

Talisman ...  
A Unique New-Age Shop  
150 Main Street  
Monroe, Connecticut 06468  
(203) 261-0047  
[www.talismanct.com](http://www.talismanct.com)  
<http://blog.ctnews.com/lenhard>  
Friend us on Facebook: Talisman A Unique New Age Store

July 1, 2011

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**Talisman (Monroe) will be closed from Saturday, July 2 through Thursday, July 7th. We will reopen for business Friday, July 8th. Note that all Circle of the Sacred Well events (meditation, drum circle) will still be held at the shop - see COSW below for new times/details. Also, Talisman II & III at Captain's Cove will be open through this week - so please stop by for a visit!**

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Well, I have to say that if your head has been spinning and you are exhausted from dodging the seemingly endless pile of crap that life has been lobbing at you ... you are in good company! And today's Solar Eclipse in Cancer (1:54am PDT) — the grand finale of Eclipse Season -promises to be **the most volatile and game-changing of the trio, a turning point.** Can you feel it??

I think the most frustrating aspect of all this change and upheaval is that so much of it is coming at us out of left field. Those areas of our life which up until now have felt comfortable, dependable and safe ... suddenly, are not. In fact, far too many of us are facing down gut-wrenching decisions which deal with loss and home, family, employment, health - you know, the stuff that keeps you up all night, laying on your back, staring at the ceiling and wishing it would all just STOP already. If you are lucky enough that you are not directly being "hit" you are almost certainly watching others around you grappling with these kinds of issues, and dealing with some sort of fallout coming your way. No one goes unscathed, it seems. Add to that the unsettling number of people who are checking into the hospital for routine, or certainly not life threatening procedures, and who are checking out - for good. Teen suicide is running rampant, likewise very bad behavior fueled by drugs and/or

alcohol.

On the world stage, we are seeing revolution, financial crisis and catastrophic events. Last year we had BP's oil disaster in the Gulf; this year it's Japan and an ongoing nuclear nightmare. Last year, corporate greed led to unsafe drilling - ignored, drilling has continued in deeper and even colder waters - so we've upped the ante with nuclear carelessness and unsafe practices driven (once again) by corporate greed. See how it works? Shall we deal with it now, and consider moving to global green fuel alternatives - or do we keep playing Russian roulette with our natural resources?

Ever get the feeling that we're running out of time?

So, think back to last year, and where your attention was focused during the summer of 2010. Do you remember my July 2010 Newsletter, in which I wrote about the astrological "Cardinal T-Square" and its impact? If you don't, it is archived on the website under the "news" headbar. Here we are one year later and we are staring down the muzzle of a "Cardinal Grand Cross". It's not pretty, or easy. Anything you left undone last year, or thought you could hobble along through, must now be addressed - because it is not going away until you do. And if you do not make choices, they may very well be made for you - and you may not particularly like what life dishes out. Talisman's resident astrologer Alethea presents her unique take on all this below, under "Astrology Corner". And here is an excerpt taken from the blogsite [www.AstroDispatch.com](http://www.AstroDispatch.com) which further serves to clarify:

*Cancer the Crab rules the watery realm of deep emotions and the subconscious. Heightened sensitivity, and feelings of crankiness, anger and grief are signs that you're tuning into the energies of this Eclipse. As the Sun and Moon unite in Cancer, they form tense squares to Saturn and Uranus, and oppose Pluto, catalyzing the Cardinal Grand Cross and inspiring, at the very least, discomfort. The uncomfortable feelings bring to awareness ways that you're not feeling supported, nurtured, safe and secure.*

*A Solar Eclipse signifies a major new beginning, and often requires an ending. **What has to die in order to clear space for what you really need?** All Cancer-related areas of life are calling for change — home and homeland; family (especially mom) and close emotional bonds; ancestors, history, and memory; your inner and outer foundation of support.*

*The Cardinal signs (Aries, Cancer, Libra and Capricorn) are the initiators of the zodiac, and this powerful activation of Cardinal energies inspires a **big push forward to break through into new territory and break free from what's become stagnant, what you've outgrown.** It might be helpful to look back to what was happening in your life last summer, when the July 11 Cancer Solar Eclipse animated similar themes. But now the Cardinal Cross is in more precise formation, raising the stakes and increasing the pressure to take committed action.*

