

Talisman

Talisman ...

A Unique New-Age Shop

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May 1, 2013

Merry Beltane - Happy May Day !!!

Merry Greetings!

This past month I have had so many people coming into shop, talking about their crazy dreams and pounding headaches often accompanied by a sense of foreboding or in some cases visions/dreams. Many ask the question, "Why does this happen to me and how do I work with this incoming energy or insight?" This insight is called your "Sixth Sense" and it is a protective mechanism we ALL have in varying degrees. The more we listen or pay attention, the stronger it gets. It is that little voice (nudge, eartone, poke) which says "BE ALERT - PAY ATTENTION"! Free Will indicates we still get to make a choice ... to go ahead, get on that plane or go on that blind date or what have you, even though your gut is screaming NO !!! After the 9/11 Attack, people did step forward later to say they had a "gut feeling" and called out sick, or turned around and didn't go into work that day. And I'll bet if we could talk to those who died, many would say they woke up with a bad feeling ... but shrugged it off and went anyway. We've all done that; it usually doesn't work out very well does it?

But there is something more – and that is Divine Will, which does in fact trump Free Will. We can read stories about this in the bible – Jonah, who defied God and said he would NOT go to another land when requested ... so was swallowed by a whale and spit up on the shore of where he had been "asked" to go. We see this theme repeated in the story of Saul, who was persecuting Christians and was asked by an angel to stop – replied in the negative – and so was struck blind and THEN asked "Okay NOW will you stop?" He agreed, so much so that he changed his name to Paul and became a Christian himself! Well, an angry angel will have that effect, I suppose!

I've been dealing with this most of my life. The voices were kinder and sweeter when I was younger, nowadays they are more, um, insistent shall we say? I've had many other unsettling experiences such as flipping through a newspaper, noticing an obituary of someone I've known and thought "Oh no! Had no idea that person was sick!" and begun reading ... only to have the obit fade away in front of my face. Followed by a call a few days later, telling me of that death I had already "seen" and read about. So you can ask a most logical question: "Why? What was the purpose of THAT ... didn't save that person, didn't make a difference – so, WHY?" and the best answer I have is that there may come a time when that voice or image or dream occurs – and it won't be someone distant, it may be a child or something far more urgent – and you won't put it down to coincidence, you will act on it and save someone's life (possibly your own) because you will have learned through experience that your Sixth Sense tends to be correct. Not my place to say, I only know there are no accidents – everything that happens, happens for a reason. Only lately, these feelings/phenomena are happening with more regularity and intensity. Well – buckle up ... we are in for a rough ride, folks. This trip isn't for the faint hearted, which is why we are seeing so many choosing instead to say "See ya on the other side!" and depart this earthly plane of existence. I am not trying to be flip – we who are left behind feel so much pain and mourning here on THIS side of the pearly gates, to be sure – but again, it's that Free Will thing.

Not to change the subject so abruptly, but last month we talked about candles and I had said that this month we would discuss oils. We carry three different types of oils at Talisman - anointing/ritual oils, essential oils, and fragrance oils. Ritual oils are used to anoint candles, ritual tools, items as well as ones' self. Essential Oils are volatile, concentrated oils extracted directly from a plant by either pressing or steaming - most of these can cause severe irritation if applied to the skin undiluted. Essentials are primarily used in aromatherapy or blended with a carrier oil to make perfumes or to accentuate ritual oil blends. Synthetic fragrance oils are compounds created in a laboratory which hopefully smell like the natural flowers or herbs after which they have been named. Synthetics are an affordable replacement for expensive oils like rose of attar, lotus, violet, etc.

Talisman's handcrafted oils (listed below) are made up for specific ritual or magickal purposes. We blend each oil with herbs, essential oils, and other items then charge to address a specific need. These oils can be used to anoint candles, stones, ritual items, charge a room (leave the jar open, place a few drops in a small dish, or place on clear quartz crystals), added to bath water, worn on the body or a cotton ball

placed in the bodice. Candles, crystals, amulets, talismans and other charms may be anointed ("dressed") with Spiritual Oils and this is really a great way to turn simple mundane items into items of magickal power and energy as well as charge already magickally empowered ritual tools. Ritual oils may (depending on the ingredients) also be used to anoint the body to bring the wearer the energies of the oil, so a Power Oil like High John will give you a boost up, a Courage Oil such as Maximon will give you strength and bravery in the face of your fears and adversaries, and a Blessing Oil will convey the grace of the Divine, etc.

