

# Talisman

**Talisman ... A Unique New-Age Shop**

**150 Main Street**

**Monroe, CT 06468**

**(203) 261-0047**

[www.talismanct.com](http://www.talismanct.com)

Facebook: <http://www.facebook.com/Talisman-A-Unique-New-Age-Store>

***Spellcraft by Talisman product***

**listing:** <http://www.talismanct.com/images/Talisman%20Product%20List.pdf>

**July 7, 2015**

**Note:** For those of you who enjoy reading my narrative at the beginning of each monthly newsletter, remember I do have a blog with Hearst Publications – check it out at <http://blog.ctnews.com/lenhard>. Also, if you are on Facebook - Friend me! And "like" the shop (link above).

## **Merry Greetings!**

I want to remind everyone reading the Talisman newsletter(s) that when I write, I speak to my own personal experience and observations – what I see in my own readings and people at the shop, as well as individuals whom I meet in my day-to-day comings and goings. These are MY personal observations, and you may not be sharing my experiences – or opinions. That said, I do talk to a LOT of people. I am one of those folks who people just gravitate toward – I can be standing in a line at the bank and the person next to me will just start up a conversation. I can be washing my hands in a public rest room and compliment the woman to my right on her hairstyle – and within five minutes I have heard about her sister's divorce, her husband's infidelity and their impending bankruptcy. I mean it, people just spill their guts to me ... in fact I often have to stop people from talking in the reading room; usually I just laugh and say "Please, if you keep telling me everything before we begin there is no point in my reading you!" but overall all of this pleases me. I hate chitchat and small talk, and am glad to just get right to the heart of whatever the situation is – even when talking with a complete stranger. Make that ESPECIALLY when talking to a complete stranger! Let's cut to the chase, please - I mean, who REALLY wants to discuss the weather? Not me!

Now, all that being said – dear lord, the month of June really kicked my ass. It's been grim. The energy is aggressively raw, with a pinch of death. I can tell you that my whole life long, I have

only needed four, maybe five hours of sleep per night. But for a solid week and a half midway through the month, I couldn't sleep enough – maybe 15 hours on my days off, and days I worked I'd come home and sleep on the couch, put the kids to bed and sleep the rest of the night. EXHAUSTED. I think the oppressive energetic weight that Saturn's return into Scorpio produced (after a brief but refreshing foray into Sagittarius) was the cause ... certainly, the readings reflected this. A heavy blanket of resignation hit a lot of people when the realization that life could not, would not go on "as is" if flawed in any way. And the real heartbreak for many is that even if YOU had done your work and have put your house in order – if the person next to you (offspring, spouse, sibling, boss, etc) isn't doing the right thing, then the rocks they are throwing into the collective pond you share with them causes your own boat to rock. Ripple effect, indeed.

I think what we have learned over the past two and half years of going through this Saturn transit (and more on that here: <http://aurumastrology.blogspot.com/p/saturn-in-scorpio.html>) can be labeled "Patterns and Pathology" and part of the Master Lesson is that when we repeat our patterns, we repeat our pathology. It's just that simple. And with heavy themes like death and terminal illness, betrayal, addiction, lack of accountability, infidelity – playing through our lives – we must deal with the reality: We have control over our initial response, but we do not have control over the outcome when other people are involved and we choose to stay rather than walk away. The real pain and broken heartedness that I heard over and over was NOT just the by-product of a person having trusted the wrong person – it was their recognizing that they CHOSE to trust or extend the benefit of the doubt to the wrong person. You can't play the victim once you face up to that painful truth. Hey, the path to Hell is paved with good intentions, right?

