

# Talisman

Talisman ... A Unique New-Age Shop

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September 1, 2013

Merry Mabon Greetings!

***Note: I have been so busy during the past two weeks getting the kids ready for school, working outside with the animals and other assorted chores – I came up with a huge blank when it came to writing the newsletter. My apologies for its lateness, and I am posting (in lieu of my usual narrative) a blog I wrote back in June 2009. Happy September and Autumn Blessings!***

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Maybe it's because the physical world we currently reside in has gone to hell in a handbasket, but interest in the mythical realm has increased dramatically. And of all the creatures in legend and lore, none are as popular as Faeries (to be fair, though, dragons come in a very close second!). The big question: Are Faeries real? I think most Wiccans/Witches, many gardeners and nature-lovers would answer with a resounding "yes". Faeries have been believed in (and existed in some form) almost as long as humans have been here. Every country in the world has its faerie beings, most of whom easily correspond to the faeries of the Celtic lands. For example, the Kolbalds of Germany and Domoviyr of Russia bear an uncanny resemblance to the Brownies of Scotland. Faeries are usually thought of as elemental energies, seasonal helpers to the deities, or nature spirits - they have been the subject of much human speculation, fear and folklore. While faeries are, in many ways, elemental beings (small creatures which control/represent the four elements of air, earth, fire and water) they are much more than just that. Faeries have personality and individuality. And though they inhabit a different plane of existence than we do, they do live. They are fully sentient beings with feelings and rights much like our own.

Why would one wish to attract faeries into their home or garden? Well, by inviting the faeries one welcomes the happiness, luck and love which come along with them. However,

there are unfriendly folk - the Bogart, for example, who makes a nuisance of himself by spilling milk and throwing things at children. But then, the house Brownie is one of the most benevolent and kind faeries one could hope to meet. They are very small dwarf faeries who always appear as males with coal black eyes. They wear little suits of green, blue or brown and have little caps of felt. The Brownie is said to reward kindness shown by helping out around the house and on the farm, by bringing food and firewood, and by chasing away ill-meaning spirits from your dwelling. Another sweet faerie is the Bean-Tighe (pronounced Ban-teeg) who generally look like small elderly women in old-fashioned peasant clothing. They are very friendly and wish to have a hospitable human house to watch over. They can be found tending children, hearths, and pets. It is believed they will finish up any household chores left undone by the tired mother of the house. I cannot help but mention the Clurichaun, also known as "His Nibs" who is a solitary faery and self-appointed guardian of a wine cellar - one which he chooses in his own time, then moves in and makes himself at home. The Clurichaun is almost always drunk, but is impeccably well-groomed and well-dressed (apparently, the Peter O'Toole of the realm!). Generally cheerful, he can be rather aloof even while intoxicated. A Clurichaun in your cellar will protect against thieves, prevent casks from leaking and wines from going bad. Occasionally he can be heard singing Irish folk songs in the wine cellar. If you ignore or mistreat him he will wreak havoc on your cellars and on your home, and he will most definitely spoil your wine stock. If you have a Clurichaun, know that he is there to stay.

The Wee Folk are known to prefer a tidy home - that the floors be swept and mopped and the dishes washed and put away, before the family retires for the night. They are reputed to pinch "casual" housekeepers, but reward neat housekeepers with lasting prosperity and happiness. Faeries have a keen sense of justice and you gain their favor by keeping your promises and honoring your contracts. They reward tradesmen who perform good work at a fair price. In the home, leave a bit of milk and fresh bread and a sweet on the hearth. Hang a "fairy door" nearby as a sign of welcome. Outside, find a flat stone in a secret part of the garden and leave gifts of food and shiny trinkets there for the Little People. They favor the first ripe fruit, a bit of milk, a piece of fresh bread - and are said to simply love strawberries. Place fresh food out each day. Never toss a faery offering out haphazardly as you would for a wild animal - Faeries consider this very disrespectful. In some Asian countries it is customary to install a "spirit house" in one's garden for the resident sprite or faery. This is a charming custom you might want to consider. Know that in all cases, human quarreling, rudeness and greed are deemed dreadful; but kindness is much esteemed. Caring for an injured woodland creature or rescuing a baby bird that has been pushed from the nest is behavior much appreciated. A modest gift, freely given and witnessed by faeries, has been rewarded with inexhaustible wealth. Likewise, there are

many tales of people who have been punished severely for cruelty to mammals and birds.

