

Talisman

Talisman ... A Unique New-Age Shop

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November 5, 2013

Merry Greetings!

Clear quartz crystals are undoubtedly the most popular of all the stones sold at Talisman. I keep a lovely selection of quartz crystal points and clusters just inside the front door of my shop. They are nestled (points up) in an old cement bird bath filled with pink quartz chips. Few people manage to pass this display without pausing to look closely or touch the quartz - it is a lovely and powerful draw. I purchase quartz from Arkansas (Arrowhead Crystal Mine) and from my friend Naton who lives in Georgia and owns two mines in Brazil.

In North and South America, Australia, southeast Asia and elsewhere, shamans ascribe a singular importance to these pointed, six-sided stones that are usually transparent to milky-white. The quartz crystal is considered the strongest power object of all among such widely separated peoples as the Jivaro in South America and tribes of Australia. Groups as distant from one another as the Aborigines of eastern Australia and the Yuman-speakers of southern/Baja California consider the quartz crystal a "living" stone. The widespread employment of quartz crystals in shamanism spans thousands of years. Quartz has been found in archaeological sites and prehistoric burials dating as far back as 8,000 years.

In modern physics the quartz crystal is also involved in the manipulation of power (energy). Its remarkable electronic properties made it a basic component in early radio transmitters and receivers (ie "crystal sets"). Thin wafers sliced from quartz crystals later became basic components for modern electronic hardware such as computers and timepieces.

Quartz crystal has a myriad of uses. Longer "wands" can be used to

direct energy for healing or clearing negativity. You can set other stones or objects on clusters to enhance their innate properties or help cleanse. For example, I rest my tarot cards on a large cluster or set a large point upright on the deck, then set them outside to be cleared under the full moon. And we are all familiar with the use of a crystal sphere for divination. Crystal skulls have been getting a HUGE amount of media attention and if this holds any interest for you, please consider attending our Crystalline Workshop (details below) on November 15th. The energy contained in these is simply amazing!

On the website for Arrowhead Crystal Mine, co-owner Matt notes that "No one who has ever seen a perfectly formed crystal emerge from the ground can say that quartz does not have "magical" properties. Each crystal is unique and they call to people in different ways. While one crystal may feel "dead" in your hands, another of similar quality might resonate so that you cannot keep your hands or eyes off it." Indeed, I have seen this very scenario play out time and time again at the shop, as crystals call out directly to patrons who may or may not have planned to make a purchase that day!

There are many groups of quartz crystals - a brief list follows:

Record Keepers are distinguished by a raised triangle on one or more surfaces. They are called Record Keepers because they hold the wisdom and knowledge of the Universe. The perfect triangle represents the door to the perfect balance of mental, physical and emotional well-being.

Tablet or "Tabby" Crystals are recognized by two parallel flat sides that are significantly wider than the other sides. Held flat in your hand, a large tabby represents a book or tablet which holds access to information from other sources. These crystals can also be used as activators to help pull information from other crystals.

Window Crystals have a diamond-shaped face at the primary intersection that connects to the termination of the crystal. These crystals represent the balance between the physical and spiritual realms. These windows also allow self-reflection into your own being and so are great for meditation and self-seeking.

A Barnacle Crystal consists of a main crystal with many small crystals attached. The large crystal is considered "wise" and can assist in solving family or group problems.

Laser Wands are long, slender crystals that taper to a narrow point. They get their name from their ability to provide a focused, protective energy field around the user. These crystals can be used to pierce negativity or direct healing energy to oneself or others. Indeed,

the Yulai and Tsimshian of North America used this technique to effect long-distance healing. They would "send" their quartz crystal or its spirit out at night to fetch the image of the sick person. When the image arrived, the shaman danced around the crystal, shaking his rattle, and then ordered the crystal (as his spirit helper) to extract a harmful power intrusion from the image. The distant person was thereby healed.

Tangerine Quartz has a joyful vibration that may be helpful to intensify your creativity and to stimulate inspired thought. The properties of stones that are orange often relates to their action within the sacral chakra, and these crystals commonly will aid the health of that area. This chakra governs sexuality and passion for life and their energy may help to revitalize your relationship.

