

# Talisman

**Talisman ... A Unique New-Age Shop**

**150 Main Street**

**Monroe, CT 06468**

**(203) 261-0047**

[www.talismanct.com](http://www.talismanct.com)

<http://blog.ctnews.com/lenhard>

Facebook: <http://www.facebook.com/Talisman-A-Unique-New-Age-Store>

**Spellcraft by Talisman product**

**listing:** <http://www.talismanct.com/images/Talisman%20Product%20List.pdf>

**April 3, 2015**

***Note:** If you enjoy reading the monthly newsletter, please know that previous months' are all archived chronologically on the website ([www.talismanct.com](http://www.talismanct.com)) under the "news" heading.*

## **Blessed Springtime Greetings!**

I received such an amazing response to the March newsletter that I decided to continue the theme of exploring the metaphysical realm through personal experience. This month, I am talking about the transition from business world to spiritual practice from the perspective of my dear friend Denise Lamoureux, owner of Finding Feathers – a beautiful spiritual center located in Fairfield, Ct.

**Laura:** For 26 years you owned Tucker's Café, a popular local restaurant. And you managed to keep most of your original staff the entire time – that is an amazing feat! I honestly believe it speaks to your business savvy but also just how much you cared for and nurtured your staff. You once told me the story of how your cook was diagnosed with Stage 4 cancer, and had no insurance. You took care of him medically but also worked on him constantly energetically – and he fully recovered. You are also a single mother, and raised two sons alone (now ages 22 and 26) putting them through college as well. With all this going on, how did you transition from a business to spiritual center? Can you describe the process?

**Denise:** In 2011 a building behind the restaurant which was a combination garage, office and food storage space was struck by lightning and burned down. It was supposed to be rebuilt for the same usage, but the new building actually came out looking and functioning very differently than planned – in fact, I got into a little trouble with Zoning because of this! It was THAT different,

and no one could really explain how the building came to be so off from the blueprints other than “no one communicated through the building process”. It was weird. And the new space really wasn’t suited for its original purpose, either.

Now, before this occurred I had begun Reiki training through Roland Comptois at his own center in Rhode Island. However, I wasn’t really using my training. Roland also introduced me to channeled mediumship, which I found fascinating.

**Laura:** So what was the catalyst for you to create your own spiritual center?

**Denise:** One of my teachers, Erin Chipetta, began working with her own clients that she brought into the new space. And I began doing Reiki there as well. But prior to all this, before the building and while I was being trained by Roland, I went through a truly bleak period. He counseled me, telling me it would be okay, that I had important work to do and that my angels were with me and in the next 90 days I would find feathers to validate this. Well, I found a total of 287 feathers – I mean, I found them EVERYWHERE - in my car, Blockbuster Video, you name it ... every time I turned around it seemed there was a feather. And this experience made me see the energy and love that truly surrounded me – it surrounds us all. That’s what led me down this path. And that’s how my Center got its name “Finding Feathers”.

And it evolved, but eventually running both the restaurant and center proved to be exhausting. I just could not do it anymore. I took a huge leap of faith – and decided to sell the restaurant, and work solely at Finding Feathers. The day I actually decided in my mind that I would sell Tucker’s Café I was in my car, heading to New York City. I paid a visit to my favorite tarot card reader there, Frank Andrews, and the first thing he did, without me ever saying a word, was to pull a card and say “Oh my god you are going to make money on your restaurant, you are going to sell it within three weeks!” So when I got home, I called a restaurant sales broker I know and asked him to list my restaurant – he said no, I won’t ... I want to buy it myself!

So honestly, I feel the entire process was Divinely directed. And if I am REALLY being honest, I’d say the signs were there all the time, I just refused to see them. The building being struck by lightning, the new building inexplicably turning out dramatically different than the blueprints, the new space being so utterly suited to its new purpose as a healing center. The doors opened, and kept right on opening – once I finally stopped thinking of and defining myself SOLELY as a restaurant owner. Over time, we may think we’re meant to do something, but it becomes increasingly difficult for the simple fact that we really aren’t. When we are truly being guided by the Divine, the doors open with ease and grace. Yes, there is still hard work to be done but you are led because your soul is crying out for it. When one truly surrenders the Universe has a way

of putting us with the right people in order for the right things to happen. It's that simple. Yet we seem to just want to fight it, all the way – at least, I sure did! What about you, Laura – was the decision to open Talisman easy or did you fight it?

