

# Talisman

**Talisman ... A Unique New-Age Shop**

**150 Main Street**

**Monroe, CT 06468**

**(203) 261-0047**

[www.talismanct.com](http://www.talismanct.com)

Facebook: <http://www.facebook.com/Talisman-A-Unique-New-Age-Store>

***Spellcraft by Talisman product***

**listing:** <http://www.talismanct.com/images/Talisman%20Product%20List.pdf>

**September 4, 2015**

**Note:** For those of you who enjoy reading my narrative at the beginning of each monthly newsletter, remember I do have a blog with Hearst Publications – check it out at <http://blog.ctnews.com/lenhard>. Also, if you are on Facebook - Friend me! And "like" the shop (link above).

## **Merry Greetings!**

I want to start this newsletter by thanking everyone who has so kindly endured the very erratic hours at Talisman over the past many months. Summer is never easy with kids, also for a year now I have had to deal with doctor appointments/hospital visits for my daughter – moreover, I am moving (again) this week so more change and shifts. To make up for this, I will be open Sept. 13, 20 and 27 (Sundays) in September from 12-5. Yes, \$5 readings – and if this goes well, I will make Sundays permanent. At the end of September, my daughter will be getting her driver's license and life will get easier! Until then, if you are coming from a distance PLEASE call ahead and make sure I am in – for now, I have to get her to/from soccer practice and may need to leave mid-day for this reason. Thank you, thank you, and thank you!

Actually, the paragraph above is a wonderful prologue to what I want to talk about this month – namely, the glorious astrological shift we will experience this month. On September 17 Saturn finally ends its epic transit of Scorpio and enters Sagittarius, where it will stay until **December 2017**. New energy! A new era!

The past 2 ½ years of dealing with Saturn in Scorpio have been BRUTAL for most of us. And it hasn't necessarily been a matter of getting your shit together – even people who DO have it together have been rocked – much like a boat moored in a harbor gets rocked when the boat

next to it is jostled. We have been deeply affected by the actions and intentions of those near and dear to us – more lessons from Scorpio, who demands that we cut away that which does not serve our higher good. In fact, these past few years have been like an evisceration of our self – pulling out our own entrails to see what exactly makes us tick. Ugh.

Clarissa of Viva Combusta (<http://vivacombusta.com/>) puts all this best:

*We have been dealing with Saturn's transit of Scorpio since late 2012, though for many it surely seems longer than that. It has been a rough road but not without purpose. Saturn rules among other things: authority, maturity and grown up responsibility, hard realizations and tough lessons, and karma. Since it began its transit of intense, powerful Scorpio, Saturn has been driving home brutal lessons relating to how maturely, responsibly and effectively we use our energy and resources, and in particular the energy and resources of others. In particular, this played out, and took its biggest toll, along the lines relating to sex, money, shared resources, certain family legacies/inherited perspectives and traits, pathology, and values. Brutal realities about how we are used by others were brought home. It has been a common theme to hear of marriages, jobs and other such entanglements breaking down in rather painful ways after certain truths were brought to light and could no longer be ignored or denied. Saturn in Scorpio would not, and still won't, allow us to unsee the dark truths it has been forcing us to pay attention to.*

*So we've been having our faces shoved in the mud these past couple of years. What now? When Saturn enters Sagittarius, we will be eager to shake off the mud and get the show on the road. Sagittarius is the sign that follows Scorpio and as such carries with it a memory of painful experiences. It tries to turn this deep soul wisdom into a sophisticated, informed way of moving forward through life. Scorpio has a tendency to dwell on negativity, sometimes to its own destruction; while the sign excels at amputating rot it does not always do so and will often let the wounds fester. Sagittarius, then, has learned the lesson of how unhealthy this behavior can be and is eager to move upwards and onwards, out of the ditch and back on the road. It isn't a sign that likes to let the grass grow under its feet, it has a broader vision that it wants to be heard and seen. The people who have been putting up with considerable bullshit, whose energies have been drained, who have too long seen the darker side of this life, will be invigorated by this turning point. Sagittarius knows that just because things have always been bad doesn't mean it has to continue that way. Sagittarius wants to know better so that it can do better, Saturn helping to bring lofty visions and inspiration into grounded, responsible goals. A fresh breeze will be blowing us into new territory very soon. One upside is that those who have sunk their teeth into Saturn in Scorpio since it first began in October 2012 and not backed down from the challenges it threw can begin to very quickly see their hard earned results. It is these people who are more likely to experience the relief of Saturn turning direct, along with a strong sense of validation*

