

# Talisman

**Talisman ... A Unique New-Age Shop**

**150 Main Street**

**Monroe, CT 06468**

**(203) 261-0047**

[www.talismanct.com](http://www.talismanct.com)

<http://blog.ctnews.com/lenhard>

Facebook: <http://www.facebook.com/Talisman-A-Unique-New-Age-Store>

**April 4, 2014**

This newsletter is quite late, I am aware. After taking not one but three spectacular backwards falls on the ice, carrying hay uphill to my goats (and catching myself on my right wrist each time) I nailed that coffin shut by falling backward over a bin of wood in my living room. My back is officially wrenched, and my wrist ain't looking or feeling too good either. Typing is NOT fun. Probably time for a trip to Dr. Pingfei Guan, LAC. Dr. Guan is a Chinese acupuncturist (and so much more) an office visit is \$75 regardless of how much time he spends with you. 1065 S. Main Street, Suite J, Chesire, CT (203) 699-9618. Call me for details if interested.

But I will say, my personal physical pain feels like a metaphor for what I am seeing/hearing in the shop and in my readings this past month. Things like bad marriages, unhappy jobs, misbehaving grown "children" – anything which had been limping painfully along – now require attention. STAT! Lots of weepers walking into Talisman, but there is NO MORE IGNORING THE PAIN in hopes it will go away. That pain is up front and real – and demanding attention. What makes it sting that much more is the fact that for many, that pain is attached to something we are doing as an act of responsibility – trying to hold together a family unit, bring home a paycheck, be a good parent. Feed the goats. Whatever.

But if it's bad, it's bad. It needs to change, or go: Hellooooo, Cardinal Grand Cross! You psychotic bitch, you! You can google search "Cardinal Grand Cross April 2014" and pull up lots of information, but here it is in a nutshell, from my friend, astrologer Elsa of the ElsaElsa blog:

***The Sun, Mercury, Mars, Jupiter, Uranus and Pluto will line up for a Cardinal Grand Cross in April. Plans will change at this time. Ideas (Mercury) will change. Beliefs (Jupiter) will be change. Relationships will change. Some people will break down at this time. Others will become emboldened. News (Mercury) may be drastic (Pluto) and unexpected (Uranus). Siblings (Mercury) may be involved. Communications may be disrupted or cut***

***off completely. Power in families will shift. Many will pick fights that have surprising outcome. Consequences, both intended and otherwise, will star in April. The people who fare best this month will be those willing to let go of what falls away and reorient themselves, to work in tandem for people who have goals and in line with their own (Mars in Libra). Get along if you can. If you can't get along, the separation is likely to be permanent so weigh (Libra) your actions (Mars) carefully. (www.elsaelsa.com).***

Now - reflect on this, as you re-read last month's newsletter on Saturn's current 2 ½ year transit through Scorpio. If you didn't save it, the newsletters are all archived on the website ([www.talismanct.com](http://www.talismanct.com)) under the "news" heading.

Here's another voice on the subject – this guy puts out an awesome weekly video, called "The Pele Report: <http://youtu.be/i2bS5KhDAfM>. And please cursor all the way down to the end of this newsletter (yeah, yeah, it's long ...) to read our resident astrologer Alethea's astrological take on April's special brand of madness, or "monkey business" as noted in the Pele Report - perfectly stated!

On the topic of monkey business and "beliefs needing to change" - earlier this week I experienced a difficult situation which certainly requires change. As part of my own spiritual outreach in my role of "Rev. Laura" I have been mentoring an incarcerated young man, Robert, for the past four years – something which began at the request of his mother, a former healer at Talisman (some of you remember Gloria? She passed away last year, from complications of diabetes). At the onset, Robert was in a low-security facility in Otisville, New York. Working together with the assigned Chaplain, a Wiccan group was formed which Robert led with great dedication for several years. A few months ago, with only a year left to serve and absolutely NO reason, Robert was transferred to New Hampshire into a high security prison in Berlin New York. All details, including my letter to Rep. Rosa DeLauro, can be found on my blog: <http://blog.ctnews.com/lenhard/2014/04/02/freedom-of-religion-in-correctional-institutions-where-are-we-going-wrong/> Feel free to comment on the blog, which will serve to draw further attention to this abusive situation.