**Laura:** It's such a funny story. About the time my grandparents and mother got sick, I visited a psychic because I was just lost. I found Judith online; she was listed as a member of the Connecticut Psychic's Guild. One of the things she told me, at the end of our first session (ultimately I saw her once or twice a year over an 11 year period up until her death in 2011) was that I could certainly do everything SHE was doing, and I would – eventually, I would have a place of my own and she could see a storefront. And I laughed, I really did, telling her there was NO WAY I would ever own a store, I had worked retail in high school and hated it - plus with small children I would not want to work holidays, evenings, and weekends ... I went on and on, while she smiled patiently and just said, "not now, Laura – but I can see it and eventually, yes you will ...".

And YEARS earlier, I was maybe 19 or 20, a musician friend of mine who was into channeling and meditation – and even though I was reading tarot back then, I wouldn't have thought of myself as doing anything all that "metaphysical" or special – well he looked at me one day and said "You know, there is a time coming, not anytime soon, but it will be what we think of as the "end times" that epic good versus evil great battle time. And however it plays out, you are going to be a part of this, a warrior ..." and before he could even finish I just burst out laughing and told him that was the most ridiculous thing I had ever heard!

And yet, here I am: Talisman will celebrate 8 years of business on April 15th of this year. I have often told the story that I opened this shop with just a handful of merchandise, planning to shut down immediately if people didn't like what we had to offer or if I had any problems. Talk about NOT being in it for the long haul! But certainly, Talisman was meant to be – and meant to stay.

But getting back to you, Denise – tell me, what's next?

**Denise:** I am so happy right now, I love healing and guiding and channeling – it's been a great gift. Finding Feathers is growing and expanding. I like that I run many events by donation which allows more people to come and participate. But as far as "what's next" I guess I'll just sit back and see what the Universe has in store for me. I love watching as things are changing, the shifting of the Collective Consciousness. So wherever I am led to work, to bring healing about – that's what I'll do, that's where I'll be. I've been Divinely led up to now – why would I change anything? I am allowing myself to be led. I mean, Laura – haven't you seen a huge change in eight years?

**Laura:** I totally agree. During these past eight years, I have certainly been a blessed front row seat observer – watching, as things have shifted and changed.

**Denise:** Gosh, I'd love to know what, say, a place with real longevity like Kripalu (well-known Yoga center in New York) has seen change over the past ten years! But for me, what is most noticeable is that people are coming in less desperate, asking more intelligent questions from a place of knowledge, and really coming in wanting to learn. The vibration is lifting, people are making clearer, conscious choices. It's all around us – and it is AMAZING!

**Note:** You can learn more about Finding Feathers, located at 395 Commerce Drive in Fairfield, by either calling (203) 916-7887 or visiting the website [www.findingfeathersfairfield.com](http://www.findingfeathersfairfield.com).

\*\*\*\*\*

**NEW-AGE FAIRES HELD EVERY SATURDAY**

**12:00pm-6:00pm - (203) 261-0047 for appointments**

**Readers (\$30/30 minutes - cash only)**

**Please call in advance for readers' schedules as they are subject to change**

To see our Readers' background information, visit:

<http://www.talismanct.com/images/Readerslist14.pdf>

**April 4**

Mark - Tarot or Reflexology (Mediumship)

Rachel – Tarot or Animal Communicator (pets welcome or can work from photo) (Mediumship)

Todd - Healing Tarot

**April 11**

Gwen Lord - Whole Life Tarot (Past Life recall)

Mark - Tarot or Reflexology (Mediumship)