Apophyllite have a high vibration that will raise your spirits, and spiritually energize your being. They have an excellent ability to transmit their energy, and are uplifting to simply keep in the room with you giving relief from stress, tension and anxiety. Use a group of them to grid your home, so you can feel better all the time. The flow of spiritual light they convey to you from the higher realms, brings hope for the future, and also helps you to release negative thought patterns that may be holding you back. Their energy aids you to feel calmer, more relaxed and happier within yourself. Use them in your meditation as they are powerful aids to assist guidance from spirit, your guides and the angels.

An **Enhydro** is a crystal that contains drops of water or other liquids suspended in enclosed small bubbles. There is knowledge that you cannot acquire without loss. If you pierce the Enhydro quartz to get the liquid, you destroy the crystal's uniqueness and power. Trying to get the ancient liquids and their knowledge and power destroys their crystal and mixes them with the mundane. Dig too deeply into the secrets and hidden places of others and you risk damaging yourself, others, and your relationships. Enhydro are mediation stones of acceptance and unquestioned love. They bring peace and loving acceptance to relationships plagued by doubt, distrust, and worry.

Lithium Quartz has a sweet calming energy that is effective to help stress and tension. It is an excellent meditation stone that will heighten the profoundness of your inner journey and support spiritual growth. It takes you easily to the higher realms and helps you to make heartfelt spiritual connections that have an amazing beauty and depth. The vibration of this stone may help with stress, depression and anxiety. It will move throughout your entire body, healing areas of the aura that need help and activating all of the chakras. This variety of quartz is found in only one place in Brazil.

Kiesha Crowther, also known as "Little Grandmother" was initiated on her path as Shaman and wisdom keeper at the age of 30, and has

shared teachings and to conduct ceremonies and healings for the benefit of humanity and Mother Earth. Her message to wear a quartz crystal (in 2010) was quite poignant -

<http://youtu.be/ecPI3CpsKHo>. *Please gather yourselves a piece of quartz crystal--clear or any color and wear it around your neck. It is time to reconnect ourselves to Mother.. A small piece of quartz crystal on a simple leather twine or another natural necklace. It doesn't have to be big, it can be small - place it around your neck, place them on your children, on your loved ones. The energy of Mother is being reclaimed by the loving human being and her crystals, her heart and her link to our own energy is being renewed. This is more important than i can express here but do this my family - and wear it day and night. It is time for us to do this now not later. Gather together yourselves and wear once again the crystals that unite us with the Mother Energy of our planet. **Before you place them around your neck hold the crystal in your hands and pray with all of your heart:** All of your goodness, All of your Great I AM to connect us the human race in love to the crystals of Mother Earth and Her love, Her intentions and Her Conciousness! In love, wear a bit of Sacred Mother around your neck.. so that as the crystals are awakened on planet earth this energy will link to you and we become united as we once were during the days of Atlantis when Mother Earth and Her children were ONE! Please spread this information to those you love. Let every member of the Tribe of Many Colors here my words and connect to one another and Mother with a small piece of quartz.*

On the topic of healing with crystals, I would be remiss not to mention the miraculous work being done by John of God in Brazil. His home, the Casa de Dom Inacio de Loyola, is set atop a fabulous crystal mine. His healings (offered at no charge) are legendary, as thousands flock to see him every week in hopes of instantaneous healing. My friend and colleague Lucy Walker has visited The Casa a total of three times, and can speak to the miracles being performed there. The book **John of God** was published by Atria books in 2007 or you can learn more at <http://www.friendsofthecasa.info/>

Personally, I keep a laser wand in my own medicine bag; and a few large crystals and clusters on my nightstand. They generate a wonderful protective energy which I believe to be very healing as I sleep. Given their popularity, crystals and stones are surely providing benefits and aid to many - and the demand for these is not lessening. Why not bring one of these beautiful, blessed stones into your life ... and see what transpires? **Yours in Light, Laura**

NEW-AGE FAIRES HELD EVERY SATURDAY

12:00pm-6:00pm - (203) 261-0047 for appointments

Readers (\$30/30 minutes - please, cash only)

November 9

Pina - Angel Oracle (Mediumship)

Todd Pritz -Tarot

Randy Oulette - Tarot

Keith Horosko - Astrology Reports (Birth date, time and place required)

