



Talisman ...
A Unique New-Age Store
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November 4, 2009

Merry Greetings!

Living on the edge of forestland, I am keenly aware of the passing of the seasons as evidenced by the trees. Now almost bare, I look out onto their skeletal outlines from my home's windows. Trees are an integral part of various world religions - many have, as their central motif, the image known as the World Tree. In Norse mythology this tree is known as Yggdrasil, the axis of the world. This same World Tree appears as the Buddhist Bodhi Tree and as the Christian Tree of Knowledge. In the esoteric Jewish tradition, the Qabalah features the Tree of Life, its branches hung with the sephiroth, or virtues, of the Divine. Trees draw their power from the earth. Leaves fall to the ground each winter in a symbolic death, but new leaves reappear in spring, signaling regeneration. Mankind undergoes the same process of death and rebirth. Many religious systems see Divine regenerative energy as coming from above rather than below. As a result, the World Tree is often shown upside-down, with its roots in the heavens, drawing down Divine energy to man. Within our own bodies there are numerous tree-like structures - the branching capillaries of the circulatory system; the twiggy branches of the respiratory system; and the

trunk and branches of the nervous system which contain dendrite (tree-like) cells, essential for communication. Have you taken the time to learn the names of the trees that you share your home's property or neighborhood with? Each tree offers us different gifts. Pick a tree and lean back against its trunk. Does your mood or breathing change as you adjust to its energy field? You may find that with a pine or fir tree, your metabolism speeds up and you feel open and energized. With a large oak you may feel calm and protected. A birch may fill you with a feeling of being blessed. Hug a willow and absorb its glorious healing energy. Come Spring, one exercise to try (preferably while the moon is waxing) is to put an ear close against the trunk of a tree. Choose one with smooth bark, such as a birch, and get your ear as close as possible to the trunk. You will clearly hear the great, green pulse of the tree pumping sap from the roots to the canopy. Try this with both young and mature trees and notice the difference in their rhythms. A great number of legends and fairy tales take place in the forest, and many believe that a Devi, or spirit, dwells inside every tree. There is no doubt that a walk through the woods on a crisp winter day is an exhilarating and magical experience!

Just Passing This Along ...

As a small business and home owner, I know firsthand how tough these economic times are. Do you know that in Connecticut, you can choose the company that supplies your electricity? I have switched to Public Power & Utility Inc. There are no hidden or sign-up fees, no contracts, no deposit and no cancellation fees. CL&P or U.I. still delivers the electricity as the distributor, you receive one bill and they still respond to power outages. Nothing really changes. The savings are in the Supplier Service Detail, based on the amount of

electricity you use. My family of six is seeing a savings of \$40-\$60 every month at home. Please know there are other suppliers, and that I am not receiving ANY compensation for my recommendation. However, I signed up with PP&U several months ago and am very pleased. If you would like to learn more, contact Tom DeLucia at (203) 556-8951 (he is a Monroe resident). Tom can tell you how much you would have saved last month by switching - just have last month's electric bill handy when you call him!

Note: If you have a genuine money-saving idea or service, please forward to my attention. I will review and consider these for inclusion in Talisman's monthly newsletter, free of charge, in the hope of benefitting our patrons.

EVENTS & CLASSES

Saturday, Nov. 7th: New-Age Fest 12:00-6:00pm

A magical gathering of intuitives and healers at Talisman. Readings \$25/20 min. or \$40/aura photography (cash payment requested).

Aura Photography by Tim Bshara of A Healing Hand. A session lasts 20 minutes and include a verbal discussion of the aura and chakras plus the client takes home a 20+ page report. \$40 (appointment recommended 261-0047).

Andrew Neblett: Many of you already know Andrew from the classes he has taught and healings he has facilitated here at Talisman. In addition to being a gifted Tarot reader, Andrew is a Certified Registered Hypnotherapist and Natural Health Consultant. Learn more at

www.neblettonline.com .

Pina "The Lady of the Light" She is an Oracle Psychic

Medium. Blessed as a child with many gifts, Pina does Angelic Readings. She follows her spiritual path through this life using her gifts to help others. Pina is a Psychic Consultant with the Connecticut Paranormal Research Society and does readings in New York and Connecticut. Pina works with the Angelic Realm to help and advise.

Rachel: An animal communicator, she doesn't need the animal present (although they are certainly welcome) because while it's nice to meet the animal, the physicality can be distracting. Rachel uses simple information from the person to communicate with the animal's higher intelligence. Usually the name, age and breed is all that is needed; questions are asked as a way to direct the session. After a simple meditation, she and the animal basically have a "chat" - and gets all sorts of interesting details that comes in the way that particular animal communicates - through words, pictures or feelings. Rachel can talk to pets living or deceased, domestic or wild, asking anything the animal would know ... it's from their perspective.

Chair Massage by Tammie, licensed Massage Therapist, from 12:00 to 6:00 \$1/minute. Five or ten minutes spent in Tammie's chair will leave you relaxed for the rest of the day ... everyone who tries it comes back again and again!

