

Talisman

Talisman ...

A Unique New-Age Shop

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April 1, 2013

Talisman celebrates our SIX Year Anniversary on April 15th!

Merry Greetings!

Let me start off this newsletter with a heartfelt "THANK YOU" for the outpouring of support and friendship you have all provided during the past six years. Moving forward, I am looking forward to continued growth - offering new products and building upon our "family" of crafters, intuitives, healers and patrons as we create an ever-growing community at Talisman. You are the BEST!

It hasn't escaped my notice that we sell an inordinate number of candles at Talisman ... in fact, I often leave a stocked shop on Saturday, only to come back on Wednesday to find our supply nearly depleted (come to think of it - what the heck are you people doing on Sundays when I'm not around, hmm?). So while there are entire books written on the topic of candle magick, I thought I'd provide a brief overview below.

A candle is unique in that, alone, it represents all four elements (flame = fire; wax = earth; liquid wax = water and air which feeds the flame). The moment you light a candle, it signals the heavens that something significant has begun here below. The fact is, candle magick resonates for many of us. Having been raised Catholic, one of my earliest memories is standing in front of rows and rows of neatly arranged jar candles at the front of the church while my grandmother lit a slender

stick (after putting money in the wooden box nearby) then instructing me to use the flaming stick to light a candle of my own – and say a prayer for our family. So it seems natural that we would sell a lot of jar candles at Talisman. White is the most popular color, and while some people prefer to bless their own others will ask that we oil and bless their candles instead. This process is called “dressing” a candle. While jar candles are safe and easy, there are many other shapes and sizes to work with. The choice of color, however, is usually the first thing to consider. Listed below is a basic color chart:

Green: Abundance, money, physical healing, health, good luck.

Yellow: Action, inspiration and creativity, persuasion, confidence, road opening.

Red: Passion, sex/physical love, fire, strength, courage.

Pink: Romance, affection, friendship, Universal love (pure love).

Gold: Enlightenment, success, wealth, money, masculinity, luck. The God.

Blue: Communication, healing, harmony, inspiration.

Orange: Legal and business deals, success, career, goals, ambition.

Brown: Animal magick, earth magick, concentration/study, home.

Purple: Divination, psychic abilities, power, contact with spirit world.

Silver: Meditation, victory, feminine energy. Repel destruction. The Goddess.

Grey: Substitutes for silver.

Violet: Idealism, ambition, independence, revelation of Divine Will.

Ivory: Neutrality, balance and harmlessness.

Black: Protection, reversing, banishing, binding, and repelling.

White: Cleansing, purification, protection, spirituality, use to bring peace.

White can be a substitute for all candle colors; suitable for any ritual.

Many people are afraid to leave a candle burning unattended, which is why chime candles are so popular (they burn for about 30 minutes – a good time for accompanying ritual work, if you want to time the ritual's end with the candle burning out). Household candles burn for about 3 hours, are easy to carve and can stand in for poppets. I like working with votives - carved, oiled and rolled in herbs or resin then burned with parchment underneath that describes intent and outcome. No special reason, the size and shape just appeal to me personally. Please note

that if burning candles (or fire in general) makes you nervous then candle magick may not be right for you. There are plenty of other ways to manifest and move energy ... using cords, bottle spells, mojo bags, and lucid dreaming to name just a few. In fact, we will be offering a variety of spell bottle pendants in a month or so – crafted by a witch in West Virginia, each is unique, delicate and lovely to wear. So please don't work with anything you are not comfortable with!

Figure candles are meant to enhance intent through imagery. In addition to human figures (male/female) you can use candles in the shape of cats, devils, witches, dollar signs, sex organs (aka "pinis" and "Vageena" candles, as my Santero calls them!) , hearts, skulls, knob candles, cherubs, crosses, pyramids, snakes ...the list goes on and on. Skulls really freak people out – but you'd use a skull candle to "get inside someone's head" so a green skull candle might be used to inspire your boss to give you a promotion or a raise – or a red skull to inspire passionate thoughts.

