

Talisman

Talisman ...

A Unique New-Age Shop

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September 1, 2012

We have a glorious Full Blue Moon shining brightly as I write this (note that the full moon cycle runs the day before and day after the official date of Friday, August 31). A blue moon does not actually refer to the color of this moon, rather it means there are two full moons in one month! The next blue moon will not occur until 2015.

Wiccans/Witches honor divinity in polarity, recognizing and worshipping separately the masculine half and feminine half of The Divine One. These two halves are very different, yet perfectly balanced and equal in nature. The Sun is revered as an aspect of the Masculine Divine (God) and the Moon as an aspect of the Feminine Divine (Goddess). Together, day and night comprise the complete 24-hour span of a single day here on Earth. This is why you see so many Celestial themes throughout Talisman! The celebration of the Full Moon is called an "Esbat" and is often dedicated to the making of magick. It is also a wonderful time to set out your crystals, jewelry, tarot cards etc. under its light to charge them with energy and clear them of negativity. While psychic abilities, energetic work and spells enjoy heightened energy under the full moon, I think it is great just to stand in awe and thanksgiving before our Spiritual Mother. It's that simple: Just say "thank you".

This past Thursday at the shop, I was discussing with Pina and Kim various aspects of ritual and ceremony – we talked about the fact that sometimes people are scared off by the idea of not knowing what to do and so they do nothing. In the case of channeling the glorious full moon energy, this is unfortunate because it really isn't that hard to do. While "Drawing Down the Moon" in the Gardnerian Wiccan tradition is done by a High Priestess and involves an actual channeling of the Goddess via trance state, there is also a simpler means to experience this energetic exchange ...and you do not have to be a high

priestess (or even a woman!) to do so.

Go outside to a place where you can see the moon clearly and will not be disturbed or interrupted. Spend a few minutes becoming acquainted by really looking at the moon: Observe Her halo (if there is one) the craggy surface marked by shadows, which create pictures and very often a distinct "face". When you are ready (centered and grounded), stand with your legs spread about two feet apart, feet flat on the ground and raise your hands over your head in front of you and make a triangle (thumbs together, index fingers touching) and look through this triangle at the moon overhead. Keep looking directly at the moon and soon you will both see and feel a distinct silver line coming down and attaching itself to you. Remain still, and allow the moon's cleansing energy to wash over and through you. It is truly a remarkable and spiritual experience. Stay in this light as long as you wish - just don't forget to say "thank you" out loud when you are done. You may find yourself a bit lightheaded upon completion, eating something light (like a cookie) will help ground your energy.

Congratulations - you just experienced your first Esbat!

Blessed Be!

NEW-AGE FESTS (bi-monthly)

Saturday, September 1

12:00pm-6:00pm - (203) 261-0047 for appointments

Readers (\$25/20 minutes - please, cash only):

Andrew Neblett, Tarot

LeahJoy, Palmist

Patty, Crystal Ball Readings

Rachel, Tarot and Pet Psychic

Yvonne McGarvey, Tarot (se habla Espanol)

Tim Bshara, Aura/Chakra Photo & Report (\$40)

Tammie, Chair Massage (\$1/minute)

Saturday, September 15

12:00pm-6:00pm - (203) 261-0047 for appointments

Readers (\$25/20 minutes - please, cash only):

Gwen Gangi, Animal Communicator (pets or pictures welcome)

LeahJoy, Palmist

Melissa, Tarot

Nicole, Journeyboard & Cards

Patty, Crystal Ball Readings
Tammie, Chair Massage (\$1/minute)

Talisman's Regularly-Scheduled Readers

(203) 261-0047 for appointments - Cash payment requested

Mark Hoyt: Spirit Guided Tarot - Fridays 2-8pm. \$25/20 minutes. Foot Reflexology treatments by appointment.

Lina: Sunday/weekday mornings - Intuitive Counseling by appointment (261-0047) \$50/45 minutes. Fluent in Italian, Spanish and English.