And that is what Saturn in Scorpio does – it makes us face up to some very unpleasant and painful truths. Saturn demands accountability. Scorpio makes us dig for truth, even when what we are digging up is cutting us to the bone. And this is our Summer of 2015, as Saturn makes its final retrograde back into Scorpio June 14<sup>th</sup> and remains in Scorpio until September 17<sup>th</sup> 2015. This video by David Palmer, aka The Leo King, sums up the summer's astrological weather beautifully: <https://youtu.be/UkCgWa1cCdM> BUT before you watch it, take a moment to think back to what was going on in your life during 2006-2007 because that is being mirrored back to you now. For me, that was a time I was feeling very trapped in an unhappy situation and Talisman was birthed out of a desire to escape and create (2007). Now, my life dramatically changed at the beginning of this year (2015) and I find myself personally prepared to evolve and reflecting hard on how I want Talisman to grow and change too. As David says at the end of the video, it's time to step up to a true reason for living, one that connects to a higher purpose spiritually and one that connects to a universal consciousness. How are YOU evolving? What's changing in your life? Lots to think about ... and the clock is ticking.

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**NEW-AGE FAIRES HELD EVERY SATURDAY**

**12:00pm-6:00pm - (203) 261-0047 for appointments**

**Readers (\$30/30 minutes - cash only)**

**Please call in advance for readers' schedules as they are subject to change**

To see our Readers' background information, visit:

<http://www.talismanct.com/images/Readerslist14.pdf>

**Introducing Susan Engstrom** who reads tarot and has been reading the cards and exploring other divination methods for years. She completed the Laurie Cabot tarot class in 2012 and upon graduation was one of only two non-Cabot Witches to ever be asked to read in Laurie Cabot's store before it closed. Susan is also an Animal Communicator, 52 card deck reader and a Reiki 2 level practitioner. Originally from The Bronx, she is currently a Licensed Practical Nurse. Her Maternal grandmother read tea leaves and tarot; her mother read tarot cards/52 card deck as well. Susan has experience reading and clearing homes with paranormal issues such as haunting/poltergeist activities. She continues to take Psychometry and Mediumship classes where she is honing her abilities to read people, objects and read the "history" of people in photographs. With her Reiki skills and medical background, Susan has found that she is able to spot medical/trauma issues with clients and currently researching Medical Intuitive programs to complete her training. She does a special love reading with the 52 card deck that is very detailed and can offer closure for those whose relationships have failed or not fully understood. Susan is hearing impaired from Meningitis at six months old which left her dead for two minutes and when she recovered from her illness, deaf in her left ear and hearing impaired in her right. Susan looks forward to reading you and answering any questions or concerns you may have.

**July 11**

Gwen Lord - Whole Life Tarot (Past Life recall)

Mark - Tarot or Reflexology (Mediumship)

Pina - Angel Oracle (Mediumship)

Susan - Tarot

**Saturday, July 11: Aura Photos + Multimodal Healing Sessions**

A Healing Hand will be returning to Talisman to offer Aura Photography + Analysis. Each client will receive a ~25 page report with their own glossy aura photo on the cover, plus 20-25 minutes of verbal interpretation of the energy field. It gives a snapshot of where you are at this moment of

your life path – and may show some things you need to work on to achieve balance. By showing the full body energy field, PLUS the 7 chakras, aura photography is an excellent tool to helping you balance your energy field.

Whether you've gotten an aura photo or not, you can take advantage of a Multimodal Energy Healing session with Tim of A Healing Hand. It combines Reiki, Sound Healing, and Crystal Healing in the most effective combination for your own energetic needs. **Pricing:** Aura Report - \$50; MM Healing - \$30 for 20 minutes; Both for \$70

### **July 18**

Constance - Tarot (Mediumship)  
Gwen Lord - Whole Life Tarot (Past Life recall)  
Mark - Tarot or Reflexology (Mediumship)  
Susan - Tarot

### **July 25**

Andrew Neblett - Tarot and Runes  
Gwen Lord - Whole Life Tarot (Past Life recall)  
Mark - Tarot or Reflexology (Mediumship)  
Rachel – Tarot or Animal Communicator (pets welcome or can work from photo) (Mediumship)

**The designation of "mediumship" is NOT a guarantee that your loved one(s) will present themselves in the reading - it means the channel is open and a particular reader is skilled at recognizing and then relaying information when/if it comes through.**