By creating a welcoming home for the Wee Folk (who prefer this term to "faeries" truth be known), you increase the comfort, joy and peace in your life. And isn't that what we are all looking for -- a little peace and joy? To be surrounded by cheerful Folk is to be cheerful oneself, buoyed up by the laughter of Nature Herself.

**A Blessing, then, that you find what you seek ...**

**Laura**

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**NEW-AGE FAIRES HELD EVERY SATURDAY**

**12:00pm-6:00pm - (203) 261-0047 for appointments**

**Readers (\$30/30 minutes - please, cash only)**

Most of Talisman's readers hold full-time jobs and/or have families, so their schedules are subject to change. Please call in advance to confirm - Yvonne (tarot) and Pina (Angel Oracle) "float" week to week.

**Sept 7**

Andrew - Tarot, Runes

Gwen - Tarot (Past Life Recall)

Keith - Astrologer, Natal Chart\*

Pina - Angel Oracle (Mediumship)

Mark -Tarot (Mediumship) and Reflexology

**Crystal/Stone Trunk Sale offered by Tim Bshara - Beautiful specimins for sale!**

\*Keith Horosko's quest is to provide understanding of how you manifest, consciously or unconsciously, in accordance with how you think and feel about your life. By using your astrological birth chart, he forges a path which utilizes your strengths and talents to live a life in harmony with who you are. In addition, Keith applies his ever-increasing knowledge of metaphysics (how we create our experience) as well as the Enneagram (nine types of beingness) to enhance your self-understanding. As an astrologer who has been featured numerous times on TV, Keith also has three degrees in Business, Art History and Design. **Birth date, time and place required** – also note which area of life you wish to focus on: He specializes in: Relationships, Money, Career, Health, Fulfillment and Relocation. Appointment Necessary, please call. |

**Sept. 14**

Mark - Tarot (Mediumship) and Reflexology

At least one other reader will be here - not sure who yet!

**Sept 21**

Randy Ouellette\* - Tarot

Keith - Astrologer, Natal Chart

Mark - Tarot (Mediumship) and Reflexology

I am so pleased to introduce the newest member of the Talisman "family" ... Randy Ouellette. His "interview" reading with me was spot on!

**BIO:** I offer a combination of Tarot and Playing Card Readings. I'm proud to say that I'm a third generation reader. Both my Grandmother and Mother were card readers. It all began for me when my Grandmother gave me my first Tarot Deck. That was in 1977 when I was 14. I remember when I was a kid and being at my grandmother's house. I'd be sitting in the living room and she'd be with people in the dining room reading for them. Needless to say, it's something I've grown up with. Now, when I read for others, I feel that connection with my grandmother and mother. I know that every time I read for someone, they're both right there over my shoulder, proud of me for continuing a deeply rooted family tradition!

**Sept. 28**

Rachel - Tarot (Mediumship) and Pet Communicator (Pets welcome or photo)

Gwen -Tarot (Past Life Recall)

Mark - Tarot (Mediumship) and Reflexology

**Please note that the designation of "mediumship" is NOT a guarantee that your loved one(s) will present themselves in the reading - it means the channel is open and a particular reader is skilled at recognizing and then relaying information when it comes through.**

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**Talisman's Regularly-Scheduled Readers**

**(203) 261-0047 for appointments - Cash payment requested**

Mark Hoyt: Spirit Guided Tarot - Fridays 2-8pm. \$30/30 minutes. Foot Reflexology treatments EVERY FRIDAY \$1/minute.

Nicole, Journeyboard and Cards - Sundays 12-4 \$30/30 minutes

Naima Provo, Intuitive readings, Spiritual Counseling, Reiki, and massage Therapy \$120/hr, \$230/2 hrs (saving \$10), \$340/3 hrs (saving \$20). Buy a package of 5 sessions

and get one free saving \$120. Appointments Sunday, Monday & Tuesday.

