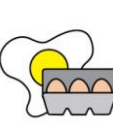






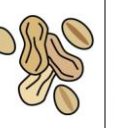

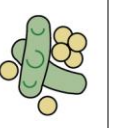






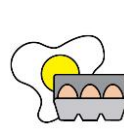
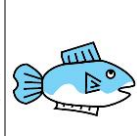


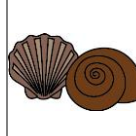




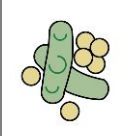

DISHES AND THEIR ALLERGEN CONTENT – Firs Riverside B & B, Ironbridge

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Orange Juice														
Apple Juice														
Flora sachet							Y							
Lurpack sachet							Y							
Soya Milk										Trace			Y	
Clover							Y							
Coop White Bread		Y											Y	
Coop Wholemeal Bread		Y											Y	
Heinz Beans														

Review date: 17th March 2015

Reviewed by: Leo Fisher, Proprietor




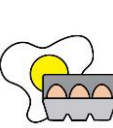






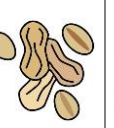

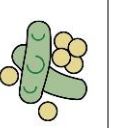

DISHES AND THEIR ALLERGEN CONTENT – Firs Riverside B & B, Ironbridge

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Chefs Larder Peeled Plum Tomatoes														
Lichfields Marmalade														
Lichfields Blackberry Jam														
Lichfields Raspberry Jam														
Lichfields Honey														
Jumbo Oats		Y												
Kellogg's Fruit and Nut		Y								Y				
Nestle Shredded Wheat		Y								Y				
Kellogg's Corn Flakes		Y												

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DISHES AND THEIR ALLERGEN CONTENT – Firs Riverside B & B, Ironbridge

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Weetabix		Y												
Kellogg's Rice Krispies		Y												
Alpen		Y					Y			Y				
Kellogg's CoCo Pops		Y												
Lincolnshire Sausages		Y											Y	
Chefs Larder Smoked TC Back Bacon														
Heinz Tomato Ketchup	Y													
HP Brown Sauce		Y												
Free From Cornflakes														




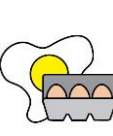

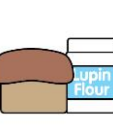







Review date:
17th March 2015

Reviewed by: Leo Fisher, Proprietor



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DISHES AND THEIR ALLERGEN CONTENT – Firs Riverside B & B, Ironbridge

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Free From Pure Porridge Oats														
Free From Genius Bread				Y						Y				
Marmite	Y													
Vegetarian, Mushroom, and Tomato Tahini		Y										Y	Y	Y
Quorn Sausages		Y		Y			Y							
Linda McCartney Sausages													Y	

Reviewed:
31st May 2015

Reviewed by: Leo Fisher, Proprietor



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