*The intensity of the feelings coming up around this Eclipse, and the explosive events on the world stage, can easily lead to the shadow expression of Cancer — the desire to withdraw into the safety of your shell, build a bigger wall of defensiveness around you, and close your heart. The challenge presented by this Eclipse is to **stay open to the intense feelings coming up, let them move through you, and use them as fuel for change.** Eclipses bring a download of cosmic information, and this one apparently has a lot to say. To receive it you need to **tune in emotionally and intuitively** — taking time to meditate, if at all possible, is strongly recommended. This Eclipse offers the opportunity to **FEEL** into the energies of the Cardinal Cross, to get clarity about what this time is asking of you, and how you can best participate in the creation of a new reality. Cancer says, **start with what's happening inside you.***

Yes, by all means - participate in the creation of your new reality. This is no time to be passive! Stop being a passenger, and reach over to grab the steering wheel because it's time to fully own the direction your life is headed in. And remember: The only fish that truly "go with the flow" are the dead ones.

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### News & Notes

Talisman is now open Sundays from 1pm - 5pm. Starr, who reads angels, is our featured reader. \$30/30 minutes.

#### Summer Hours:

Tuesday: 12-7 ~ Wednesday: 12-7 ~ Thursday: 12-7  
Friday: 12-8 ~ Saturday: 11-8 ~ Sunday: 1-5  
(Closed Monday)

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## Captain's Cove

Talisman II and Talisman III are open for business - we are quickly forming our own little niche at the very end of the boardwalk and having way, way too much fun! If you've never been, please stop by for a visit - located at One Bostwick Avenue, Black Rock (Bridgeport). Visit their website at [www.captainscoveseaport.com](http://www.captainscoveseaport.com) to view the boardwalk shops, lineup of events and all that Captain's Cove has to offer! Bring the family (child and dog-friendly) and come on down!

Our schedule is as follows:

Tuesday - 12-5, Barbara DeLong/Cosmic Deck of Initiation

Wednesday - 12-5, Mark Hoyt/Guided Tarot

Thursday - 12-5, Mark Hoyt/Guided Tarot

Friday - 11-5, Rachel/Pet Psychic & Tarot & Chair Massage by Tammie  
5-11, Elpida/Tarot

Saturday - 11-5, Starr/Angel Readings & Mark Hoyt/Guided Tarot  
Chair Massage by Tammie

Sunday - 12-6, Laura Lenhard/Tarot & Lina/Angel Readings  
Chair massage by Tammie

(Closed on Monday - except 4th of July Weekend & Memorial Day)

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### Talisman's Regularly-Scheduled Readers

(203) 261-0047 for appointments

(Cash payment requested)

Gail Gorelick - Tuesdays 5-7pm \$50/45 min. Shamanic Tarot (by appt).

Barbara DeLong: Cosmic Deck of Initiation, Third Wednesday of each month (July 20th) 11:00-7:00 \$25/20 minutes: Call for Appointment.

Starr: Thursdays - Angel Readings 3:00-7:00 pm (or by appt.) \$30.

Mark Hoyt: Tarot - Fridays 2-7:30pm. \$25/20 minutes.

Lina: Sunday mornings - Intuitive Counseling by appointment (261-0047) \$50/45 minutes.

July 9: Elpida, Greek Coffee Ground Readings 1pm-6pm, \$30/20 min.

July 30: Gwen, Whole-Life Tarot 1pm-6pm \$25/20 min.

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### **Available by Appointment ...**

**Laura:** Almost everyone knows that I'm happy to throw cards/read palms for five dollars. As a courtesy I don't do this when there are scheduled readers working that day, many of whom drive a distance to get to the shop and it's not fair to them. People ask - Why only five dollars? Because you have to catch me between customers and phone calls and even then I am apt to be interrupted by the business of running the shop - so \$5 seems fair to me! However, I have been getting requests for private readings for some time now ... and so, if you would like a private appointment when Talisman is closed I will come to Talisman and sit with you, in an uninterrupted reading, for \$25. Also, most of Talisman's readers are available to read at home parties or events for three or more people. Call (261-0047 or 402-9186) to schedule.