We do things a bit differently at Talisman. You pay our readers AFTER the reading is finished, and if you are not happy you don't pay. NO READER can read EVERYONE successfully and everyone who works at Talisman is aware of this fact. Know that it is acceptable after the first 5 minutes of a reading to say something like, "I'm sorry, what you are saying just isn't resonating with me. I would like to stop the reading now, but thank you for your time". If you do not hear something amazing in the first five minutes, or if it just isn't right ... don't expect a reading to get better as it goes on. Readings go off track for a number of reasons - but the point is, you shouldn't pay if you are not happy. Please, just be courteous and respectful. Complaints are rare because every reader has had to pass the "ultimate interview" ... they must sit and read ME (and I've been reading over 25 years myself) and tell me something about my past/personal life, my children, home, or business that they could not possibly have heard or learned someplace else. But every reader has their unique gift and their own style, it is NOT one size fits all. Personally, I don't think anyone should get a reading more than once every 6-8 weeks and prefer you allow at least 3 months between readings ... you don't want to become a psychoholic, right? I WILL discourage you from this behavior! My goal is to see people leave an "intuitive counseling session" (because that is really what we do) feeling validated, uplifted and hopeful regardless of the situation or challenges they may be facing. That is the true measure of a "good" reading!

**Available by Appointment:**

Talisman's readers are available for parties and events. You can pay by the hour or allow us to set up and have your guests/attendees pay individually. We do our best to be flexible and fairly priced. Our party rates are \$60 an hour, plus gas/mileage OR guests can pay if they choose to get readings at \$1/minute. Please make all scheduling arrangements through Laura at (203) 261-0047.

**Reflexology Fridays with Mark:** This ancient healing art uses hand/thumb pressure corresponding to the body systems. The practice stimulates/relaxes stress signals resulting in relaxation (who DOESN'T love having their feet rubbed?), pain reduction, and rejuvenation of tired feet -- helping you stand tall in the world! Come in after a hard week of work and treat yourself in Mark's chair (\$1 minute).

**Numerology Reports:** Many have been asking for books or information on Numerology. Numerology has been used for thousands of years to provide deep insights into one's personality, intimate relationships, and the important influences that affect one's

daily life. Now, with the Numerology Report, you can examine your life in a unique way to take advantage of unexplored opportunities, confirm talents that in your heart you know are there, or simply to figure out where to go next. You'll see all the diverse parts of your personality and how they uniquely come together to make the person you are. Through this report, you'll be able to make the most of your life in a way that wasn't possible before. There are three different Numerology Reports available - each of these providing you even greater insights into your life as well as your *romantic* relationships. An explanation of all three reports can be emailed to you directly - just hit "reply" to this newsletter with a request. Cost per report: \$10 emailed; \$15 printed. Laura has her own numerology report as a sample, if you'd like to see it. :

**Laura:** I do special, in-depth readings by appointment. My 45+ minute private sessions include a chakra check up, a print out and review of your astrological natal chart, tarot and palm reading, and more! (\$45). Call the shop for an appointment, as I schedule these when the shop is closed or after-hours. Yes, I still do \$5 readings on Wednesday & Thursday but these are done in-between phone calls and waiting on patrons - you can't make an appointment, and I do get interrupted. As long as there are no other scheduled readers in the shop (they drive in from a distance and it's not fair to them) I am always happy to peek at someone's palm or throw a few cards, so don't hesitate to ask!

