

"If it hurts, then STOP! Don't use the armstrong method!"

Rest as long a duration as you play. 4) Low Slurs – More low stuff! This is for the low range and a loose jaw!
Play on the F Horn fingerings: 0, 2, 1, 1-2, 2-3

*The trick is to slur the whole phrase smoothly **in one breath!** For those of you still developing breath control and/or range, I have broken this down into sections. Note the dotted sections. These are suggestions of where to end this exercise until range and breath control are more developed. *

Yes, maybe boring, but these are lifesavers!
Listen to your sound. Focus the sound. Keep control.

5) Long Tones!! Always do these for control and support of a steady air stream in loud and soft dynamics. Be aware of your attacks and releases. Try these on a different scale and range each week. (Thus; kill 2 birds with 1 stone!)

6) Krehbiel Doodles Easy does it! On F Horn again Please; 0, 2, 1, 12, 23, 13 that's it! Try with both articulations. First all slurred. Then, slur 2/ tongue 2 in the last two bars.

7) Tongued Fast Notes Try different scales/keys each week or each time. Work the tempo up faster a little at a time. Keep a steady tempo...don't start the quarter note faster than you can play the 16th notes!!

8) Fast Tongue & Finger Coordination 1) Keep fingers on valves. (No finger flapping!) 2) Keep attacks light and crisp.

Play in the following keys;

A good, raspy, focused buzz, produces a beautiful focused tone.