*

Note: No Faire on November 16

November 23

Andrew Neblett - Tarot, Runes

Rachel - Tarot (Mediumship) & Pet Communicator (pets welcome, or photo)

Todd Pritz - Tarot

Keith Horosko - Astrology Reports (Birth date, time and place required)*

Tammie - Massage (\$1/minute)

November 30

Michelle Tierney - Angelic Readings

Rachel - Tarot (Mediumship) & Pet Communicator (Pets welcome or photo)

Gwen Lord - Whole-Life tarot (past life recall)

*** Keith offers five types of charts: Natal, Progressed, Transit, Relocation and Compatibility.**

Please note that the designation of "mediumship" is NOT a guarantee that your loved one(s) will present themselves in the reading - it means the channel is open and a particular reader is skilled at recognizing and then relaying information when it comes through.

Talisman's Regularly-Scheduled Readers

(203) 261-0047 for appointments - Cash payment requested

Mark Hoyt: Spirit Guided Tarot - Fridays 2-8pm. \$30/30 minutes. Foot

Reflexology treatments EVERY FRIDAY \$1/minute.

Nicole, Journeyboard and Cards - Sundays 12-4 \$30/30 minutes

Naima Provo, Intuitive readings, Spiritual Counseling, Reiki, and massage Therapy \$120/hr, \$230/2 hrs (saving \$10), \$340/3 hrs (saving \$20). Buy a package of 5 sessions and get one free saving \$120. Appointments Sunday, Monday & Tuesday.

We do things a bit differently at Talisman. You pay our readers AFTER the reading is finished, and if you are not happy you don't pay. NO READER can read EVERYONE successfully and everyone who works at Talisman is aware of this fact. Know that it is acceptable after the first 5 minutes of a reading to say something like, "I'm sorry, what you are saying just isn't resonating with me. I would like to stop the reading now, but thank you for your time". If you do not hear something amazing in the first five minutes, or if it just isn't right ... don't expect a reading to get better as it goes on. Readings go off track for a number of reasons - but the point is, you shouldn't pay if you are not happy. Please, just be courteous and respectful. Complaints are rare because every reader has had to pass the "ultimate interview" ... they must sit and read ME (and I've been reading over 25 years myself) and tell me something about my past/personal life, my children, home, or business that they could not possibly have heard or learned someplace else. But every reader has their unique gift and their own style, it is NOT one size fits all. Personally, I don't think anyone should get a reading more than once every 6-8 weeks and prefer you allow at least 3 months between readings ... you don't want to become a psychoholic, right? I WILL discourage you from this behavior! My goal is to see people leave an "intuitive counseling session" (because that is really what we do) feeling validated, uplifted and hopeful regardless of the situation or challenges they may be facing. That is the true measure of a "good" reading!

Available by Appointment:

Talisman's readers are available for parties and events. You can pay by the hour or allow us to set up and have your guests/attendees pay individually. We do our best to be flexible and fairly priced. Our party rates are \$60 an hour, plus gas/mileage OR guests can pay if they choose to get readings at \$1/minute. Please make all scheduling

arrangements through Laura at (203) 261-0047.

Reflexology Fridays with Mark: This ancient healing art uses hand/thumb pressure corresponding to the body systems. The practice stimulates/relaxes stress signals resulting in relaxation (who DOESN'T love having their feet rubbed?), pain reduction, and rejuvenation of tired feet -- helping you stand tall in the world! Come in after a hard week of work and treat yourself in Mark's chair (\$1 minute).

Numerology Reports: Many have been asking for books or information on Numerology. Numerology has been used for thousands of years to provide deep insights into one's personality, intimate relationships, and the important influences that affect one's daily life. Now, with the Numerology Report, you can examine your life in a unique way to take advantage of unexplored opportunities, confirm talents that in your heart you know are there, or simply to figure out where to go next. You'll see all the diverse parts of your personality and how they uniquely come together to make the person you are. Through this report, you'll be able to make the most of your life in a way that wasn't possible before. There are three different Numerology Reports available - each of these providing you even greater insights into your life as well as your *romantic* relationships. An explanation of all three reports can be emailed to you directly - just hit "reply" to this newsletter with a request. Cost per report: \$15 emailed; \$18.95 printed. Laura has her own numerology report as a sample, if you'd like to see it. :

