<u>Talisman</u>

Talisman ...
A Unique New-Age Shop
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November 4, 2012

Merry Greetings! Blessings to all my fellow New Englanders who dealt with Storm Sandy, I hope this finds you safe and warm. Our shop, home, family and barnyard all made it through safely with only minor damage. I finally got computer service back on Saturday, hence the lateness of this newsletter.

Last week, I was visited at the shop by two gentlemen who make the MOST amazingly beautiful carved and painted staffs, wands, altar boxes, runes, etc. I marveled at one staff which was carved from a branch but actually looked and felt like it had a base of marble with the wood curling around it. Masterful work, I just cannot adequately describe it in words. And while we were talking together, one said something to me that truly resonated. We were discussing our respective spiritual paths and he said, "Even with this type of work we do, you have to come from a spiritual place – you need to know your spiritual base".

So ... let's talk about spiritual foundations.

I am a Hedgewitch who owns a new-age shop which celebrates Universal Spirituality, the theme of which is <u>All Paths Lead To The One</u>. The fact that I hold true reverence for spiritual paths outside of my own (although not necessarily for their practitioners) does not diminish my own path's legitimacy any more than it would if I owned a laundrymat or a donut shop! Why? Because I know my path, I have a spiritual foundation. I know who I work with, what that means and what it entails. However, I am also clear that one can study spiritualities other than their own, and respectfully incorporate threads of these into their own unique faith path. The key word here is "respectfully". In the metaphysical realm, eclectic magick is <u>not</u> sloppy magick.

I do get annoyed on those (thankfully) rare occasions when someone will come into the shop and let me know right away that they have a specific religious belief system, but things are not going the way they like so they want to try something "different" so it all moves along quicker. I really don't get angry unless the theme of their "work" is revenge and they clearly just want me to do their dirty work for them (mm-hmm, I'll hop right on that) but the danger of being a "Spiritual Flexis" is far greater than just irritating me. At best, you run the risk of becoming a "Jack of all trades, Master of none". At worst, you run the risk of unleashing something you will not be able to control, as described by author Migene Gonzales-Wippler in her book "Spells, Ceremonies & Magic" (1992, Llewellyn Publications) which I've summed up as follows:

I read the ritual carefully and decided then that I would try the invocation at the first available moment. A few days later I found myself alone in the house and started to prepare for the ritual. My many years of studying the occult made me feel that I would be able to control any supernatural manifestation, and since I was going to be invoking angelic forces I felt reasonably sure that no harm could befall me. The only magical implement I had decided to use was a yellow candle. The archangel Raphael, the angelic force I wanted to contact, is supposed to vibrate most harmoniously with the color yellow as he is the archangel who stands in the sun. I did not use any incense for purification or any magical circles for protection because I honestly did not think I needed them. What possible harm, I asked myself, could come to me from an invocation to Raphael, who is the acknowledged healer among angels, the essence of health and life-giving rays of the sun?

Thus, book in hand and armed with my candle and pristine ignorance of the magical mysteries, I faced east and started the invocation. I had barely finished reading the words of the ritual when an indescribable sense of apprehension took hold of me. I had the sudden feeling that I was not alone. My hands became cold and damp with perspiration and I could feel the hair on the nape of my neck bristle with the dread of something as yet undefined. The apprehension grew until it became solid terror. I stood in the middle of my bedroom unable to move or speak, frozen in the icy fears of a strange primeval knowledge. This indescribable feeling of helpless horror was to become for me throughout my magical experiences an infallible sign of some mistake committed during the course of a ritual. Even though I have learned to cope with it better since then, it still shakes the very foundations of my soul.

As I stood waiting, book in hand, my body shaking uncontrollably, I felt the room start to fill with a strange energy; with an invisible force that was not the less real because of its

invisibility. I could feel it; I could almost touch it, it was so real. And it was also indescribably evil. There was nothing angelic or pure about its essence - I knew it could only cause me harm. I could feel it swell and gain strength; at last, aware of my incapacity to control the forces I had released, I raised my eyes to heaven and prayed to God to help me. I prayed with the blind, instinctive faith that can only be born of despair. And slowly, the strange energy began to flow out and dissipated. I walked to my bed on numb legs and fell across it completely drained of strength. When I awoke, I had a mild toothache. A few hours later I was suffering the most excruciating pain I have ever experienced. My face swelled and pulsated; I had to undergo immediate dental surgery on an abscessed tooth that had never given me any trouble. I spent a week in bed with complications that threatened septicemia, and when I finally recovered I had to stay another week at home gathering strength before going back to work.