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### **Talisman's Regularly-Scheduled Readers**

**(203) 261-0047 for appointments - Cash payment requested**

**Tuesdays:** Niki, Angel Readings, Mediumship \$30/30min 12-4pm

**Fridays:** Mark Hoyt: Spirit Guided Tarot - Foot Reflexology Treatments 2-8pm. \$30/30 minutes. .

We do things a bit differently at Talisman. You pay our readers AFTER the reading is finished, and if you are not happy you don't pay. NO READER can read EVERYONE successfully and everyone who works at Talisman is aware of this fact. Know that it is acceptable after the first 5 minutes of a reading to say something like, "I'm sorry, what you are saying just isn't resonating with me. I would like to stop the reading now, but thank you for your time". If you do not hear something amazing in the first five minutes, or if it just isn't right ... don't expect a reading to get

better as it goes on. Readings go off track for a number of reasons - but the point is, you shouldn't pay if you are not happy. Please, just be courteous and respectful. Complaints are rare because every reader has had to pass the "ultimate interview" ... they must sit and read ME (and I've been reading over 25 years myself) and tell me something about my past/personal life, my children, home, or business that they could not possibly have heard or learned someplace else. But every reader has their unique gift and their own style, it is NOT one size fits all. Personally, I don't think anyone should get a reading more than once every 6-8 weeks and prefer you allow at least 3 months between readings ... you don't want to become a psychoholic, right? I WILL discourage you from this behavior! My goal is to see people leave an "intuitive counseling session" (because that is really what we do) feeling validated, uplifted and hopeful regardless of the situation or challenges they may be facing. That is the true measure of a "good" reading!

**Available by Appointment:**

Talisman's readers are available for parties and events. You can pay by the hour or allow us to set up and have your guests/attendees pay individually. We do our best to be flexible and fairly priced. Our party rates are \$70 an hour, plus gas/mileage OR guests can pay if they choose to get readings at \$1/minute. Please make all scheduling arrangements through Laura at (203) 261-0047. We also book private parties at the shop, with readers of your choice. Just ask!

**Reflexology Fridays with Mark:** This ancient healing art uses hand/thumb pressure corresponding to the body systems. The practice stimulates/relaxes stress signals resulting in relaxation (who DOESN'T love having their feet rubbed?), pain reduction, and rejuvenation of tired feet -- helping you stand tall in the world! Come in after a hard week of work and treat yourself in Mark's chair (\$30/30 minutes).

**Laura:** I do special, in-depth readings by appointment. My 45+ minute private sessions include a chakra check up, a print out and review of your astrological natal chart, tarot and palm reading, and more! (\$50). Call the shop for an appointment, as I schedule these when the shop is closed or after-hours. I am also doing private half hour sessions (\$30) before hours and on weekends. Yes, I still do **\$5 readings** on **Wednesday & Thursday** but these are done in-between phone calls and waiting on patrons - you can't make an appointment, and I do get interrupted. These mini-readings usually last about 10-15 minutes. As long as there are no other scheduled readers in the shop (they drive in from a distance and it's just not fair to them) I am always happy to peek at someone's palm or throw a few cards, so don't hesitate to ask!

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## THE CIRCLE OF THE SACRED WELL PRESENTS

### Shamanic Sunday: July 5<sup>th</sup>

Join us each month for Shamanic Sunday! This month, there will be a semi-guided meditation designed to facilitate emotional healing and to remove blockages that hinder personal and spiritual growth. Event begins at 6:00pm. Requested donation \$5.00 - Held at the Undercroft at Talisman. Learn more: <http://www.thecircleofthesacredwell.org/>