Abra Melin - Used in ritual magick to conjure and pacify spirits.

Black Cat - Spell breaking, protection

Blessing Oil - Consecration

Confusion - A favorite for legal/courtcase workings.

Fiery Wall of Protection - Aggressive Protection, not to be worn directly on skin.

High John the Conqueror - Provides luck & success in all aspects of life.

Maximon - Protection to children & against the evil eye; road opener; vanquishing bad habits

Protection - A good all-around choice, skin-safe.

Queen of Sheba - When you wish to seduce ... or be seduced!

San Cipriano - Promotes psychic power; aids in legal matters and banishing/theft/vengeance.

St. Martha the Dominator - Used by women for a happy home, domination and protection.

There are three ways to anoint or "dress" a candle. One way is to mentally divide the candle in two parts - from the center up to the wick and the center to its base - and starting in the middle rub oil on the candle upward first; then from the middle down. Another is to hold the candle with the wick pointing toward you to attract situations into your life - or reverse, with the wick away from you to send away or banish (negative people, weight if you are dieting, etc). Rub oil onto your palms, then onto the candle in the appropriate direction - NEVER rub back and forth! For jar candles you work with the surface of the candle. Use a nail to make holes in the wax between the glass sides (I usually make seven) and dribble a little oil onto the surface letting it sink into the holes. Not too much oil or the candle won't burn! Then, dip your finger in the oil and rub the top of the jar clockwise three times around to draw energy in - counter clockwise to send it away. I like to add some glitter, maybe a pinch of herbs or personal items, tie a charm around the jar or burn with an intention paper underneath. To do this, write your intentions on parchment or brown

paper with pencil and set it under the candle as it's burning. Anoint the four corners of that paper with dots of oil as well. For more on candle magick, see last month's newsletter archived on Talisman's website under the "News" headbar.

Lastly, I will be interviewed by Barbara Delong on her radio show "Night Light" Wednesday May 15th from 8-10pm. If you would like to listen in, here is the link to the show: <http://www.blogtalkradio.com/night-light/2013/05/16/night-light-matrix-with-special-guest-laura-lenhard>

NEW-AGE FAIRES HELD EVERY SATURDAY

12:00pm-6:00pm - (203) 261-0047 for appointments

Readers (\$30/30 minutes - please, cash only)

May 4

Andrew Neblett, Tarot & Runes

Pina, Oracle/Angel Reader (Mediumship)

Todd Pritz, Tarot

Tammie - Massage, \$1/minute (5 minute min.)

May 11

Barbara, Cosmic Deck of Initiation (Mediumship/Past Life Recall)

Gwen Lord, Tarot (past life recall)

Holly - Henna Artist (\$25/15 minutes) *

Mark Hoyt, Tarot (Mediumship)

Rachel, Pet Psychic & Tarot (Mediumship)

May 18

Gwen Lord, Tarot (Past Life Recall)

Mark Hoyt, Tarot (Mediumship)

Patty, Crystal Ball (Mediumship)

Todd Pritz, Tarot

Tammie - Massage, \$1/minute (5 minute min)

May 25

Gwen Lord, Tarot (Past Life Recall)

Holly - Henna Artist (\$25/15 minutes) *

Mark Hoyt, Tarot (Mediumship)

Patty, Crystal Ball (Mediumship)

Todd Pritz, Tarot

Please note that the designation of "mediumship" is NOT a guarantee that your loved one(s) will present themselves in the reading - it means the channel is open and a particular reader is skilled at recognizing and then relaying information when it comes through.

* Holly Osuch has been a henna artist for the past 6 years doing simple designs at festivals and fairs to private appointments for more elaborate functions of tattoo trial ideas. The ink she uses is a brown henna which is far less reactive to the skin the black henna and much safer with a far less chance of reaction to the skin. Her designs are free hand and last 1 1/2-2 1/2 weeks depending on the location on the body.

Talisman's Regularly-Scheduled Readers

(203) 261-0047 for appointments - Cash payment requested

Mark Hoyt: Spirit Guided Tarot - Fridays 2-8pm. \$30/30 minutes. Foot Reflexology treatments EVERY FRIDAY \$1/minute.

Nicole, Journeyboard and Cards - Sundays 12-4 \$30/30 minutes

Naima Provo, Intuitive readings, Spiritual Counseling, Reiki, and massage Therapy \$120/hr, \$230/2 hrs (saving \$10), \$340/3 hrs (saving \$20). Buy a package of 5 sessions and get one free saving \$120. Appointments Sunday, Monday & Tuesday.