This experience, which is by no means the only one I have had involving uncontrolled magical forces, is an example of the importance that thorough knowledge and control have in the practice of magic. What really happened was that I unwittingly released vast amounts of psychic energy from my own unconscious, which I was then unable to control. The archangel Raphael symbolizes the raw energies of the sun. He also symbolizes life and health; well controlled his influence is beneficent and harmonious. Uncontrolled, however Raphael becomes the opposite of life and health. He is in fact no longer Raphael but his complete antithesis, a force of negative and destructive tendencies, the sum total of illness and death. What I succeeded in invoking was not Raphael, but his opposite – the angel of death. The strength of my prayers saved me from the negativity of the destructive energies around me but could not dispel them completely. What I felt, therefore, was the physical manifestation of the negative forces I had released, in the form of illness. These forces were concentrated on the tooth because it was the most vulnerable part of my body at the time.

I have a little different take on where the author went wrong, in that I believe she failed because of her lack of humility from the onset. And can you even imagine the vast energy contained within an archangel who STANDS in the SUN? But to sum up: You have to know your <u>Faith</u> — what you stand for, what you believe. My great-grandmother, Alice Durand McGlynn, lived by the mantra "God is Love". That was enough for her. Many of us are lifelong Spiritual Seekers, but that title doesn't bestow upon anyone the privilege of using doctrines and belief systems developed over hundreds or thousands of years without taking the time or effort to properly learn about the inherent beauty and qualities within each. That's the only problem I have with the "For Dummies" series of books — they are really well written, but people read a book like "Tarot for Dummies" and after a week or

two decide they are ready to do readings and counsel others. Whether they take money for their services or not isn't the issue, and they may be absolutely gifted straight out of the gate – but do they have the ability (and maturity) to guide and direct another human being who has their OWN spiritual base and must work within that context to some extent? For example, I have kept chickens for about three years now. I researched the breeds before I got them, I now have a small library of books and a great support network of fellow chicken farmers to help and advise me. My flock is healthy and thriving. But if you plopped me down on an ostrich farm, you couldn't possibly expect me to know how to manage their daily care – because the requirements of one domestic bird wouldn't translate to the care of another, right? Just because they both have feathers doesn't mean they are the same!

I am not trying to instill fear, only asking that caution be exercised. The whole "2012 Phenomenon" has given birth to a level of spiritual BS (that stands for bullshit, m'dears) which is rooted in panic. More on THAT subject next month! I also believe that your "go to" guide (Divine entity/god/goddess) will reach out on behalf of your Highest Good to any and all other entities or energies required. Your angels, spirit guides, totem animals ... all conspire and work together toward your success and spiritual growth. They WANT you to ascend and move on to the next level of spiritual development. It just isn't meant to be that hard or require mind-boggling work! Remember that the great Ascended Masters – among whom are named Afra, Babaji, Brahma, Buddha, Christ Jesus, Confucius, Elijah, Hathor, Lanto, Leto, Mary Magdalen, Metatron, Meher Baba, Padre Pio, Quan Yin, Ramtha, Rowena, Saint Germain, Sri Ramakrishna, Thoth, et al - spoke simply using words that even the most uneducated could understand. For many, merely saying their name with reverence will instill a blessing upon you. But better still, if one name calls out to you research and learn the life's work of that particular Master (http://www.greatdreams.com/masters/ascended-masters.html). When seeking a guru or teacher, please beware of those who use lofty words or terms that you cannot comprehend, which cause you to feel diminished or foolish as a result. This is a hallmark

of the false prophet.

NEW-AGE FESTS (bi-monthly)

Saturday, November 3

12:00pm-6:00pm - (203) 261-0047 for appointments

Readers (\$25/20 minutes - please, cash only): Many of our readers recovering from

Storm

Andrew Neblett, Tarot

Mark Hoyt, Tarot Tammie, Chair Massage (\$1/minute)

Saturday, November 17

12:00pm-6:00pm - (203) 261-0047 for appointments
Readers (\$25/20 minutes - please, cash only):

Gwen Gangi, Animal Communicator

Mark, Chair Reflexology (foot) \$1/minute

Melissa, Tarot

Nicole, Journeyboard & Cards

Patty, Crystal Ball Readings

Sierra, Shamanic Journey to your Power Animal

Tammie, Table Massage (\$1/minute)

Talisman's Regularly-Scheduled Readers (203) 261-0047 for appointments - Cash payment requested

<u>Mark Hoyt</u>: Spirit Guided Tarot - Fridays 2-8pm. \$25/20 minutes. Foot Reflexology treatments EVERY FRIDAY \$1/minute.

