

Talisman

Talisman ... A Unique New-Age Shop

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www.talismanct.com

Facebook: <http://www.facebook.com/Talisman-A-Unique-New-Age-Store>

Spellcraft by Talisman product

listing: <http://www.talismanct.com/images/Talisman%20Product%20List.pdf>

February 4, 2016

There is a tale about how certain hunters in Africa catch monkeys. A small jar is placed at the base of a tree with peanuts inside. The opening of the jar allows the monkey to place his hand in, but when he tries to withdraw it, he is unable to do so with a fist full of peanuts. To remove his hand, he must let go of some peanuts. Most monkeys will stay there with their hand in the jar until the hunter comes back to trap them. They are trapped because they are unwilling to let go of something they are doing which is working against them. And, it ultimately will lead to their demise.

So it's February 2016 and this month is all about **L-O-V-E** with Valentine's Day sitting right smack in the middle of this thing. The story about hunting monkeys made me think about the recurring themes in most of the "relationship" readings I do at the shop (and these are my LEAST favorite types of readings to do, by the way). My readings begin by asking the person sitting across from me to put their hand on the tarot deck and think of any issues, concerns or problems they want insight or information about. In the course of the reading that follows, I may say "I see you are unhappy, thinking of divorce or leaving your partner" – and then provide details of the spouse/family life blah blah. But then the question is asked "Will I be HAPPY once I am divorced/leave this relationship?" and that's where it gets tricky. I have found that most of our challenges generally come through interaction with others, especially until we learn that "What we allow is what will continue". But also, until we determine what we must have and what we can live without in a relationship – because just like a monkey with its hand in the jar, we cannot have it all.

However, the real problem with predicting happiness via relationship has to do with the nature of prophecy itself. One of my former readers, Starr, used to jokingly say "All readings are solidly written in jell-o" and this is never truer than when you are factoring in the Free Will of a third

party. When an individual is “reading” or divining they are picking up on a flow of energy – and energy tends to follow the course of least resistance (Please note I said TENDS to) which is why some people are easier to read than others. People who behave in a consistent way have energy that flows in a more predictable manner. Even people who tend to buck tradition as nonconformists do not live in utter chaos across the board (unless they are mentally unstable) so there is almost always a line (albeit scattered) of energy to follow. It’s sort of like following the flow of water down the side of a mountain – the water does not flow in a straight line, but looking ahead you can see where it will need to flow around a boulder or over a fallen log; where it will collect until enough water builds pressure to break through an obstacle, etc. So goes a reading - and the more gifted the reader the farther along the energetic trail they will foresee, and correctly identify those obstacles and re-routed energies. But again, a third party’s energy alters the emotional weather surrounding the flow of energy – presenting potential rainstorms that create a flash flood, freezing cold that ices everything – do you get it? We all know how hard it is to predict the weather, right? So in answering questions like “Does this person really love me? Do they feel as strongly as I do?” the answer can be yes – at this point in time. Or no, they don’t feel as strongly but they have feelings, there is shared energy, which can at any time grow or change.

I find a better indicator of happiness is in the compatibility as defined through the astrology. First, the sign on the 7th House Cusp of your natal/birth chart (the 7th being the House of Marriage/Partnership) is going to be a huge draw for you. Any planets that reside in that house are going to impact marriage and partnership heavily. Can I tell you that this is how I became fascinated by astrology? I was in therapy while going through my first divorce, and my therapist posed the question: What was the one thing that all the men I had relationships with had in common? I thought and thought and answered, “Nothing. I have dated men from all over the world, different professions, athletes, short, tall, rich, poor – I don’t have a type” and she said THINK HARDER there is always a common factor. It took days, but I finally realized that nearly every single one (save a couple) were born in February, and were Aquarians. Bingo! My 7th House IS in Aquarius. And Saturn – the planet that teaches hard lessons and demands we work hard – resides there too. So yes, relationships and partnerships DO feel like work ... like a chore, truth be told, for me. Gratefully, my 5th House (children) is in Sagittarius and my Moon is placed there – so not only do I have a lot of kids (4) I also get a huge emotional (moon) freedom and joy (Sagittarius) through playing and having fun with them (the 5th House rules hobbies, love affairs, children, recreation and all things FUN). You can do your own natal chart for free at www.cafeastrology.com. A more detailed natal and/or a compatibility chart can be done by Alethea, our astrologer who writes a monthly article for this newsletter (if you read this to the end you already know that!). Alethea does her charts by hand, the old fashioned way, and WILL talk with you to provide real in-depth insights. Her monthly newsletter is sent via email and packed

