

Talisman

Talisman ... A Unique New-Age Shop
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Website: www.talismanct.com

Facebook: <http://www.facebook.com/Talisman-A-Unique-New-Age-Store>

Media Blog: <http://blog.ctnews.com/lenhard>

Spellcraft by Talisman product listing: <http://www.talismanct.com/images/Talisman%20Product%20List.pdf>

June 3, 2016

Merry Greetings!

A couple of weeks ago Pina, Sandy and I were alone in the shop and Pina shared a story about a man she had read recently ... he was going through a great deal of trouble and (being an Angel Oracle) she asked him “Why are you not asking your angels for help? They cannot step in and help you unless you ASK?” His reply: “I don’t feel comfortable asking – I don’t think I deserve it”.

As I reflected on that man’s words, I zoomed back to the time immediately following the birth of my first child. Holding my infant son (Derek), I told my then-husband “You should probably know there is NOTHING you can ever give me – no jewelry, house, whatever – that I will EVER say to you – oh, I don’t deserve that or oh, no that’s just too much - because nothing you say or do will ever adequately repay me for the gift of bringing this child, your son, into the world”.

A little difference of attitude there, huh? And while I am not driven in the slightest bit materialistically – I DO KNOW MY WORTH. A number of you have heard me say this before and I will say it again: If you want unconditional love, find Jesus or get a puppy. People with self-esteem HAVE CONDITIONS! “No, you cannot speak to me that way;” “No, you cannot treat me like that;” “No, I will not allow you to do that to me.”

The current astrological energy of the Mars Retrograde (which does not end until June 29) equals out to bottled rage. People are feeling stuck, and

they are really angry about it. In many of the readings I did this month, time after time I heard “I can’t believe I allowed this to happen to me” repeated over and over. But I believe that particular sentiment is actually a step in the right direction, because taking responsibility for the part (big or small) you played from the onset of a negative situation is the first step toward getting out with no attachments.

How do remove yourself from a bad situation without attachments? Walk away and don’t look back.

Easier said than done. The biological ties of children, financial devastation of living on one income (especially here in Connecticut where rents are so high), and the fear/guilt that comes with leaving a person, job, child, family member who NEEDS you even as they are abusing you or making your life miserable – work hard to hold us bound. Maybe that’s why they are called “the ties that bind”.

What do I mean by “attachments”? I mean anything provided by that person which allows them access to you or the ability to dictate aspects of your life. So in order to have no attachments, which may become karmic cords and carry over into future lives, you have to make a clean break OR see the situation through to the (bitter?) end. Know that you, and only you, can determine which of the two options you should take. “The End” may be waiting until a child is finished with high school or until whatever age child support payments conclude. “The End” may not be possible until you finish school or get the promotion that allows you have a job and support yourself. “The End” may not be until a very ill parent or spouse you are caring for passes away. But while you are waiting for an opportune time (know that while there will never be a perfect time, some times are more opportune than others) you can be planning and saving money and clearing, sorting, packing, etc. Just because you are stuck, you need not remain stuck forever, and you may begin to productively clear your path to freedom.

Earlier today, I was talking to someone who is in just such a situation. She asked if it bothers me when people talk about the new-age concept of having an “attitude of gratitude” – in other words, just be happy for what you have and more will come. Well ... that’s not how it works. Of course you should be grateful for what you have – it’s quite another to try and convince yourself that “barely enough” is enough. Or that any gilded cage

is worth your freedom. Some things cost you dearly, yet you never spent a cent for them. It isn't until you realize what you really value, what really matters – knowing your worth – and what you really need to be happy ... well, let's face it: You are not having a love affair with your shoes. Or your car. And houses, however large and lovely, are lousy company on lonely nights. But you may really not be able to imagine life without your two dogs. Fair enough. It's the old "If your house was burning down and assuming your loved ones were safe – what would you grab on the way out?"

A very dear friend and patron of the shop said something utterly profound to me once. Her grown daughter had expressed her displeasure at her dating (mind you, she had cared for her husband through his illness at home, right up until this death – and didn't go out or date for a quite a time afterward). But she told her daughter "I love you always, and I would give up my life for you in a second – but my darling, I will NEVER give you my happiness'.

Do you understand this? She said, clearly, that she will not allow her grown daughter to dictate the terms of her life for her. I remember once talking with a woman who was working one full and two part-time jobs, following her divorce, in order to pay the mortgage on the family house so "her two children will not have to go through the stress of moving". Because she asked my opinion, I told her that maybe moving to a smaller place and having more of their mother's time might be more important to them in the long run. And I have had far too many readings with the grown children of parents who had stayed married "for the children's sake" who were angry that their mother or father remained in an abusive situation on their account. This is The Hanged Man card of the tarot deck – suspended animation, delayed gratification, denying yourself for the higher good – but reversed, resulting in feeling like a doormat, being exploited and unappreciated. Not a savior – a martyr.