<u>Lina</u>: Sunday/weekday mornings - Intuitive Counseling by appointment (261-0047) \$50/45 minutes. Fluent in Italian, Spanish and English.

Nicole, Journeyboard and Cards: Sundays 12-4 \$25/20 minutes

Elpida, Greek Coffee Readings: Saturday November 10 12-6pm \$30/20 minutes

Gwendolyn Lord: Whole-Life Tarot, Saturday, November 24 12-6pm, \$25/20 miinutes

Quick note from Laura: We do things a bit differently at Talisman. You pay AFTER the reading is finished, and if you are not happy you don't pay. NO READER can read EVERYONE successfully and everyone who works at Talisman is aware of this fact. Know that it is acceptable after the first 5 minutes of a reading to say something like, "I'm sorry, what you are saying just isn't resonating with me. I would like to stop the reading now, but thank you for your time". If you do not hear something amazing in the first five minutes, or if it just isn't right ... don't expect a reading to get better as it goes on. Readings go off track for a number of reasons - but the point is, you shouldn't pay if you are not happy. Please, just be courteous and respectful. Complaints are rare because every reader has had to pass the "ultimate interview" ... they must sit and read ME (and I've been reading over 25 years myself) and tell me something about my past/personal life, my children, home, or business that they could not possibly have heard or learned someplace else. But every reader has their unique gift and their own style, it is NOT one size fits all.

Personally, I don't think anyone should get a reading more than once every 6-8 weeks

(and prefer you allow at least 3 months between readings ... you don't want to become a psychoholic, right?) and I WILL discourage you from this behavior! My goal is to see people leave an "intuitve counseling session" (because that is really what we do) feeling validated, uplifted and hopeful regardless of the situation or challenges they may be facing. That is the true measure of a "good" reading!

Available by Appointment:

Talisman's readers are available for parties and events. You can pay by the hour or allow us to set up and have your guests/attendees pay individually. We do our best to be flexible and fairly priced. Our party rates are \$60 an hour, plus gas/mileage. Please make all scheduling arrangements through Laura at (203) 261-0047.

Healing massage/Reiki with Kim: Most of you have met Kim, my best friend and sister-in-law, as she has watched the shop from time to time. She has dressed candles, done house cleansings, and sat in on healing/reading sessions at Talisman as well. Kim takes her own special brand of healing massage/Reiki/journeywork/mediumship on the road, so to speak - "Have table/will travel!" - is a licensed aesthetician and available for at-home sessions for \$85/hour. Of course, I am biased ... but the feedback I have been getting is that she is providing a truly unique and wonderful experience. Call 261-0047 for more information.

Reflexology Fridays with Mark: This ancient healing art uses hand/thumb pressure corresponding to the body systems. The practice stimulates/relaxes stress signals resulting in relaxation (who DOESN'T love having their feet rubbed?), pain reduction, and rejuvenation of tired feet -- helping you stand tall in the world! Come in after a hard week of work and treat yourself in Mark's chair, only \$1 minute (5 minute minimum).

<u>Laura</u>: I do special, in-depth readings by appointment. My 45+ minute private sessions include a chakra check up, a print out and review of your astrological natal chart, tarot and palm reading, and more! (\$45). Call the shop for an appointment, as I schedule these when the shop is closed or after-hours. Yes, I still do \$5 readings on Wednesday & Thursday but these are done in-between phone calls and waiting on patrons - you can't make an appointment, and I do get interrupted. As long as there are no other scheduled readers in the shop (they drive in from a distance and it's not fair to them) I am always happy to peek at someone's palm or throw a few cards, so don't hesitate to ask!

Workshops at Talisman RSVP (203) 261-0047

<u>Saturday, November 10</u>: Book Signing Event - <u>Playing With Psychic Symbols, by</u> <u>Melanie Barnum</u> 3:00-4:30pm \$25 includes book.