We do things a bit differently at Talisman. You pay our readers AFTER the reading is finished, and if you are not happy you don't pay. NO READER can read EVERYONE successfully and everyone who works at Talisman is aware of this fact. Know that it is acceptable after the first 5 minutes of a reading to say something like, "I'm sorry, what you are saying just isn't resonating with me. I would like to stop the reading now, but thank you for your time". If you do not hear something amazing in the first five minutes, or if it just isn't right ... don't expect a reading to get better as it goes on. Readings go off track for a number of reasons - but the point is, you shouldn't pay if you are not happy. Please, just be courteous and respectful. Complaints are rare because every reader has had to pass the "ultimate interview" ... they must sit and read ME (and I've been reading over 25 years myself) and tell me something about my past/personal life, my children, home, or business that they could not possibly have heard or learned someplace else. But every reader has their unique gift and their own style, it is NOT one size fits all. Personally, I don't think anyone should get a reading more than once every 6-8 weeks and prefer you allow at least 3 months between readings ... you don't want to become a psychoholic, right? I WILL discourage you from this behavior! My goal is to see people leave an "intuitive

counseling session" (because that is really what we do) feeling validated, uplifted and hopeful regardless of the situation or challenges they may be facing. That is the true measure of a "good" reading!

Available by Appointment:

Talisman's readers are available for parties and events. You can pay by the hour or allow us to set up and have your guests/attendees pay individually. We do our best to be flexible and fairly priced. Our party rates are \$60 an hour, plus gas/mileage OR guests can pay if they choose to get readings at \$1/minute. Please make all scheduling arrangements through Laura at (203) 261-0047.

Reflexology Fridays with Mark: This ancient healing art uses hand/thumb pressure corresponding to the body systems. The practice stimulates/relaxes stress signals resulting in relaxation (who DOESN'T love having their feet rubbed?), pain reduction, and rejuvenation of tired feet -- helping you stand tall in the world! Come in after a hard week of work and treat yourself in Mark's chair (\$1 minute).

Laura: I do special, in-depth readings by appointment. My 45+ minute private sessions include a chakra check up, a print out and review of your astrological natal chart, tarot and palm reading, and more! (\$45). Call the shop for an appointment, as I schedule these when the shop is closed or after-hours. Yes, I still do \$5 readings on Wednesday & Thursday but these are done in-between phone calls and waiting on patrons - you can't make an appointment, and I do get interrupted. As long as there are no other scheduled readers in the shop (they drive in from a distance and it's not fair to them) I am always happy to peek at someone's palm or throw a few cards, so don't hesitate to ask!

Classes & Workshops at Talisman

RSVP at (203) 261-0047 or email lenhard@comcast.net

Naima Provo presents Chakra Bellydance EVERY Monday from 6:30-8pm. \$20/class, \$70/4 classes (saving \$10), \$135/8 classes (saving \$25). Bellydance Buddy Card allows you to bring a friend for free once. Everyone in attendance on May 6th gets one to bring a friend another time. Each time you buy a package of 8 classes you get a Bellydance Buddy Card. Wear dance shoes, sneakers, Qi Gong shoes, etc. bring a yoga mat or something to lay on. Hip scarf or any material to tie around your waist is optional.

Friday, May 17: Crystalline Consciousness Work - Facilitated by Betty Sambula and Ronyah Ra. 6:30-8:30pm. \$25. **NOTE: In June and every month thereafter, this workshop will be offered the second and third Friday of each month.** This workshop is a dynamic energetic work that is an ordering, upgrading, restructuring and activation of our multidimensional DNA resulting in a transformed consciousness and highly beneficial changes in the mind, body and spirit. It is the state of the new paradigm where only love vibrates. At this time we are in an accelerated phase of growth on the planet Earth. Mother Earth is being bombarded by an unparalleled influx of Light. Humanity has an extraordinary opportunity to utilize these higher crystalline frequencies to transform our 3rd dimensional carbon-based bodies to 5th or higher dimensional crystalline light bodies. The CCW assists us in the Divine Alchemy of transformation by raising the frequency of our cellular structure and DNA to take advantage of the 5th dimensional crystalline solar light frequencies that are now flowing into the planet. These new energies assist in restructuring our dormant DNA strands that contain the blueprints/imprints of ourselves as divine and fully conscious beings.

