

# Talisman

**Talisman ... A Unique New-Age Shop**  
**150 Main Street**  
**Monroe, CT 06468**  
**(203) 261-0047**

**Website:** [www.talismanct.com](http://www.talismanct.com)

**Facebook:** <http://www.facebook.com/Talisman-A-Unique-New-Age-Store>

**Media Blog:** <http://blog.ctnews.com/lenhard>

**Spellcraft by Talisman product listing:** <http://www.talismanct.com/images/Talisman%20Product%20List.pdf>

**August 5, 2016**

## **Merry First Harvest (Lammas/Lughnasadh) Greetings!**

Well, I can't lie – August is not off to a stellar beginning. While I am not generally an argumentative person, I've found myself digging my heels in and getting all kinds of contentious with people I genuinely like but even at that, I'm not backing down on issues I hold near and dear. However, it is so unlike me to even care if someone agrees with me or not – that it made me think there must be something more going on.

You know, I think it's this simple: I am sick of being lied to. I am sick of hypocrisy. On a vast personal, professional, political and yes, metaphysical playing field. And I am getting damn mouthy about it. For example: Talisman has always charged what I consider to be a fair price for our goods and services (and yet been criticized by some for undervaluing the same but what do you know, it's my shop and so it's my business – for close to ten whole years – so thank you very much but please go away now) meanwhile when I hear some of the prices being charged out there ... well, I'd expect Jesus to descend and throw cards and then hand me the winning lottery numbers for that. I mean, you better give me the cure for cancer! Ridiculous! So do what you want, charge what you want -- but leave me ALONE.

It seems that somewhere down the line "nice" became synonymous with passive – then passive somehow became another word for doormat and weakness in general. And I'm sitting here wondering when the hell it became such a terrible thing to be a nice person!

The astrology of what I am feeling as well as seeing in public media and hearing in my own readings is well described in this excerpt by Clarissa of **Viva Combusta:**

*Mars entering Sagittarius early in the month along with the Sun in Leo and Uranus in Aries creates a fiery trifecta that does give an underlying feeling of excitement and energy. Mars in Sagittarius is a much more externally high spirited placement. Sagittarius is a fire sign and so Mars is at home here, too. After leaving Scorpio, Mars in Sagittarius turns its sights on battles of a higher nature: culture and religion, ideas about God, belief systems in general. Mars in Sagittarius is a strong defender of people's beliefs, and will defend other's ideas even as they are vehemently arguing their own. It is quick to spot hypocrisy and quicker to shut it down. Sagittarius is a sporty, athletic sign and Mars here likes to work up a sweat, preferably while outdoors. The environment and the outdoors are also favorite Sadge themes and Mars in Sagittarius can be a champion for nature and animals. (Yup, these are all my "don't go there" issues!).*

*(ETA: Saturn stations direct on Saturday, August 13th at 4:50 AM CST, at 9 degrees Sagittarius and conjunct Antares. Saturn direct does free us up in areas we've not been able to make progress in, obviously this is a good thing. However, the direct motion of both Mars and Saturn moving on Antares also means nothing is keeping any of the harsher manifestations in check.)*

*However, at worst Mars conjunct Saturn in astrology is associated with uncommonly cold cruelty, brutality. Add to this that Mars and Saturn will both be conjunct fixed star Antares, of political rashness and military action fame. I hate saying this, given all that we've seen play out on the global stage this year, but it must be said regardless. September is going to be the strangest month yet in 2016, and the Mars-Saturn-Antares conjunction at the end of August looks like it could be setting the pace. In our personal lives, we can use the severe discipline of this same formation to resist whatever is being pushed on us. <https://vivacombusta.com/2016/07/30/real-time-astrology-august-2016/>*

Being nice doesn't mean being a pushover. You can in fact nicely walk away. You can nicely tell someone what they can do with (or where they can put) their opinions, demands, assumptions, etc. Because for several

weeks now, I have sat in reading after reading with people who really are kinda trapped in bad relationships, jobs, living situations, etc. that they just can't get out of or away from in the immediate future. Sometimes it just isn't that easy. But what you can control is how much you allow the behavior of others to impact you personally.

In case you need validation - You are not obligated to:

- Be someone's counselor and help them with all their problems if it's bad for your mental health.
- Be there for someone 24/7.
- Remain friends with someone who emotionally drains you.
- Maintain negative relationships because you've been close for so long, because you're related, or anything else.
- Do anything that makes you unhappy or puts your health at risk.