We are all born with a natural intuition. Psychic symbols help us understand the messages we receive - Whether you're looking for guidance or want to expand your intuitive wings, this class is a must for you! Using experiential exercises from her book, "The Book of Psychic Symbols: Interpreting Intuitive Messages" and other hands-on activities, Melanie opens your energy in a fun, yet practical way. Get ready to play in our intuitive world to help you understand your dreams, career, relationship, family, guides and your incredible potential. Manifestation is the creation of something or the changing of your circumstances to allow what you want to come. Using psychic symbols, let's create a life you were born to live using fun hands on exercises and activities Maximize your potential with minimum effort, all while opening up to an exciting new world!

Friday, November 16: Exploring Divination - Which Method is Right for You? Taught by Laura Lenhard. 6-8pm. \$10

Many individuals attempt one or two methods of divination, and give up in frustration when they don't seem to come easily or naturally to them. The truth is, not everyone is meant to use tarot cards, read crystal balls or channel angels! Join Laura, as she describes/demonstrates a veritable cornucopia of divination techniques - one of which is bound to be the right one for you! As always, I'll have LOTS of handouts and hands-on work!

Saturday, November 24: **Group Event - Channeled Messages from the Other Side** An evening with Naima Provo, 6:30pm-8:30pm \$25.

Naima was first at Talisman in early October, since then I have gotten bombarded with requests for her return! Only nine people were at the original channeling event but aparently they have been talking with their friends and family! It really was a wonderful night, Naima will be unable to return to Talisman until after the holidays so you may wish to see her now. I was amazed when she shared with me her notebook, carefully filled with names and images shown to her in the days leading up to the last Talisman event - spirits who had been visiting her at home and at work, in anticipation of connecting with their own! Naima has been communicating with Spirit with great clarity since childhood. She has always known it was her life's purpose to deliver healing messages from loved ones who are beyond reach using our conventional ways of communication. Experience Naima's connection to the Divine and receive messages from people and pets that have passed over to the other side.

Friday, November 30: Tarot 101 taught by Laura. 6-8pm. \$10. A popular class, it works

well for beginner/intermediate tarot students. We will overview methodology and then throw cards and practice reading. Bring your cards!

The Circle of The Sacred Well Presents:

Wiccan/Pagan Study Group

Topic: The Laws of Magick

Date: November 20th ~ Time: 7:30pm Location: The Undercroft at Talisman

Join us for this monthly Study Group, which is held on the third Tuesday of each month. This month, we have a special guest speaker, Bill Oram. He will facilitate a workshop on the Laws of Magick. Bill is an experienced and knowledgeable magickal practitioner. Ever wonder WHY a specific spell works (or doesn't)? Want to know how to use the Laws of Magick to create your own successful spells? Join us for this informative class.

Community Events

The Connecticut Wiccan Pagan Network (CWPN) Inc. is a 501(c)(3) not-for-profit educational and networking organization dedicated to meeting the needs of the greater Wiccan and Pagan community in Connecticut and surrounding areas. The goal is to help provide a forum for Wiccans and Pagans to meet others of "like mind" and to come together and worship in a safe environment. Our hope has been to construct a sense of "community" in which we can all share with and learn from one another. Membership is open to all Wiccans, Pagans, and those with a serious interest in learning more about our religion. If you are under 18 years of age you may join with written parental consent. We reserve the right to refuse or terminate membership of anyone who we feel may be harmful to our organization or to the Wiccan/Pagan Community. Learn more at our website: http://www.cwpn.org.

The CWPN hosts monthly networking meetings throughout the state, open Sabbat circles, coven and study group referral service, classes/work-shops, various social events and lectures with well-known members of the Pagan community. Some of our past guests have been: Janet and Stewart Farrar, Gavin Bone, Margot Adler, Ted Andrews, Dr. Leo Louis Martello, Tzipora Klein, Laurie Cabot, Raven Grimassi, Donald Michael Kraig, Phyllis Curott, Lori Bruno, Jane Sibley and Ellen Evert Hopman.