We consciously use grids of crystal skulls in our work, which are carved from sacred stones and crystals from Mother Earth. The skull carving allows for conscious energetic beings to connect and consciously direct crystalline frequencies throughout space and time. These beings working through crystal skulls assist us in countless ways: they help us to merge with our Divine higher selves/higher aspects, give us energetic support when we offer service to Mother Earth, they gift us with crystalline healing allowing us to become crystal clear in our own healing, they help us to open to our multi-dimensional aspects and benevolent connections/star families, and much more. By allowing the sound/energetic/subtle frequencies of the crystalline in all of its manifestations to flow through our bodies and all parts of us we help our bodies to retain more light and to also become more elastic/flexible with these ever changing times that we live in currently.

Crystalline Consciousness Benefits:

- Clearing of energy field
- Clearing of chakras and energy centers
 - Grounding
 - DNA upgrades
- Strengthening of Crystalline Light Body
- Rising of our consciousness to higher levels

- Reawakening to our Soul's purpose

What to Bring:

- Water is a must with this work as it helps in the crystallization process!
- A blanket, as this work has been known to lower the temperature (after all it is crystalline).

Bio: Betty Sambula received her training as a Crystalline Consciousness Facilitator at the *Crystalline DNA Dynamics Light School* in Saratoga, CA under the tutelage of Aravel Garduno, founder of the Crystalline Consciousness Work and Crystalline DNA Dynamics Light School (<http://crystallineconsciousnesswork.com/>). She also received training as an energy healer under the guidance and instruction of Jacqueline Kos. Ronyah Ray, co-facilitator, was also trained as a CCW Facilitator at the Crystalline DNA Light School under the tutelage of Aravel Garduno in Saratoga, CA. For more information on this fascinating healing with with the Crystal Skulls, contact Betty at bettythedrummer@aol.com.

Saturday, May 18: Group Event - Channeled Messages from the Other Side: An evening with Naima Provo, 7:00pm-9:00pm (\$30). Naima was first at Talisman in early October of 2012. The first time Naima came to the shop (directed by her own guides) we had an instant connection. Before her first group event at the shop, she shared her notebook with me - carefully filled with names and images shown to her in the days leading up to the Talisman event – spirits who had been visiting her at home and at work, in anticipation of connecting with their own! Naima's been communicating with Spirit with great clarity since childhood. She has always known it was her life's purpose to deliver healing messages from loved ones who are beyond reach using our conventional ways of communication. Experience Naima's connection to the Divine and receive messages from people and pets that have passed over to the other side. This event is held downstairs at the shop, with lots of laughter (and some tears) being part of the process ...

Saturday, May 25: Workshop - Interacting with Spirit, presented by Naima Provo, 7:00pm-9:00pm (\$30). This workshop assumes you are already seeing/hearing/sensing spirit and want some direction. You will learn:

- * The difference between a ghost and a spirit
- * How to protect yourself
- * Helping your children who are "seeing"

- * How to process the interaction
- * Stamping boundaries
- * Communicating - what do they want? Are they for your highest good?
- * Journaling, Crystals, Meditation and so much more!

THE CIRCLE OF THE SACRED WELL PRESENTS

Wiccan/Pagan Study Group

Topic: Intro to the Healing Arts

Date: May 21st ~ Time: 7:30 p.m.

Location: The Undercroft at Talisman

Join us for this monthly Study Group, which is held on the third Tuesday of each month. This month, we have a special guest speaker, Daniel. Daniel will be facilitating a workshop that provides information on a wide variety of healing arts, including, holistic medicine, herbal remedies, reiki, etc. Daniel's workshops are always well-received. Join us to learn more about various healing modalities and how they can help people live healthier lives.

Community Events

The Connecticut Wiccan Pagan Network (CWPN) Inc. is a 501(c)(3) not-for-profit educational and networking organization dedicated to meeting the needs of the greater Wiccan and Pagan community in Connecticut and surrounding areas. The goal is to help provide a forum for Wiccans and Pagans to meet others of "like mind" and to come together and worship in a safe environment. Our hope has been to construct a sense of "community" in which we can all share with and learn from one another. Membership is open to all Wiccans, Pagans, and those with a serious interest in learning more about our religion. If you are under 18 years of age you may join with written parental consent. We reserve the right to refuse or terminate membership of anyone who we feel may be harmful to our organization or to the Wiccan/Pagan Community. Learn more at our website: <http://www.cwpn.org>.