*and/or payoff. Clearer pictures will form concerning where the rewards lie- and Saturn always rewards hard work and responsible behavior- and where no further work is necessary.*

*The setbacks and delays, the raw emotions and action out, will seem like they are dragging on forever. In truth, they meet a finite turning point on September 17 as Saturn kisses Scorpio goodbye and reenters Sagittarius. The Sagittarian fires are lit under our feet once again; we draw a definite close on one chapter of life on Earth and move on to the next. Cut and dried. No one will want to hang around soul-sucking energy drains anymore, be they people or situations. People who are eager to get a move on, once and for all, will be particularly sensitive to this shift and will feel it early. The people who were hit the hardest by Saturn in Scorpio will be the first ones bolting out of the gates when Saturn enters Sagittarius. The old heavy work finished, only the future left to explore. If you're left wondering whether the current trudge through Saturn in Scorpio is worth it, Saturn in Sagittarius will answer yes. The sudden freeing up of energy brought by Saturn in Sagittarius will only be made possible by Saturn in Scorpio's efforts at teaching us respect for energy- given and received- in the first place.*

I for one am looking forward to – no, I am EMBRACING – this shift. I have lots of new ideas, projects in the works – and in a week, a new place to live. I was divorced in January – hard, hard lessons - but I am tired of being in school and am ready for some freedom and fun!

So buckle up! Not because I think it is going to be a bumpy ride, but rather I think we will be moving very fast (Sagittarius style!) and don't want to risk flying out the window as we race along! And most importantly – remember to enjoy the ride ...

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**NEW-AGE FAIRES HELD EVERY SATURDAY**

**12:00pm-6:00pm - (203) 261-0047 for appointments**

**Readers (\$30/30 minutes - cash only)**

**Please call in advance for readers' schedules as they are subject to change**

To see our Readers' background information, visit:

<http://www.talismanct.com/images/Readerslist14.pdf>

**Introducing Whitney:** Whitney is an energy healer whose abilities exploded to a new strength a decade ago. She comes from a long line of healers and multi-faceted "clairs". She is a Reiki Master Teacher (Usui Reiki), Mahatma Energy Infusion Therapist, Master Teacher in Magnified

Healing®, and Rising Star™ Practitioner. She is coming to Talisman to offer chair Reiki sessions (although that is usually not the only healing energy that comes in during her sessions).

Additionally, she particularly loves to work on all kinds of animals and has volunteered her abilities to numerous small animal rescues in Connecticut. Whitney will do chair (seated) Reiki Sessions on Sept. 12 and 26 from 2-6pm. 20 min / \$15.

### **September 5**

Gwen Lord - Whole Life Tarot (Past Life recall)

Mark - Tarot or Reflexology (Mediumship)

Rachel – Tarot or Animal Communicator (pets welcome or can work from photo) (Mediumship)

Susan - Tarot

### **September 12**

Andrew Neblett - Tarot and Runes

Gwen Lord - Whole Life Tarot (Past Life recall)

Mark - Tarot or Reflexology (Mediumship)

Pina - Angel Oracle (Mediumship)

Whitney - Chair Reiki (\$15/20min)

### **Crystal Sale:**

A Healing Hand will be returning to Talisman, offering a Crystal Trunk Sale on 9/12 with loads of new inventory! We went to the Tucson Gem Shows in early February and shipped an entire PALLET of new material back to Connecticut. Come down and check out the new inventory and say hello! I will try to bring a little of everything, but if you are specifically interested in anything listed above, shoot me an email at [tim@ahealinghand.net](mailto:tim@ahealinghand.net) to make sure I bring some with me for your shopping pleasure.