full of information & astrological insights, click [HERE](#) or email alethea@EmpoweredDestiny.com and she'll be happy to add your name to her mailing list. You can also follow her [astro-blog](#) or find Alethea on Twitter ([@EmpwrDdstny](#)).

This is very general, but here is an overview of how the astrological signs show their affection:

Fire (Aries, Sagittarius, Leo) by providing tangible, physical help.

Air (Gemini, Libra, Aquarius) by providing logical, philosophical understanding.

Earth (Taurus, Virgo, Capricorn) by providing nurturing care.

Water (Scorpio, Cancer, Pisces) by providing emotional acceptance.

So for an emotional water sign, an air sign's cool headed logic can feel cold and distant. A fire sign's enthusiastic "help" can overwhelm a slower-moving earth sign, who needs to feel nurtured before making decisions. But what one exhibits as care is often what one is looking for in return – so cook a delicious meal for your earth sign lover or treat them out to high quality dinner; build a bookcase, help paint a room or have your fire sign's car detailed; bring your air sign to a "thinking" movie or museum, art gallery or anyplace people meet and talk; and whether or not you believe in (say) divination – if your water sign mentions wanting to learn to read tarot show your support by buying them a deck of cards and book on the subject.

Venus rules love and what you love – where it is placed in your chart determines HOW you love. What kind of love we want, the kind of person we want to love, and when love comes into our lives can be found through Venus. In the natal chart, natal Venus shows you the type of love relationship you want and the kind of person you want to love. Here is a link to The Dark Pixie page (I LOVE her site!) covering all things Venus: <http://www.thedarkpixieastrology.com/natal-venus.html> remember to cursor down, what you are looking for is far down the page.

Lastly, here is a quote (author unknown) to wrap it all up, because when it comes to love ... this is what I truly believe with all my heart.

"If two points are destined to touch, the Universe will always find a way to make the connection - even when all hope seems to be lost. Certain ties cannot be broken. They define who we are - and who we can become. Across space, across time, among paths we cannot predict - Nature always finds a way."

NEW-AGE FAIRES HELD EVERY SATURDAY

12:00pm-6:00pm - (203) 261-0047 for appointments

Readers (\$30/30 minutes - cash only)

Please call in advance for readers' schedules as they are subject to change

To see our Readers' background information, visit:

<http://www.talismanct.com/images/Readerslist14.pdf>

Introducing Sandy (our newest reader) who is an intuitive artist and creates tarot-inspired soul portraits of one's "higher self" as she interprets it. Sandy is a trained fine artist and designer, drawing since she was a child with her artist mother. Her talents also blossomed in various locations around the world and within the states. Her spiritual journey started young, and she delved deeper after the death of her father almost 10 years ago. The process of creating a tarot-inspired soul portrait starts with a few moments of silence and prayer and holding the cards. "I ask for guidance for myself and the person I'm with to create a portrait that reflects on their inner self, inner beauty, and natural gifts. Images blend from the meditation and the card reading that result in an image of their highest self". Sessions last 30 min, 45 min, or can be privately commissioned for more detailed work. Portraits can be created for the individual, or couples or pet(s). Single person/pet = 30 min (\$30); Couples = 45 min (\$45).