I have to end with a synchronicity – as I was writing this month's newsletter narrative, I was pulling up Alethea's "Astrology Corner" piece in order to insert it at the end. The last sentence she wrote literally jumped out at me: ***"As uncomfortable as it may be, if we want to move forward we have to break free of anything dysfunctional miring us down!"***

Blessed Be!

Laura

NEW-AGE FAIRES HELD EVERY SATURDAY

12:00pm-6:00pm - (203) 261-0047 for appointments

Readers (\$30/30 minutes - cash only)

Please call in advance for readers' schedules as they are subject to change

To see our Readers' background information, visit:

<http://www.talismanct.com/images/List%20of%20Readers%202016.pdf>

June 4

Laura - Yes, throwing myself in the mix as we are short readers! Tarot & Palm Reading.

Sandy - Tarot-Guided Soul Portraits

June 11

Gwen Lord - Whole Life Tarot (Past Life recall)

Pina - Angel Oracle (Mediumship)

Rachel - Animal Communicator; Tarot (Mediumship)

Sandy - Tarot-Guided Soul Portraits

June 18

* Andrea * - Our newest Reader: Tarot/Mediumship (Bio/Background is below)

Andrew Neblett - Runes and Tarot (**6:30: Past Life Regression, details below**)

Pina - Angel Oracle (Mediumship)

Susan - Tarot (Mediumship, Medical Intuitive)

June 25

Gwen Lord - Whole Life Tarot (Past Life recall)

Pina - Angel Oracle (Mediumship)

Rachel - Animal Communicator; Tarot (Mediumship)

Sandy - Tarot-Guided Soul Portraits

Andrea: I read at several different spiritual centers (Uplifting Connections in Bridgewater MA; The Center at Westwoods where I book private clients and groups; and most recently at a new center in Dedham where my

previous boss from Uplifting is developing her own spot). I also do private parties/readings at the homes of clients. I have been reading all my life, beginning at age ten and started full-time professionally after the unexpected passing of various important people in my life and my career just kept going on its own from there. The staff at some of the places I work call my readings a "blend" because Mediumship (in the form of loved ones who have passed) can come through. I consider myself rooted in the Tarot and for me it is my first language. The cards direct me and give information on everything from health issues, to job questions, relationships etc. One shop owner has referred to it this way: "When somebody needs to know what's going to happen six months from now, I send them to Andrea". I believe that Readings are an individual experience that can help in anything from relationship issues, stress levels, to closure with passed loved ones. Although every reading is different, it is not uncommon for information from loved ones who have passed over to come through. The experience of a reading can help people cope, get answers to tough questions and gain a higher understanding of themselves. Honestly, what I most frequently hear from clients is they are able to take a deep breath and just "plain ol' feel better" after I have read them.

Laura Notes: I want to add that in our "interview" reading, Andrea discussed details regarding my upcoming move (which I had not discussed with anyone but my two closest friends beforehand); aspects of my oldest Son that were spot on; a close friend's difficult situation and lastly, my father came through very clearly with information which could only have come from him! I was quite impressed.

The designation of "mediumship" is NOT a guarantee that your loved one(s) will present themselves in the reading - it means the channel is open and a particular reader is skilled at recognizing and then relaying information when/if it comes through.

Talisman's Regularly-Scheduled Readers
(203) 261-0047 for appointments - Cash payment requested

We do things a bit differently at Talisman. You pay our readers AFTER the reading is finished, and if you are not happy you don't pay. NO READER can read EVERYONE successfully and everyone who works at Talisman is aware of this fact. Know that it is acceptable after the first 5 minutes of a

reading to say something like, "I'm sorry, what you are saying just isn't resonating with me. I would like to stop the reading now, but thank you for your time". If you do not hear something amazing in the first five minutes, or if it just isn't right ... don't expect a reading to get better as it goes on.

Readings go off track for a number of reasons - but the point is, you shouldn't pay if you are not happy. Please, just be courteous and respectful. Complaints are rare because every reader has had to pass the "ultimate interview" ... they must sit and read ME (and I've been reading over 35 years myself) and tell me something about my past/personal life, my children, home, or business that they could not possibly have heard or learned someplace else. But every reader has their unique gift and their own style, it is NOT one size fits all. Personally, I don't think anyone should get a reading more than once every 6-8 weeks and prefer you allow at least 3 months between readings ... you don't want to become a psychoholic, right? I WILL discourage you from this behavior! My goal is to see people leave an "intuitive counseling session" (because that is really what we do) feeling validated, uplifted and hopeful regardless of the situation or challenges they may be facing. That is the true measure of a "good" reading!