### **September 19**

Gwen Lord - Whole Life Tarot (Past Life recall)

Mark - Tarot or Reflexology (Mediumship)

Susan - Tarot

### **September 26**

Gwen Lord - Whole Life Tarot (Past Life recall)

Mark - Tarot or Reflexology (Mediumship)

Pina - Angel Oracle (Mediumship)

Rachel – Tarot or Animal Communicator (pets welcome or can work from photo) (Mediumship)

Whitney - Chair Reiki (\$15/20min)

The designation of "mediumship" is NOT a guarantee that your loved one(s) will present themselves in the reading - it means the channel is open and a particular reader is skilled at recognizing and then relaying information when/if it comes through.

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**Talisman's Regularly-Scheduled Readers**

**(203) 261-0047 for appointments - Cash payment requested**

**Fridays:** Mark Hoyt: Spirit Guided Tarot - Foot Reflexology Treatments 2-8pm. \$30/30 minutes. .

We do things a bit differently at Talisman. You pay our readers AFTER the reading is finished, and if you are not happy you don't pay. NO READER can read EVERYONE successfully and everyone who works at Talisman is aware of this fact. Know that it is acceptable after the first 5 minutes of a reading to say something like, "I'm sorry, what you are saying just isn't resonating with me. I would like to stop the reading now, but thank you for your time". If you do not hear something amazing in the first five minutes, or if it just isn't right ... don't expect a reading to get better as it goes on. Readings go off track for a number of reasons - but the point is, you shouldn't pay if you are not happy. Please, just be courteous and respectful. Complaints are rare because every reader has had to pass the "ultimate interview" ... they must sit and read ME (and I've been reading over 25 years myself) and tell me something about my past/personal life, my children, home, or business that they could not possibly have heard or learned someplace else. But every reader has their unique gift and their own style, it is NOT one size fits all. Personally, I don't think anyone should get a reading more than once every 6-8 weeks and prefer you allow at least 3 months between readings ... you don't want to become a psychoholic, right? I WILL discourage you from this behavior! My goal is to see people leave an "intuitive counseling session" (because that is really what we do) feeling validated, uplifted and hopeful regardless of the situation or challenges they may be facing. That is the true measure of a "good" reading!

**Available by Appointment:**

Talisman's readers are available for parties and events. You can pay by the hour or allow us to set up and have your guests/attendees pay individually. We do our best to be flexible and fairly priced. Our party rates are \$70 an hour, plus gas/mileage OR guests can pay if they choose to get readings at \$1/minute. Please make all scheduling arrangements through Laura at (203) 261-0047. We also book private parties at the shop, with readers of your choice. Just ask!

**Reflexology Fridays with Mark:** This ancient healing art uses hand/thumb pressure corresponding to the body systems. The practice stimulates/relaxes stress signals resulting in relaxation (who DOESN'T love having their feet rubbed?), pain reduction, and rejuvenation of tired feet -- helping you stand tall in the world! Come in after a hard week of work and treat yourself in Mark's chair (\$30/30 minutes).

**Laura:** I do special, in-depth readings by appointment. My 45+ minute private sessions include a chakra check up, a print out and review of your astrological natal chart, tarot and palm reading, and more! (\$50). Call the shop for an appointment, as I schedule these when the shop is closed or after-hours. I am also doing private half hour sessions (\$30) before hours and on weekends. Yes, I still do **\$5 readings** on **Wednesday & Thursday** but these are done in-between phone calls and waiting on patrons - you can't make an appointment, and I do get interrupted. These mini-readings usually last about 10-15 minutes. As long as there are no other scheduled readers in the shop (they drive in from a distance and it's just not fair to them) I am always happy to peek at someone's palm or throw a few cards, so don't hesitate to ask!