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### **Classes & Workshops at Talisman**

**RSVP at (203) 261-0047 or email [lenhard@comcast.net](mailto:lenhard@comcast.net)**

**Naima Provo presents Chakra Bellydance EVERY Monday from 6:30-8pm.** \$20/class, \$70/4 classes (saving \$10), \$135/8 classes (saving \$25). Bellydance Buddy Card allows you to bring a friend for free once. Everyone in attendance on May 6th gets one to bring a friend another time. Each time you buy a package of 8 classes you get a Bellydance Buddy Card. Wear dance shoes, sneakers, Qi Gong shoes, etc. bring a yoga mat or something to lay on. Hip scarf or any material to tie around your waist is optional. **RSVP Necessary!**

[naima.provo@facebook.com](https://www.facebook.com/naima.provo)

**Saturday, September 7** - "Nutrition Naturally" taught by Dr. Andrew Neblett. 6:30-8:30pm, \$20. This class teaches how to eat right and exposes the lies that we all have been brainwashed about. Such items covered are - how to tell if a diet is good or bad for you,

obtaining nutrition for your body, the vitamin/mineral scam and how to avoid it, the herbal scam and how to use herbs the right way, the effects of pharmaceuticals on the body, how to know what diet you should eat for the best benefit, alternative wellness treatments that are BAD for you, sourcing your food, how to shop, and tons more.

**Friday, September 20** - Crystal Skull/Crystalline Consciousness Workshop, facilitated by Betty Sambula and Ronyah Ra. 6:30-8:30 pm. \$25.

***Note from Laura: Before reading the description, I just want to say that everyone who has taken this workshop (which we have offered bi-monthly for some time now) has simply been blown away by the energy. It has actually altered the energy of Talisman by opening a stargate - This is an amazing experience!***

This dynamic energetic work is an ordering, upgrading, restructuring and activation of our multidimensional DNA resulting in a transformed consciousness and highly beneficial changes in the mind, body and spirit. It is the state of the new paradigm where only love vibrates. At this time we are in an accelerated phase of growth on the planet Earth. Mother Earth is being bombarded by an unparalleled influx of Light. Humanity has an extraordinary opportunity to utilize these higher crystalline frequencies to transform our 3rd dimensional carbon-based bodies to 5th or higher dimensional crystalline light bodies. The CCW assists us in the Divine Alchemy of transformation by raising the frequency of our cellular structure and DNA to take advantage of the 5th dimensional crystalline solar light frequencies that are now flowing into the planet. These new energies assist in restructuring our dormant DNA strands that contain the blueprints/imprints of ourselves as divine and fully conscious beings. We consciously use grids of crystal skulls in our work, which are carved from sacred stones and crystals from Mother Earth. The skull carving allows for conscious energetic beings to connect and consciously direct crystalline frequencies throughout space and time. These beings working through crystal skulls assist us in countless ways: they help us to merge with our Divine higher selves/higher aspects, give us energetic support when we offer service to Mother Earth, they gift us with crystalline healing allowing us to become crystal clear in our own healing, they help us to open to our multi-dimensional aspects and benevolent connections/star families, and much more. By allowing the sound/energetic/subtle frequencies of the crystalline in all of its manifestations to flow through our bodies and all parts of us we help our bodies to retain more light and to also become more elastic/flexible with these ever changing times that we live in currently.

**Crystalline Consciousness Benefits:** Clearing of energy field; Clearing of chakras and energy centers; Grounding; DNA upgrades; Strengthening of Crystalline Light Body; Rising of our consciousness to higher levels; Reawakening to our Soul's purpose.

**What to Bring:** Water is a must with this work as it helps in the crystallization process; A blanket, as this work has been known to lower the temperature (after all, it is crystalline!).

Bio: Betty Sambula received her training as a Crystalline Consciousness Facilitator at the Crystalline DNA Dynamics Light School in Saratoga, CA under the tutelage of Aravel Garduno, founder of the Crystalline Consciousness Work and Crystalline DNA Dynamics Light School. She also received training as an energy healer under the guidance and instruction of Jacqueline Kos. Ronyah Ray, co-facilitator, was also trained as a CCW Facilitator at the Crystalline DNA Light School under the tutelage of Aravel Garduno in Saratoga, CA. For more information on this fascinating healing with with the Crystal Skulls, contact Betty at [bettythedrummer@aol.com](mailto:bettythedrummer@aol.com).