Kristy Ouellete: Sundays 1-5 (tarot) Note: Unavailable 9/2

Gwen: Saturday, September 29 (whole-life tarot)

Quick note from Laura: We do things a bit differently at Talisman. You pay AFTER the reading is finished, and if you are not happy you don't pay. NO READER can read EVERYONE successfully and everyone who works at Talisman is aware of this fact. Know that it is acceptable after the first 5 minutes of a reading, if you are not "feeling it" to say something like, "I'm sorry, what you are saying just isn't resonating with me. I would like to stop the reading now, but thank you for your time". If you do not hear something amazing in the first five minutes, or if it just isn't right ... don't expect a reading to get better as it goes on. Readings go off track for a number of reasons - but the point is, you shouldn't pay if you are not happy. Please, just be courteous and respectful. Complaints are rare because every reader has had to pass the "ultimate interview" ... they must sit and read ME (and I've been reading over 25 years myself) and tell me something about my past/personal life, my children, home, or business that they could not possibly have heard or learned someplace else. But every reader has their unique gift and their own style, it is NOT one size fits all. Personally, I don't think anyone should get a reading more than once every 6-8 weeks (and prefer you allow at least 3 months between readings ... you don't want to become a psychoholic, right?) and I WILL discourage you from this behavior! My goal is to see people leave an "intuitive counseling session" (because that is really what we do) feeling validated, uplifted and hopeful regardless of the situation or challenges they may be facing. That is the true measure of a "good" reading!

Available by Appointment

Talisman's readers are available for parties and events. You can pay by the hour or allow us to set up and have your guests/attendees pay individually. We do our best to be flexible and fairly priced. Our party rates are \$60 an hour, plus gas/mileage. Please make all scheduling arrangements through Laura at (203) 261-0047.

Healing massage/Reiki with Kim: Most of you have met Kim, my best friend and sister-in-law, as she has watched the shop from time to time. She has dressed candles, done house cleansings, and sat in on healing/reading sessions at Talisman as well. Kim takes her own special brand of healing massage/Reiki/journeywork/mediumship on the road, so to speak - "Have table/will travel!" - is a licensed aesthetician and available for at-home sessions for \$85/hour. Of course, I am biased ... but the feedback I have been getting is that she is providing a truly unique and wonderful experience. Call 261-0047 for more information.

Laura: I do special, in-depth readings by appointment. My 45+ minute private sessions include a chakra check up, a print out and review of your astrological natal chart, tarot and palm reading, and more! (\$45). Call the shop for an appointment, as I schedule these when the shop is closed or after-hours. Yes, I still do \$5 readings on Wednesday & Thursday but these are done in-between phone calls and waiting on patrons - you can't make an appointment, and I do get interrupted. As long as there are no other scheduled readers in the shop (they drive in from a distance and it's not fair to them) I am always happy to peek at someone's palm or throw a few cards, so don't hesitate to ask!

Workshops at Talisman
RSVP (203) 261-0047

Saturday September 1: **Voodoo, Hoodoo and Rootworking** with Dr. Andrew Neblett, 6:30-8:30pm. \$25

This class will clear up the misunderstandings and mystery surrounding Voodoo, Hoodoo and Rootworking. Haitian Voodoo, the dominant religion of the country of Haiti is a religion pure and simply. It is a religion – as are Christianity, Judaism, Islam or Hinduism. Yet it is often treated not as a religion but as black magic, a superstition, even the cause of Haiti's misery. It will be compared to the the New Orleans version of Voodoo. Along with Voodoo(Vodoun), Santeria, Candomble and other derivatives will be discussed. Bring your questions! Here is your chance to see through all of the B.S. out there and get to the truth.

Saturday, September 8 **Unseen Warfare: Djinn, Shadow People and Extraterrestrials** by Rosemary Ellen Guiley, 3-5pm, \$25

The ET abduction phenomenon is not what you think. For several decades, reports of kidnappings by “grays” have featured “grays” who take people away for sexual and genetic manipulation, perhaps for a hybridization program. Rosemary Ellen Guiley presents a ground-breaking new angle based on her in-depth research of Djinn, Shadow

People and ETs. The evidence has been hiding in plain sight for decades. She is the author of *Guide to the Dark Side of the Paranormal*, co-author of *The Vengeful Djinn*.