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### **THE CIRCLE OF THE SACRED WELL PRESENTS**

**Shamanic Sunday** – Meditation workshop held first Sunday of each month. Energy work and grounding, plus a semi-guided meditation. Join us this month for a Totem Animal meditation. Event begins at 6:00 p.m. at Talisman. Requested donation \$ 5.00

Held at the Undercroft at Talisman. Learn more: <http://www.thecircleofthesacredwell.org/>

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### **Community Events**

**The Connecticut Wiccan Pagan Network (CWPN) Inc.** is a 501(c)(3) not-for-profit educational and networking organization dedicated to meeting the needs of the greater Wiccan and Pagan community in Connecticut and surrounding areas. The goal is to help provide a forum for Wiccans and Pagans to meet others of "like mind" and to come together and worship in a safe environment. Our hope has been to construct a sense of "community" in which we can all share with and learn from one another. Membership is open to all Wiccans, Pagans, and those with a serious interest in learning more about our religion. If you are under 18 years of age you may join with written parental consent. We reserve the right to refuse or terminate membership of anyone who we feel may be harmful to our organization or to the Wiccan/Pagan Community. Learn more at our website: <http://www.cwpn.org>. The CWPN hosts monthly networking meetings throughout

the state, open Sabbat circles, coven and study group referral service, classes/work-shops, various social events and lectures with well-known members of the Pagan community.

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**Memories of the Soul:** A three day workshop with John Armitage. October 3<sup>rd</sup> – 5<sup>th</sup> 2015 9:30 – 5:30ish. Masonic Hall – 215 Munson St. Greenfield, MA.

Did you know our DNA contains the programs of the 12 Stellar tribes (e.g. Arcturians, Pleadians, Sirians, Andromodans, etc)? In this workshop, we will link into your past lives in other star and planetary systems of this Universe, other Universes, and other aspects of creation. This will allow us to clear disempowerment and control programs from our cells and the collective consciousness. The process opens us up to the energies of the Golden Ages and enables us to live in freedom and love without conditions. This workshop is a journey through the history of humanity, starting way back in time before even living on planet Earth. In the workshop we will be visiting various star systems, visiting key periods in planetary history on Earth and moving forward to the now and beyond. We will also be visiting other time-lines, parallel Universes and other existences. We will neutralize and ground ourselves into the harmonics of what and who we truly are and align ourselves with our soul mission. People who have taken this class in Europe rave about it, and many have said they would retake it when it is offered – because every class opens you up to more expansive energies. This workshop reunites the individual energetically with parts of the self that have become separated and greatly expands the consciousness. The cost of this three day event will be **\$733.00 per person**. This will include breakfast, lunch, and snacks for all three days. If anyone has any food allergies please advise. The payment schedule will be as follows:

\$201.00 ASAP 2014 (**\$50.00** of this is a **non-refundable deposit**)

\$266.00 by March 15<sup>th</sup> 2015

\$266.00 by June 15<sup>th</sup> 2015

Please make checks payable to Barbara Allen and mail to:

Barbara Allen

POB 262

Goshen, CT 06756-0262

Questions? Call: 860 605 5939 or email: [mvbja@yahoo.com](mailto:mvbja@yahoo.com)

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**Hunter Healing Hands:** Located in Black Rock, Jessica and Jim Hunter's events include Reiki Share; monthly drum circle; classes and so much more! For details, cost, etc. please see <http://www.hunterhealinghands.com>. Contact 203-916-8381 to register for an event!

