

Talisman
150 Main Street
Monroe, CT 06468
(203) 261-0047
www.talismanct.com

March 2, 2009

Merry Ostara Greetings!

Well ... was it just me, or for a while there did it feel like Spring was NEVER going to arrive? Barraged by endless snowstorms and bad news from the media, I am so grateful that the days are finally lengthening and yes, Winter will be over soon! This month, we celebrate Ostara (Christianized as Easter) otherwise known as the Spring Equinox on March 21st. The main symbols for this festival are the egg and the hare. Ever wonder how the Easter Bunny came to be? Well, the hare - a creature of the moon goddess - was thought to lay eggs at this time! The Mediterranean festival of Eostre may have had its beginnings in the ancient cults of the goddesses Ishtar and Astarte, and would have contained fertility themes. Interestingly, in modern times these themes tend to come at our next pagan festival, Beltane (May Day). One explanation is that Spring comes much earlier in the Mediterranean. Ostara calls for serious meditation on your hopes and dreams for the coming year. Now, if you'd like some help in materializing these dreams into reality, come in and check out our new Ostara poppets, stuffed with hyacinth and ready for your intentions.

And on the topic of hopes and dreams, this is the season when many like to "touch base" with an intuitive as a means of validating the direction we are moving in terms of career, relationship, family, education, etc. I want to talk a little bit about what you should expect from a reading, and what a "psychic" can or cannot tell you. First, many of you know I have been reading Tarot for over 20 years now (I find this a bit shocking myself!). I usually start my readings by explaining that it is rare to be told something you do not already know in a reading. But in a "good" reading - when someone who does not know you at all tells you things they couldn't possibly know on their own - this speaks to the presence of the Divine in your life. How so? Well, so many times (for those of us who believe in God/Goddess) when things are bleak and everything is going wrong ... we look up to the heavens and say "What is going on here? Where are you? Do you have any idea how bad things are, how much I am suffering down here?!" And the answer can

come in the form of a good reading - again, hearing what you know to be true from someone who doesn't know you personally, as "Yes, I know EXACTLY how you are feeling and what you are going through. And I am always with you". Many people gain a tremendous comfort from this knowledge. You have to decide for yourself, on the basis of your personal Faith, if looking for this validation is in conflict with the idea that the Divine knows what's best for us and we must take what comes our way without question - if, in fact, seeking a "reading" translates to "questioning". Sometimes, hearing what we are dealing with from the lips of a "stranger" can be a catalyst for change. Sometimes there is a measure of comfort. And sometimes, those terribly sad times when the issues deal with the death of loved ones - especially children - the sorrow comes off in waves and I have cried right along with individuals whose pain was unbearable, even coming second-hand to me. And there is nothing to say, there are no words. I only hope that the thought of a stranger's knowing MUST offer some proof of afterlife ... the certainty that we do, in fact, meet again.

On this note, one of our readers, Donna - the herbal tarotist (I sometimes mispronounce this as "herbal terrorist" by mistake, and the image always makes me laugh!) but anyway, she had an amazing experience with noted Psychic/Medium Lisa Williams this past October. Donna graciously offered her story, and here it is in her own words:

Many of you know that I went to see psychic Lisa Williams tonight at the Palace Theater in Stamford. Although some of you are not familiar with her, as she puts it, she talks to dead people, and has since she was a child. She is similar to John Edwards, but in my opinion much better - much more precise in the details she gives you. So here we are in a crowded theater and she puts things out that she is getting and people go around and hand out microphones and you stand up and she does her thing from the stage. She is into her 3rd or 4th person and she is getting to the end with him and mentions Christmas celebrations and caroling and she starts singing an old English carol (she is from England for those who don't know her) and it is about donkeys. Of course, no one knows the song and she is asking what is all of this about donkeys - she has never gotten donkeys before and it is coming across very clear. The pulse in my throat starts to throb so I could hear it in my ears and head. The man and his wife identify very strongly with Christmas and what sounds like donkeys. My heart sinks, but turns out it is about monkeys, not donkeys. She then tells him his spirits have gone but she cannot let the donkey thing go and wants to know if it makes sense to anyone? I raise my hand as does one other person. She then says it has to do with a farm and I can

identify and so can the other person. The other her person says that her deceased person lived on a farm. She says no, it is a person currently living on a farm. Me, again. Then she asks if I tied a bow on my donkey and Chris says no, the donkey's name is Beau. She points at me and says, its you!