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**THE CIRCLE OF THE SACRED WELL PRESENTS**

**Event: Wiccan/Pagan Study Group**

**Shamanic Journey - Totem Animals**

**Date: Tuesday ~ Sept. 17th ~ Time: 7:30 p.m.**

Location: The Undercroft at Talisman

Comments: Join us for this monthly Study Group, which is held on the third Tuesday of each month. This month, we will be hosting our quarterly Shamanic Journey. Join us for this semi-guided meditation to the Spirit World to locate and communicate with our totem animal. This workshop is suitable for all experience levels. \$5 offering/donation.

**Event: Mabon Harvest Event**

**Festival - Drumming - Sabbat Ritual**

**Date: Sat. ~ Sept. 28th ~ Time: 2 - 6 p.m.**

Location: The Undercroft at Talisman

Comments: Join us for our annual Mabon Harvest Event. There will be lots of fun activities, including a harvest cooking demonstration, kid's kornet, crafts, drumming, food and, of course, a Mabon Ritual. This is a family-friendly event. All are welcome to attend. Come along when you can. The ritual will be the last activity and will begin about 5 p.m.

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**Community Events**

The Connecticut Wiccan Pagan Network (CWPN) Inc. is a 501(c)(3) not-for-profit



educational and networking organization dedicated to meeting the needs of the greater Wiccan and Pagan community in Connecticut and surrounding areas. The goal is to help provide a forum for Wiccans and Pagans to meet others of "like mind" and to come together and worship in a safe environment. Our hope has been to construct a sense of "community" in which we can all share with and learn from one another. Membership is open to all Wiccans, Pagans, and those with a serious interest in learning more about our religion. If you are under 18 years of age you may join with written parental consent. We reserve the right to refuse or terminate membership of anyone who we feel may be harmful to our organization or to the Wiccan/Pagan Community. Learn more at our website: <http://www.cwpn.org>.

**The CWPN is celebrating the turning of the wheel, Mabon (the Fall Equinox). Celebrate with us at the edge where earth, air, fire and water meet !!!**

Date: Saturday, September 21st - Ritual at 2pm

Time: 12pm to 5pm

Where: Sherwood Island State Park, Westport, CT (exit 18 off 95)

Cost: FREE - donations accepted

To bring: Seasonal Potluck Dishes and Non-alcoholic drinks

Activities:

Ritual at 2pm

VENDORS

Potluck BBQ

Drumming and Dancing

Please, no alcohol or pets allowed

We will be at the pavilion. Follow the signs. - We would love to see you!!! A BIG "Thank You" to Kim Hallas of Mystical Parlors for volunteering to host the event with help from the CWPN board members! YAY!

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**Hunter Healing Hands:** Located in Black Rock, Jessica and Jim's September events include a Reiki Share (9/11); monthly drum circle (9/13); Crystal Grids workshop (9/14); Harvest Full Moon/Autumn Equinox drum circle (9/19); Crystal Healing/drum circle workshop (9/25). For details, cost, etc. please see: [http://web.mail.comcast.net/service/home/~/?auth=co&loc=en\\_US&id=807361&part=2](http://web.mail.comcast.net/service/home/~/?auth=co&loc=en_US&id=807361&part=2)

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## **Astrology Corner**

**By Alethea Hunt, Astrologer**

Much like the weather, September's astrology starts to cool a bit now that Mars, Jupiter, & Venus have moved out of contact with the mover-shaker duo of Pluto & Uranus. We start the month with a crisp New Moon in Virgo on the 5th and this lunation catches some lovely support from Jupiter in Cancer, signifying this as good time to literally put your house in order! With an opposition to Chiron in Pisces, this is an especially good time for anyone who might be chronically disorganized to consider taking baby steps towards a cleaner, more organized home. If this is something that resonates with you, you might think about checking out [The FlyLady](#) for help on how to get started. In other Virgo-related areas, if you're dealing with a health issue that's chronic (even something you've blown off as "minor"), this is a perfect time to address it. For those who have been unable to get a diagnosis on something nagging or who have been unable to get relief through conventional means, it might be time to utilize the inconjunct this Moon makes to Uranus in Aries and step out of the comfort zone of "normalcy" and "routine" by trying something new & different. You might think of more holistic modalities of treatment with the opposition between the Moon & healing asteroid Chiron in play, so even if it seems "out there" you may find yourself pushed in this direction if all else is failing you. A trine between Jupiter in Cancer and Chiron is a good indicator that if you do go this route, you'll feel better. Also, should you need to start a healthy habit of any kind, this lunation presents ideal timing. Set your intentions for this New Moon accordingly!