Finding Feathers Spiritual Center in Fairfield presents the Shanti Mission Fall 2012

Schedule. Learn more at www.shantimission.org. Finding Feathers is located behind

Tucker's Café Restaurant at 395 Commerce Drive Fairfield, CT 06825. Phone: 203) 916-7887 or email Denise at denise@findingfeathersfairfield.com

Meditation & Blessings

Evenings: Every Thursday Evening at 7pm November 4th & November 11th

Time: 9:30am to 11am

Private Healing Sessions

Cost: \$150

Ignite Your Spirit private healing sessions are an amazing healing experience. These book

quickly; call the Center as soon as possible to reserve your spot.

Spiritual Mastery 1 - Cost: Donation

Dates: Saturday, November 3rd & Sunday, November 4th

Time: 9:30am - 5pm both days

Spiritual Mastery 2 - Cost: Donation

Dates: Saturday, November 10rd & Sunday, November 11th

Time: 9:30am - 5pm both days

Note on Donations: Shanti Mission runs all programs by donation so that all are able to experience these amazing teachings and healings. In Australia, these classes are typically \$200-\$300 each. By giving your donation, you activate the laws of flow and of attraction and abundance. Give according to your means and what is in your heart. All donations go to support the continued honorable work of the Shanti Mission group and to spread the word that we can all live healthier, more fulfilling and beautiful lives.

<u>Mystical Parlors</u>: 17 Washington Street, Norwalk, CT Phone: 203) 810-4491. Website: <u>www.mysticalparlors.com</u>

Sat., November 10; 1:00-2:30 PM Sigil Magick With John Boye

Cost \$20; Reservations Suggested. This class is designed for those who would like to explore the purpose and methodology behind several different types of sigil designs. We will discuss bind runes, planetary cameas, compression, mantric stylings, etc. We will also discuss different methods of creating, charging, and destroying a sigil, as well as the use of sigils in sex magick.

Sat., November 17; 1:00-3:00 PM

Vampires: The Earth, Their Moral Struggles & Ours By Margot Adler

Cost \$20; Reservations Suggested. In the last fifteen years, but possibly going back to Dark Shadows, in 1967, and the vampire Barnabus, our society has created the a very different kind of vampire from what went before. Take Spike and Angel from Buffy, or Bill

Compton, Eric Northman and Jessica from True Blood, or Edward, Alice and all the Cullens from Twilight, or Damon and Stefan from The Vampire Diaries, Mick St. John from Moonlight and the vampires in the British and American versions of Being Human. Here's what they have in Common: they are all struggling desperately to be moral despite being predators. And they often fail, As so we. Our blood is oil; our prey is the planet. This change in our vampires most likely came about around 1968, when we saw, for the first time, our own planet from space – fragile and vulnerable. We saw our own role as morally compromised. It is issues of power, choice, identity, the fate of the earth and the sense of teens as outsiders that give vampires their current traction much more so than sex, or even repressed sex.

Sat., November 27; 4:00-6:00 PM

Chanting as Seemless Ritual Workshop With Margot Adler

Cost \$20; Reservations Required. Using a core of some twenty easy to learn chants, with some more complicated ones toward the end, we will sing and harmonize in a continuous ritual event. Through chant we create sacred space, call the Elements, Cast a Circle, Consecrate Ourselves, and Create a ritual of continuous sound. It's serious, fun, soft, loud, structured, free form. It's an opportunity to use voice, joy, gestures, harmonies and energy in a weave of ecstatic connection. Although there is some talking, the ritual part is continuous sound for more than an hour, allowing us all to create a seamless ceremony. If we don't have 20 reservations by Nov. 1st, this will be changed to a Pagan Movement Workshop with Margot Adler.

Sat., Dec. 8; 1:00-4:00PM

Norse Yule Traditions with Jane Sibley

Cost \$30; Reservations Suggested. Ever wonder where Santa got the reindeer? Why he's dressed in red with white trim? And how do goats enter into the Yule picture? All these, plus traditions dating back into saga times will be presented, including a few recipes for the cooks among you. The Winter Solstice (Yule) was one of the two major holidays celebrated in the Northlands [the Summer Solstice (Midsommar) being the other. Certain magical and ritual performances or actions, for the best outcomes, were only performed at these times. We will delve into the nisse, the Yule Goat and ritual drama, the Yule log, and much more.

WelcomeOm joins with Body Contours, 163 Main St., Monroe - Yoga/Wellness programs, learn more by calling Faith Wollner at (203) 414-0532 or email faithwollner@yahoo.com (facebook: WelcomeOm)

Employment Wanted: Jan McClure is looking for work in Greenwich/Stamford as a receptionist or waitress. She is also skilled at interior painting, will work at the hourly rate of \$20 if you get the paint/supplies. Email Jan at lovethesunn25@aol.com for details.