You carve a candle by using a sharp instrument (pin, awl, rose thorn) to inscribe dates, names, emblems, dollar amounts etc. into the sides of the candle – all of which add to intent. To dress a candle means to rub it with oil; and same as with carving it's very important to focus on your intention while you do so. You can also press a tiny crystal into the base or center of the candle; sprinkle it with glitter, and/or surround the candle with herbs or stones to lend energy to your work.

The timing of your work is important – we banish on the waning moon (the time three days after the full moon until the new moon) and manifest on the waxing moon (the time three days after the new moon until the full moon). So – if you were starting a diet you might begin on the waning moon to banish the excess weight; and I'd use a figure candle and draw arrows or a bulls-eye on the parts of the body I needed to focus on or reshape. Looking for a new job? You'd use an orange candle dressed with drawing oil while the moon was waxing, I'd place my resume under the burning candle after dotting drawing oil on all four of its corners.

Lastly, we have incorporated a variety of candles and all the

tools/oils/information needed into a few good spell kits under the “Talisman’s Own” product line. In a couple of weeks or so, I will be sending out an email detailing our entire product line - mainly for the benefit of those who live too far from Talisman and have asked about online purchases. Know that I am always willing to mail out products – so don’t hesitate to call. And again, thank you for the opportunity to be of service.

Many times a day I realize how much my own life is built on the labors of my fellowmen, and how earnestly I must exert myself in order to give in return as much as I have received – Albert Einstein.

NEW-AGE FAIRES HELD EVERY SATURDAY

**12:00pm-6:00pm - (203) 261-0047 for appointments
Readers (\$30/30 minutes - please, cash only)**

April 6

Andrew Neblett, Tarot
Barbara, Cosmic Deck of Initiation (Mediumship/Past Life Recall)
Gwen Lord, Tarot (Past Life Recall)
Pina, Oracle/Angel Reader (Mediumship)
Rachel, Pet Psychic & Tarot (Mediumship)
Yvonne, Tarot (se habla Espanol)
Tammie - Massage, \$1/minute (5 minute min.)

April 13

Gwen Lord, Tarot (past life recall)
Mark Hoyt, Tarot (Mediumship)
Patty, Crystal Ball (Mediumship)
Todd Pritz, Tarot
Yvonne, Tarot (se habla Espanol)

April 20

Barbara, Cosmic Deck of Initiation (Mediumship/Past Life Recall)
Gwen Lord, Tarot (Past Life Recall)
Nicole, Journeyboard & Cards
Rachel, Pet Psychic & Tarot (Mediumship)

Yvonne, Tarot (se habla Espanol)
Tammie - Massage, \$1/minute (5 minute min)

April 27

Barbara, Cosmic Deck of Initiation (Mediumship/Past Life Recall)

Gwen Lord, Tarot (Past Life Recall)

Mark Hoyt, Tarot (Mediumship)

Todd Pritz, Tarot

Yvonne, Tarot (se habla Espanol)

Please note that the designation of "mediumship" is NOT a guarantee that your loved one(s) will present themselves in the reading - it means the channel is open and a particular reader is skilled at recognizing and then relaying information when it comes through.

Talisman's Regularly-Scheduled Readers

(203) 261-0047 for appointments - Cash payment requested

Mark Hoyt: Spirit Guided Tarot - Fridays 2-8pm. \$30/30 minutes. Foot Reflexology treatments EVERY FRIDAY \$1/minute.

Lina: Sunday/weekday mornings - Intuitive Counseling by appointment (261-0047) \$50/45 minutes. Fluent in Italian, Spanish and English.