Laura: I do special, in-depth readings by appointment. My 45+ minute private sessions include a chakra check up, a print out and review of your astrological natal chart, tarot and palm reading, and more! (\$45). Call the shop for an appointment, as I schedule these when the shop is closed or after-hours. Yes, I still do \$5 readings on Wednesday & Thursday but these are done in-between phone calls and waiting on patrons - you can't make an appointment, and I do get interrupted. As long as there are no other scheduled readers in the shop (they drive in from a distance and it's not fair to them) I am always happy to peek at someone's palm or throw a few cards, so don't hesitate to ask!

Classes & Workshops at Talisman

RSVP at (203) 261-0047 or email lenhard@comcast.net

Naima Provo presents **Chakra Bellydance** EVERY Monday from **6:30-8pm**. \$20/class, \$70/4 classes (saving \$10), \$135/8 classes (saving \$25). Bellydance Buddy Card allows you to bring a friend for free once. Each time you buy a package of 8 classes you get a Bellydance Buddy Card. Wear dance shoes, sneakers, Qi Gong shoes, etc. bring a yoga mat or something to lay on. Hip scarf/material to tie around your waist is optional. **RSVP Necessary** (we need a minimum number of students to hold class, no longer a "drop in" event). Contact: naima.provo@facebook.com

Thursday, November 7, 14 and 21: Come join Jot Nivas Singh for a **Weekly Kundalini Yoga Class** as taught by Yogi Bhajan. **Cost - \$11 / person**. 5:30-7:00pm. Please contact JKopac@me.com with any questions. **What is Kundalini Yoga?** Kundalini is known as the yoga of awareness and the mother of all yogas. It's the whole pie, not just one of the 22 pieces like other yoga systems. Kundalini combines postures (asana), breath work, (pranayama), and chanting (mantra). It accelerates the energy of the body / mind to create an elevated state which causes deep relaxation with clarity and alertness. Even if you can't join in the exercises, come sit down in the room and soak up the energy. Classes are 60-90 minutes long. **What do I bring?** Wear loose or exercise clothing. (white or light colored cotton preferred); Bring a yoga mat, & or pillows to sit on and/or a blanket if you want to cover yourself during deep relaxation; White / light head covering recommended. (beanies, scarfs, turbans, bandana, etc); Bottle of water.

Week 1: Awakening to your 10 bodies. Date: 11/7 Time: 5:30-7
Each person has 10 bodies, the physical body is only one of them. In all here's the list - Soul Body, Negative Mind, Positive Mind, Neutral Mind, Physical Body, Arc Line, Auric Body, Pranic Body, Subtle Body, & Radiant Body. Expect to do breathwork, stretching, and a deep meditation. This is a great series to do if you just feel a little bit "off".

Week 2: Immune Yoga Date: 11/14 Time: 5:30-7

We'll be boosting our immune systems by cleaning and detoxing our thymus gland, thyroid, parathyroid, glandular system, auras, heart, & nervous system. Expect to do breathwork, light stretching, lots of hand movements, and a meditation.

Week 3: Remove Inner Anger Date: 11/21 Time: 5:30-7

When anger becomes part of the body the effect is that you have absolutely no relationship with your Self. Inferiority and superiority complexes are a cover-up of inner anger, manipulation and lying, not being self-sustaining or having a foundation to work it out, skin diseases, misbehaviour, self-destruction, destroying the business, destroying the relationship are all inner anger. This yoga-set, "To Relieve Inner Anger", works on balancing inner anger and oxygenating the brain to give you an experience of conscious relaxation. Expect to do breathwork, warm up exercises, a fairly light yoga set which will stir up and release negativity, and a meditation.

Sunday, Nov. 10 Understanding the Invisible Laws of the Universe to Create the Life You Desire. 2pm-3:30pm. \$20.00 Taught by Keith

Horosko. All is energy-- If this energy is harnessed consciously and deliberately, we are able to manifest a life in accordance with our desires. Example: You have 60,000 thoughts per day. The quality of your thoughts determines the resulting feelings you have. The essence of your feelings then magnetizes events and experiences at that frequency. This class will give you the tools to create deliberately what you desire rather than erroneously manifesting what you do not want.