She then asks me if Beau is passed and I said yes. She is totally taken aback and she asks me to come up onto the stage. By then they had handed me the microphone and I was in spike heels going up rickety stairs being shown on the big screen behind the stage. When I get to her she takes my hand and says here, feel behind me, I want you to feel your donkey! She was very excited. I could feel his energy and something I had never felt before, icy cold air. She said, feel that cold air, that's him! I want you all to know it was hotter than hell in the theater - they didn't have the air on. All I could do is say Hi, Baby. I thanked her and hugged her. She then got tears in her eyes and said lets go back down to your family and I am coming with you. The entire audience around us and could feel the rush of cold air as we came down and it got stronger as my father came in. He joked and said he knew he would be in trouble if he didn't show up since I had been asking him to come all day. He said he liked my hair and then, Lisa, the woman with the coolest hair on the planet said she did too! Then he called me his little girl and said he was proud of me and loved me very much. Said he knew I was upset because we didn't get to say goodbye properly, but he knew I was there and it was okay. Then Mom came in. Said the same thing about when she passed, that although I wasn't physically there, she knew I was with her and it was okay. For my new friends, my parents lived in Florida. Both passed quickly and I could not get there in time for either of their passings and it has always been something that has bothered me. Mom then told me how similar we were at the same age I am now (very true about many things) and things about my health that I have been concerned about (no worries!). Then my brother, Ricky, came in. Also reaffirmed the health concerns and spoke about his passing in detail. Again, for my new friends, I will explain more about his passing at another time, it was difficult but it was totally clear and made total sense.

Then they all said that they wanted me know that although sometimes I feel that I am alone (so true, my exact words), that is not the case. They are with me all the time and I am never alone. That they are very proud of me and love me very much. (They kept saying that!) Mom then said (as Lisa said she took charge to put everyone in order and for those of you who know her know this is true) that they had to go, they had taken enough time and others were waiting their turn. As what seemed to be her last note, Mom said I had changed a lot and

she liked it. (I wanted her validation about what I am doing now with my readings, the herbalism and things at the store and I got it). But I was still waiting to hear one last thing from her, had been telling her all day, and was afraid I wasn't going to hear it. I was about to ask when Lisa said, Oh, one more thing, Mom says, she is very proud of you. You are doing a wonderful job. Keep it up. Mom passed one year before we took Nik and I have picked up the phone so many times to ask her advice only to realize she wasn't there to answer it. I wanted her to tell me that I was doing a good job. Even though I knew in my heart how she felt, I just needed and wanted to hear it. And she said it! Lisa then gave me a hug from everyone and it was done. It was amazing. Everyone was coming up to me during the intermission saying how I must feel so good and how powerful it was. I don't remember saying anything, felt like I didn't share anything, but Chris said I did just fine. The only thing I can remember is Them.

One last thing - I was sitting there right before the show was about to start calling everyone in - my parents, my brother, all of my passed animals. I was naming them all and saying that I hoped I didn't forget anyone. Felt I had power in numbers! I realized that I almost forgot Chloe and Gels (passed sheep for those who don't know) and then Lisa came on stage and my attention went to her. As I sat there afterward thinking about it, the one I forgot was Beau. Bless his Donkey soul! Coincidence? I don't think so. It seemed like it happened so fast, but it was a good 20 minutes or more. I wanted to get it all down so I didn't forget anything and I wanted to share it with all of you. Still doesn't feel like it actually happened, but damn, it feels good! Fortunately, I have a rose from Lisa which I will save forever that makes it all real in case I ever question it.

Pretty amazing, huh? Thanks, Donna, for sharing that with us all. Now - what do we do when a reading ISN'T good, when no connection is made? If you honestly feel, 3-5 minutes into a reading, that nothing is resonating and there is no connection - please, know that it is absolutely okay to say "This isn't feeling right to me. I'd like to stop now". I know this is hard, because you can't help but wonder if maybe further along there will be information you need to hear. But the fact is, psychics have their off days too ... I don't know, maybe our guides go on vacation or problems and concerns at home were weighing more heavily than expected and thus blocking images otherwise meant to go through - but regardless, it is fine to stop a reading or request a refund if you voice a concern but the reader presses on anyway. At Talisman, we take payment after the reading is done, to facilitate this point. All the readers here are well aware of my feelings on the subject, and we all

are in agreement. The need for validation works in both directions, readers appreciate hearing it too, but constructive criticism is valuable as it helps everyone do a better job in the end.

Events:

March 7 & 8: Jewelry, Gem & Mineral Show & Sale (Sat 9:30-5; Sun 10-4) at Maloney High School, Gravel Street, Meriden. Admission: Adults \$5, Seniors & Students: \$4, Children 12 & under FREE visit www.lmscc.org This show is local and SO much fun! The dealers really love to see children and are very generous - they tend to think of them as little collectors and are happy to start them off on a wonderful hobby. I cannot recommend this enough, please try to attend.

Friday, March 13th from 6:00-8:00 pm: An Evening of Mediumship, Psychometry and Readings. Talisman's own Lina, Starr and Lisa Marie will pool their talents forum-style for two hours of uninterrupted readings. Seating will be limited to 30. Cost: \$15 each. Each of our three psychic mediums will "read" the group for 40 minutes apiece. If you have a physical item you would like to have read (such as a piece of jewelry or treasured object) Starr will use her gift of psychometry to "read" the images and emotions connected to it. Times will vary, but everyone present will be given a reading by one of these readers. Why in a group format? Very often, the combined energy of a group connects with the spirit realm and facilitates their coming through. You can learn more about our readers on the website www.talismanct.com. Please call Laura to ask questions or reserve your seat for this very special event. Please, no children under the age of 16.