The CWPN hosts monthly networking meetings throughout the state, open Sabbat circles, coven and study group referral service, classes/work-shops, various social events and lectures with well-known members of the Pagan community. Some of our past guests have been: Janet and Stewart Farrar, Gavin Bone, Margot Adler, Ted Andrews, Dr. Leo Louis Martello, Tzipora Klein, Laurie Cabot, Raven Grimassi, Donald Michael Kraig, Phyllis Curott, Lori Bruno, Jane Sibley and Ellen Evert Hopman.

Jessica & Jim Hunter of Hunter Healing Hands present: May 2013 Events -
Contact Jessica at hunterhealinghands@hotmail.com to RSVP your space for a
Class, Workshop, or Drum Circle! For Class, Workshop, & Drum Circle details, visit
www.hunterhealinghands.com. 215 Harbor Avenue, Bridgeport, CT 06605.

Angelspeake - Explore Angelic Messages. Robin Tesei - Certified Angelspeake
Facilitator. Wednesday, May 1 - 7:30 p.m. - 9:30 p.m. Investment: \$40.00. Based on
Trudy Griswold's bestselling book, "*Angelspeake: How to Talk with Your Angels*"
Come to this amazing workshop and learn how easy and helpful it is to meet your
angels and how to receive messages from them in writing. This class will teach you
how to access your angels to solve problems and to supply love, support, healing,
and inspiration in guiding you every day. This workshop is identical to the workshop
featured on *Good Morning America*, *The Leeza Show*, and *Good Day New York*.

Reiki Share - Thursday, May 30 - 7:00 - 9:30 p.m. A Reiki Share is an event where a
group of trained Reiki Practitioners gather together to administer and share Reiki
with each other. Each person takes a turn receiving a Reiki session from all of the
participating Practitioners. The Reiki Shares have a basic foundation in place, but
are open so that practitioners of any and all background and training may explore
and practice. Shares are also open to individuals who have not experienced Reiki
and are interested in learning about or receiving Reiki. All Reiki Levels and Lineages
welcome.

Regular Monthly Drum Circle - Friday, May 10 - 7:30 - 10:30 p.m. Investment:
\$10.00 donation or bring a snack or plate of food for the group. Come explore an
evening of drumming and exploring the ancient ways! No experience necessary, all
levels welcome!

Reiki Level II Class - All Reiki Levels & Classes are outlined and instructed under
the guidelines of the *International Center for Reiki Training*. *Class fee includes an
ICRT Reiki Manual and a Certificate upon completion of each course.* Investment:
\$200.00 Prerequisite: Reiki I. May 14th & 15th 6:00 p.m. - 9:30 p.m.

Intro to Shamanism, Jessica Hunter. Thursday, May 16 - 7:30 - 9:30 p.m.
Investment: \$35.00. Come explore an evening of rattling, drumming, and exploring
the ancient ways and traditions!

Crystal Healing & Drum Circle Workshop. Tuesday, May 2 - 7:30 - 9:30 p.m.

Investment: \$35. Limited to 4 reservations. This month's crystal healing drum will incorporate crystal techniques.

Angel Number Messages. Robin Tesei - Certified Angelspeake Facilitator.

Thursday, May 23 - 7:30 - 9:30 p.m. Investment: \$40.00. This workshop will discuss ways that Angels communicate with us through numbers in your daily life through very ordinary means that you may not even have noticed, and how to recognize them!

The American Society of Dowsters presents the 53rd National Convention of Dowisting & Metaphysics. June 5-10 at Lyndon State College, Lyndonville, VT. Over 70 speakers, vendors, exhibits, wellness spa – for more information call (802) 684-3417 or www.dowsters.org

Astrology Corner

By Alethea Hunt, Talisman's Resident Astrologer

A collection of planets in Taurus at the outset of May makes this a good time to get out in the garden or yard and work the earth. Tilling and preparing your beds is especially favorable early in the month with Saturn sitting opposite many these planets, so if you want lovely flowers or a good harvest of veggies this summer now would be a good time to get everything ready for planting! Taurus is also a financial sign, and with Venus in her own sign you may be desirous of a luxury purchase this month even if the money's not exactly flowing in or you're near the upper end of your credit line. Trouble is with Saturn in Taurus's opposite sign, Scorpio, you'll need to realistically appraise your financial condition before whipping out the old plastic or engaging in any purchase that requires a payment plan! If the money is flowing in, vaya con dios (go with God), but it's also prudent to think about socking some cash into savings, an emergency fund, investment, or retirement if these bases aren't covered.