Friday, November 15 - Crystal Skull/Crystalline Consciousness

Workshop, facilitated by Betty Sambula and Ronyah Ra. 6:30-8:00 pm. \$25. *Note from Laura: Before reading the description, I just want to say that everyone who has taken this workshop has simply been blown away by the energy. It has actually altered the energy of Talisman by opening a stargate - This is an amazing experience!*

This dynamic energetic work is an ordering, upgrading, restructuring and activation of our multidimensional DNA resulting in a transformed consciousness and highly beneficial changes in the mind, body and spirit. It is the state of the new paradigm where only love vibrates. At this time we are in an accelerated phase of growth on the planet Earth. Mother Earth is being bombarded by an unparalleled influx of Light. Humanity has an extraordinary opportunity to utilize these higher crystalline frequencies to transform our 3rd dimensional carbon-based bodies to 5th or higher dimensional crystalline light bodies. The CCW assists us in the Divine Alchemy of transformation by raising the frequency of our cellular structure and DNA to take advantage of the 5th dimensional crystalline solar light frequencies that are now flowing into the planet. These new energies assist in restructuring our dormant DNA strands that contain the blueprints/imprints of ourselves as divine and fully conscious beings. We consciously use grids of crystal skulls in our work, which are carved from sacred stones and crystals from Mother Earth. The skull carving allows for conscious energetic beings to connect and consciously direct crystalline frequencies throughout space and time. These beings working through crystal skulls assist us in countless ways: they help us to merge with our Divine higher selves/higher aspects, give us energetic support when we offer service to Mother Earth, they gift us with crystalline healing allowing us to become crystal clear in our own healing, they help us to open to our multi-dimensional aspects and benevolent connections/star families, and much more. By allowing the sound/energetic/subtle frequencies of the crystalline in all of its manifestations to flow through our bodies and all parts of us we help our bodies to retain more light and to also become more elastic/flexible with these ever changing times that we live in currently.

Crystalline Consciousness Benefits: Clearing of energy field; Clearing of chakras and energy centers; Grounding; DNA upgrades; Strengthening of Crystalline Light Body; Rising of our consciousness to higher levels; Reawakening to our Soul's purpose.

What to Bring: Water is a must with this work as it helps in the crystallization process; A blanket, as this work has been known to lower the temperature (after all, it is crystalline!).

Bio: Betty Sambula received her training as a Crystalline Consciousness Facilitator at the Crystalline DNA Dynamics Light School in Saratoga, CA under the tutelage of Aravel Garduno, founder of the Crystalline Consciousness Work and Crystalline DNA Dynamics Light School. She also received training as an energy healer under the guidance and instruction of Jacqueline Kos. Ronyah Ray, co-facilitator, was also trained as a CCW Facilitator at the Crystalline DNA Light School under the tutelage of Aravel Garduno in Saratoga, CA. For more information on this fascinating healing with with the Crystal Skulls, contact Betty at bettythedrummer@aol.com.

Saturday, Nov. 16 Tarot 101 taught by Laura Lenhard. 2-4pm, cost \$10. Beginner/intermediate level students. I teach this class several times a year, we spend half the time discussing the principles of tarot reading and the rest of the time refining our technique using the Celtic Cross and four-card spreads. Bring your tarot cards – we will be throwing cards, as we learn by doing!

Sunday, November 17: Intro to Soul Collage 1-4pm \$25 (or \$20 each if you bring a friend).

What is SoulCollage®? SoulCollage® is the art of discovering your inner gifts through creating a personal deck of collaged cards, each of which represents an individual's inner "personalities", or "Neters". Using the ingredients of intuition, imagination and images, each participant will create a card or cards which can be the basis of a personal deck for your own self-knowledge. Expect to create 2-3 cards per session – this will be a regularly scheduled weekly or bi-monthly workshop at Talisman. Simple and fun, SoulCollage® shows us that we have all of the answers inside ourselves, and that each of our individual parts, both light and dark (or "shadow") have value if we listen. Everyone is an artist! Through the process of SoulCollage®, class participants will select images from magazines, books or other sources to create one card at a time, each of which represents a different internal energy. You will be amazed at your own intuitive wisdom!