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### Community Events

**The Connecticut Wiccan Pagan Network (CWPN) Inc.** is a 501(c)(3) not-for-profit educational and networking organization dedicated to meeting the needs of the greater Wiccan and Pagan community in Connecticut and surrounding areas. The goal is to help provide a forum for Wiccans and Pagans to meet others of "like mind" and to come together and worship in a safe environment. Our hope has been to construct a sense of "community" in which we can all share with and learn from one another. Membership is open to all Wiccans, Pagans, and those with a serious interest in learning more about our religion. If you are under 18 years of age you may join with written parental consent. We reserve the right to refuse or terminate membership of anyone who we feel may be harmful to our organization or to the Wiccan/Pagan Community. Learn more at our website: <http://www.cwpn.org>. The CWPN hosts monthly networking meetings throughout the state, open Sabbat circles, coven and study group referral service, classes/work-shops, various social events and lectures with well-known members of the Pagan community.

**CWPN Harvest Gathering.** August 13-16 Camp Cedarcrest, Orange CT.

Harvest Gathering is a unique and magical festival that balances a strong focus on spiritual education with a fun, unplugged, and relaxed atmosphere. Enjoy a mythical adventure through workshops, classes, rituals, and entertainment. Pack your wings and be transported to the Light and Dark Faery Courts in the evenings and dine with Fae Royalty. Dance and frolic with satyrs, dryads, and goblins! Shop for magically crafted goodies from our many vendors, adorn your skin with mystical henna designs, get an insightful reading, or ease your mind and body after a long day of classes with a massage or reflexology session.

Camp Cedarcrest offers a wonderful, close-knit community atmosphere that encourages a village-like setting. There are cabins and plenty of space for tenting. Look around to find some amazing spiritual spots for ritual, meditation, and hidden natural treasures.

**Activities:**

Evening Fire Circles  
Drumming and Dancing  
Daily Rituals  
Day and Evening Entertainment  
Rave in the Light of the Faery Seelie Court  
Get Primal Around the Fire of the Faery UnSeelie Court  
Awesome Vendors  
Unique Raffle Items  
Henna Tattoos and Body Art  
Massage and Reflexology Therapists

Classes and workshops from world-renowned authors and community leaders:

Ronald Hutton  
Stephanie Taylor  
Raven Grimassi  
Courtney Weber  
Stephanie Woodfield  
Patricia Lafayllve  
Bernadette Montana  
Morgan Daimler  
Jessica Hunter  
Robert Wandell  
Lisa Tonner  
Cori Burke

New this year! Evening passes include dinner and evening entertainment! See our website for more details!

For more information:

[www.cwpm.org/hg](http://www.cwpm.org/hg) • 203-942-0667 • oldcrow93@yahoo.com

CWPNHarvestGathering@yahoogroups.com

\*List may change due to unforeseen circumstances

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**Memories of the Soul:** A three day workshop with John Armitage. October 3<sup>rd</sup> – 5<sup>th</sup> 2015 9:30 – 5:30ish. Masonic Hall – 215 Munson St. Greenfield, MA.

Did you know our DNA contains the programs of the 12 Stellar tribes (e.g. Arcturians, Pleadians, Sirians, Andromodans, etc)? In this workshop, we will link into your past lives in other star and planetary systems of this Universe, other Universes, and other aspects of creation. This will

allow us to clear disempowerment and control programs from our cells and the collective consciousness. The process opens us up to the energies of the Golden Ages and enables us to live in freedom and love without conditions. This workshop is a journey through the history of humanity, starting way back in time before even living on planet Earth. In the workshop we will be visiting various star systems, visiting key periods in planetary history on Earth and moving forward to the now and beyond. We will also be visiting other time-lines, parallel Universes and other existences. We will neutralize and ground ourselves into the harmonics of what and who we truly are and align ourselves with our soul mission. People who have taken this class in Europe rave about it, and many have said they would retake it when it is offered – because every class opens you up to more expansive energies. This workshop reunites the individual energetically with parts of the self that have become separated and greatly expands the consciousness. The cost of this three day event will be **\$733.00 per person**. This will include breakfast, lunch, and snacks for all three days. If anyone has any food allergies please advise. The payment schedule will be as follows:

\$201.00 ASAP 2014 (**\$50.00** of this is a **non-refundable deposit**)