I am asking everyone who is able, to write to Robert at the address below. A simple notecard with the message "Stay Strong" would be sufficient although I think that after you read his story you will want to say more. I will be working with a well-known activist in prison "religious reform" to further Robert's cause. Please feel free to use Talisman for the return address if you do not wish to use your own (Talisman, 150 Main St., Monroe CT 06468).

Robert Northrup #15044-014 Federal Correction Institution P.O. Box 9000 Berlin, NH 03570.

**Talisman celebrates our Seven Year Anniversary on April 15<sup>th</sup>!**

As always, I thank you. The loyalty and deep love connection at Talisman sustains and nourishes at a soul level – nearly every single person who walks through the door of our little shop has commented on its positive energy, the calming nature of Talisman. This is not a product of any one person ... collectively WE all have created the sacred space called “Talisman”. I have never felt that I “own” the shop, it is an entity unto itself and I am merely the gatekeeper. I WILL finish my book (dammit!) and share the story of Talisman ... because from the onset, Fate conspired to create something special and would not be denied. Please know that my devotion to Talisman’s amazing patronage has always, always been more than matched by Love received. I get the better half of that bargain, I assure you.

**Goddess Bless & Keep Us All, in these trying – yet GLORIOUS! - times.**

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**NEW-AGE FAIRES HELD EVERY SATURDAY**

**12:00pm-6:00pm - (203) 261-0047 for appointments**

**Readers (\$30/30 minutes - cash only)**

**Please call in advance for readers' schedules as they are subject to change**

Private Energetic Chair Healing (15-20 minutes, \$5 donation)

To see our Readers' background information,

visit: <http://www.talismanct.com/images/Readerslist14.pdf>

**April 5**

Gwen Lord - Whole Life Tarot (past life recall)

Mark - Tarot or Reflexology

Pina - Angel Oracle (Mediumship)

Tim Bshara – Aura/Chakra Photography (price includes 23 page booklet) Half hour session explaining blocks, energetic areas of concern and ways to correct them. \$45

**April 12**

Pina - Angel Oracle (Mediumship)

Mark - Tarot or Reflexology

Patty – Crystal Ball (Mediumship)

Rachel - Tarot (Mediumship) and Animal Intuitive (Pets welcome or photo)

Todd - Tarot

**April 19**

Gwen Lord - Whole Life Tarot (past life recall)

Mark - Tarot or Reflexology

Rachel - Tarot (Mediumship) and Animal Intuitive (Pets welcome or photo)

**April 26**

Gwen Lord - Whole Life Tarot (past life recall)

Mark - Tarot or Reflexology

Rachel - Tarot (Mediumship) and Animal Intuitive (Pets welcome or photo)

Randy - Playing Cards/Tarot

Todd - Tarot

**Saturday, APRIL 26** is "Prema Agni Day" and we will be celebrating at Talisman from 1-5pm.

Lori Rafalof will be at Talisman talking about this International phenomenon and imparting Blessings on attendees. This is a no-cost event, a true gift. Read the attachments below for more information: <http://www.globalpremaagniday.com/> Please stop by, I have experienced a healing and the energy is lovingly intense and simply wonderful.

**The designation of "mediumship" is NOT a guarantee that your loved one(s) will present themselves in the reading - it means the channel is open and a particular reader is skilled at recognizing and then relaying information when/if it comes through.**

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**Talisman's Regularly-Scheduled Readers  
(203) 261-0047 for appointments - Cash payment requested**

Mark Hoyt: Spirit Guided Tarot - Foot Reflexology Treatments Fridays 2-8pm. \$30/30 minutes. .

Nicole, Journeyboard and Cards - Sundays 12-4 \$30/30 minutes

Naima Provo, Intuitive readings, Spiritual Counseling, Reiki, and massage Therapy \$120/hr, \$230/2 hrs (saving \$10), \$340/3 hrs (saving \$20). Buy a package of 5 sessions and get one free saving \$120. Appointments Sunday, Monday & Tuesday.

**Seated Reiki/Energetic Healing Sessions:** Offered for \$5/15 minutes (donated free to any in need) offered by Lera on Saturdays and Derek during the week. Just ask!