Saturday, September 22 **Mabon Celebration/Ritual** The Circle of the Sacred Well at Talisman (see details listed follow)

Saturday, September 29 **Ouija: Yes or No?** by Rosemary Ellen Guiley, 3-5pm, \$25
The Ouija talking board is the most controversial spirit communication device in popular use – and also the most feared. Is it really an automatic doorway to the demonic, or a harmless device that has gotten a bad rap? Rosemary Ellen Guiley has had extensive experience with the Ouija and has spent several years investigating its history, use, characteristics and phenomena. In 2007 she was selected by George Noory to participate in a live, on-air demonstration of the board on *Coast to Coast AM*, which generated intense reaction. She presents an objective and unvarnished account of the good, the bad and the shocking about talking boards. She is co-author of *Oujia Gone Wild!*

Friday, Oct 19. **Earth Spirit Workshop: Spirit of the Bat** 7-9pm taught by Sierra North \$25

The focus of this Earth Spirit workshop is the Spirit of the Bat. We will explore both the physical and spiritual realms of the Bat. As you touch and connect with bat artifacts, and view up close two live Big Brown Bats (courtesy of Earthplace, the Nature Discovery Center), you will begin to fully appreciate all the wonderful qualities that are unique to the Bat. You will learn about the natural history of the Bat and the role of the Bat in folklore and legends. We will then focus on the Spirit of the Bat and explore the spiritual meaning and teachings the Bat shares with humanity. We will all do a shamanic journey to the Spirit of the Bat so you can learn what the Bat means personally to you and how the Bat assists with releasing fears and welcoming change to your life, enhances communication and fine tunes your intuition. You are invited to come and explore the darkness through the eyes of the Bat.

Sunday, November 4 and 11 **Wicca University**, The Circle of the Sacred Well -
Introduction to the history and practice of Wicca

Join us for this two-day workshop that covers all aspects of the Wiccan religion. We will trace the cultural and religious traditions and individuals that have influenced the modern religion of Wicca, as well as other neoPagan religions. It explains many of the common terms associated with Wicca and provides an overview of the Wiccan belief system. It also

discusses Wiccan concepts regarding the Divine and provides details about the Elements and the Elementals. There is an overview of the Wheel of the Year - Sabbats & Esbats included. The Wiccan ethical system and details of the concepts and methods involved in creating sacred space are also discussed, along with ritual construction and altar set-up. The class will conclude with an open discussion of the challenges of living the Wiccan religion in a modern world. Cost: \$ 125.00 for the whole course Includes all handout material, along with a binder with subject dividers in which to place the material. A great start to your Book of Shadows!

**The Circle of The Sacred Well Presents:
Wiccan/Pagan Study Group - Topic: Knot Magick
Date: September 18th ~ Time: 7:30 p.m.
Location: The Undercroft at Talisman**

Join us for this monthly study group that covers various pagan and New Age topics. This month, we have a special guest speaker, Gwen, who will be facilitating a workshop on Knot Magick. Whether you are new to Knot Magick, or an advanced practitioner, you will be sure to learn some new magickal techniques at this interesting workshop. This is a 'hand's on' workshop. Participants will get to practice knot tying and magickal techniques and take home several samples of their own creation. \$5 suggested donation.

The Circle of The Sacred Well & Talisman Present a Mabon Celebration!

Date: Saturday, September 22nd ~ Time: 2:30pm to 6:30 pm

Location: The Undercroft at Talisman

Join us for this family-friendly event! There will be lots of activities for kids and adults, including: a fall harvest cooking class and demonstration, kids activities, Mabon ritual and, finally, a potluck meal - where we can share the bounty produced in the cooking class, including homemade soup and bread! Please bring a dessert to share. All other refreshments will be provided. Feel free to come along anytime after 2:30 p.m. The ritual will be held at approximately 5:00 p.m., with the potluck to follow afterward.

Community Events

The Connecticut Wiccan Pagan Network (CWPN) Inc. is a 501(c)(3) not-for-profit educational and networking organization dedicated to meeting the needs of the greater Wiccan and Pagan community in Connecticut and surrounding areas. The goal is to help provide a forum for Wiccans and Pagans to meet others of "like mind" and to come together and worship in a safe environment. Our hope has been to construct a sense of "community" in which we can all share with and learn from one another. Membership is open to all Wiccans, Pagans, and those with a serious interest in learning more about our religion. If you are under 18 years of age you may join with written parental consent. We

reserve the right to refuse or terminate membership of anyone who we feel may be harmful to our organization or to the Wiccan/Pagan Community. Learn more at our website: <http://www.cwpn.org>.

The CWPN hosts monthly networking meetings throughout the state, open Sabbat circles, coven and study group referral service, classes/work-shops, various social events and lectures with well-known members of the Pagan community. Some of our past guests have been: Janet and Stewart Farrar, Gavin Bone, Margot Adler, Ted Andrews, Dr. Leo Louis Martello, Tzipora Klein, Laurie Cabot, Raven Grimassi, Donald Michael Kraig, Phyllis Curott, Lori Bruno, Jane Sibley and Ellen Evert Hopman.

