

Merry Greetings!

Well, the kids are back to school - the nights are getting crisp and the days are growing shorter - there is definitely some color at the tops of the maples and oaks - yes, autumn is on its way! We had a nice time in Vermont, shopped at "Nusantra" (one of our wholesalers in Rutland) and stocked back up on singing bowls and some of the old Tibetan jewelry I am so fond of. And the store is certainly getting busier! We're having a lot of fun playing with the new interactive display from VibesUp, a company which won the 2008 Visionary Award from the International New Age Trade Show Association. VibesUp has a proprietary blend of ground nano crystals, up to 90 different oils and herbs combined into a permanent paint that is literally coated on jewelry, pet charms, food coasters, bath stones, etc. The display has a group of magnetic wooden stars, each coated with an individually-charged VibesUp paint mixture. You run your palm over the top of these stars, asking yourself "what energies would benefit me the most to have more of ...?" and when one of the stars tingles, feels cool or hot you turn it over to see what is being suggested. Thus far, the consensus is that the product is highly accurate! You can see more on their website www.VibesUp.com. Another company I am happy to now be doing business with is Kheops International, headquartered in Colebrook, New Hampshire. I think you all know my commitment to carrying products created by hand and in accordance to the Free Trade Act. Kheops' President, Marie-Josée Vaillant, was educated at a school based on Universal Educational Principles. She is helping to create a company whose corporate mission involves doing business with women and their families in underprivileged parts of Indonesia, offering real opportunities for career growth and education for their children. Their keystone products are various-sized glass pyramids, the smallest of which are used to manifest outcomes and needs. Larger pyramids can be used to charge crystals and other objects, and the largest used to store and charge fresh fruits, vegetables, oils, jewelry - all of which are energized and have their life properties sustained by time spent inside the pyramid. The name "Kheops" is taken directly from one of the Egyptian pyramids. Looking ahead at the holiday season, I think any of these items would make interesting and unique gifts (and really, isn't a trip to Talisman a lot more fun than a day at the mall ...?). And speaking of holidays, and holiday parties, Talisman is now booking "psychic parties" and can send one of our talented psychics to your home to entertain your guests (call for rates).

Our five-week "Wicca University" begins September 8th through October 6th. If you are practicing magick, working on the metaphysical plane but unsure of your faith path - and haven't made a formal study of the Wiccan Religion - you might want to consider taking this very intensive course. Folk magick is owned by the common people, and it always will be, but when it becomes part of a larger religious practice you must first be well-grounded in that faith's ethics and ideology before you can handle the magick with wisdom. If you have questions, please call me at 261-0047 and I will have Bill or Mandy, who are teaching this course, return your call.

Dates to Remember:

- * The next meeting of the Talisman Support Group, led by life coach Lori Coates, will be held Saturday, Sept. 13th from 1-3 pm. Lori has an extensive history in the fields of mental health and education, and holds a Master's in Educational Psychology. Bring a notebook - \$5.00 fee. The topic for discussion will be "Coping with Difficult Relationships".
- * Adrianna, our own holistic healer and therapist from Brazil, will be back at Talisman on Sept. 13th and 20th, offering Reiki/Candleing in hour-long sessions - appointments are limited, so please call at your earliest convenience. This specialized Reiki focuses on the head, throat, ear points, third eye and crown chakras. Candleing removes impurities and clears the sinus, lymph nodes and third eye chakra (a wonderful help if you suffer from sinus infections). Learn more about Adrianna on her website www.lovehealing.com.
- * Tammie Barletta, licensed Massage Therapist, will have her chair parked at Talisman on Saturday the 6th from 12-5, offering deep tissue massage with accupressure. A full 20 minutes will have your back,

shoulders, neck, head, arms and legs nicely massaged for \$20. However, Tammie is happy to offer a 5-minute mini massage for \$5.

* Please note there will be no meditation session on Wednesday, Sept. 24th (Good Luck on your belt test, Simon!).