We do things a bit differently at Talisman. You pay our readers AFTER the reading is finished, and if you are not happy you don't pay. NO READER can read EVERYONE successfully and

everyone who works at Talisman is aware of this fact. Know that it is acceptable after the first 5 minutes of a reading to say something like, "I'm sorry, what you are saying just isn't resonating with me. I would like to stop the reading now, but thank you for your time". If you do not hear something amazing in the first five minutes, or if it just isn't right ... don't expect a reading to get better as it goes on. Readings go off track for a number of reasons - but the point is, you shouldn't pay if you are not happy. Please, just be courteous and respectful. Complaints are rare because every reader has had to pass the "ultimate interview" ... they must sit and read ME (and I've been reading over 25 years myself) and tell me something about my past/personal life, my children, home, or business that they could not possibly have heard or learned someplace else. But every reader has their unique gift and their own style, it is NOT one size fits all. Personally, I don't think anyone should get a reading more than once every 6-8 weeks and prefer you allow at least 3 months between readings ... you don't want to become a psychoholic, right? I WILL discourage you from this behavior! My goal is to see people leave an "intuitive counseling session" (because that is really what we do) feeling validated, uplifted and hopeful regardless of the situation or challenges they may be facing. That is the true measure of a "good" reading!

#### **Available by Appointment:**

Talisman's readers are available for parties and events. You can pay by the hour or allow us to set up and have your guests/attendees pay individually. We do our best to be flexible and fairly priced. Our party rates are \$60 an hour, plus gas/mileage OR guests can pay if they choose to get readings at \$1/minute. Please make all scheduling arrangements through Laura at (203) 261-0047. We also book private parties at the shop, with readers of your choice. Just ask!

**Reflexology Fridays with Mark:** This ancient healing art uses hand/thumb pressure corresponding to the body systems. The practice stimulates/relaxes stress signals resulting in relaxation (who DOESN'T love having their feet rubbed?), pain reduction, and rejuvenation of tired feet -- helping you stand tall in the world! Come in after a hard week of work and treat yourself in Mark's chair (\$1 minute).

**Numerology Reports:** Many have been asking for books or information on Numerology. Numerology has been used for thousands of years to provide deep insights into one's personality, intimate relationships, and the important influences that affect one's daily life. Now, with the Numerology Report, you can examine your life in a unique way to take advantage of unexplored opportunities, confirm talents that in your heart you know are there, or simply to figure out where to go next. You'll see all the diverse parts of your personality and how they uniquely come together to make the person you are. Through this report, you'll be able to make

the most of your life in a way that wasn't possible before. There are three different Numerology Reports available - each of these providing you even greater insights into your life as well as your *romantic* relationships. An explanation of all three reports can be emailed to you directly - just hit "reply" to this newsletter with a request. Cost per report: \$15 emailed; \$18.95 printed. Laura has her own numerology report as a sample, if you'd like to see it. :

**Laura:** I do special, in-depth readings by appointment. My 45+ minute private sessions include a chakra check up, a print out and review of your astrological natal chart, tarot and palm reading, and more! (\$45). Call the shop for an appointment, as I schedule these when the shop is closed or after-hours. Yes, I still do \$5 readings on Wednesday & Thursday but these are done in-between phone calls and waiting on patrons - you can't make an appointment, and I do get interrupted. As long as there are no other scheduled readers in the shop (they drive in from a distance and it's not fair to them) I am always happy to peek at someone's palm or throw a few cards, so don't hesitate to ask!

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### **Classes & Workshops at Talisman**

**RSVP at (203) 261-0047 or email [lenhard@comcast.net](mailto:lenhard@comcast.net)**

Saturday, APRIL 26 is "**Prema Agni Day**" and we will be celebrating at Talisman from 1-5pm. Lori Rafalof will be at Talisman talking about this International phenomenon and imparting Blessings on attendees. This is a FREE event and I am hopeful everyone will put it on their calendar, which is why I am posting a full month early! Read the attachments below for more information:

<http://www.globalpremaagniday.com/>

Saturday, May 3 - **Past Life Regression Session** led by Andrew Neblett. 6:30-9:00pm \$25. (Limited: 30 attendees). These sessions are so popular we are holding them quarterly – next will be in August. You will be introduced to various ways of attaining "State" and regression methods. Learn why energy is so important and how past lives affect our current energy. We will do a past life regression and open up the floor to share our experiences (on a voluntary basis - no pressure!). Dress comfortably. Bring folding lounge chair, your own cushion, pads, etc. The floor is HARD! Come, get relaxed, and enjoy! These sessions are very popular and fill up quickly. If you have ever wondered what it would feel like to "go under" this is a great, informal and fun (albeit emotional) way to find out. I have taken this class twice myself and will happily share my experiences with anyone who wants to learn more - call Laura at Talisman (203) 261-0047.