But hey, feel free to stick their sorry asses in a mirror or dust 'em with a little "Don't F\*\*k With Me Powder" (see new product details) because sometimes you gotta put on the pointed hat and remind them you are NOT Glenda! Heck, even GLENDA wasn't "Glenda" ... she sent Dorothy off on a mission ultimately to kill someone, all the while wearing a pair of magical shoes that could have instantly taken her straight home (a fact she conveniently "forgot" to tell Dorothy). Something to think about.

**Blessed Be!  
Laura**

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**NEW-AGE FAIRES HELD EVERY SATURDAY**

**12:00pm-6:00pm - (203) 261-0047 for appointments**

**Readers (\$30/30 minutes - cash only)**

**Please call in advance for readers' schedules as they are subject to change**

To see our Readers' background information, visit:

<http://www.talismanct.com/images/List%20of%20Readers%202016.pdf>

**August 6**

Gwen Lord - Whole Life Tarot (Past Life recall)

Pina - Angel Oracle (Mediumship)

Sherri \* - Our Newest Reader (bio below) Astrological Tarot

Susan - Tarot (Mediumship, Medical Intuitive)

### **August 13**

Gwen Lord - Whole Life Tarot (Past Life recall)  
Pina - Angel Oracle (Mediumship)  
Sandy - Tarot-Guided Soul Portraits

### **August 20**

EstaRa \* - New Reader (bio below) Twin Flame Readings  
Rachel - Animal Communicator; Tarot (Mediumship)  
Sandy - Tarot-Guided Soul Portraits  
Sherri \* - Our Newest Reader (bio below) Astrological Tarot

### **August 27**

Andrea \* - New Reader (bio below) Tarot/Mediumship  
Rachel - Animal Communicator; Tarot (Mediumship)  
Sandy - Tarot-Guided Soul Portraits  
Sherri \* - Our Newest Reader (bio below) Astrological Tarot

### **Talisman's Newest Readers:**

**Sherri:** Originally from Atlanta Georgia, Sherri has been Reading for clients for 30 years. Gifted as a psychic clairvoyant, she uses astrology in combination with tarot. She worked as a celebrity makeup artist in the film industry for over 30 years (and raised her family) prior to making the shift to “professional” intuitive. Sherri uses the Ryder Waite tarot deck and spreads them in a circle of astrological houses – this generally looks at the coming year with insight given for upcoming events, concerns, etc. **Laura Notes:** In our “audition” Reading, Sherri pinpointed pending changes and upcoming opportunities in my work (2nd House) personal life (5th House) and career growth (10th House) impressively.

**EstaRa:** Many have known me as April, but in 2011, after my trip to Egypt, I embraced my spiritual name EstaRa, Carrier of the Blue Diamond Light. I’ve been an intuitive all my life as far as I can remember. Since opening my business, Soul Star Healing in 2004, I’ve performed Intuitive Readings along with several advanced forms of energy healing sessions, teachings and live channelings in New York, Michigan and Sedona as well as at my office in Guilford, CT. I work daily with my Healing Team, the Galactic Light Beings, Angelic Realm, Ascended Masters and other beings that wish to bring messages to you. I believe that as an intuitive, my job is to provide

you with guidance that is for your best and highest good to help you live your life more fully. As a twinflame, my journey and mission has come into the forefront. Throughout the years, I've channeled messages with regard to Twinflames and their mission; these messages are available on my blog, my youtube channel, and Soul Star Healing's Facebook Page, which can be accessed from my website: [www.soulstarhealing.com](http://www.soulstarhealing.com). Since I was five years old I knew I was here to reunite with my other half. When I met him my journey evolved into teaching, guiding, healing and clearing twinflames. The twinflame relationship is the most powerful love relationship there is, and is less common than you think. Since 2011 there has been a greater awakening of twinflames, as they are most needed at this time to bring the planet back into balance; their mission and relationship goes beyond romantic desires which is why the call to action has gone out. While each twinflame relationship and mission is unique to the couple, there are common phases that the twinflame encounters on their path to full physical union. Here is the short version: meet and make connection, repel and separate, heal, clear, heal, and finally reunite. With the wakeup call, a sense of urgency, frustration and confusion has come to the surface for many twinflames regardless of what phase they are in. Recently, the Twinflame Collective provided me with a Card Reading Spread to help provide guidance to twinflames who are on this journey, whether in union or not. I'm excited to be offering this Card Reading Spread at Talisman. While this spread was designed specifically for the Twinflame Relationship, it certainly can be used to help soul mate love relationships, too, as well as provide guidance to your relationship (and journey) with Spirit. I have committed myself to living a life of light and love, and to helping others heal through connection to spirit. I look forward to helping you too! **Laura**

**Notes:** These are really, really personal and deep readings - some details I don't want to share, a lot of focus on Talisman, future plans - quite accurate.