**Healing massage/Reiki with Kim:** Most of you have met Kim, my best friend and sister-in-law, as she has watched the shop from time to time. She has dressed candles, done house cleansings, and sat in on healing/reading sessions at Talisman as well. Kim is taking her own special brand of healing massage/Reiki/journeywork on the road, so to speak "Have table/will travel!" and is available for at-home sessions for \$85/hour. Of course, I am biased ... but the feedback I have been getting is that she is providing a truly unique and wonderful experience. Call 261-0047 for more information. She also does Reiki, manicure & pedicures on Tuesday, Thursday and Saturday at Sona Bella Salon & Day Spa, located at 189 Coram Ave., Shelton (203) 922-1425. <http://www.sonabellasalonandspa.com>.

**Reflexology with Mark Hoyt:** Call Talisman for details, but people are raving about his talents in this healing arena. Mark has an extensive background in Energy Work, Reflexology and Massage (trained at the Palmer Institute in Salem, MA). Hour-long sessions (\$100) can take place at your home or Talisman, whichever is most convenient and relaxing for you.

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Gail Gorelick will be reading tarot at Talisman beginning in May on Tuesdays 5-7 pm. Gail connects using a Shamanic Tarot form of Divination and Healing. Symbols speak to the subconscious mind - in Shamanic Tarot a three card spread is used, with each card representing or holding space for a person or facet of the issue needing healing. A constellation is created, with the cards as representatives which is based on the Family Constellations work brought through by Bert Hellinger. Breath work, rattling, and ceremony are all incorporated in the session to create a healing resolution for the querent's situation.

Gail Gorelick has been offering shamanic healing for many years in Connecticut, Florida, and at the Omega Institute in New York. She has eclectic training in her Celtic and Italian ancestry, Yoruban, Asian, Native North and South American shamanic practices and has studied core shamanism with Dr Michael Harner. Gail is a registered Jin Shin Do acupressurist. She is also a Usui and Karuna Reiki Master and teaches them both emphasizing their shamanic origins. For more information please visit her web site at [www.CrossingRainbows.com](http://www.CrossingRainbows.com).

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### **The Undercroft at Talisman**

The Circle of the Sacred Well has a permanent 'home' or covenstead, located at Talisman in Monroe. The Circle has long had a close relationship with Talisman, and Laura, as we share many of the same goals regarding helping to create and serve the pagan and New Age community here in western CT. After almost 10 years of a nomadic existence for the Circle, it is wonderful to have a permanent space to meet. We welcome the community to join us on any of the dates below.

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**The Undercroft at Talisman**  
**June Open House**  
**Second Friday of the month/July 8th**  
**5 pm to 8 pm**

There is no cost for attending the Open House events. Come when you can and stay for as long as you like! These are family-oriented events. Adults and children of all ages are welcome to attend. These are great events at which to socialize and meet others of like mind. If you have heard of the Circle, but want to find out more



before attending a formal event, these Open Houses are the place to do so! Contact Mandy at 203-922-2643 or visit <http://www.thecircleofthesacredwell.org> for more information. Also Facebook: The Circle of the Sacred Well CT.

**Meditation: Drop-In Sessions (\$5) at new, later time**  
**First Wednesday of the month (July 6th) from 7:00-8:00 pm**  
**Undercroft at Talisman**

**Drum Circle (\$5)**  
**First Sunday each month - July 3rd, 3-5pm**  
**Undercroft at Talisman**  
**Bring your drum or rattle - and a friend!**  
**All Levels Welcome: Extra instruments available to share**

**Full Moon - The Lover's Moon (\$5)**  
**July 17 - 7:30 pm**

Join us for a Full Moon Circle in honor of the Lover's Moon. There will be a ritual in the Eclectic Wiccan Tradition, followed by a potluck meal. Please bring a potluck item to share. There is a five dollar requested donation for this event.

Donations are being sought for Valley Food Bank. We will be collecting non-perishable food items, including: canned/ powdered milk, juices, soups/stews, tuna, canned meats, peanut butter and jelly, rice, pasta, canned vegetables, cereals, condiments, coffee/tea and sugar. Please be generous this winter season and help us to help those in need.