I also don't want people to be afraid – fear of debt should not stop you **if this is a well-considered expenditure**, but it should give you pause and have you asking “Do I really NEEDED this, or do I just WANT it?” With Mars in acquisitive Taurus as well and sitting near the Moon's South Node, there's an “instant gratification” factor involved that could cause you to rue an unwise purchase later, so maybe cool your heels and count to ten before charging that Louis Vuitton handbag on the old AmEx, eh? I do, however, love this astrological pairing for finding bargain secondhand goods and things on consignment, so if you're craving a (smarter) splurge and the

wallet allows, maybe consider this route as an alternative. Also check auction sites like Ebay, but enter the bidding process knowing firmly where your “top-end” is going to be and stop at that point – don’t get swept up by your desire and wind up overspending!

On the 9th, Venus transitions into Gemini just as we hit a New Moon Solar Eclipse in Taurus. Money is on the mind in a big way around this date and it seems to be a good time to focus on padding the wallet. In addition to looking at new or multiple ways to earn revenue, think also about things like refinancing or other ways to lower your bills with a nod to the Moon’s North Node in Scorpio. Taurus is also the sign of values and self-worth, and it’s very important these come from deep within now and aren’t determinate upon someone else’s esteem of you or of what you like.

After this, things start to get dicey with Venus then Mercury each squaring Neptune during the week of the 13th – beware of glib, slick talkers and things that sound too good to be true lest you be led “up the garden path”. Simple misunderstandings are also possible, and relations with siblings, kin, & neighbors are particularly affected by this. We also have the next exact hit of the Pluto-Uranus square as the Sun enters Gemini on the 20th. This shakes up the status quo and the potential exists to get some shocking news that may change the playing field, particularly for those with planets around 11 degrees. The final item on this docket is the Full Moon Lunar Eclipse in Sagittarius on the 25th. Your senses may be playing tricks on you around this date with this eclipse squaring Neptune, so believe none of what you perceive and only half of what you hear. This is not the best time for clarity of thought and for making the best choice from the information at hand – facts may be missing, incomplete, or you may simply lack perspective/awareness of other key info. Confusion and/or being of a split mind is likely, and as is always the case with Neptune involved it goes without saying that substances should be avoided. You want clarity? Grab a meditation pillow and “tune in” instead of “tuning out”.

We do get a nice “kiss” at the end of the month, though! Venus approaches Jupiter during the long Memorial Day Weekend and this is great for socializing and pigging out – just don’t overdo this and talk with food hanging out of your (big, loud) mouth. These two planets are hanging out in breezy Gemini and a big neighborhood BBQ sounds like a good idea. Love opportunities may also be in the air for those with planets near 23 degrees of the Air (Aquarius, Gemini, Libra) or Fire (Aries, Leo, Sagittarius) so work those mad conversational skillz and don’t be afraid to laugh or tell a few jokes as it may get you an admirer or two! If things got wonky the other

week with a sibling or neighbor, now would also be a good time to talk and patch the relationship up due this Venus/Jupiter influence.

** A note to readers: If you would like to receive my FREE monthly newsletter via email which is packed full of information and astrological insights, simply click [HERE](#) or send an email to AHunt617@aol.com and I'll be happy to add your name to my list of recipients!

Many of you have gotten to know my eldest son Derek (19) as he has worked at Talisman over this past year. As this newsletter is being written, he is en route by bus to Northern California (and now redirected due to a snowstorm in Colorado!) to live and work at Silver Springs Mountain Retreat in Hayfork, CA through November. This is an incredibly exciting opportunity, as he will learn apprentice carpentry, forest fire prevention and other caretaking responsibilities in a beautiful, soul-nurturing spiritual center set in Trinity National Forest. Please feel free to "like" them on Facebook at <https://www.facebook.com/#!/pages/Silver-Springs-Mountain-Retreat/194832517210470?fref=ts> and, of course, Derek Dufour on Facebook as well. I doubt I need to tell any of you what an amazing experience it has been as a mother, to get to know my son as an adult while we worked side by side - a rare thing, indeed. I already miss him terribly, but I am so very proud of the young man he has grown into.

"You are always in my thoughts. When you were little, I knew your whereabouts at any given moment. Now that you are off on your own, I still always know where you are ... because I keep you in my heart." - Elizabeth Berg

**Namaste, my friends -
"The Divinity within me perceives and adores
the Divinity within you"**

Laura Lenhard