Available by Appointment:

Talisman's readers are available for parties and events. You can pay by the hour or allow us to set up and have your guests/attendees pay individually. We do our best to be flexible and fairly priced. Our party rates are \$70 an hour, plus gas/mileage OR guests can pay if they choose to get readings at \$1/minute. Please make all scheduling arrangements through Laura at (203) 261-0047. We also book private parties at the shop, with readers of your choice. Just ask!

Laura: I do special, in-depth readings by appointment. My 60+ minute private sessions includes a chakra check up, a print out and review of your astrological natal chart, tarot and palm reading and more! (\$60). Call the shop for an appointment, as I schedule these when the shop is closed or after-hours. Private half hour tarot readings (\$30) also by appointment. Phone sessions are \$20 for a half hour - for those who do not live nearby.

Yes, I do **\$5 tarot/palm readings** on **Wednesday, Thursday, Friday and Sunday** these are done in-between phone calls and waiting on patrons - you can't make an appointment, and I do get interrupted. Sometimes there is no one waiting, other times a dozen

people are standing in line. They are five dollars because the shop is open and I am working! These mini-readings last about 10 minutes or so, and great if you have a quick question or have never experienced a reading before.

New Product Information

China, who covers the shop on Tuesdays, is our Resident "Master of Potions". In addition to her wonderful White Sage Spray (back in stock but going fast) and Four Thieves Spray - we are happy to be offering Palo Santo Spray and Oil. Oh, wow ... they just came in and there are four bottles left. Wow! We are going to start a Pre-order list so we can call when they are in - these sell out THAT fast!

THE CIRCLE OF THE SACRED WELL

Event: Shamanic Sunday - Meditation Workshop

Date: Sunday ~ **June 5** ~ Time: 6:00 p.m.

Location: The Undercroft at Talisman

Meditation workshop held first Sunday of each month. Energy work and grounding, plus a semi-guided meditation. Join us this month for a Life Balance meditation. Event begins at 6:00 p.m. at Talisman. Requested donation \$ 5.00

Event: Shamanic Sunday - Meditation Workshop

Date: Sunday ~ **July 3** ~ Time: 6:00 p.m.

Location: The Undercroft at Talisman

Meditation workshop held first Sunday of each month. Energy work and grounding plus a semi-guided meditation. Join us this month for a Summer Harvest meditation. Event begins at 6:00 pm at Talisman. Requested donation \$5. Shamanic Sunday

The Circle of the Sacred Well: www.thecircleofthesacredwell.org

Contact Email: arianowl@yahoo.com

Contact Phone: 203-922-2642 (Bill)

Community Events

The Connecticut Wiccan Pagan Network (CWPN) Inc. is a 501(c)(3) not-for-profit educational and networking organization dedicated to meeting the

needs of the greater Wiccan and Pagan community in Connecticut and surrounding areas. The goal is to help provide a forum for Wiccans and Pagans to meet others of "like mind" and to come together and worship in a safe environment. Our hope has been to construct a sense of "community" in which we can all share with and learn from one another. Membership is open to all Wiccans, Pagans, and those with a serious interest in learning more about our religion. If you are under 18 years of age you may join with written parental consent. We reserve the right to refuse or terminate membership of anyone who we feel may be harmful to our organization or to the Wiccan/Pagan Community. Learn more at our website: <http://www.cwpn.org>. The CWPN hosts monthly networking meetings throughout the state, open Sabbat circles, coven and study group referral service, classes/work-shops, various social events and lectures with well-known members of the Pagan community.

Hunter Healing Hands: Located in Black Rock, Jessica and Jim Hunter's events include Reiki Share; monthly drum circle; classes and so much more! For details, cost, etc. please see <http://www.hunterhealinghands.com>. Contact 203-916-8381 to register for an event!

Finding Feathers – A Spiritual Center located at 395 Commerce Drive, Fairfield. (203) 916-7887 or email shaktidas@findingfeathersfairfield.com.
Calendar: <http://findingfeathersfairfield.com/event-calendar/>

Request for donations: I know a young man who is re-starting his life here in CT (I was a close friend of his late mother). He needs pants (36w 30l) shirts (x large) shoes (9) cleaning supplies laundry soap twin sheets blankets ... Everything. Items can be gently worn - I have boxes to put things in at Talisman. Many thanks.