Saturday, November 23 - Past Life Regression Session led by Andrew Neblett. 6:30-9:00pm \$25. (Limited: 30 attendees)
You will be introduced to various ways of attaining "State" and regression methods. Learn why energy is so important and how past lives affect our current energy. We will do a past life regression and open up the floor to share our experiences (on a voluntary basis - no pressure!). Dress comfortably. Bring folding lounge chair, your own cushion, pads, etc. The floor is HARD! Come, get relaxed, and enjoy! Andrew has facilitated past life regressions at Talisman in the past, these sessions are very popular and fill up quickly. If you have ever wondered what it would feel like to "go under" this is a great, informal and fun (albeit emotional) way to find out. I have taken this class twice myself and will happily share my experiences with anyone who wants to learn more - call Laura at Talisman (203) 261-0047.

Sunday, Nov. 24 Healing Circle - Dealing with Chronic Illness with Naima Provo. Learn different techniques for healing mind, body, and spirit such as utilizing crystal healing, meditation, healing with color etc. Pain reduction, detoxing from all the toxins & medications, energy clearing techniques, helping others deal with illness in the family/group will be some of the topics covered. Time: 2-5pm Cost: \$35 (if you have a chronic illness I will accept donations in lieu of the regular fee).

THE CIRCLE OF THE SACRED WELL PRESENTS

**Event: Wiccan/Pagan Study Group - Topic: Craft Workshop - Yule
Log Candle Holder Craft Workshop**

Date: November 19th - Time: 7:30 p.m.

Location: The Undercroft at Talisman

Join us for this monthly study group that covers various pagan and New Age topics. The Study Group is held on the third Tuesday of each month. This month, Elena will be hosting one of her popular 'Craft' workshops! This month, we will be crafting a Yule Log candle holder. All materials are supplied. Suitable for all experience levels. \$5

suggested offering/donation.

Community Events

The Connecticut Wiccan Pagan Network (CWPN) Inc. is a 501(c)(3) not-for-profit educational and networking organization dedicated to meeting the needs of the greater Wiccan and Pagan community in Connecticut and surrounding areas. The goal is to help provide a forum for Wiccans and Pagans to meet others of "like mind" and to come together and worship in a safe environment. Our hope has been to construct a sense of "community" in which we can all share with and learn from one another. Membership is open to all Wiccans, Pagans, and those with a serious interest in learning more about our religion. If you are under 18 years of age you may join with written parental consent. We reserve the right to refuse or terminate membership of anyone who we feel may be harmful to our organization or to the Wiccan/Pagan Community. Learn more at our website: <http://www.cwpn.org>.

The CWPN hosts monthly networking meetings throughout the state, open Sabbat circles, coven and study group referral service, classes/work-shops, various social events and lectures with well-known members of the Pagan community. Some of our past guests have been: Janet and Stewart Farrar, Gavin Bone, Margot Adler, Ted Andrews, Dr. Leo Louis Martello, Tzipora Klein, Laurie Cabot, Raven Grimassi, Donald Michael Kraig, Phyllis Currott, Lori Bruno, Jane Sibley and Ellen Evert Hopman.

Hunter Healing Hands: Located in Black Rock, Jessica and Jim Hunter's events include Reiki Share; monthly drum circle; classes and so much more. For details, cost, etc. please see November's schedule at: <http://www.hunterhealinghands.com/default.html>

Finding Feathers – A Spiritual Center located at 395 Commerce Drive, Fairfield. (203) 916-7887 or

email shaktidas@findingfeathersfairfield.com. November
Calendar: <http://findingfeathersfairfield.com/event-calendar/>

Take your spiritual calling to serve others to the next level. **The Calling to Career** Tele-summit is featuring Connecticut healers & spiritually-minded business people who have taken their desire to serve humanity and turned it into a fulfilling business. Learn from their experience and expertise so you can do it, too. The interview series airs November 10th to the 16th. Register at www.FromCallingToCareer.com. Registration & participation is free. Rachel Archelaus of Psychiclifetv interviews: Shaman, Sherri Conroy; Channeler & Reiki Master, Daniel Scranton; Website & Marketing expert, Megan Crandlemire; Quantum Healing Hypnosis practitioner, Chantal Guillou-Brennan; Sound Healer, Composer, and Sound Center Arts owner Jennifer Zulli; and Author & Enchanted Realmz owner Maya Cointreau. These people have successfully merged the physical and spiritual in a way that supports them. If you're looking to do the same, listen in. The last night of the telesummit features a free training called Find Your Soul-Centered Business Blueprint. Rachel will guide you through the steps of combining your soul gifts and personal preferences to design a fully supportive, service-based business. Don't miss it!