\$266.00 by March 15<sup>th</sup> 2015

\$266.00 by June 15<sup>th</sup> 2015

Please make checks payable to Barbara Allen and mail to:

Barbara Allen

POB 262

Goshen, CT 06756-0262

Questions? Call: 860 605 5939 or email: [mvbja@yahoo.com](mailto:mvbja@yahoo.com)

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On Tuesday, 5/26 I was a guest on Rev. Patricia Brooks' radio show "Sacred Stories." The link to the podcast is: <http://contacttalkradio.net/CTR/patriciabrooks052615.mp3>

*Rev. Patricia is an interfaith interspiritual minister who honors all religious and spiritual practices performed for the Highest and Greatest Good. Additionally Rev. Patricia has her Bachelors of Science in Business Administration and her Masters of Teaching in Education. She previously worked in the corporate and educational world for many years. Rev. Patricia also proudly served as a sergeant in the U.S. Marine Corps.*

*Patricia shares the Divine messages of Oneness and standing in our truth as spiritual beings on her radio show Spiritual Lens <http://www.ctnetwork.com/profile/spirituallens>. She is an animal*

*totem intuitive, angel card reader, and healer with the Seven Rays. Patricia authors two spiritual blogs and is a contributing writer to Lightworkers World. Having profound spiritual experiences has dramatically changed Patricia Brooks' life and she has come to understand her Divine life purpose is to spread the message of Oneness. Patricia's books are her honest and emotionally raw retelling of her true spiritual experiences as she walks her spiritual path. You can order an autographed copy from Patricia at her website: <http://www.patriciabrooks.net> or in paperback or Kindle on [www.amazon.com](http://www.amazon.com) - also for sale at Angels & Company, Linda's Storytime in Monroe, and Talisman.*

**SEVEN RAYS HEALING:** This is a Divine universal healing technique that is many eons old. It is a very powerful and highly diversified healing energy that heals all human conditions, even the soul's karmic baggage from past lives that must be cleared along with the associated physical manifestations.

The Seven Rays heals on all levels of existence simultaneously. Each Ray possesses a specific color and force for healing different conditions. Guided and regulated by the Ascended Masters, each Ray has associated conditions that are worked on when that Ray is called in. It is healing energy that is channeled straight from God, through the Ascended Masters' healing temple, through the facilitator to you. It is a more intense connection to Cosmic Light that you have ever imagined. Those that are drawn to this work are the ancient healers of Atlantis, who have known this modality before. They are always pulled toward this work because of their own deep sense of recognition.

Healing sessions are conducted in Rev. Patricia's home in Monroe by appointment. The cost for a half hour Seven Rays healing session is \$35; One hour Seven Rays healing session with spiritual counseling is \$60.

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**Hunter Healing Hands:** Located in Black Rock, Jessica and Jim Hunter's events include Reiki Share; monthly drum circle; classes and so much more! For details, cost, etc. please see <http://www.hunterhealinghands.com>. Contact 203-916-8381 to register for an event!

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**Finding Feathers** – A Spiritual Center located at 395 Commerce Drive, Fairfield. (203) 916-7887 or email [shaktidas@findingfeathersfairfield.com](mailto:shaktidas@findingfeathersfairfield.com). Calendar: <http://findingfeathersfairfield.com/event-calendar/>

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**Astrology Corner**

**By Alethea Hunt, Astrologer**

As July commences, a Capricorn Full Moon – the first of two Full Moons occurring this month - takes place on the 1st. This isn't typically a Moon known for its emotionality, however in this particular case this lunation's contact to Pluto and opposition to the Cancer Sun & Mars assures that our feelings will be experienced on a deep level even if we try to keep a stiff upper lip. I actually think the Capricorn influence is helpful in conferring emotional maturity here, because the Sun & Mars over in Cancer could be goading us toward reactivity/immaturity, while a Hades Moon's propensity to stew and fester could throw gas on the fire. The theme seems to be controlling our emotional reactions - no matter how distasteful we may find them - and even if we can't keep a lid on others' behavior, we can certainly take responsibility for what we do/don't do with our own feelings. Some of the potential edge is taken off this Moon via contact to Neptune, so ditch booze, other substances, or escape fantasies and pick up a meditation cushion or pray. This is about surrender and acceptance of the Things We Cannot Change, as well as compassion & forgiveness for ourselves and others whenever possible because we understand that when people lash out it's usually to protect some deeply-seated vulnerability, á lá "the best defense is a good offense".