Todd - Healing Tarot

**April 18**

Gwen Lord - Whole Life Tarot (Past Life recall)

Mark - Tarot or Reflexology (Mediumship)

Pina - Angel Oracle (Mediumship)

Todd - Healing Tarot

**April 25**

Acyr Penna - Tarot (English, Spanish, Portuguese) 2-6pm

Andrew Neblett - Tarot and Runes

Mark - Tarot or Reflexology (Mediumship)

**The designation of "mediumship" is NOT a guarantee that your loved one(s) will present themselves in the reading - it means the channel is open and a particular reader is skilled at recognizing and then relaying information when/if it comes through.**

\*\*\*\*\*

**Talisman's Regularly-Scheduled Readers**

**(203) 261-0047 for appointments - Cash payment requested**

**Tuesdays:** Todd Printz, Healing Tarot \$30/30min 12-7pm

**Fridays:** Mark Hoyt: Spirit Guided Tarot - Foot Reflexology Treatments 2-8pm. \$30/30 minutes. .

We do things a bit differently at Talisman. You pay our readers AFTER the reading is finished, and if you are not happy you don't pay. NO READER can read EVERYONE successfully and everyone who works at Talisman is aware of this fact. Know that it is acceptable after the first 5 minutes of a reading to say something like, "I'm sorry, what you are saying just isn't resonating with me. I would like to stop the reading now, but thank you for your time". If you do not hear something amazing in the first five minutes, or if it just isn't right ... don't expect a reading to get better as it goes on. Readings go off track for a number of reasons - but the point is, you shouldn't pay if you are not happy. Please, just be courteous and respectful. Complaints are rare because every reader has had to pass the "ultimate interview" ... they must sit and read ME (and I've been reading over 25 years myself) and tell me something about my past/personal life, my children, home, or business that they could not possibly have heard or learned someplace else. But every reader has their unique gift and their own style, it is NOT one size fits all. Personally, I don't think anyone should get a reading more than once every 6-8 weeks and prefer you allow at least 3 months between readings ... you don't want to become a psychoholic, right? I WILL discourage you from this behavior! My goal is to see people leave an "intuitive counseling session" (because that is really what we do) feeling validated, uplifted and hopeful regardless of the situation or challenges they may be facing. That is the true measure of a "good" reading!

**Available by Appointment:**

Talisman's readers are available for parties and events. You can pay by the hour or allow us to set up and have your guests/attendees pay individually. We do our best to be flexible and fairly

priced. Our party rates are \$70 an hour, plus gas/mileage OR guests can pay if they choose to get readings at \$1/minute. Please make all scheduling arrangements through Laura at (203) 261-0047. We also book private parties at the shop, with readers of your choice. Just ask!

**Reflexology Fridays with Mark:** This ancient healing art uses hand/thumb pressure corresponding to the body systems. The practice stimulates/relaxes stress signals resulting in relaxation (who DOESN'T love having their feet rubbed?), pain reduction, and rejuvenation of tired feet -- helping you stand tall in the world! Come in after a hard week of work and treat yourself in Mark's chair (\$30/30 minutes).

**Laura:** I do special, in-depth readings by appointment. My 45+ minute private sessions include a chakra check up, a print out and review of your astrological natal chart, tarot and palm reading, and more! (\$50). Call the shop for an appointment, as I schedule these when the shop is closed or after-hours. I am also doing private half hour sessions (\$30) before hours and on weekends. Yes, I still do **\$5 readings** on **Wednesday & Thursday** but these are done in-between phone calls and waiting on patrons - you can't make an appointment, and I do get interrupted. These mini-readings usually last about 10-15 minutes. As long as there are no other scheduled readers in the shop (they drive in from a distance and it's just not fair to them) I am always happy to peek at someone's palm or throw a few cards, so don't hesitate to ask!