Astrology Corner

By Alethea Hunt, Astrologer

November starts out with the Scorpio Sun energizing a retrograde Mercury, and as this happens, we might ponder "How deep is too deep"? I'm recalling to mind the old Nietzsche quote about The Abyss – how when you gaze into it, it also gazes back into you. Mercury retrogrades tend to call for a re-examination of something; probing Scorpio, of course, naturally wants to get to the very bottom of a matter. With additional support from a detail-oriented Mars & boundary-destroying Pluto, not much is likely to escape notice now. This energy has a "running background checks" feel to it – perhaps you are being

investigated or are investigating someone/something yourself in an attempt to leave no stone unturned while dotting your i's and crossing your t's. This could be as innocent as doing your homework on a prospective new job, or maybe it's you being scrutinized as a new employee. But there is a theme of hidden information coming to light, and you'll want to be ethical if you do wind up having to do any sleuthing around with Saturn & Pluto overseeing matters. If you're simply clashing with a co-worker and looking to dig up dirt, it's pretty safe to say this is probably **not** the right use of this energy! We have to know where that dividing line is so it doesn't turn into an obsession with getting information though any means possible – this is where The Abyss twists around on us and can come back to bite us later! We might consider the Lord Of The Rings line about how the dwarves of Moria “delved too greedily and too deep” and thus awoke the dreaded Balrog - a being that was perhaps a clever metaphor for the shadow within. Keep your nose clean so you don't wake the beast, eh?

Reputation-smearing is also a possibility this month, and although it may seem like karma or just desserts to expose someone who is not how they represent themselves to be publicly, you have to know when you're getting in too deep and pull the plug before you just wind up making *yourself* look bad! If you're uncomfortable with the idea of someone poking around in your private business, then it's no bueno to do this to others regardless of whether you think you're in the right and have just cause. If you do have to root around for info for any reason, monitor yourself and every step of the way ask yourself if you would still be OK with it were the tables turned on you? If it starts to feel icky, you've probably gone too far and should call a halt as violating privacy and boundaries can have grave consequences with all this Saturn/Pluto business floating around in the sky. Besides, you don't want to tarnish your own public image and garner yourself a name for being a snoop, do you? Do also refrain from trash-talking of any sort, because going behind someone's back to defame them only winds up reflecting negatively on **you**, whether you realize it or not. Working relationships of all types are most affected by this energy, whether it's employee/boss or co-worker/co-worker. Resolve to use any detective work you do only to good ends and scrutinize your motives thoroughly for best results, because two wrongs rarely (if ever) make a right. Try and make your motto “speak no evil” – Divine Law (Saturn) will take care of those who

manipulate their public image so don't waste time & energy seeking retribution by trying to take the "law" into your own hands.

These kinds of privacy issues may continue to swirl about, enhanced by the potent Scorpio New Moon on the 3rd, which is also a Solar Eclipse. Watch what gets posted on Facebook, as Uranus makes an uncomfortable inconjunct to this lunation. Keep tabs on your social networks to avoid someone in your circle putting your private business "front and center" – especially if they're pissed at you. An angry friend or competitive frenemy could "out" you in an uncool way, spilling details or making critical commentary about private and confidential matters. It also seems there's little chance of hiding ugly realities and dirty little secrets with Saturn sitting so close to this Moon, denoting a demand for accountability. Coming clean of your own volition (even if it's painful) can allow whatever the issue is to eventually be healed and transcended – especially if there's been stigma attached. The other benefit is no one will be able to hold it over you in a manipulative power play, whereas hiding from it or trying to turn a blind eye allows whatever it is to fester & hurt more in the long term. If you find the shoe on the other foot where something sensitive has been revealed to you, try to be compassionate and realize how difficult it must have been for the individual to drop their guard. If someone wants to confide in you, it may also be helpful to try and establish parameters up front that spell out what level of involvement you're comfortable with before whatever it is gets spilt. Sometimes protecting a secret can be a burden and it might not go over well to unload one on a friend who doesn't want to be a party to it and who may have a valid criticism about whatever it is. Don't assault someone with TMI even if all you want is to know is that your secret is safe with them - you can't force intimacy like this because they may be shocked, put-off, or not want the responsibility attached. Again, put yourself in their shoes for best results before doing any unloading.