Nicole, Journeyboard and Cards - Sundays 12-4 \$30/30 minutes

We do things a bit differently at Talisman. You pay our readers AFTER the reading is finished, and if you are not happy you don't pay. NO READER can read EVERYONE successfully and everyone who works at Talisman is aware of this fact. Know that it is acceptable after the first 5 minutes of a reading to say something like, "I'm sorry, what you are saying just isn't resonating with me. I would like to stop the reading now, but thank you for your time". If you do not hear something amazing in the first five minutes, or if it just isn't right ... don't expect a reading to get better as it goes on. Readings go off track for a number of reasons - but the point is, you shouldn't pay if you are not happy. Please, just be courteous and respectful. Complaints are rare because every reader has had to pass the "ultimate interview" ... they must sit and read ME (and I've been reading over 25 years myself) and tell me something about my past/personal life, my children, home, or business that they

could not possibly have heard or learned someplace else. But every reader has their unique gift and their own style, it is NOT one size fits all. Personally, I don't think anyone should get a reading more than once every 6-8 weeks (and prefer you allow at least 3 months between readings ... you don't want to become a psychoholic, right?) and I WILL discourage you from this behavior! My goal is to see people leave an "intuitive counseling session" (because that is really what we do) feeling validated, uplifted and hopeful regardless of the situation or challenges they may be facing. That is the true measure of a "good" reading!

Available by Appointment:

Talisman's readers are available for parties and events. You can pay by the hour or allow us to set up and have your guests/attendees pay individually. We do our best to be flexible and fairly priced. Our party rates are \$60 an hour, plus gas/mileage. Please make all scheduling arrangements through Laura at (203) 261-0047.

Healing massage/Reiki with Kim: Most of you have met Kim, my best friend and sister-in-law, as she has watched the shop from time to time. She has dressed candles, done house cleansings, and sat in on healing/reading sessions at Talisman as well. Kim takes her own special brand of healing massage/Reiki/journeywork/mediumship on the road, so to speak - "Have table/will travel!" - is a licensed aesthetician and available for at-home sessions for \$85/hour. Of course, I am biased ... but the feedback I have been getting is that she is providing a truly unique and wonderful experience. Call 261-0047 for more information.

Reflexology Fridays with Mark: This ancient healing art uses hand/thumb pressure corresponding to the body systems. The practice stimulates/relaxes stress signals resulting in relaxation (who DOESN'T love having their feet rubbed?), pain reduction, and rejuvenation of tired feet -- helping you stand tall in the world! Come in after a hard week of work and treat yourself in Mark's chair (\$1 minute).

Laura: I do special, in-depth readings by appointment. My 45+ minute private sessions include a chakra check up, a print out and review of your astrological natal chart, tarot and palm reading, and more! (\$45). Call the shop for an appointment, as I schedule these when the shop is

closed or after-hours. Yes, I still do \$5 readings on Wednesday & Thursday but these are done in-between phone calls and waiting on patrons - you can't make an appointment, and I do get interrupted. As long as there are no other scheduled readers in the shop (they drive in from a distance and it's not fair to them) I am always happy to peek at someone's palm or throw a few cards, so don't hesitate to ask!

Classes & Workshops at Talisman

RSVP at (203) 261-0047 or email lenhard@comcast.net

Saturday, April 6: Becoming the Magician - Performing Real Magick (The Series) taught by Andrew Neblett, 6:30-8:30pm, (\$25)

This series of classes will teach you how to perform real magick, regardless of what your background or beliefs. Whether you are Wiccan, Pagan, Christian, Jewish, Muslim, etc or follow no path, this class will teach you how to think, act and perform as a magick user and live a magickal life. Here is a sample of what you will learn: Controlling your thoughts; Strengthening your Will; Connecting with energy; Centering; Focus; Visualization; Magickal systems from Sumerian, Babylonian, Jewish, Egyptian, Celtic, Nordic, African, Indian, Native American, Western and Eastern systems, folk, Christian and many more; Elements; Inner Alchemy; Subconscious traveling; Components of a spell: Creating spells/Working spells; Raising energy; Creating sacred space; Sigil work; Runes; Tarot; Qabalah; Invocation and Evocation; Divination; Hermeticism; Timing; Protection; Correspondences; Spirit work; Herbal magick AND TONS MORE! **The second class will pick up where the first one left off. If you missed the first class, it is no problem! We would be happy to have you. You will learn the basics of energy raising and manipulation and intention.** Here is the syllabus for Class Two: 1. Review and application of the Lesser Banishing Ritual of the Pentagram; 2. The fundamentals of energy and how to raise it; 3. Exercises of magical influence; 4. Group and Individual energy raising exercises; and 5. Intention.