Introduction to SoulCollage® Workshop: Taught by Nici Derosier - Saturday, Nov. 7th 6pm-8pm. \$25. This 2 hour workshop will introduce you to all aspects of card making, the suits that make up the deck, card reading exercises, and more. All materials (image source materials, scissors, glue, card blanks, composition frame,

informational handouts, etc) and light refreshments provided. ***Bring a friend and each of you get \$5 off the workshop fee!*** To find out more about SoulCollage®, which was developed by Seena Frost, M. Div., M.A, or about Nici, visit her site at www.artshapedworld.com email artshapedmail@gmail.com
What is SoulCollage?

SoulCollage® is a hands-on soul-tending process, where we create a beautiful, personal deck of collaged cards that reflect back to us the myriad and fascinating aspects of our own lives. The four suits - Committe, Community, Companion and Council - come together in one deck to honor elements of our psyche, our earthly community, our animal guides, and the ageless archetypes that transcend culture and time to play a role in our lives. Images are culled from magazines and other print material, as well as personal photographs or original artwork.

What if I don't think of myself as an artist?

You do not need to be an artist to do SoulCollage®! The process is intuitive, simple and takes place in a nurturing and encouraging environment, where you are provided with all tools needed, as well as basic instruction and tips for cardmaking.

What can be done with the cards?

The uplifting experience of creating aside, our cards work as tools to help us better know ourselves. Cards can

be utilized in individual and group readings, as meditation focal points, journaling prompts, as part of intention-setting rituals, or as a daily message to yourself, just to name a few possibilities

SoulCollage® is an artful, expressive, and intuitive journey to the realm in each of us where our soul dwells. With the aid of tools such as meditation, shamanic journeying, card readings and the act of creating and sharing with others, we illuminate, piece by piece, the beautiful fragments of our true, whole selves.

Drop-In Classes: For cardmakers who are familiar with the process this group meeting is a chance to socialize, create and self-nuture, all in a relaxed and caring atmosphere. All materials and light refreshments provided, but you are welcome to bring magazines or snacks to share. Dates/Times: Thursday, Nov 12, 12 to 2 and Tuesday, Nov. 24, 12 to 2. \$12/Class. ***Bring a friend and each of you get \$2 off the drop-in workshop fee!***

SGRA - Friday, Nov 6th at 6pm: Coffee Talk with UFO Expert & Author Nick Roesler. Pull up a chair, grab a cup of coffee, have a snack and join the discussion! Free.

November 13: Channeled New Moon Meditation with Barbara DeLong 7:00 pm. Barbara will lead us through a channeled experience, using the energy of the moon to bring enlightenment and wisdom from the lunar energies. There will also be a chance to get and share

brief messages (channeled by Barbara - everyone will get a message from Spirit) at the close of the evening. \$10/seating limited to 20. RSVP 261-0047. Barbara is available for readings (by appointment/see below) before the meditation.

Barbara has done Radio and television, conventions and is listed in Hans Holzer's book, The Psychic Yellow Pages; the very best psychics, card readers, astrologers, and numerologists. Her readings come from a very spiritual background and are focused on giving the individual understanding of the pathway they are on and positive insight on how to enable the creative energies within to expand on the human experience. The readings give a 12 month glimpse and go from the mundane to the magical. Barbara is an ordained Minister and for the past five years (2003-08) conducted services at a local Spiritualist church as a rotating minister - which inspired her platform mediumship.

Regularly Scheduled Readers

(Cash payment requested)

Starr: Angel Readings on Thursdays 4:00-7:00 pm (or by appointment) \$30/20 minutes or ask question \$1/minute.

Barbara DeLong: By appointment (261-0047)

Fridays \$30/30 min; \$50/60 min. Her website

www.barbaradelong.com is a teaching site; along with spiritual material there are predictions for the energies of every day in the year. Check out Barbara's Blog Talk Radio Site: www.blogtalkradio.com/night-light .

Lina: Intuitive Counseling on Sundays by appointment (261-0047) \$50/45 minutes

November 7th: New Age Fest 12-6; Readings \$25/20 min. Aura Photography \$40. Massage Therapy \$1/min.

November 14: Debbie, who utilizes the Tarot of The

Moon Garden deck as well as regular playing cards. As a young adult, Debbie worked closely for several years as a student with reknowned Psychic Medium Ruth Burnett, most famous for her work with local police departments. She has studied with members of the Micmaq Tribe, Big Cove New Brunswick CA., as well as some Lakota Influence. Her native name is Mistydawn

November 21: Donna, Herbal tarot (Shammanic/medium, reading includes personalized mojo bag) 2:00-7:00 \$25/20 minutes. Tammie Barletta, licensed Massage Therapist, 12-5 \$1/min.

November 28: Gwen, Whole-Life Tarot (may include some past life issues) 12:00-6:00 \$25/20 minutes.
Drop-In Meditation: Every Wednesday 6-7 pm - donation \$5. Age 16 and over.

Please know that when it comes to giving thanks, we are eternally grateful to all our friends who patronize Talisman - we couldn't do this without you!

Thanksgiving Blessings from our family to yours,
Laura & Roy Lenhard