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**Finding Feathers** – A Spiritual Center located at 395 Commerce Drive, Fairfield. (203) 916-7887 or email [shaktidas@findingfeathersfairfield.com](mailto:shaktidas@findingfeathersfairfield.com). Calendar: <http://findingfeathersfairfield.com/event-calendar/>

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### **Astrology Corner**

**By Alethea Hunt, Astrologer**

We've got an astrologically busy month ahead of us in September – how fitting for the industrious Virgo season that's now upon us! Venus resumes direct motion on the 5th, and if you feel like financial or relationship matters have been held up and/or been in a state of re-evaluation during the last 6 weeks, they finally get greenlighted about a week after this date. A Virgo New Moon Solar Eclipse on the 13th carries many of the same themes of last month's Pisces Full Moon – while good for health matters and the healing of chronic illness through the use of wellness vehicles like diet, exercise, and/or supplements, we do need to be careful to question when "health" or "fitness" can become more than just a lifestyle and veer toward an addiction. This resurfacing theme pervades the entire month and is made all the more insidious thanks to an opposition between Jupiter in Virgo and Neptune in Pisces not long after on the 17th – if being "fit" or "well" involves guilt over giving our bodies the occasional rest from our normally "healthy" routine, or causes us to overcompensate and go overboard when we do get back in the swing of things, it's most likely a sign that we need a better balance.

Mercury retrogrades in Libra from Sept 17th - Oct 9th and it seems there will be a lot of dialog going on \*in\* and \*regarding\* unions. Romantic or business partners may need to negotiate/iron out some details of their agreement(s), best friends may find themselves needing to talk something out or even just needing to talk to each other (possibly about relationships), there could be a delay or significant developments in legal proceedings – especially those concerning divorce - and/or it's even possible that a former partner may try to make contact with us during this time. Whatever happens, this is a time to use verbal finesse and fine-tune diplomatic negotiation skills whenever possible, even if it means re-negotiating a contract, agreement, etc. in a way that will be fairer to each of the parties involved.

Saturn re-enters Sagittarius on the 17th as well – for more on the important "life lessons" we'll all be learning during the rest of this transit (which is 2+ years), see [the back issue of my newsletter dealing with this very topic](#).

A mutual reception between the Sun and Venus kicks in on the 23rd and goes through October

8th – on a mundane level, this is really good for relationships in general, it facilitates open expressions of affection, and it's even good for gorgeous haircuts that help us radiate confidence! With Venus in Leo, dramatic gestures of love are even possible and with the trine between Venus in Leo and Uranus in Aries exact once again on the 23rd, if you're single I will again encourage online dating or soliciting your friends to hook you up with someone. Even though this is a Wednesday in the middle of the week, I consider this a great "date night". Definitely don't hesitate to deviate from your normal "type", either – you could be pleasantly surprised.

The last item I will tackle is an Aries Full Moon Lunar Eclipse on September 27th – this one takes place with a retrograding Mercury close to the Libra Sun. I see the potential to be of two minds about an issue – the Aries Moon is about looking at "my" needs, but the Libra Sun and Mercury denote this "we" consciousness and so we may be divided about an issue affecting an important relationship. I don't get the sense this is the time to let our emotions cause us to take an immediate action that may be in haste - the ruler of this Moon, Mars, approaches an opposition to Neptune at this time and I do have concerns that taking rash action could cause us to unintentionally screw ourselves. Instead, I feel this is a time to simply acknowledge any dichotomies that surface between our needs vs. the other person's opinions and/or the overall health of the relationship itself – a lot of this may simply mean articulating our needs to our partner and using this as a point for repeated and ongoing dialog during the next two weeks until Mercury turns direct.

**\*\*\* A note to readers: If you would like to receive my FREE monthly newsletter via email click [HERE](#) or email [Alethea@EmpoweredDestiny.com](mailto:Alethea@EmpoweredDestiny.com) & I'll be happy to add your name to my list of recipients! You can also follow my nifty [astro-blog](#) or find me on Twitter ([@EmpwrDdstny](#)).**

**Namaste, my friends -  
"The Divinity within me perceives and adores  
the Divinity within you"  
\* Laura \***