April 7 & 14 Wicca University: Introduction to the history and practice of Wicca - 9 -5 each day, Cost \$125. **NOTE: This class is very extensive and is a great way to learn about this spiritual path.**

Your presenters for this workshop are Bill & Mandy Oram, of The Circle of the Sacred Well. Email Mandy for additional information: arianowl@yahoo.com

Join us for this two-day workshop that covers all aspects of the Wiccan religion. We will trace the cultural and religious traditions and individuals that have influenced the modern religion of Wicca, as well as other neoPagan religions. It explains many of the common terms associated with Wicca and provides an overview of the Wiccan belief system. It also discusses Wiccan concepts regarding the Divine and provides details about the Elements and the Elementals. There is an overview of the Wheel of the Year - Sabbats & Esbats included. The Wiccan ethical system and details of the concepts and methods involved in creating sacred space are also discussed, along with ritual construction and altar set-up. The class will conclude with an open discussion of the challenges of living the Wiccan religion in a modern world.

This is a very popular class and seating is limited. Advanced registration is necessary. Register early to secure a seat. Payment is required upon registration and is non-refundable. \$ 125.00 includes handout material, along with a binder with subject dividers in which to place the material. A great start to your Book of Shadows!

The Circle of The Sacred Well Presents:

Event: Open House Social Evening

Date: April 12th ~ Time: 6:00 p.m. to 8:00 p.m.

Location: The Undercroft at Talisman

Join us for this semi-monthly social and networking event, which is held on the second Friday of even-numbered months. This is the place to learn more about the Circle and to socialize with area pagans and other like-minded individuals. Please come along any time within the above time window and visit for however much time you wish. Refreshments will be served.

**Event: Wiccan/Pagan Study Group - Topic: Wand Making
Workshop**

Date: April 16th ~ Time: 7:30 p.m.

Location: The Undercroft at Talisman

Join us for this monthly study group that covers various pagan and New Age topics. The Study Group is held on the third Tuesday of each month. This is a special workshop at which participants will be able to make and decorate their own magickal wand. All materials will be provided, however, if you wish to bring your own length of wood or crystal to make the wand, you can. This is a fun and practical workshop, that will be facilitated by Elena.

Community Events

The Connecticut Wiccan Pagan Network (CWPN) Inc. is a 501(c)(3) not-for-profit educational and networking organization dedicated to meeting the needs of the greater Wiccan and Pagan community in Connecticut and surrounding areas. The goal is to help provide a forum for Wiccans and Pagans to meet others of "like mind" and to come together and worship in a safe environment. Our hope has been to construct a sense of "community" in which we can all share with and learn from one another. Membership is open to all Wiccans, Pagans, and those with a serious interest in learning more about our religion. If you are under 18 years of age you may join with written parental consent. We reserve the right to refuse or terminate membership of anyone who we feel may be harmful to our organization or to the Wiccan/Pagan Community. Learn more at our website:

<http://www.cwpn.org>.

The CWPN hosts monthly networking meetings throughout the state, open Sabbat circles, coven and study group referral service, classes/work-shops, various social events and lectures with well-known members of the Pagan community. Some of our past guests have been: Janet and Stewart Farrar, Gavin Bone, Margot Adler, Ted Andrews, Dr. Leo Louis Martello, Tzipora Klein, Laurie Cabot, Raven Grimassi, Donald Michael Kraig, Phyllis Curott, Lori Bruno, Jane Sibley and Ellen Evert Hopman.