Connecticut Pagan Pride Day is a family friendly event being held on **September 8, 2012** at the VFW in Berlin, CT (152 Massirio Dr.) from 10 am to 6 pm. Our goal is to encourage the Pagan community to educate the general public, dispelling the myths they may have about who and what Pagans are while helping out our local communities. There is no fee to attend the event, though we are collecting donations for the Berlin Food Bank, the Connecticut Humane Society, and Pagan spiritual items for soldiers overseas. This event is open to all Pagan faiths and we are encouraging Solitaries, Traditionalists, Asatru, Norse, Celtic, Taoists, Hindus, Voudisants, Druids, Buddhists, Wiccans, Witches, Spiritualists, and others. We are encouraging the general public to attend so that we can work together to build bridges of understanding and increase acceptance of our spiritual paths. Our day is chock-full of workshops (starting at 10:30 am) , entertainment (Jenna Greene and Cristina and Benton Ridgeway) vendors, food, crafts, group ritual (1pm) a panel discussion, raffle and a scavenger hunt (with prizes) !

If you are on Facebook, search for our page under "Connecticut Pagan Pride". For more information about the event, presenting, vending, volunteering, or having an information booth email ctpp@broomstick.com. You can also check out our website:

<http://ctppd.wordpress.com/>. We hope to see you all on festival day!

Angelspeake - Explore Angelic Messages September 13, 2012 - 7:30 p.m. with Guest Speaker, Robin Tesei - Certified Angelspeake Facilitator. Location: Healing Hands (755 Fairfield Woods Rd, Fairfield CT)September *Contact Jessica to RSVP your space!* 203-522-2673 or hunterhealinghands@hotmail.com. Investment: \$40.00. Based on Trudy Griswold's best selling book, "Angelspeake: How to Talk with Your Angels," Come to this amazing workshop and learn how easy and helpful it is to meet your angels and how to receive messages from them in writing. This class will teach you how to access your

angels to solve problems and to supply love, support, healing, and inspiration in guiding you everyday. This workshop is identical to the workshop featured on *Good Morning America*, *The Leeza Show*, and *Good Day New York*.

Robin Tesei is a Certified Angelspeake Facilitator who has mentored with Trudy Griswold (Spiritual Coach and Author, Angelspeake, "How to Talk to Your Angels"), and has studied with spiritual teachers trained by Doreen Virtue, PhD. Robin's education, over the past ten years, includes spiritual seminars, angel workshops, spiritual coaching, mediumship, and angel healings. Robin is also a Reiki 2 Practitioner, Certified Angelights Messenger (providing guidance and healing through mediumship), and delivers Angel Readings to help guide you along your life path and purpose.

A Healing Hand invites you to join us on **September 15** for **Exploring the Metaphysical Arts – a Psychic Fair and Workshop Event**. Join us for a few workshops or buy a full day pass – the choice is yours! Full day passes, in addition to offering you the best discount, come with a \$20 voucher that can be spent with a vendor or reader in between workshops, at scheduled breaks, or at lunchtime. AND if you use coupon code **LL5** when pre-registering for workshops online, you will receive \$5 off any registration package.

8:00 AM – Methods of Divination with Laura Lenhard of Talisman (**note from me - 8 AM!!!**)

What the HELL was I thinking???)

9:30 AM – Intro to Tarot with Sally Russo

11:00 AM – Contacting Your Spirit Guide with Keri Uihlein of The Healing Loft

1:30 PM – Thought, Magick, and Quantum Physics with Andrew Neblett

3:00 PM – Intro to Feng Shui with Rachel of Raven's Whisper

5:00 PM – Playing with Psychic Symbols with Melanie Barnum

6:30 PM – Theories on Afterlife & Connecticut Hauntings with Jon Nowinski of SGRA

Please visit www.ahealinghand.net to learn more about the event and see detailed descriptions about the workshops, and to read about the psychic readers and vendors that will be at the event.

September 20: **Explore Crystals Class** taught by Jessica and Jim Hunter at Finding Feathers, 395 Commerce Drive, Fairfield. RSVPs are required to attend, and pre-payment of the class ensures your space. Please contact Jessica to register a space for this class via email or 203-522-2673, and remit a check \$35 payable to *Jessica C. Hunter, Healing Hands* to: Jessica C. Hunter, 755 Fairfield Woods Road, Fairfield, CT 06825. Payment for the class is due by: Monday, September 17th, 2012. A RSVP confirmation e-mail will be

sent to you upon receipt of payment. You may also register through Denise at Finding Feathers at 203-916-7887, visit her website at www.findingfeathersfairfield.com for more information..