Andrew Neblett is a certified hypnotist (CT. REGISTERED HYPNOTIST, HYP.0000114), Natural Health Consultant, Energy Kinesiologist, TBM practitioner (Total Body Modification), instructor, Hypnosynergetics instructor, Intuitive Counselor, Herbalist, and a Process Coach. He also practices aromatherapy, reflexology, homeopathy, radiesthesia, E.F.T. and iridology. Learn more at <http://www.integrativenaturalwellness.com/about-us/>

Saturday, June 28 **Solutions for Problem Hauntings** with Rosemary Guiley. 6:30-8:30. \$25. Reports of problem hauntings with unpleasant phenomena are on the rise. Paranormal investigators are often challenged to identify the cause of problems, and to find lasting solutions. Rosemary Ellen Guiley draws on her field investigations of cases involving demons, Djinn, elementals, fairies, land spirits, portals and other factors to discuss profiles of problem hauntings, how to identify causes, and the use of effective remedies.

Rosemary Ellen Guiley is a leading expert in the paranormal field as a researcher, investigator and author. She has written more than 50 books on topics related to the paranormal, cryptids, ufology and metaphysics. During the past decade, she has been doing ground-breaking research on Shadow People, the Djinn, problem hauntings, and interdimensional portals. Her websites are [www.visionaryliving.com](http://www.visionaryliving.com) and [www.djinnuniverse.com](http://www.djinnuniverse.com). Rosemary makes frequent appearances in the media, including *Coast to Coast AM* with George Noory. Rosemary will bring a selection of her books for sale/to sign.

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### **THE CIRCLE OF THE SACRED WELL PRESENTS**

#### **Event: Circle Open House**

Date: April 11th - Time: 6 to 8 p.m.

Location: The Undercroft at Talisman

Stop by any time during the event for some social time with Circle members and other pagans of like mind. If you have questions about Wicca, paganism or the Circle, this is the place to come! Refreshments will be served.

#### **Event: Wicca University**

Date: April 6th & 13th - Time: 9 a.m. to 5 p.m.

Location: The Undercroft at Talisman

Join us for this intensive two-day workshop that covers all aspects of the Wiccan religion. We will

trace the cultural and religious traditions and individuals that have influenced Wicca, as well as other neoPagan religions. Wicca and the practice of witchcraft are both covered in lots of detail. Also discussed are Wiccan concepts regarding the Divine, Wiccan ethics, the reincarnation cycle and much more. There is an overview of the Wheel of the Year - Sabbats & Esbats included. Concepts and methods involved in creating sacred space are also discussed, along with ritual construction and altar set-up. Cost for the two-day workshop is \$ 125 and includes lunch each day, as well as lots (and lots) of handouts and a binder in which to store them. This popular workshop is only offered once a year, so sign up early to reserve your spot! You must sign up in advance to attend. **There are still a few spaces available. Email Mandy at [arianowl@yahoo.com](mailto:arianowl@yahoo.com) if interested in reserving one of the last remaining spots in this popular workshop!**

**Event: Wiccan/Pagan Study Group - Full Moon Ritual**

Date: April 15th - Time: 7:30 p.m.

Location: The Undercroft at Talisman

Since the Study Group falls on the Full Moon this month, instead of the usual Study Group, we will be celebrating with a Full Moon ritual! Join us as we welcome back the warmer months and celebrate the first Full Moon of the Spring! The ritual is suitable for all experience levels. Participants can wear ritual garb (cloaks, etc.) if they so wish. Please bring a snack or dessert to share after the ritual.

**Event: Wiccan/Pagan Study Group - Topic: Magickal Working**

Date: May 20th - Time: 7:30 p.m.

Location: The Undercroft at Talisman

Join us for this monthly study group that covers various pagan and New Age topics. The Study Group is held on the third Tuesday of each month. This month, popular workshop presenter, Gwen, will be facilitating a Magickal Workings Craft workshop. We will be creating and executing a magickal working, as well as learning about how to increase the success of our own magickal workings (aka Spell work). This workshop is suitable for all experience levels.