February 6

Gwen Lord - Whole Life Tarot (Past Life recall)

Mark - Tarot or Reflexology (Mediumship)

Pina - Angel Oracle (Mediumship)

Rachel - Animal Communicator; Tarot (mediumship)

Sandy - Tarot-Guided Soul Portraits

February 13

Mark - Tarot or Reflexology (Mediumship)

Pina - Angel Oracle (Mediumship)

Sandy - Tarot-Guided Soul Portraits

Susan - Tarot (Mediumship)

Whitney - Seated energetic healings for people & pets (\$20/20min or \$30/30min)

February 20

Gwen Lord - Whole Life Tarot (Past Life recall)

Mark - Tarot or Reflexology (Mediumship)

Sandy - Tarot-Guided Soul Portraits

February 27

Andrew Neblett - Runes and Tarot

Gwen Lord - Whole Life Tarot (Past Life recall)

Pina - Angel Oracle (Mediumship)

Rachel - Animal Communicator; Tarot (mediumship)

Susan - Tarot (Mediumship)

Whitney - Seated energetic healings for people & pets (\$20/20min or \$30/30min)

The designation of "mediumship" is NOT a guarantee that your loved one(s) will present themselves in the reading - it means the channel is open and a particular reader is skilled at recognizing and then relaying information when/if it comes through.

Talisman's Regularly-Scheduled Readers

(203) 261-0047 for appointments - Cash payment requested

We do things a bit differently at Talisman. You pay our readers AFTER the reading is finished, and if you are not happy you don't pay. NO READER can read EVERYONE successfully and everyone who works at Talisman is aware of this fact. Know that it is acceptable after the first 5 minutes of a reading to say something like, "I'm sorry, what you are saying just isn't resonating with me. I would like to stop the reading now, but thank you for your time". If you do not hear something amazing in the first five minutes, or if it just isn't right ... don't expect a reading to get better as it goes on. Readings go off track for a number of reasons - but the point is, you shouldn't pay if you are not happy. Please, just be courteous and respectful. Complaints are rare because every reader has had to pass the "ultimate interview" ... they must sit and read ME (and I've been reading over 25 years myself) and tell me something about my past/personal life, my children, home, or business that they could not possibly have heard or learned someplace else. But every reader has their unique gift and their own style, it is NOT one size fits all. Personally, I don't think anyone should get a reading more than once every 6-8 weeks and prefer you allow at least 3 months between readings ... you don't want to become a psychoholic, right? I WILL discourage you from this behavior! My goal is to see people leave an "intuitive counseling session" (because that is really what we do) feeling validated, uplifted and hopeful regardless of the situation or challenges they may be facing. That is the true measure of a "good" reading!

Available by Appointment:

Talisman's readers are available for parties and events. You can pay by the hour or allow us to

set up and have your guests/attendees pay individually. We do our best to be flexible and fairly priced. Our party rates are \$70 an hour, plus gas/mileage OR guests can pay if they choose to get readings at \$1/minute. Please make all scheduling arrangements through Laura at (203) 261-0047. We also book private parties at the shop, with readers of your choice. Just ask!

Reflexology Fridays with Mark: This ancient healing art uses hand/thumb pressure corresponding to the body systems. The practice stimulates/relaxes stress signals resulting in relaxation (who DOESN'T love having their feet rubbed?), pain reduction, and rejuvenation of tired feet -- helping you stand tall in the world! Come in after a hard week of work and treat yourself in Mark's chair (\$30/30 minutes).

Laura: I do special, in-depth readings by appointment. My 45+ minute private sessions includes a chakra check up, a print out and review of your astrological natal chart, tarot and palm reading, and more! (\$50). Call the shop for an appointment, as I schedule these when the shop is closed or after-hours. I am also doing private half hour sessions (\$30) before hours and on weekends. Phone sessions are \$20 for a half hour, so many people live far away and are asking. Yes, I still do **\$5 readings** on **Wednesday, Thursday and Sunday** but these are done in-between phone calls and waiting on patrons - you can't make an appointment, and I do get interrupted. These mini-readings usually last about 10-15 minutes. As long as there are no other scheduled readers in the shop (they drive in from a distance and it's just not fair to them) I am always happy to peek at someone's palm or throw a few cards, so don't hesitate to ask!