Mercury and Venus both transition into new signs around the 10th – partnerships seem to be on the mind with Mercury moving into Libra and many will be looking to take their relationships deeper with Venus submerging into Scorpio's waters. This is not a bad time to cement your love for someone if you're getting married, and for those tying the knot or getting engaged the middle of the month has a real "through-thick-and-thin" vibe to it that will help during periods of adversity. For troubled relationships, Mercury's entrance into a T-square with Uranus & Pluto is a time to weigh your options carefully and to make sure you're not binding yourself to someone who is weighing you down. Especially do not tie yourself to someone with an addiction issue with Neptune waving enticingly from his opium den over to Venus and Saturn because it would be very easy to do now and quite hard to un-do! Venus in concert with Saturn in Scorpio emphasizes boundaries and limits with loved ones for survival because there's a lot at stake, and it is possible to have compassion for someone you love without getting dragged down into their undertow through just saying "no". Sometimes, it's just not worth the risk and this could well turn out to be a dangerous game of Russian Roulette – don't follow a siren song into a murky quagmire!

The Full Moon in Pisces on the 19th is "in the zone" with no hard contacts to any of the other planets. This is a lovely time to carve out a minute or two from your routine for an inward retreat – perhaps some meditation, a long relaxing bath, or some yoga can help you unwind and get you into *your* "zone". The Pisces Moon is also highly intuitive and magical, and if you need to consult an oracle for some practical advice this is certainly a beneficial time for divination. One word of caution to those with placements in the late degrees (22-29) of the signs Pisces, Gemini, Virgo, or Sagittarius – you may have your rational mind and intuitive feelings playing tug-of-war on an issue now. For Gemini & Sadge, try to find a middle-of-the-road compromise between these two. For Virgo & Pisces, someone else is likely to provide counterbalance to whichever side you're erring on, which can muddle things. Take it under advisement, but don't discount your own critical thought process or gut impressions entirely.

Pluto lurches onerously into forward movement late in September, once again approaching its by-now old adversary, Uranus. Although they are still a little ways away from their next exact collision date in November, expect the dust to start kicking up from this point out. Mars and Venus also snarl at each other in late September and although this is great for a sexy romp, the drama factor will be high between the two sexes. Mars in Leo views sex as a game or as a means for ego-gratification, while Venus in Scorpio demands that relationships go deeper and pose the risk of *-real-* intimacy. Venus certainly takes pleasure in sex when found in this sign, so don't get me wrong, but she's not down with being seen as a strumpet or notch on someone's belt as it would be an assault on her pride. The bottom line is you're going to have to show this gal more than your machismo if you want to keep this kitty from sharpening her claws on you, so don't half-ass it by being all flash and no substance. And most certainly DO NOT be manipulative in order to get what you want as it's certain to backfire badly under this astrological setup! On the other side of the coin, Venus in Scorpio should also take a lover at face value and not read into things too deeply – don't think you'll seduce lover boy into wanting more than a fun roll in the hay when he shows you plain and simple he's only looking for a good time. It's not like you tripped, fell, and landed in his bed, so if you do wind up an entertaining conquest when he was up front with you about it, don't cast your shadow on him because he certainly wasn't leading you on. If you can keep all this in mind, though, this is a smolderingly sexy combination that can lend itself to real fireworks – the men are hot and ultra-masculine and the women mysterious and magnetic. Check out parties and/or dance clubs when the lights go down and see who you find lurking in the shadows...if you dare. ;-)

**\*\* A note to readers: If you would like to receive my FREE monthly newsletter via**

email which is packed full of information and astrological insights, simply click [HERE](#) or send an email to [AHunt617@aol.com](mailto:AHunt617@aol.com) and I'll be happy to add your name to my list of recipients!

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**Namaste, my friends -  
"The Divinity within me perceives and adores  
the Divinity within you"**

**Laura Lenhard**