\*\*\*\*\*

### **Classes & Workshops at Talisman**

**RSVP at (203) 261-0047 or email [lenhard@comcast.net](mailto:lenhard@comcast.net)**

**Saturday, April 25 Manifesting Your Magick** taught by Andrew Neblett 6:30-8:30pm \$25.

Whether it is manifesting or spellcasting, intention is the force that makes it all happen. What happens if your intention is not focused, weak or misdirected, or worse yet, you don't trust yours! This class will teach you how to create powerful intention through various energetic exercises and techniques and teach you the rules. If you want to create a different life for yourself or put the power back into your magickal work, this class will show you how.

Andrew Neblett is a certified hypnotist (CT. REGISTERED HYPNOTIST, HYP.0000114), Natural Health Consultant, Energy Kinesiologist, TBM practitioner (Total Body Modification), instructor, Hypnosynergetics instructor, Intuitive Counselor, Herbalist, and a Process Coach. He also practices aromatherapy, reflexology, homeopathy, radiesthesia, E.F.T. and iridology. Learn more at <http://www.integrativenaturalwellness.com/about-us/>

\*\*\*\*\*

**THE CIRCLE OF THE SACRED WELL PRESENTS**

**Event: Circle Open House**

**Date: Tuesday ~ April 21 ~ Time: 6:30 p.m.**

**Location: The Undercroft at Talisman**

If you have questions about Wicca, paganism or the Circle of the Sacred Well, or just wish to hang out with like-minded individuals, please join us for the Circle Open House. The Open House is held during the hour before the Study Group each month. You can join us any time after 6:30 p.m.

The Open House ends at 7:30 p.m., when the Study Group starts. Open House attendees are welcome to attend the Study Group, if they wish, but there is no obligation to stay for the Study Group. For those wishing to attend the Study Group only, feel free to join us in the Undercroft by 7:30 p.m.

**Event: Wiccan/Pagan Study Group**

**Date: Tuesday ~ April 21 ~ Time: 7:30 p.m.**

**Location: The Undercroft at Talisman**

Join us for this monthly Study Group, which is held on the third Tuesday of each month. This month, popular shamanic journey facilitator, Leafweave, is hosting a Spirit Canoe Journey. Join us for this unique group journey on the rushing spring waters of renewal. All experience levels welcome. 7:30-9:00pm. Requested donation \$5.

\*\*\*\*\*

**Community Events**

The Connecticut Wiccan Pagan Network (CWPN) Inc. is a 501(c)(3) not-for-profit educational and networking organization dedicated to meeting the needs of the greater Wiccan and Pagan community in Connecticut and surrounding areas. The goal is to help provide a forum for Wiccans and Pagans to meet others of "like mind" and to come together and worship in a safe environment. Our hope has been to construct a sense of "community" in which we can all share with and learn from one another. Membership is open to all Wiccans, Pagans, and those with a serious interest in learning more about our religion. If you are under 18 years of age you may join with written parental consent. We reserve the right to refuse or terminate membership of anyone who we feel may be harmful to our organization or to the Wiccan/Pagan Community. Learn more at our website: <http://www.cwpn.org>. The CWPN hosts monthly networking meetings throughout the state, open Sabbat circles, coven and study group referral service, classes/work-shops,

various social events and lectures with well-known members of the Pagan community.

\*\*\*\*\*

*My own daughter Daisy has weekly counseling and Seven Rays Healing sessions with Rev. Patricia Brooks. In addition I thoroughly enjoyed reading both her books (below) Messages from the Animals and Messages from the Golden Angels – two books which are part of her Divinely guided book series God is in the Little Things. Rev. Patricia is an interfaith interspiritual minister who honors all religious and spiritual practices performed for the Highest and Greatest Good. Additionally Rev. Patricia has her Bachelors of Science in Business Administration and her Masters of Teaching in Education. She previously worked in the corporate and educational world for many years. Rev. Patricia also proudly served as a sergeant in the U.S. Marine Corps.*