The [New Haven Mineral Club](#) returns to Amity Regional Middle School, 100 Ohman Ave., with its 40th annual Gem & Mineral & Jewelry Show, The show takes place Saturday, April 6 from 9:30 a.m. to 5 p.m. and

Sunday, April 7 from 10 a.m. to 4:30 p.m. If you have never been to the show, it is a fun and educational event for people of all ages. If you're looking for unique stone jewelry, tumbled or raw stones, carved totem animals, healing crystals or just hope to meet other people with your interests in collecting fossils or crystal mining. Come to the show and browse through the endless line of dealers and exhibits with their minerals, gems, jewelry, fossils, crystals, metaphysical stones and more. There are door prizes, children's activities and refreshments, too. Free parking, Admission is \$5 — under 12 admitted free when accompanied by an adult. For information call 203-533-9846.

Music and Magic Festival and Psychic Fair - with Wendy Rule, Kellianna and Daniel GreenWolf: Saturday, April 20, 2013 – 1pm to 11pm, Palace Theater, Stafford Springs, CT. Full day/evening pass: \$35. During the day – Psychics, Mediums, Tarot readers fill the theater. Wendy Rule Workshop – Raising and Directing Sacred Energy – 1 hour
Kellianna Workshop – Spring Ritual Chant Circle – 1 hour
Meet and greet with Wendy and Kellianna
7pm: Opening performance with Daniel GreenWolf Magician
7:30 - Concert with Kellianna and Wendy Rule

Raising and Directing Sacred Energy: In this unique workshop, Wendy shares the techniques that she has utilized over the past twenty years of Witchcraft practice to raise and direct Sacred energy for Love, healing and magic. Using breath work, visualization, guided meditation and movement, wendy leads us through this ecstatic ritual of Divine Connection. Honour your own personal connection with Mother Earth and Father sky, and become one with the Sacred Energy of the Universe.

Spring Ritual Chant Circle: Join Kellianna in a song circle of intention as we welcome in Spring. We gather together to sing songs of the season. To plant our intentional "seeds" and tend to them as we watch them grow and take root. Through the summer we nurture and care for our intentions, and ultimately harvest them in the fall. We begin our work for the year in the budding spring, where new life abounds and all things are possible.

Evening Pass: \$25

Opening performance with Daniel GreenWolf Magician

Concert with Kellianna and Wendy Rule

There will be beer and wine for sale as well as some goodies!

Come and have fun! Advanced Tickets:

<http://www.ticketfly.com/event/218373-music-magic-wendy-rule-stafford-springs/>

Or you can buy at the door!

<https://www.facebook.com/events/391694824261312/>

Jessica & Jim Hunter of Hunter Healing Hands present the

following. For details, see their website at

www.hunterhealinghands.com

Friday, April 12, 2013 Monthly Drum Circle 7:30-10:30 p.m. \$10.00.

Come explore an evening of drumming, rattling, and exploring the ancient ways! Drum circles are traditionally traced back to ancient cultures of all backgrounds. Gathering a group to drum and rattle is a powerful, and fun experience....no previous experience is necessary! The drum circle has a basic foundation in place while remaining open so that participants can freely connect with the drums and the energy of the circle. Whether you are new or seasoned, we welcome you! Come join us to connect with Mother Earth, and connect with each other with the power of the drums! *Extra Drums & Rattles are available if needed.

Tuesday, April 16, 2013 ** REIKI SHARE ** 7:00 p.m. - 9:30 p.m.

\$10.00 All Reiki Practitioner Levels Welcome, from Level 1 to Master. Join us and share Reiki! Reiki shares are a great way for practitioners to get together to practice and network together! Each individual will have a 20 minute Reiki Session while the entire group is giving Reiki to that person. All participants receive a turn receiving a session, and participating to give sessions to everyone in the group. These are a lot of fun, and a great way to expand and develop your practice of Reiki with open feedback from the group. No prior experience necessary, all are welcome. Please visit the website for registration details.