Here are the classes and readers for August. **Remember, classes are on Monday evenings from 7:00 pm - 9:00 pm (and usually run late!):**

August 4: EFT & Energy Psychology/Medicine – The Fundamentals of Energy and its Effects on the Human Body and Mind (\$20) Learn how people can quit smoking in one session, get over depression in just a few hours, heal rapidly, remove fears and phobias, etc. How? Energy redirection in the human body. The technique used to do this is called EFT – Emotional Freedom Technique. Learn why what you think, you are – and how to break out of self-defeating cycles. This is a hands-on course, taught by Dr. Andrew Neblett. Learn how to control energy in yourself and in others in a positive way. You will also learn how to protect yourself from harmful energy and its weakening effects. This class will expose you to a very different perspective on human thinking and healing.

August 11: Introduction to Journeywork (\$20) The basic trip into non-ordinary reality – Contacting your helping spirit. Experience not necessary. Taught by Sean (Starwolf) Kane.

August 18: Energetic Dowsing Tools & Techniques (\$20) The world is full of energy - swirling, radiating, transforming. When you can tap into that energy and understand its many states, new possibilities open up to you! Come learn how to use various tools (including your own body) and techniques for dowsing. Understand the energy fields around you, detect and clear "stuck" energy fields, find lost items, answer questions and other interesting and useful activities. All experience levels welcome.

August 25: Abundance and Money Magic (\$15) Ever wonder why you cannot get the money you need or want? Seem to have problems holding on to the "green"... In this experimental workshop Gwendolyn Lord will help us explore our (often lacking) relationship with the "MATERIAL WORLD," and have some hands on practical magic as well as advice to bring about prosperity, and nurture abundance. Bring your wallet, checkbook and charge cards for some special spells!

Sept. 8, 15, 22, 29 and Oct. 6: Wicca University (\$75/5 classes)

Go back to school in the fall! Attend Wicca University. Join us for this extensive five-week class that covers all aspects of the Wiccan religion. The class traces the cultural and religious traditions and individuals that have influenced the modern religion of Wicca, as all as other neoPagan religions. Explains many of the common terms associated with Wicca. Provides an overview of the Wiccan belief system. Discusses Wiccan concepts regarding the Divine. Provides details about the Elements and the Elementals. Provides an overview of the Wheel of the Year - Sabbats & Esbats. Provides an overview of the Wiccan ethical system. Details the concepts involving in creating sacred space. Discusses ritual construction and altar set-up. Covers the major aspects associated with working successful magick. Discusses the challenges of living the Wiccan religion in a modern world. NOTE: This class is very extensive and is a great way to learn about this spiritual path. This is a very popular class and seating is limited. Early registration is advised. The tuition for Wicca University is \$ 75.00 for all five classes. **About the instructors:** Bill & Mandy Oram are very knowledgeable and have many years of experience studying Neo-Pagan spiritual paths. They are active leaders in the Pagan community.. During his Air Force career, Bill acted as the Wiccan lay leader for McGuire Air Force Base in New Jersey. He and Mandy also established an organization that supports the spiritual needs and rights of pagans in the military.. Mandy has studied alternative and comparative religions for more than 30 years. She is certified as an Air Force Training Instructor and has taught many classes, both mundane and spiritual. Bill and Mandy are two of the founders of The Circle of the Sacred Well, which is an eclectic Neo-Pagan open Circle that meets in the local area.

October 20: Ghosts and Spirits (\$15) As we approach the season of Halloween/Samhain, what better time to speak of the "dear departed", and share in things that go bump in the night! Ghosties and ghoulies, entertaining and scary - Yes, some of us see "dead people," and we will share our tales of those who are in other dimensions, but stop by for a visit with us. We will discuss the differences between

ghosts, spirits, elementals, and darker entities, and how to tell which witch is which! Taught by Gwendolyn Lord.

October 27: Hauntings, Possession and Exorcism – An Introduction to the Spirit World and the Art of Exorcism (\$20)

Ghosts, spirits and demons – what's real? Is a Ouija board safe to use? How can one tell if a possession is occurring? Who is qualified to do an exorcism and how is one done? Learn about this fascinating subject and put your fears to rest. However, you will leave with a newfound respect and caution for the spirit world and how to handle hauntings and possessions. Taught by Andrew Neblett.