**Wiccan/Pagan Study Group (\$5)**  
**Tuesday, July 19 - 7:30 pm**  
**Undercroft at Talisman**  
**This month: Pagan Q & A**

Join us for a pagan Q & A session. We have offered this free-wheeling workshop before and it is very popular. Ever wondered why circles are really cast clockwise? what are the best magickal cleansers and why? how to set a ward? Well, this is the place to get answers to those and other questions! Don't just come with questions, though - bring some answers, too! Attendees are encouraged to research a question to which they would like the answer, and bring their research answers to share with the group.

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**Events & Workshops - RSVP (203) 261-0047**

**Sunday 8/21/11 CWPB Speaker Series - Ariel Malachi Sirocco presents Sacred Geometry as The Measure of Magic** 1:00-2:00 pm. Is all of nature contained within the Pentagram? Are humans the only beings on the Spiral Path? Can the true nature of Magick ever be discovered? Learn what the ancient masters knew about the magickal and spiritual order of the universe. What is the true measure of magick and how does it relate to our modern beliefs of magick, the universe, and everything. From Pythagoras to Fibonacci, they all had one belief in common. I can give you a hint ~ it's not 42! Handouts and PowerPoint presentation. Cost: \$8/members; \$10/non-members. RSVP Gina (203) 942-0667.

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**Astrology Corner by Alethea**

Summer is here and buckle your seatbelts, kids, because it's starts off very eventful! July 1 brings us yet another eclipse - a solar eclipse in the sign of Cancer. This one's a toughie because it will be part of the Cardinal Grand Cross that will remain in effect until mid-July. Issues surrounding our private life take prominence at this eclipse - home, family, parent/child relationships, our roots, our core needs, habits and patterns of the past, memories....At this time there is a deep-seated need in the collective conscious for a feeling of safety and security, and with so much changing in the world around us as evidenced by the lingering Cardinal T-square of Pluto, Uranus, and Saturn, these feeling run deep. It is time to examine this topic in our lives - what do we cling to in life in order to gain this feeling and do these attachments serve us or keep us dependant? Use this eclipse as an opportunity to explore the deepest reaches of your being and to bring these issues to light.

Once the Sun and Moon leave the Cardinal Grand Cross, Venus will move in to take their place. This puts added pressure on all relationships which will hit a peak when Venus opposes Pluto on the 8th. If a relationship has gone bad, you'll know it by then and will need to act on it. This can be tough, because Venus in Cancer represents a brand of love that is hesitant to cut the cord, but when it is opposing Pluto in Capricorn there may be structural flaws revealed in the relationship that you can't ignore any longer. Now might be the time in relationships of all kinds to unearth an



issue or problem from the past in order to put it to bed for good one way or the other. This opposition has the potential to be difficult on finances as well because Venus rules money, and if you're in a relationship where resources are shared this information is especially pertinent.

At mid month during the Full Moon in Capricorn we will still have a somewhat tense sky, but by this time Venus will be out of the Grand Cross so the situation isn't drastic. Expect your interactions with people to be characterized by more emotional reserve than normal circa this date, but try not to take this personally. This Moon may have you (or others) feeling more closed off than normal or even a bit on the defensive, so just bear this in mind if you find your interactions with others chilly despite the summer heat. A head's up is also due because we'll have Mercury retrograde at the beginning of August which will last pretty much all month. If you have to do back-to-school errands or need to purchase any gadgets/gizmos for the kiddies (calculators, phones, laptops, etc.), try and get all of this done before then. Scheduling snafus and miscommunications may plague the month of August with this retro in effect and opposing Neptune, so getting your chores done in advance may save you much needless aggravation!

**\*\* A note to readers: If you would like to receive my FREE monthly newsletter via email which is packed full of information and astrological insights, simply send an email to [AHunt617@aol.com](mailto:AHunt617@aol.com) and I'll be happy to add your name to my list of recipients!**

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**The Smoking Gun Research Agency** operates their Library & Research Center at 284 Racebrook Road in Orange, CT. The Center is open to the public Tuesdays through Fridays from 12pm-6pm, and evenings on Wednesday and Fridays. Weekend hours vary depending on the SGRA's outside events schedule. The Library features over 3,000 materials from books to DVDs covering a wide range of subjects from paranormal phenomena, to psychic abilities, to government controversies. The materials are available for research to anyone, a members of the SGRA can check-out items just as they would at a public library. The library is also searchable online through the SGRA's website at [www.sgra.org](http://www.sgra.org). Visit the website for information on upcoming events and information. Talisman customers receive a 10% discount on any classes, events, or items from the SGRA, just mention where you heard about us!