Sexual health could be a big theme this month as well with Mars in Virgo making contact to this Scorpio Moon, and checkup on your reproductive wellbeing may be in order. When was the last time you got tested? Do you know your health status for sure? Mercury's still in Scorpio and if you haven't already this would be a good time to review your STD status with your doc and/or lover and get re-tested, or re-visit

a discussion about your contraceptive method(s) in case you want to re-think them at all. When I say a “good time”, I don’t necessarily mean that everything will be hunky-dory, but Scorpio energy deals best with things that quite frankly either scare the crap out of us or that we’d rather keep hidden in the closet. Airing it is the way to go, because the longer it remains buried, the more harm it does and dealing with sexual health matters can be a boogeyman some would prefer to avoid altogether. Use the bravery of Mars to your advantage by confronting these matters if you find them scary, because it’s far better than potentially getting an unpleasant “surprise” later down the road when you’re not prepared. One approach is pro-active and empowering, the other *notsomuch!* The other angle is we’ll have a Yod in the sky at this time, and they don’t call these things the “Finger of Fate” for nothing - don’t tempt fate by refusing to deal with these issues, because giving The Universe the finger may have a funny way of turning back around on you. With Venus about to enter Capricorn and humping up against Pluto in the not-so-distant future, this will also create binding alliances so you’ll want to make sure they are built on the right foundations even though it might frighten you to breach this topic. Pre-empt any sexual activity in relationships by doing the right thing and being direct about health status.

In other notable areas, the [Pluto-Uranus square](#) is exact yet again this month on the 1st (see link for a full description of this energy), Jupiter turns retrograde on the 7th so the family gatherings on holidays may wind up being a bit smaller than usual this year, and Neptune turns direct on the 13th to finally bust a move away from 3 degrees Pisces – a spot it has been swirling around for a couple of years now! Two things may happen with this – 1) It’s extremely good for getting intuitive hits 2) Sleuthing may uncover deception thanks to it contacting a now-direct Mercury in Scorpio. Just remember what I said above about keeping your nose clean, though! The final item I’ll cover is the Full Taurus Moon on the 17th. This is a fairly uncomplicated lunation, with only Jupiter and Mars offering loose support. The Scorpio Sun highlights messy, convoluted circumstances, while the Moon finds satisfaction in keeping things simple in Taurus – especially if this relates to family. So here’s my advice ahead of this Thanksgiving holiday: Pretty much everyone has a messy family situation these days, but it

doesn't mean you have to let it affect your emotional state or that you can't be grateful for the good that *is* there. Taurus is the best placement for the Moon because it lends sweetness and grounding to those fluctuating emotions we have, so take a cue from it by staying mellow and taking pleasure in the simple, sensory things that surround this holiday, i.e. the deliciousness of the food, the savory smells wafting forth from the oven, the beautiful table setting. Try to cast off or put the block on any murky, convoluted, subtext in family interactions by not reading into things too deeply and picking them apart. Support from Mars in Virgo says pitch in and be active in helping instead – offer your industriousness and this may go a long way to softening anything perceived as sinister. If all else fails, go with the Jupiter angle and come to the family function bearing gifts – a little generosity and gesture of goodwill can be a natural dysfunction deterrent!

***** A note to readers: If you would like to receive my FREE monthly newsletter via email which is packed full of information and astrological insights, simply click [HERE](#) or send an email to AHunt617@aol.com and I'll be happy to add your name to my list of recipients!**

**Namaste, my friends -
"The Divinity within me perceives and adores
the Divinity within you"**

Laura Lenhard