*Patricia shares the Divine messages of Oneness and standing in our truth as spiritual beings on her radio show Spiritual Lens <http://www.ctrnetwork.com/profile/spirituallens>. She is an animal totem intuitive, angel card reader, and healer with the Seven Rays. Patricia authors two spiritual blogs and is a contributing writer to Lightworkers World. Having profound spiritual experiences has dramatically changed Patricia Brooks' life and she has come to understand her Divine life purpose is to spread the message of Oneness. Patricia's books are her honest and emotionally raw retelling of her true spiritual experiences as she walks her spiritual path. You can order an autographed copy from Patricia at her website: <http://www.patriciabrooks.net> or in paperback or Kindle on [www.amazon.com](http://www.amazon.com) - also for sale at Angels & Company, Linda's Storytime in Monroe, and Talisman.*

**SEVEN RAYS HEALING:** This is a Divine universal healing technique that is many eons old. It is a very powerful and highly diversified healing energy that heals all human conditions, even the soul's karmic baggage from past lives that must be cleared along with the associated physical manifestations.

The Seven Rays heals on all levels of existence simultaneously. Each Ray possesses a specific color and force for healing different conditions. Guided and regulated by the Ascended Masters, each Ray has associated conditions that are worked on when that Ray is called in. It is healing energy that is channeled straight from God, through the Ascended Masters' healing temple, through the facilitator to you. It is a more intense connection to Cosmic Light that you have ever imagined. Those that are drawn to this work are the ancient healers of Atlantis, who have known this modality before. They are always pulled toward this work because of their own deep sense of recognition.

Healing sessions are conducted in Rev. Patricia's home in Monroe by appointment. The cost for

a half hour Seven Rays healing session is \$35; One hour Seven Rays healing session with spiritual counseling is \$60.

Rev. Patricia Brooks is working on a new book and documentary project and she needs your help! Rev. Patricia's intent is to raise awareness of the **Consciousness of today's children** and explain how we can create an environment where they are not only accepted but understood and nurtured. Through telling their stories, we will make it **safe for everyone** to understand their Spiritual Truth and embrace their Highest Self. If you know a young person that is spiritually aware or has spiritual experiences and would like to be interviewed and share their story and abilities in order to help others, please email Rev. Patricia at [patriciabrooks@godisinthelittlethings.com](mailto:patriciabrooks@godisinthelittlethings.com) - or for more info please visit her website at <http://www.patriciabrooks.net/interview-requests.html>

-----

**Hunter Healing Hands:** Located in Black Rock, Jessica and Jim Hunter's events include Reiki Share; monthly drum circle; classes and so much more! For details, cost, etc. please see <http://www.hunterhealinghands.com>. Contact 203-916-8381 to register for an event!

-----

**Finding Feathers** – A Spiritual Center located at 395 Commerce Drive, Fairfield. (203) 916-7887 or email [shaktidas@findingfeathersfairfield.com](mailto:shaktidas@findingfeathersfairfield.com). Calendar: <http://findingfeathersfairfield.com/event-calendar/>

\*\*\*\*\*

### **Astrology Corner**

**By Alethea Hunt, Astrologer**

As April arrives, we find ourselves kicking things off with a Full Moon Lunar Eclipse in Libra on the 4th! This lunation falls on a “hot zone” of the zodiac since it takes place at a spot sensitized to the (now departing) Uranus square Pluto business of the last 3 years. This Moon may feel like a bit of an “aftershock”, then – especially on the relational level since Libra deals with unions. We’re talking about relationships (*not strictly in the romantic sense; it can also be business partnerships or very close one-on-one friendships*) that are affected and fated to be **OR** \*not\* to be with the tie-in to the karmic Nodes. To clarify, by “fated to be”, I don’t mean that in the “together forever” sense per se as the Nodes have to do with the soul’s journey - certain unions may have brought us together for the purposes of looking at our partnering habits and how our past and family-of-origin may have subconsciously shaped our need for companionship, and all this can facilitate greater SELF-awareness when it comes to our partnering needs. Other

highlighted issues may center on themes of sharing vs. independence or togetherness vs. individual freedom. There is a destabilization factor involved due the Aries Sun being sandwiched next to Uranus & Mercury and opposite this Moon, but this combination **does** facilitate objective detachment and intellectual self-consciousness that may make it easier to look at our partnering urges more clearly & rationally. More importantly, it can also help us to self-initiate major cognitive-behavioral shifts regarding unions for the sake of our evolutionary journey...whether we are partnered with someone or not!