**Event: Community Service Event - Homeless Shelter Meal**

Date: May 31st - 4 to 7:30 p.m.

Location: ACT Spooner House Transitional Living Facility - Todd Road - Shelton

Join us as we prepare and serve the evening meal at the local homeless shelter. This is a fun

and worthwhile event! This month, the meal will have a Memorial Day theme. We will be cooking and serving an All-American themed meal of hot dogs, hamburgers, potato salad, etc. Volunteers are always needed to help prepare and serve the meal. A free meal is provided to all volunteers. Please email Mandy at [arianowl@yahoo.com](mailto:arianowl@yahoo.com) to volunteer for this event.

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### **Community Events**

The Connecticut Wiccan Pagan Network (CWPN) Inc. is a 501(c)(3) not-for-profit educational and networking organization dedicated to meeting the needs of the greater Wiccan and Pagan community in Connecticut and surrounding areas. The goal is to help provide a forum for Wiccans and Pagans to meet others of "like mind" and to come together and worship in a safe environment. Our hope has been to construct a sense of "community" in which we can all share with and learn from one another. Membership is open to all Wiccans, Pagans, and those with a serious interest in learning more about our religion. If you are under 18 years of age you may join with written parental consent. We reserve the right to refuse or terminate membership of anyone who we feel may be harmful to our organization or to the Wiccan/Pagan Community. Learn more at our website: <http://www.cwpn.org>. The CWPN hosts monthly networking meetings throughout the state, open Sabbat circles, coven and study group referral service, classes/work-shops, various social events and lectures with well-known members of the Pagan community. Some of our past guests have been: Janet and Stewart Farrar, Gavin Bone, Margot Adler, Ted Andrews, Dr. Leo Louis Martello, Tzipora Klein, Laurie Cabot, Raven Grimassi, Donald Michael Kraig, Phyllis Currott, Lori Bruno, Jane Sibley and Ellen Evert Hopman.

### **BELTANE CELEBRATION**

**Date: Sunday May 4th (rain or shine)**

**Time: 11am to 5pm**

**Location: Putnam Park, 499 Black Rock Turnpike, Redding, CT (Dress for the weather)**

**Cost: Free (donations accepted)**

**Please bring food and drink to share. There are grills available or bring a portable grill.**

We will be having Beltane Ritual with maypole (Woo!), Drumming (double woo!) and hopefully a portable fire pit (Triple woo!). And maybe some Beltane games... LOL! This is going to be a good, old fashioned celebration at a location that has a lot of history for the CWPN. So it is nice to be returning. Putnam Park is a great State Park right next to a lake. There are swings for the kids, a great ritual area right on the water, and many a maypole has been erected there. Yes, the pun is intended. It is Beltane, after all! If you are interested in being involved in the ritual or helping with

the event, please, do not hesitate to email me. Hope to see you there! Blessings, Cori

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April 5 and 6 **Creating Sacred Space** The New England School of Feng Shui (taught by Luann Cibik and Patrick Merrill) in Woodbury. Two day workshop is for anyone who wishes to expand their skills and sensitivities to changing the energy in their surrounding and in themselves. Design enthusiasts and experienced practitioners will benefit from this mindful approach to creating sacred space. Times: Saturday 10am-5pm & Sun 9am-4pm. Tuition \$440. Call (203) 266-4211 for more information.

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**Commercial rental space** available. Indoor Space available for People and Businesses seeking retail space. IDEAL for Antique shops, Consignment shops, Crafters, Art Galleries, Specialty Shops. Existing businesses inside current STREET FRONT BUILDING currently attracting retail clients. Other venues certainly considered for Tenancy. Space available immediately. Pricing available upon contact/call Johnny @ 203.414.9786. Only serious replies - No scams or gimmicks please.

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**Hunter Healing Hands:** Located in Black Rock, Jessica and Jim Hunter's events include Reiki Share; monthly drum circle; classes and so much more! For details, cost, etc. please see <http://www.hunterhealinghands.com>. Contact 203-916-8381 to register for an event!