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**The Connecticut Wiccan Pagan Network (CWPN) Inc.** is a 501(c)(3) not-for-profit educational and networking organization dedicated to meeting the needs of the greater Wiccan and Pagan community in Connecticut and surrounding areas. The goal was, and is, to help provide a forum for Wiccans and Pagans to meet others of "like mind" and to come together and worship in a safe environment. Our hope has been to construct a sense of "community" in which we can all share with and learn from one another. Membership is open to all Wiccans, Pagans, and those with a serious interest in learning more about our religion. If you are under 18 years of age you may join with written parental consent. We reserve the right to refuse or terminate membership of anyone who we feel may be harmful to our organization or to the Wiccan/Pagan Community. Learn more at our website: <http://www.cwpn.org>.

The CWPN hosts monthly networking meetings throughout the state, open Sabbat circles, coven and study group referral service, classes/work-shops, various social events and lectures with well-known members of the Pagan community. Some of our past guests have been: Janet and Stewart Farrar, Gavin Bone, Margot Adler, Ted Andrews, Dr. Leo Louis Martello, Tzipora Klein, Laurie Cabot, Raven Grimassi, Donald Michael Kraig, Phyllis Currott, Lori Bruno, Jane Sibley and Ellen Evert Hopman.

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**Lunchtime Tai Chi** - Thursdays from 12-12:30 (Stress Reduction Qigong) 12:30-1:00 (Tai Chi). American Institute of Tai Kwon Do, 380 Monroe Tpk (Jennie's Pizza Plaza). Taught by Ann Sullo, Certified Instructor. \$20/month Qigong only; \$30/month Full Class. No experience necessary! For Info call (203) 606-9354.

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**Changing Times, Changing Worlds:** Nov. 18-20, Amherst, MA  
[\(www.changingtimeschangingworlds.org/\)](http://www.changingtimeschangingworlds.org/) Multifaith metaphysical conference for the exchange of ideas and advanced techniques.

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Alyse, a 25 year old local Wiccan of 7 years from Southbury is looking for roughly 5-10 like-minded spirits to start up a small Pagan/Wiccan study group/book club. Location and meeting times are presently TBD, but will be determined after an initial meet-up of interested individuals. Please e-mail [witchyivy@gmail.com](mailto:witchyivy@gmail.com) for more information. Blessed be!

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**Situations Wanted**

If you'd like to be added next month, just reply and send me your name, email address, qualifications and position desired. And if you have a reason to contact an individual listed, please know that they will be someone I have met personally, and I anticipate they will be spoken to and treated respectfully. You may certainly call me first if you have any questions (203) 261-0047.

**Mike, Electrical Work** (203) 400-0835 available for local electrical jobs in the Monroe/Trumbull/Shelton/Newtown area. \$50 hour/neg. based on amount of work to be done. Price includes most materials (switches, etc).

**Jen Dubay, Nanny:** I received certification for babysitting in 2000 from the American Red Cross and have been babysitting for 10 years for children between the ages of 2 months to 11 years. I worked at Appletree Daycare for a year and a half from '06-'08 and also spent the summer '09 working at Camp Jewell, a sleep-away camp for boys and girls ages 7-16. I am certified in infant and child CPR and First Aid by the American Red Cross. My rate is \$15/hr and I have references. You can reach me mail at [jen.dubay@hotmail.com](mailto:jen.dubay@hotmail.com) or my cell phone 203-278-2511.

**Rachel Fabelinsky, personal and commercial/product photographer:** Looking for a full time freelance position as photographer's assistant or second camera in the fashion, commercial or wedding industry. Attended Hallmark Institute of Photography, Turner Falls Massachusetts. Experience includes Apple Box Studio November 2003 till Jan 2006 (full time photo assistant 2nd camera), Sears Portrait studio November 2003 till 2004, Commercial studio assisting Larry Clarnio as well as Kvon, Eddie Berman, Paul Johnson, Peter Tepper, Paul Mutino, 2003 till now (Freelance only) Creative Touch Ditgial studios (freelance only), Picture people, LifeTouch.

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**Namaste, my friends -**

**"The Divinity within me perceives and adores the Divinity within you"**

**Laura Lenhard**