Thursday, April 25, 2013* Crystal Body Layouts Workshop - 7:30 p.m. - 9:30 p.m. \$35.00. Come explore how crystals are utilized in full body layout sequences! Crystals are used in many systematic patterns and formations in full body energy work. These techniques have been used for centuries in a variety of cultures in holistic work. Select stones are used in conjunction with specific energy systems in the body. This class will explore a variety of sequences that can be used and incorporated for personal energetic work. Through detailed class exercises, students will learn these techniques, how to create a variety of full body layouts for themselves for personal growth and development. No prior crystal experience is necessary, all are welcome to attend. *Please note: techniques taught in this workshop are for personal self use only.*

The American Society of Dowsers presents the 53rd National Convention of Dowsing & Metaphysics. June 5-10 at Lyndon State College, Lyndonville, VT. Over 70 speakers, vendors, exhibits, wellness spa – for more information call (802) 684-3417 or www.dowsers.org

Request from Catherine Kane: I'm currently starting writing on my fifth book, on marriage between christians and pagans, with the challenges that involves and ways of dealing with them. I'm looking for folks who are or were in a christian-pagan marriage (I know Starwolf and I aren't the only ones) and would be willing to be interviewed by phone and give me input that may be included in the book. If you'd like to be a part of this, please email me at we_are_foresight@yahoo.com for more details.

Astrology Corner

By Alethea Hunt, Talisman's Resident Astrologer

Some spicy astro-weather at the outset of April as we have a conglomeration of planets getting' busy over in fiery Aries! The Sun, Mars, Venus, and Uranus are all in a chorus line singin' "I'm burnin' for YOU", however Saturn advises some amount of restraint may be prudent at this juncture. If you find yourself particularly hot-blooded, know you may have to cool the fire at least slightly without letting this completely ruin your momentum. In romantic situations, be especially sure to show a little sexual restraint or the consequences could be "wham, bam, thank you ma'am". Similarly, you won't want to let anger

run unchecked early in the month, either. If you find your stock response to people or situations lately seems to be to get ticked off, I'm willing to bet there might be something underlying that can be worked on in this regard, so consider if you're **really** angry or if this reaction is possibly repressing more complex emotions like fear/rejection/hurt et cetera. It takes guts to work on the shadow within, but couple the Aries planets with the energy they are receiving from both Saturn and Pluto and this is exactly the kind of setup we have in play. Bravery is facing down our inner demons and taking the action that we need to transform the constructs within. Things like fear of loss, abandonment, and rejection are sometimes easily kept contained/controlled by the more straightforward and primal "fight" response. In other words, sometimes it's easier to be P.O.'d than admit we are scared. We must also remember that true bravery isn't the absence of fear – it's feeling the fear and doing what we have to do anyway and there is no better way to test our mettle than to stare straight into the abyss without blinking as Aries energy loves a good challenge.

The New Moon in Aries on the 10th is a real "house on fire" due to all these Aries planets still looming large! If you are trying to get something off the ground, you get a green light now for the most part, but there's still a little note of caution to be had in making sure you're considering multiple viewpoints as to how things may play out because changes do tend to stick right now courtesy of Saturn & Pluto. Just make sure you can live with the results or possible consequences of your actions. Shortly after this the Aries party starts packing it up as Venus, Mars, and the Sun head for more staid, sensual turf over in earthy Taurus. With the energetic backdrop changing, late April is a good time to get out into the yard and connect with Mother Nature while doing some manual labor. It's also a great time to get your finances in order with Venus entering her home sign right at Tax Time and a Full Moon Lunar Eclipse arriving on the 25th.

This Moon is sitting very close to responsible Saturn, so this suggests a need to perhaps work on debt consolidation even though Mars, Venus, and the Sun might prefer spending on something luxurious right about now. I would consider this an ideal time to work on your long-range financial goals, and if one of these is to reach a point where you can

spend a little extra cash on “the finer things” and not fear putting yourself in the hole, you’re better off abstaining for now. With Mars & Venus also opposite Saturn late in the month, this can create the potential to hit your credit limit and you really won’t want to overextend yourself in a financial sense.

** A note to readers: If you would like to receive my FREE monthly newsletter via email which is packed full of information and astrological insights, simply click [HERE](#) or send an email to AHunt617@aol.com and I’ll be happy to add your name to my list of recipients!

**Namaste, my friends -
"The Divinity within me perceives and adores
the Divinity within you"**

Laura Lenhard