November 3: The Goddess In Everywoman (\$15) Who is the Goddess, and how does She affect us in our mundane lives as women on the planet? Aspects of the Divine Feminine throughout history, cultural "Goddess archetypes" both ancient and modern, a pantheon of Goddesses to chose a "personal Goddess" from – these are just a few of the areas we will explore to find the Goddess in Everywoman. Taught by Gwendolyn Lord.

November 17: Manifestation – The Law of Attraction ... and More! (\$20) It all boils down to four simple words - Your Thoughts Become Things! Learn the basics of how to use your intent to change your life and attract more of the people, things and experiences you would consciously choose. Taught by Cathy Kane.

November 24: Fears and Phobias (\$20) Andrew Neblett teaches what the root of fears and phobias really are and the many avenues available to remove them. Draws from years of fear and phobia removals (flying, heights, spiders, social, stage fright, etc.). This class will show there is hope and choices you can make to bring positive things into your life that you want.

December 1: Beyond Tarot (\$15) Gwendolyn Lord shows us a new way of seeing "what's in the cards" - Going beyond the cards themselves and finding out cross-cultural symbols that are timeless. These relate stories and myths which can provide direction and enlightenment for our daily lives. Tarot is the doorway, which we open and pass through, to find answers and guidance in classic and not-so-classic images. A brand new way of seeing things is guaranteed!

December 8: Octoenergetics (\$20) Introduces the Wellness Modality (and upcoming book) of Octoenergetics – The Eight Energy Balancing System developed by Dr. Andrew Neblett (Ph.D., Clinical Hypnotherapy). Do you have long-term health issues that just won't heal or mend? Are you depressed and don't know why? Do you get sick at the drop of a hat? Octoenergetics works with the four bodies and four minds to get to the source of the issue. Once the source is found, balance is achieved by correcting food allergies, emotional issues, structural alignment, blocked energy meridians, dehydration, etc. This is NOT homeopathy! This is a total wellness system that will get you back on the path of health and well-being.

Scheduled Readers & Special Events:

Starr: Angel Readings on Thursdays 4:00-7:00 pm (or by appointment) \$30/20 minutes or ask question \$1/minute

Lina: Intuitive Counseling Sessions on Sundays by appointment (261-0047) \$50/45 minutes

September 6: Mandy/Oracle Board 12:00-6:00 \$25/20 minutes

September 6: Tammie Barletta, Licensed Massage Therapist, 12:00-5:00 Chair Massage \$5/5 minutes (\$1/min)

September 13: Elpida/Coffee Ground Readings 12:00-5:00 \$30/20 minutes

September 13: Support Group "Dealing with Difficult People" 1:00-3:00 pm, led by Lifecoach Lori Coates (\$5 - bring notebook)

September 13: Reiki/Candleing with Adriana \$70/1 hour. Adriana is a Holistic Healer/Therapist from Brazil. Candleing is a technique of cleansing the sinus/lymphatic area as well as clearing the third eye chakra. Call for appointment (only 3 timeslots available: 3:00, 4:00, 5:00 pm). Learn more about Adriana on her website www..lovehealing.com.

September 20: Herbal tarot with Donna 2:00-7:00 \$25/20 minutes

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chakrah. Call for appointment (only 3 timeslots available: 3:00, 4:00, 5:00 pm). Learn more about Adriana on her website www.lovehealing.com.

September 27: Tarot with Gwen 12:00-6:00 \$25/20 minutes

Wednesdays 6:00-7:00 pm: **Meditation Sessions** led by Simon (\$5) Remember: There is no obligation to attend these sessions regularly after initial sign-up, just drop in when the timing or the mood strikes you as right! Please, no children under the age of 12. There will not be a session on September 24th.

So, what's next for Talisman? You know how easily I get bored, people -- my A.D.D. is legendary! -- so keep your sense of humor and stay tuned!

Goddess Blessings,

Laura and Roy