New Product Information

I've decided to dedicate a short paragraph each month to the newest offerings at Talisman. This month I am introducing a tarot deck called the "Art of Tarot" which has me quite impressed. This 78-card deck is slightly oversized, each card features a classical work of art paired with an insightful quotation. Having worked with the deck, I was thrilled to see that the artwork and quote completely captured the traditional meaning of the tarot card, which makes this an extremely easy deck to read both as a tarot AND oracle deck. Even more special, the box has a built-in pop up frame – so you can display your daily card on (say) your desk top without anyone knowing it is a "tarot" card per se. Price is \$24.50 and I have a dozen decks in stock, will take names and order more when these sell out. I have an open box we can play with! A LOT of shopping went on the two weeks before Christmas and a great deal of merchandise went out the door (and THANK YOU for that!). I have been steadily re-stocking witch balls, tarot decks, jewelry, stones, the VibesUp line, singing bowls, etc etc. It's all been coming in ... please know that I deeply appreciate your loyalty and patronage. It means everything to me.

Events at Talisman
RSVP (203) 261-0047

Healing with Oils Saturday, February 27 6:30-9:00pm \$25

This class, taught by Dr. Andrew Neblett, will introduce essential oils providing a solid foundation of their uses and healing properties. Proper guidance will be given on how to use oils for wellness and balance. A recommended emergency oil kit will be introduced and how to use it. No previous knowledge of oils is required. If you are looking for a solid foundation in essential oils, this class is for you. Handouts and a recommended reading list will be provided.

Andrew Neblett is a certified hypnotist (CT. REGISTERED HYPNOTIST, HYP.0000114), Natural Health Consultant, Energy Kinesiologist, TBM practitioner (Total Body Modification), instructor, Hypnosynergetics instructor, Intuitive Counselor, Herbalist, and a Process Coach. He also practices aromatherapy, reflexology, homeopathy, radiesthesia, E.F.T. and iridology. Learn more at <http://www.integrativenaturalwellness.com/about-us/>

THE CIRCLE OF THE SACRED WELL

Event: Shamanic Sunday - Meditation Workshop

Date: Sunday ~ MARCH 6th ~ Time: 6:00 p.m.

Location: The Undercroft at Talisman

Meditation workshop held first Sunday of each month. This month, the meditation topic is "Planting Your Spiritual Garden". There will be grounding and centering exercises also. Requested donation \$5.00

Community Events

The Connecticut Wiccan Pagan Network (CWPN) Inc. is a 501(c)(3) not-for-profit educational and networking organization dedicated to meeting the needs of the greater Wiccan and Pagan community in Connecticut and surrounding areas. The goal is to help provide a forum for Wiccans and Pagans to meet others of "like mind" and to come together and worship in a safe environment. Our hope has been to construct a sense of "community" in which we can all share with and learn from one another. Membership is open to all Wiccans, Pagans, and those with a serious interest in learning more about our religion. If you are under 18 years of age you may join

with written parental consent. We reserve the right to refuse or terminate membership of anyone who we feel may be harmful to our organization or to the Wiccan/Pagan Community. Learn more at our website: <http://www.cwpn.org>. The CWPN hosts monthly networking meetings throughout the state, open Sabbat circles, coven and study group referral service, classes/work-shops, various social events and lectures with well-known members of the Pagan community.

Hunter Healing Hands: Located in Black Rock, Jessica and Jim Hunter's events include Reiki Share; monthly drum circle; classes and so much more! For details, cost, etc. please see <http://www.hunterhealinghands.com>. Contact 203-916-8381 to register for an event!

Finding Feathers – A Spiritual Center located at 395 Commerce Drive, Fairfield. (203) 916-7887 or email shaktidas@findingfeathersfairfield.com. Calendar: <http://findingfeathersfairfield.com/event-calendar/>

Request for donations: I know a young man who is re-starting his life here in CT (I was a close friend of his late mother). He needs pants (36w 30l) shirts (x large) shoes (9) cleaning supplies laundry soap twin sheets blankets ... Everything. Items can be gently worn - I have boxes to put things in at Talisman. Many thanks.