Saturday, March 21st 4:00-8:00 pm: Earth Changes and the 2012 Connection, hosted by the staff of the SGRA at Talisman. Free of charge. RSVP by Wed. 3/18 to reserve your seat (we were completely filled up at the last SGRA presentation and ran out of chairs!). This multimedia program will explore this issue from the psychic perspective to the scientific perspective and will present connections between both of those fields, as well as the connection with the year 2012.

For the past several months people have been noticing changes on our planet. Weather is getting worse, temperatures are rapidly shifting, volcano and earthquake activity is becoming more frequent. And then there are changes that are not so easy to see. The magnetic field of Earth is weakening, the sea-level is rising, and weather patterns are altering. Earth goes through cycles of change, but

normally this change takes centuries or longer to take full effect. Some famous psychics have predicted that major earth changes would peak in 2012, a year surrounded by metaphysical mystery. And now, scientists have developed new projections based on the current changes, which also suggest a peak on 2012. What's the connection with that date? Why is this cycle of change happening faster than any other? What does this mean for our planet... and more importantly, ourselves? And does this mean it's time to pack the family up, hitch up a camper, and head for the high-hills? Well, don't abandon your home just yet. Even though these changes are happening at a much faster rate than was expected, scientists are pushing for preparation, not relocation. In other words, we know this is coming, so we have time to do things that could prevent it. In some cases, sea walls could be built that would protect low-lying areas from flooding. There are natural barriers to raising water, such as beaches, that can be reinforced by adding sand to them and protecting them from erosion. But, scientists also caution that people should always be prepared, because the Earth changes also mean an increase in natural disasters. They suggest having some supplies on hand in case of bad weather. Knowing evacuation routes in case you are told to leave. And having a plan for your family.

Saturday, Feb. 28: **Spirit Guide Artist Jessie Shippy** - Sit for a reading with Jessie and learn about your Spirit Guide - when the guide entered your life, for what purpose and how to call upon your guide for help and strength in times of need. Also learn what your totem animals and power colors are. You will leave this reading with a detailed colored sketch of what your guide looks like. A memorable experience! 11:00 - 3:00 Only six appointments available through the day - Please call quickly, Jessie books up fast! Cost: \$40 (takes approx. 40 minutes)

Scheduled Readers:

Starr: Angel Readings on Thursdays 4:00-7:00 pm (or by appointment) \$30/20 minutes or ask question \$1/minute

Lisa Marie: Mediumship/Tarot on Fridays 4:00-8:00 pm \$30/20 minutes

Lina: Intuitive Counseling Sessions on Sundays by appointment (261-0047) \$50/45 minutes

March 7: Mandy/Oracle Board - Whole Life Reading 12:00-5:00 \$25/20 minutes

March 7: Tammie Barletta, licensed Massage Therapist, from 12:00 to 5:00
\$1/minute

March 13: An Evening of Mediumship - \$15 - Seating limited, Call 261-0047 - 6:00-8:00 pm

March 14: Elpida/Coffee Ground Readings 12:00-5:00 \$30/20 minutes

March 21: Herbal tarot with Donna 2:00-7:00 \$25/20 minutes

March 21: SGRA Presentation: Earth Changes/2012 Connection - Free - 4:00-8:00 pm

March 21: Tammie Barletta, licensed Massage Therapist, from 12:00 to 5:00
\$1/minute

March 28: Tarot with Gwen 12:00-6:00 \$25/20 minutes

March 28: Jessie/Spirit Guide Artist 11:00-4:00 by appointment \$40/40 min.

Wednesdays 6:00-7:00 pm: **Meditation Sessions** led by Simon (\$5) **Remember:**
There is no obligation to attend these sessions regularly after initial sign-up, just drop in when the timing or the mood strikes you as right! Please, no children under the age of 12. Remember that Talisman is closed during stormy snow or icy weather ... I slept at the store one night last year, when my own road was closed due to ice, and once was enough!

Well, another very busy month. I think this is turning into a trend ... and I like it! Over President's weekend, on a whim I popped into a real estate office to look into new space for the shop. It was a Sunday, and only one realtor was in the office working, but she was very friendly and so we sat and talked. When she asked what type of store I owned, I replied "A New Age Shop" and she smiled and said, "Before I was a realtor, for years I worked as an LPN. Back then, there was something new called Energy Work and I remember one day in class volunteering to be a guinea pig and letting all the other students lay their hands and work on me. Well, my instructor had to follow me home in his car, because I left with my head in la-la land and couldn't feel my legs. It was amazing ...". While she was talking, I

noticed the 7 African Powers bracelet she was wearing - along with a cross and other spiritual icons around her neck. Smiled to myself - yes, she's the right realtor for us!

Time to trust the Universe to deliver what we need - which may not be exactly what we think we want!

Goddess Blessings,

Laura & Roy Lenhard