Astrology Corner
By Alethea Hunt, Astrologer

I will begin June's astro-overview by saying it's advisable NOT to pull ourselves in too many different directions this month! There is a lot going on astrologically, so the hazard is that we may either drive ourselves to distraction and thus get nothing done, or find ourselves mentally overwhelmed. When in doubt, repeat "Keep It Simple" – let's make this our mantra going forward, because this will help keep us in a grounded

headspace! Things are extra Mercurial now that it's Gemini season, and there's likely to be a significant amount of mental tension as the Sun, Venus, and Mercury travel through this sign while clashing with Neptune, Saturn, and Jupiter.

Kids still in school may be stressing about final exams. Older children may be anxious about graduating and going away to college, or even those who aren't quite at this stage yet may be nervous about having to start the college application process. Adults may find themselves challenged by big-picture vocational issues, perhaps being "of two minds" regarding their professional direction and trying to negotiate a path between a "calling" and a job that pays the bills. This clash of planets represents – on a large, global scale – widely divergent perspectives on just what constitutes Reality vs. Fantasy depending upon who we ask and what their bias is. Belief can be just as problematic as skepticism now, therefore it is essential that we realize both the dichotomy and interconnectedness of all things. For example, science vs. mysticism; pragmatism vs. optimism vs. idealism. Keep the mind supple – don't let it become a prison by getting locked into one way of seeing things!

This all becomes a focal theme at the Gemini New Moon on the 4th – the Sun and Moon are virtually right on top of Venus, so Others (or perhaps a Significant Other) are very much involved. I would not be asking for too many external opinions under this influence - while there is value in talking our thought process out with others, we also have to be careful that too much external input doesn't confuse things further under this energy. Or cause us to bend to a perspective that isn't right or helpful for us/our particular circumstance. If finances are an issue at this lunation (*and they may be with Venus' involvement*), there may be some juggling required so diversify! Mercury & Venus are in mutual reception until mid month, so pulling double-duty by maybe picking up a part-time gig or doing two PT jobs instead of one FT one may help alleviate some of the financial tension. Manage any potential stress possibly created by this, however – be careful about overwork & definitely make time in your schedule for "restorative time" for the sake of physical & mental health. Definitely no mindless spending, though – it has to be mindFUL, because with an inconjunct between Venus & Pluto, the compulsion to spend can certainly surface and debt would only inhibit financial mobility.

Be aware that many of the themes in the above paragraphs will be resonant throughout the entire month, as the next hit of the Saturn/Neptune Square – 2016’s pervading astrological energy – will be exact on the 17th. If you want more specific background on this vibe and its many facets, see [my blog](#) and also click on the “Saturn in Sagittarius square Neptune in Pisces” tag to browse for further insights, as this energy has some far-reaching implications.

A Full Moon in Sagittarius just hours before the Summer Solstice may mean we start to feel things shifting for the better, provided we can adjust our perspective so as not to be fault-finding. From a spiritual point of view, it can sometimes be easy to find what’s “wrong” but more challenging to find what’s “right” when we focus too excessively on hardship and/or get overwhelmed by minutiae. Look instead at the gradual, large-scale transformation that is occurring somewhere in your life underneath it all – all the little things that feel/felt like challenges may actually be improvements for the better that, in hindsight, coalesce into something greater that we couldn’t see when we were knee-deep in the “dismantling” process. But it’s all starting to come together now – believe it! Auspicious omens may show regarding health, wealth, or work especially; particularly the closer we get to the 26th.

Financial security seems to be a theme near the end of the month as the Sun dips into Cancer & follows Venus around for the rest of the month. Anything that can be done to strip away debt and/or dependency in favor of self-reliant empowerment is super favorable now. Watch for family who may offer gifts with strings attached, though – as much as we may love them, the key is to keep entanglements to a minimum. Lastly, Mars turns direct in probing Scorpio on the 29th – hopefully we’ve been using the last two months of its retrograde movement to confront & subsequently clear out anything grotty lingering in the dark corners of our psyche, but if not this is certainly a perfect time for self-initiated shifts that would banish our demons. As uncomfortable as it may be, if we want to move forward we have to break free of anything dysfunctional miring us down!

***** A note to readers: If you would like to receive my FREE monthly newsletter via email which is packed full of information & astrological insights, click [HERE](#) or email Alethea@EmpoweredDestiny.com and I'll be happy to add your name to my list of recipients! You can also follow my nifty [astro-blog](#) or find me on Twitter ([@EmpwrDstny](#)).**

**Namaste, my friends -
"The Divinity within me perceives and adores
the Divinity within you"
* Laura ***