**Andrea:** I read at several different spiritual centers (Uplifting Connections in Bridgewater MA; The Center at Westwoods where I book private clients and groups; and most recently at a new center in Dedham where my previous boss from Uplifting is developing her own spot). I also do private parties/readings at the homes of clients. I have been reading all my life, beginning at age ten and started full-time professionally after the unexpected passing of various important people in my life and my career just kept going on its own from there. The staff at some of the places I work call my readings a "blend" because Mediumship (in the form of loved

ones who have passed) can come through. I consider myself rooted in the Tarot and for me it is my first language. The cards direct me and give information on everything from health issues, to job questions, relationships etc. One shop owner has referred to it this way: "When somebody needs to know what's going to happen six months from now, I send them to Andrea". I believe that Readings are an individual experience that can help in anything from relationship issues, stress levels, to closure with passed loved ones. Although every reading is different, it is not uncommon for information from loved ones who have passed over to come through. The experience of a reading can help people cope, get answers to tough questions and gain a higher understanding of themselves. Honestly, what I most frequently hear from clients is they are able to take a deep breath and just "plain ol' feel better" after I have read them. **Laura Notes:** In our "interview" reading, Andrea discussed details regarding an upcoming move (which I had not discussed with anyone but my two closest friends); aspects of my oldest Son that were spot on; a close friend's difficult situation and lastly, my father came through very clearly with information which could only have come from him! I was quite impressed.

**The designation of "mediumship" is NOT a guarantee that your loved one(s) will present themselves in the reading - it means the channel is open and a particular reader is skilled at recognizing and then relaying information when/if it comes through.**

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**Talisman's Regularly-Scheduled Readers**  
**(203) 261-0047 for appointments - Cash payment requested**

We do things a bit differently at Talisman. You pay our readers AFTER the reading is finished, and if you are not happy you don't pay. NO READER can read EVERYONE successfully and everyone who works at Talisman is aware of this fact. Know that it is acceptable after the first 5 minutes of a reading to say something like, "I'm sorry, what you are saying just isn't resonating with me. I would like to stop the reading now, but thank you for your time". If you do not hear something amazing in the first five minutes, or if it just isn't right ... don't expect a reading to get better as it goes on. Readings go off track for a number of reasons - but the point is, you shouldn't pay if you are not happy. Please, just be courteous and respectful. Complaints are rare because every reader has had to pass the "ultimate interview" ... they must sit and read ME (and I've been reading

over 35 years myself) and tell me something about my past/personal life, my children, home, or business that they could not possibly have heard or learned someplace else. But every reader has their unique gift and their own style, it is NOT one size fits all. Personally, I don't think anyone should get a reading more than once every 6-8 weeks and prefer you allow at least 3 months between readings ... you don't want to become a psychoholic, right? I WILL discourage you from this behavior! My goal is to see people leave an "intuitive counseling session" (because that is really what we do) feeling validated, uplifted and hopeful regardless of the situation or challenges they may be facing. That is the true measure of a "good" reading!

**Available by Appointment:**

Talisman's readers are available for parties and events. You can pay by the hour or allow us to set up and have your guests/attendees pay individually. We do our best to be flexible and fairly priced. Our party rates are \$70 an hour, plus gas/mileage OR guests can pay if they choose to get readings at \$1/minute. Please make all scheduling arrangements through Laura at (203) 261-0047. We also book private parties at the shop, with readers of your choice. Just ask!

**Laura:** I do special, in-depth readings by appointment. My 60+ minute private sessions includes a chakra check up, a print out and review of your astrological natal chart, tarot and palm reading and more! (\$60). Call the shop for an appointment, as I schedule these when the shop is closed or after-hours. Private half hour tarot readings (\$30) also by appointment. Phone sessions are \$20 for a half hour - for those who do not live nearby.

Yes, I do **\$5 tarot/palm readings** on **Wednesday, Thursday, Friday and Sunday** these are done in-between phone calls and waiting on patrons - you can't make an appointment, and I do get interrupted. Sometimes there is no one waiting, other times a dozen people are standing in line. They are five dollars because the shop is open and I am working! These mini-readings last about 10 minutes or so, and great if you have a quick question or have never experienced a reading before.