Full Moons deal with polarities – often this can equate to dichotomy, but this specific lunation could also represent a call for integration. Does it always have to be either/or? Why can't it be both/and? Regardless, the eclipse's square to Pluto in Capricorn is all about **deconstructing** - there may be something funky about the fundamental framework we've been building upon, and this Moon is our cue to look at the foundational underpinnings of ALL unions. Are they based in fairness, cooperation, reciprocity, mutual care for one another, and the sharing of something in common? Is the equation balanced, or is it skewed? Lo-Fi Libra can be quite codependent, so these are all worthwhile questions to contemplate now. I found the Wiki passage on codependency interesting for its description of symptoms; specifically where it mentions unstable relationships, an intolerance/aversion to being alone, subordinating one's own needs in favor of another's, and an overwhelming need for approval/affection as being criteria since these all sync up with potential Lo-Fi expressions of the Libra Moon. This is a Moon that hungers for love and companionship, so we can see how attempts to satisfy this need and cling at any cost has the capacity to turn into a problematic scenario.

However, on the flip side, this can be a fabulous lunation for love magick provided we are aware, making strides on our own path, and are open for companionship. Although I generally favor being pretty specific with our words whenever we're working with magickal intent, I actually think in this case we could do well to invite The Universe to introduce a little randomness into the equation, á lá "I trust you; surprise me" – and definitely don't forget the "please" and "thank you" as Libra is all about the manners! Try leaving space to be (pleasantly) surprised by whom you may encounter, and definitely deviate from your typical day-to-day routine and be willing to put yourself in new places outside of your normal orbit – try asking a friend to bring you someplace different and see who you can strike up a conversation with!

A mutual reception between Venus and Mercury kicks into gear on the 14th for a good two+ weeks, putting money on the mind. We may get new ideas for generating revenue with Mars & Mercury also traveling close to one another in acquisitive Taurus - definitely seize on opportunities to put verbal acumen/strong negotiating skills into action in order to get what you want **WITHOUT** being ham-fisted or ruthless about it where it veers too audacious/aggressive

and over-the-top. Also: honesty and being straight-to-the-point can be good, but sometimes to get better leverage it's best \*not\* to put all our cards on the table right away. If we should find ourselves with multiple ideas on how to raise capital, best settle on running with one or two of them MAX because there is a hazard in scattering our energies now. Be willing to see whatever is started to completion, and if we find ourselves doing a Two-of-Pentacles style teeter-totter, maybe we need to plow ahead with a more single-minded focus.

An Aries New Moon on April 18th may have us feeling fired up – while this lunation can highlight conflicts and verbal arguments due to ruler Mars' contacts to Mercury and Jupiter, in a more benign sense "fired up" could just mean that we're thinking a lot about what we want out of life and doing our damndest to go get it! Remember that any influence of Martian energy upon the Moon tends to highlight impulsivity; this in itself isn't a bad thing provided we're not inclined to shoot first and then ask questions later - Mars in Taurus is about keeping our action(s) very grounded. This is a great time to set an intention regarding anything you are personally passionate about – we're working with Fire energy here with an Aries Moon, and if you need forward thrust in any endeavor, this is a good lunation to put that mojo out there!

**\*\*\* A note to readers: If you would like to receive my FREE monthly newsletter via email which is packed full of information & astrological insights, simply click [HERE](#) or send an email to [Alethea@EmpoweredDestiny.com](mailto:Alethea@EmpoweredDestiny.com) & I'll be happy to add your name to my list of recipients! You can also follow my nifty [astro-blog](#) or find me on Twitter ([@EmpwrDdstny](#)).**

\*\*\*\*\*

**Namaste, my friends -  
"The Divinity within me perceives and adores  
the Divinity within you"  
Laura Lenhard**