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**Finding Feathers** – A Spiritual Center located at 395 Commerce Drive, Fairfield. (203) 916-7887 or email [shaktidas@findingfeathersfairfield.com](mailto:shaktidas@findingfeathersfairfield.com). Calendar: <http://findingfeathersfairfield.com/event-calendar/>

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### **Astrology Corner**

**By Alethea Hunt, Astrologer**

Buckle up, kids – April's gonna be a rollercoaster! Wheeeeeee! So much astrological ground to cover, so little time to cover it - I'll be concentrating only on the major focal points in this column, but know the **whole** month is hoppin'. April has some pretty dynamic astro in play because Jupiter, Uranus, & Pluto are now all in a formation known as a T-square. This saturates the climate with a lot of tension & pressure, specifically to **act**, especially with the Sun now in Aries. Is it the right time to pull the trigger if you don't absolutely HAVE to, though? I'm not so sure with Mars being retrograde....I do think we'll be getting a lot of surprises/curveballs that we may label "game-changers" this month due the Uranus in Aries influence, and though our knee-jerk reaction may be to immediately do something about it, we ALSO need to consider how rash

action could potentially burn us with the Mars retro influence in play.

Pausing to weigh the pros of a given course of action against the cons may be a more appropriate use of Mars retrograde, as there is a difference between actually **NEEDING** to take immediate action and just **FEELING LIKE** we need to. Jupiter in Cancer does have a way of amplifying emotion & potentially blowing it out of proportion, so if you're feeling pressured to do something, call a halt first to consider if it's the latter or the former scenario before potentially going off half-cocked. Meanwhile, Pluto in Capricorn speaks of situations breaking down due to neglect that have been in a state of gradual decomposition for quite some time. Supports or safety nets that we may have also previously relied upon to give us "safety" or "protection" may either be unavailable or aren't as sound as we'd thought them to be. This presents an opportunity to scrap, or to begin the long, slow process of rebuilding from the ground-up – this will be a case-by-case scenario left up to us to decide. Before committing to rebuilding anything, though, know this is primarily a deconstructionist vibe. If you want to get the foundations right this time around, it will involve slowly & methodically taking apart "what went wrong" until you hit the roots.

Mars will step into this fray as well mid to late month, turning this T-square into a Grand Cross. Mars in Libra is all about navigating relational conflict and I anticipate more interpersonal friction cropping up during this time. We may feel strongly compelled to take action regarding a partnership, alliance, or very close one-on-one relationship around this time. With Mars in Libra opposite Uranus in Aries, issues of autonomy vs. togetherness may also be presented so make sure you're allowing one another enough breathing room to cope with any individual challenges that are on the table without becoming virtual islands. Detachment is OK to a certain extent, but this shouldn't be applied in an alienating manner, either.

The emotional component of this month is also underscored by the fact that we have 2 eclipses in play as well – the Libra Full Moon Lunar eclipse on the 15th & the Taurus New Moon Solar Eclipse on the 29th. The Libra Eclipse on the 15th brings our feelings about partnerships to a climax...this is right around the time Mars will be filling in the empty leg of the Jupiter/Uranus/Pluto T-square to form a Grand Cross, so tread cautiously in order to avoid flare-ups – a little extra consideration for others will go a long way. The Taurus Eclipse seems unsettled as well, highlighting financial matters in the wake of the potential relational blowout of the prior lunation. This eclipse forms an inconjunct to Mars in Libra, and there seems to be some kind of trade off going on. If you need to plant the seeds of a financial new beginning to be able to let go of a conflict-laden relationship, this would be the time. With the sextile between this eclipse & Neptune, somebody could well give up possessions, money, or other material goods due a frictional relationship scenario – what's really important to keep intact, though, is our sense

of self-worth. No amount of money is worth sacrificing this & any “relationship” that would have us do so isn’t worth its salt. On the flip side, it’s also possible for money matters to add more gas to the fire of already tense interpersonal dynamics, so this eclipse does seem to be prodding us to tend to those material needs so that we don’t wind up suffering one way or the other.

**\*\*\* A note to readers: If you would like to receive my FREE monthly newsletter via email which is packed full of information & astrological insights, simply click [HERE](#) or send an email to [AHunt617@aol.com](mailto:AHunt617@aol.com) & I’ll be happy to add your name to my list of recipients!**

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**Namaste, my friends -  
"The Divinity within me perceives and adores  
the Divinity within you"**

**Laura Lenhard**