Astrology Corner

By Alethea Hunt, Talisman's Resident Astrologer

BIG NEWS: For up-to-the-moment astro-snippets & advice, click [HERE](#) to follow me (@EmpwrDstny) on Twitter! Think of it as your way to check the energetic barometer for the day before you head out.

The outset of September presents a great chance to reorganize some aspect of your life with Mercury & the Sun paling around in Virgo & both of these bodies reaching out to Pluto. Pluto in Capricorn favors simplifying & reworking the structures in your life while the tidy Virgo Sun & Mercury allow you apply this practically by helping you to streamline, focus on efficiency, and take care of any nagging details. You should also think about your health now, particularly about addressing any chronic complaints you may have in this regard as all three of these bodies contact Chiron. If you've been mulling over the idea of implementing a cleansing or detoxification program via your diet, with the sky looking like this there's certainly no time like the present and this sort of regimen could yield very positive results. On the mental health end, this is also an ideal time for psychological excavation and analysis – breakthroughs can be had so clean & turn out any mental debris that exist and purge any “stinkin’ thinkin’”. For those who are dealing with chronic anxiety or high levels of stress, restructuring your wellness routine to include meditation can prove a transformative experience and serve as a much needed “chill pill”.

In other areas, Venus moves into Leo on the 6th and this is good news for those seeking romance. Venus in Leo knows how to make you feel like a queen (or king!) in romantic affairs – this sign loves to woo and knows how to have a good time. A trine from this planet to Uranus in Aries has exciting surprises on tap regarding romance - there's plenty of heat out there for sure and this may make for some odd pairings this month. Meanwhile Mars is generating steam over in Scorpio, making things passionate and throwing these vibes over to Venus. A word to the wise: be wary of getting intimate too quickly in romantic affairs if you're looking for something more than a good time. Venus-Uranus combinations, while stimulating, exciting, and electric, caution against over attachment, and while Leo loves to romance it's also known for “just having fun”. Mars in Scorpio has a high sex drive and while it's all fine and good if this is what you're looking for you shouldn't be surprised if that hot and heavy moment between the sheets quickly turns into a “friends with benefits” scenario. There may be an element of sexual mismatching going on as well with hard contacts between Mars & Venus. Venus in Leo certainly does love a good and playful roll

in the hay, but when Mars in Scorpio surprises by breaking out the leather & whips things can get uncomfortable pretty quick!

The New Moon in Virgo on the evening of the 15th is neat and uncomplicated. The only major aspect formed to the Sun & Moon is a conjunction to Mercury so those Virgo vibes are pure and undiluted on this night. This provides another great opportunity to be more conscious of health & wellness and of that mind-body connection. The conjunction to Mercury makes it really easy to apply analytical thinking & discern what is & isn't working for you with rational dispassion so if you need to set an intention to start counting calories, measuring portions, implementing a fitness routine, or tracking more closely what you put into your body the time is now. This Moon is also a great time to clean house & get organized so if a lack of time or high levels of stress have made your home cluttered use this weekend to give the house that "white glove" cleaning it's been in need of. You'll feel better and may just come to the realization that all the clutter was only contributing to your high stress levels.

The last major item on tap this month is the second round of the Uranus-Pluto square, exact on the 19th. This one's getting a little extra attention because it's being triggered by the Moon, Mercury, and the Sun for two weeks right after this New Moon. These three hit the Uranus-Pluto square in quick succession - as one leaves, another enters the picture creating a domino effect. In a nutshell, relationships are going to be under pressure and communication may break down. The messiest days out of these are the 23rd & 29th so be prepared to break new ground and adapt in order to survive. Someone will be rocking the boat, but it's because things can't go on like they always have and the Aries Full Moon on the 29th may bring this to a head. With Saturn poised on the final degree of Libra, it's do-or-die time for relationships and you had best have your "Final Answer" ready because there is no going back now

**** A note to readers: If you would like to receive my FREE monthly newsletter via email which is packed full of information and astrological insights, simply click [HERE](#) or send an email to AHunt617@aol.com and I'll be happy to add your name to my list of recipients!**

Namaste, my friends - "The Divinity within me perceives and adores the Divinity within you" - Laura Lenhard