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**New Product Information**

Well, it's not a new product for us here at Talisman, but our own **Don't F\*\*k With Me Powder** (\$9.99) is still a novelty to many. You sprinkle this powder in the shoes, pockets - it needs to get on their person - of anyone who has wronged you and just refuses to stop or go away. You'll find they suddenly become extremely busy - overworked, moving, transferred, or just too self-absorbed with their own problems to have time to mess with you anymore! So you're not hurting them so much as you are "removing" them. Nicely? Yeah, sure, whatever ...

So I had one very kind and soft-spoken patron come to me - after years of being in his position at work, they had hired a very young supervisor with a very bad temper. And since he spat when he talked (ew) it was extra unpleasant to be in his line of fire. And he just would not stop, his style was to "ride" people and goad them into a reaction (I wonder what version of "The Minute Manager" produced THAT managerial style, huh?). So I suggested DFWM powder. Dust a little in his jacket pocket, have a bit in the palm of the hand and give a friendly "hey!" and pat on the shoulder. Why not a mirror, you ask? Because management knew this guy was a jerk and they didn't care! So what's to reveal? Ten days later his out-of-state transfer was announced. Quite unexpected.

A very dear friend had a nursing supervisor who simply had it in for her (all you nurses out there are just shocked to learn this sort of behavior occurs, I know) sabotaging her paperwork, making last minute changes and conveniently "forgetting" to tell her, playing games with her hours. So she lightly dusted her keyboard with a little powder - okay, well, yes, first the server went down and then all the computers crashed (my friend was pretty pissed and intent IS everything in these matters) but shortly afterward she moved on to another floor of the hospital to begin a fresh reign of terror I'm sure. Easy peasy.

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### **Community Events**

**The Connecticut Wiccan Pagan Network (CWPN) Inc.** is a 501(c)(3) not-for-profit educational and networking organization dedicated to meeting the needs of the greater Wiccan and Pagan community in Connecticut and surrounding areas. The goal is to help provide a forum for Wiccans and Pagans to meet others of "like mind" and to come together and worship in a safe environment. Our hope has been to construct a sense of "community" in which we can all share with and learn from one another. Membership is

open to all Wiccans, Pagans, and those with a serious interest in learning more about our religion. If you are under 18 years of age you may join with written parental consent. We reserve the right to refuse or terminate membership of anyone who we feel may be harmful to our organization or to the Wiccan/Pagan Community. Learn more at our website: <http://www.cwpn.org>. The CWPN hosts monthly networking meetings throughout the state, open Sabbat circles, coven and study group referral service, classes/work-shops, various social events and lectures with well-known members of the Pagan community.

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**Hunter Healing Hands:** Located in Black Rock, Jessica and Jim Hunter's events include Reiki Share; monthly drum circle; classes and so much more! For details, cost, etc. please see <http://www.hunterhealinghands.com>. Contact 203-916-8381 to register for an event!

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**Finding Feathers** – A Spiritual Center located at 395 Commerce Drive, Fairfield. (203) 916-7887 or email [shaktidas@findingfeathersfairfield.com](mailto:shaktidas@findingfeathersfairfield.com). Calendar: <http://findingfeathersfairfield.com/event-calendar/>

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**Astrology Corner**  
**By Alethea Hunt, Astrologer**

Some excellent astro greets us at the outset of August! A New Moon in fun-loving Leo amps up possibilities for some fun in the sun on the 2nd. There's beneficial restraint involved due contact to responsible Saturn's, so it's not like we blow off work & hit the casinos or anything! This energy is more like ***scheduled*** playtime, so booking a day off near this lunation for some R & R isn't a bad idea. Even if all you do is sun yourself poolside, this lunation's inconjunct to restorative Neptune serves as a pointed reminder that we needn't always be party animals to have a good time - relaxation is an important part of recreation, too...what about something like a spa day? Just go easy on the mimosas or umbrella drinks with Neptune's involvement, as there are few things \*less\* fun than waking up with a hangover!