Astrology Corner

By Alethea Hunt, Astrologer

February begins under the auspices of a trine between Saturn in Sagittarius and Uranus in Aries – a pretty snazzy energy for responsible, constructive, self-initiated change that supports our growth in some way! While this formation won't quite become exact due to Saturn's impending backtrack, it is close enough to have an impact all month long and beyond, as this planet's reduced speed means that it will linger in contact to Uranus longer than usual so we are fortunate in this respect. Fire and Air signs (*Aries, Gemini, Leo, Libra, Sagittarius, Aquarius*) or those with planetary placements/angles between 14-18 degrees of any of these signs benefit most.

Pluto joins with Venus on the 5th along with a sobering Capricorn Moon + Mercury while all receive a square from disrupting Uranus – I would not be surprised to hear news of relationship endings around this time, but rest assured that if so it is for the best with these planets all ruled by Saturn in Sagittarius and contacting Jupiter. Focusing on what we've learned and on how we've grown is the key takeaway.

An Aquarius New Moon on the 8th is great for making new friends or strengthening the bonds in

existing friendships with the ruler of this lunation – Uranus – contacting the Sun, Moon, and Saturn. Our social networks crystalize with this influence, so keep **quality** associations paramount because there may be some exciting with Mars in Scorpio involved as well. I will say that with Jupiter in Virgo making an inconjunct to the Sun & Moon, there could be some philosophical differences between new acquaintances that may not mesh particularly well, so this is a good time to exercise discretion about preachiness even if you think those around you are “of like mind” - especially if it involves getting evangelical about something health-related.

If you like to set an intention (magickal or otherwise) with the New Moon, here are some good places to start! Aquarius energy: thrives on change; works technology like a nerd-tastic superstar; needs the cerebral stimulation of connectivity to all different types of people; is comfortable letting its “freak flag” fly proudly; needs novelty; hungers for experimentation; is at home with humanitarian, idealist, and progressive causes; feeds off the “inventive”, “original”, and “cutting-edge”; has a hankering for socialization, and craves surprises - align your intent with any or all of the above for maximum effect now!

A Virgo Full Moon on the 22nd brings the mind/body/spirit connection to the fore with its opposition to the Pisces Sun & Neptune. The Virgo Moon can lead to an increase in feelings of stress & anxiety, but Neptune & the Pisces Sun remind us to relax, take a deep breath, and pull out that meditation cushion instead. This lunation prompts us to consider how important it is to have some kind of restorative practice in our routine, whether that’s yoga, meditation, or simply sleeping in once in a while. In fact, one possibility I would consider with this Full Moon actually involves looking also at our sleep hygiene – what habits & practices can we use to improve this? A lack of quality zzz’s can have a huge effect upon overall physical and emotional health, so if your mind is keeping you awake at night and out of that restful deep slumber, this is definitely a time to address the issue. For many, simply powering down digital devices an hour or two before bed can help, while others may benefit from a relaxing evening soak in the tub, a warm cup of chamomile-lavender tea, or even some natural supplements like melatonin or valerian. Some may just need a better mattress, or to make sure pets & kids are sleeping in their own rooms. On another related note, this energy can also be good for meeting with a medical intuitive.

In terms of harnessing the magickal potential of this lunation, Virgo of course has ties to wellness and workplace matters so these are always good places to start. If we need discernment in some way - particularly if we have a hunch about possibly being deceived - Virgo’s common sense and eye for “the little things” can help us put all the pieces of the puzzle together in an organized manner to sort fact from fiction. The Moon joins with truthful Jupiter & the North Node just a day later while opposing Chiron in Pisces, so this may make it easier than normal to spot

any chronic liars.

*** A note to readers: If you would like to receive my FREE monthly newsletter via email which is packed full of information & astrological insights, click [HERE](#) or email Alethea@EmpoweredDestiny.com and I'll be happy to add your name to my list of recipients! You can also follow my nifty [astro-blog](#) or find me on Twitter ([@EmpwrDdstny](#)).

**Namaste, my friends -
"The Divinity within me perceives and adores
the Divinity within you"
* Laura ***