Astrology Corner

By Alethea Hunt, Talisman's Resident Astrologer

** A note to readers: If you would like to receive my FREE monthly newsletter via email which is packed full of information and astrological insights, simply click
HERE">HERE or send an email to
AHunt617@aol.com">AHunt617@aol.com and I'll be happy to add your name to my list of recipients!

November's outset continues the Mars in Sagittarius & Jupiter in Gemini opposition remember what I said in October's forecast about politics being an area of heated debate? This still holds true through Election Day and even beyond with this opposition in play and Mercury also joining the fray, so you might be mindful of this and not attempt to force your point of view. With Mercury turning retrograde ON Election Day, we may even have another scenario with recounts or contested votes on our hands. Regardless, if you do get overly opinionated now the chances are high that things will turn ugly, because at the same time diplomatic Venus comes under considerable stress from both Uranus and Pluto. Venus is dignified in her own sign of Libra, but that gal is under a heck of a lot of pressure from Uranus& Pluto who are going to be goading her to blow her composure and shed that nice girl "can't-we-all-just-get-along" appearance. As tempting as it may be, don't take the bait. Generally speaking, consideration and social niceties will be hard to come by early in the month, but playing into this dynamic is only likely to earn you the label of "bitch" (Pluto) or "nut job" (Uranus). Grit your teeth behind a clenched smile if you have to, but the old adage of "You catch more flies with honey..." holds true and is where Venus can come out on top. If you truly feel like "No more Mr. Nice Guy", this T-square is a likely catalyst for throwing the gloves off but you will need to be 100% aware of what's likely to go down. After this is over, however, we can breathe a sigh of relief – Venus is the final inner planet to trigger the Uranus-Pluto square from Libra and when she departs their ...erm...."company" during the second week of October we do get a respite. Well, at least for a little while, anyway!

The pressure cooker scenario abates considerably during November's second week, particularly by the time we hit the Scorpio New Moon on the 13th. This is a particularly potent lunation as it is also a Solar Eclipse and if you're into the metaphysical at all this is a great moon for banishing magic or for setting the intention to eliminate negative influences from your life. Scorpio is a powerful sign for purging and healing, so if there's something or someone toxic in your life you need to flush this is good moon to do it under. Meanwhile, in other areas, Mars slides into Capricorn mid month and kicks up some dust

in doing so. Conflict with authority figures is certainly a possibility later in the month when he chafes against Pluto and Uranus so do watch out at work or with any of the family "elders". Don't fight the law, cause the law may win. Self-control will be instrumental here and with Venus partnering with Saturn the ability to be polite and hide whatever may be brewing under a stiff but respectful mask does exist - this is probably for best if you don't want Thanksgiving going to hell in a hand basket. The earlier you can celebrate that day, the better – the Moon in Pisces will be making a close approach to Uranus the later it gets, and that's when things can get squirrely. Especially if a few too many glasses of wine are in the mix!

The last noteworthy event is the Full Moon Lunar Eclipse on the 28th. This is a super energized and complex Moon, drawing in many planets and highlighting the Gemini/Sagittarius polarity. If you have planets between 5-9 degrees of either of these two signs, expect to be particularly affected by this event. With a Gemini Moon, you may be receiving important information or a message of some kind that could open up possibilities and opportunities. Communication is emphasized, and with the Moon's ruler - Mercury - in Scorpio it may also be possible you may have to keep this news under wraps rather than broadcast it, but this is going to be hard to do with so much Jupiter and Sagittarius energy in play. This feels gossipy - like word could spread quickly - and whatever the news is it seems to be big! The other angle to watch for is that it could potentially involve a sibling or neighbor – Gemini rules both these associations so be sure to keep an ear up in case something major goes down.

<u>BIG NEWS</u>: For up-to-the-moment astro-snippets & advice, click <u>HERE</u> to follow me (@EmpwrdDstny) on Twitter! Think of it as your way to check the energetic barometer for the day before you head out.

Namaste, my friends -

"The Divinity within me perceives and adores the Divinity within you"

Laura Lenhard

follow on Twitter | friend on Facebook | forward to a friend