There is a note of caution this month with Jupiter in Virgo making its final opposition to Chiron in Pisces (*which is exact on the 12th but active most of the month*) – let's make sure we're taking a macro view of health matters and also looking discerningly at healing & wellness philosophies; both our

own & others'. Jupiter in Virgo can be a bit of a "wellness evangelist", and when there a stress hit to Chiron involved we can easily be subscribing to a wellness philosophy of some kind or belief about the state of our health/our ability to heal – especially re: any "chronic" conditions we may have – that frankly isn't serving us/our healing process. Remember, there is no "one-size-fits-all" when it comes to wellness and we have to be careful that a personal Truth (whether our own or someone else's) isn't mistaken for a Universal Truth when it comes to a health "gospel" of some kind. If there is anyone we might consider a fitness/nutrition/health "guru" involved, we should also use extra discernment because it's entirely possible an outside perspective may do more harm than good, so if something doesn't intuitively ring true for you, by all means use your own discretion as to whether it's right for YOU. Take a holistic view and make sure your wellness philosophies are truly helping rather than hindering healing now. Another slightly different manifestation of this energy can mean our perception of health/healthy may easily become skewed in August. This can run the gamut from expressing as a tendency to perhaps ignore a chronic health issue and/or believing the state of our health to be better than it is, to manifesting as hypochondriac tendencies, to potentially going overboard with something "healthy" where it becomes applied in an injurious - even addictive - manner. Be sure to back up and take the whole picture in, because otherwise it may be easy to miss something that might be considered obvious to an outsider.

A couple of minor stress hits for Venus from circa the 11th-16th means that we need a little extra moderation regarding love & money matters near mid month. Venus is very discriminating in Virgo, and there's an interesting dynamic going on because while she is indeed in the sign of her fall, she does align with the Moon's North Node, meaning there is definitely some spiritual progress/lessons to be had in this. Think back to [mid-late March, when Venus was in the opposite sign of blurry Pisces](#). We had a similar astrological setup at that time, only we tended to err on the side of not being discriminating \*enough\* regarding love and money! Now the shoe is on the other foot where maybe we're inclined to be a bit \*too\* critical or frugal, which can certainly cause unhappiness and discontent in its own way. Perhaps this spiritual progress, then, is merely representative of a course-correction swing over to the opposite pole so that hopefully we ultimately find a middle ground between these two extremes. What financial or romantic lessons did we learn back in March? Is there a chance we might err the other way now; perhaps prematurely shutting the door on

opportunity and growth by analyzing something to death? There are tests of faith here for sure, and while there is value in the old saying “once bitten, twice shy”, it’s also entirely possible to let a negative past experience cause an avoidable error in judgement. So yes to discernment in a fiscal or romantic sense - we have to ask ourselves “Does it make sense?” - but let’s keep it all in balance so we don’t wind up shooting ourselves in the foot with projected negativity that might not be warranted.

Love & money mojo rapidly improves after this point as Venus picks up a trine to Pluto and then joins with Jupiter between the 17th-27th. This is a fantastic period overall for gaining favor with powerful authority figures; especially as both these benefics join on Fixed Star Zavijava on the 27th which seems to denote the potential of diligent workers being amply rewarded for their thoroughness and attention to detail. Certainly a favorable omen for good employees who are up for an annual review around this time, who have been too modest to ask for a raise, or even for those who are job seeking and need a good reference from an influential someone in the right position. And do make sure to negotiate good benefits for yourself if this is you! I wouldn’t get \*too\* cocky with this influence in play, though, as Mars and Saturn are also conjunct this week (exact on the 24th) – we do have to be careful of “punching above our weight” scenarios and possibly putting ourselves in situations where we could rub someone with more clout the wrong way. So while it’s a bit lofty to think we might be promoted to CEO under the aforementioned Venus/Jupiter conjunction, perhaps shooting instead for a more realistic middle-management position is the way to go.

Backtracking a bit to the Aquarius Full Moon on Aug 18th, this is a complex lunation made extra weird by its contact to Uranus, so strange and shocking may become the order of the day. Our social circles are highlighted by this Moon, and it’s an especially good time for women to be getting together in a sororal sense since the Moon is also in close proximity to “feminista” Pallas Athene. The energies of this lunation are best channeled toward some kind of social or political activism, because there is power in groups now...especially in groups of women! This activism may involve discussion about schooling, politics, and/or health. Lastly, it does bear mentioning that Mercury will turn retrograde in Virgo on Aug 30th – I will cover this more in next month’s Astrology Corner, but it’s a good idea to get/stay on top of fitness/nutrition/wellness matters well ahead of this event.

\*\*\* A note to readers: If you would like to receive my FREE monthly newsletter via email which is packed full of information & astrological insights, click [HERE](#) or email [Alethea@EmpoweredDestiny.com](mailto:Alethea@EmpoweredDestiny.com) and I'll be happy to add your name to my list of recipients! You can also follow my nifty [astro-blog](#) or find me on Twitter ([@EmpwrDstny](#)).

**Namaste, my friends -  
"The Divinity within me perceives and adores  
the Divinity within you"  
\* Laura \***

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Talisman  
150 Main Street  
Monroe, Connecticut 06468

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