Needless to say since Capricorn/Cancer highlights the family axis, this Moon may be a bit tricky for dealing with family matters – especially if anyone has been nursing a grudge. If you have any plans for the long holiday weekend that involve the clan getting together for a picnic/BBQ, I would advocate keeping it food-focused and limit the availability of alcohol if your family is one apt to put the "fun" in "dysfunctional". Due to the residual blessing of Uranus' involvement in a trine with Jupiter & Venus, social gatherings with friends are apt to fly far better than those with possibly booze-agitated curmudgeonly relations, so if you suspect a family party may be difficult there's certainly no shame in faking an illness to get out of going...just don't get caught! ;-) In this case, we can make slippery Neptune's energy work \*for\* us, LOL – just pull a disappearing act & \*poof\*!

Thankfully if anything DOES get out of whack on the home front, we get a chance to correct or smooth over a family situation with the Cancer New Moon on the 15th! If we have to initiate possibly challenging dialog, the conjunction of Mercury & Mars on this date can give us the bravery to do so – the key will be similar to last month's recommendation to use lots of "I think..." or "I feel..." statements while being sensitive enough to know when/where to know where others' boundaries (and/or walls) are and to stop before we hit against that point. This lunation's contact to Saturn & Chiron gives restraint and emphasizes taking responsibility for our own shadows so there can be forgiveness and healing, so let's definitely avoid finger-pointing and make it a point to look at our own shortcomings. In other areas, this is an especially fertile Moon for those looking to get preggo, so if there have been difficulties on this front or if age has been a concern,

this would be a good lunation to make another effort or to visit the gyno and/or a spiritual healer for some advice. It may be as simple as taking the pressure off the situation by eliminating timetables – surrender can be very helpful here.

A Venus Retrograde kicks off on the 25th and will last for six weeks – this signifies a re-evaluation period for love and money matters. Confidence is key, as is tapping our talent and creativity because all these things inherently boost our sense of self-worth and protect us from the possible inclination to settle for meager crumbs. Though we don't want to run into scenarios where we overcompensate and pride/hubris lead to lesson in humility, not having an appropriate belief in our inherent value can lead to situations where negativity find a foothold in the psyche and restricts our capacity for happiness. In more mundane areas, this is a time to turn off the tap in high-drama relationships that equate to a heavy investment with little reward.

Finally, our second Full Moon of the month – this one in Aquarius – occurs on the 31st. This is a social Moon perfect for parties and gatherings, but it may be the kind of lunation that favors fraternal involvement over sororal since there does seem to be some irritation occurring between the ruler of this Moon (Uranus) and Mars in Cancer. It may be that unpredictable moods cause friction and/or incite the rest of the group, so to neutralize this possible inclination and discharge drama potential do check any irritability and definitely avoid any potential inclination toward bossiness - at the risk of sounding like some cheesy motivational poster, remember there is no "I" in "team" so run things by the committee before charging ahead!

**\*\*\* A note to readers: If you would like to receive my FREE monthly newsletter via email which is packed full of information & astrological insights, simply click [HERE](#) or send an email to [Alethea@EmpoweredDestiny.com](mailto:Alethea@EmpoweredDestiny.com) & I'll be happy to add your name to my list of recipients! You can also follow my nifty [astro-blog](#) or find me on Twitter ([@EmpwrDstny](#)).**

**Namaste, my friends -  
"The Divinity within me perceives and adores  
the Divinity within you"  
\* Laura \***

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