

# Talisman

Talisman ...

**A Unique New-Age Shop**

**150 Main Street**

**Monroe, CT 06468**

**(203) 261-0047**

[www.talismanct.com](http://www.talismanct.com)

<http://blog.ctnews.com/lenhard>

Facebook: <http://www.facebook.com/Talisman-A-Unique-New-Age-Store>

**March 1, 2013**

Merry Springtime Greetings!

I'm excited to announce that starting this month, Talisman will hold its "New Age Faire" EVERY Saturday from noon to 6pm. It seems that the bi-weekly events just cause confusion (and disappointment) and as attendance continues to grow ... it just makes sense. I'm still juggling readers' schedules so please call to confirm who exactly will be at the Faire each week. More details follow, further along in this newsletter.

As I write this, it is a beautiful sunny day and I just came in from feeding and watering all my critters – speaking of which, I plan to bring the baby goats in tomorrow (Saturday) if you'd like to stop by for a visit. Right now, the snow is melting and patches of bare earth are being exposed. I love Spring, it is my favorite season (being a March baby, myself). However, I find it uncanny that what is currently playing out in nature is being echoed in what I am hearing and seeing at Talisman.

In terms of the bigger world, all I can say is that I have ONE word to sum it up: "**Reveal**". People are being exposed and revealed at every level, everywhere ... starting with the Pope - but I'm sure you have seen examples in your own life, at home and/or at the workplace. People being caught with their pants down, hand in the cookie jar, their ulterior motives exposed for the whole world to see. It is amazing - the theme of most of my readings lately, I find it all fascinating. Just fascinating!

As a Witch, I do a lot of work with mirrors (reveal spells, of course as they work all too well) but to see the level at which this is playing out on the greater world stage is staggering. There is something new and shocking being reported, every day it seems – I believe it kicked off with Lance Armstrong's admission of doping. Perhaps the Divine has a big ol' mirror facing down at us ... "See what you've done? See what you have allowed???" Shame!" No more excuses, no blaming "the other guy" we all have to own our part of it. But the ones who are so arrogant, so entitled, so high and mighty ... wow. They are being exposed (and humiliated) like the Emperor and his new clothes! I LOVE it!

Saturn (the sometimes/usually harsh Taskmaster and Teacher) has just begun his two year transit in Scorpio and is hitting us, hard, with lessons we have no choice but to learn – it is part of our life's blueprint, one of the big things we came here to master. To find out exactly what area of your life is either being affected or about to be – go to [www.astrolabe.com](http://www.astrolabe.com) and enter your birth information. There are twelve astrological houses – whichever one Saturn lands in, that's the one you will see affected with the most change, growth and learning (read this as painful) now through 2014. If you need help, copy and email your chart to me and I'll tell you.

Alethea (Talisman's resident astrologer, see more below) writes her own newsletter and had this to say: "*The harder we try to avert our eyes from whatever that squirming can of worms may be in our individual lives, the harder we make it on ourselves - that's what creates an energetic bottleneck. It's an absolute necessity that we deal with life's shadow matter now - the dirty, the gritty, and sometimes downright disgusting - and deal with whatever that boogeyman is for us. However we may be feeling inside, a "taking-care-of-business" attitude is exactly what's called for. After all, when there's a hairball clogging your tub, the only sensible and productive thing to do is stick our hands into the mess to pull it out. We may get the willies and have feelings of revulsion about what we have to do, but the more calm, cool and collected we can be about managing the situation, the better.*"

I couldn't have said it better myself ...

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**NEW-AGE FAIRES HELD EVERY SATURDAY**

**12:00pm-6:00pm - (203) 261-0047 for appointments**

**Readers (\$30/30 minutes - please, cash only)**

**March 2**

Barbara, Cosmic Deck of Initiation (Mediumship/Past Life Recall)

Gwen Lord, Tarot (Past Life Recall)

Nicole, Journeyboard & Cards

Pina, Oracle/Angel Reader (Mediumship)

Rachel, Pet Psychic & Tarot (Mediumship)

Tammie - Massage, \$1/minute (5 minute min.)

**March 9**

Andrew Neblett, Tarot

Mark Hoyt, Tarot (Mediumship)

Patty, Crystal Ball (Mediumship)

Todd Pritz, Tarot

Yvonne, Tarot (se habla Espanol)

Tim Bshara, Aura/Chakra Photography (\$45 incl. 23 page booklet)

**March 16**

Gwen Lord, Tarot (Past Life Recall)

Patty, Crystal Ball (Mediumship)

Todd Pritz, Tarot

Yvonne, Tarot

Tammie - Massage, \$1/minute (5 minute min.)

**March 23**

Gwen Lord, Tarot (Past Life Recall)

Patty, Crystal Ball (Mediumship)

Todd Pritz, Tarot

Mark Hoyt, Tarot (Mediumship)

Yvonne, Tarot

Holly, Henna Artist (\$20/15 min)

Note: 15 minutes is enough for simple freehand designs on both hands  
or feet

**March 30**

Barbara, Cosmic Deck of Initiation (Mediumship/Past Life Recall)

Gwen Lord, Tarot (Past Life Recall)

Rachel, Tarot (Mediumship)

Yvonne, Tarot

**Please note that the designation of "mediumship" is NOT a guarantee that your loved one(s) will present themselves in the reading - it means the channel is open and a particular reader is skilled at recognizing and then relaying information when it comes through.**

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### **Talisman's Regularly-Scheduled Readers**

**(203) 261-0047 for appointments - Cash payment requested**

Mark Hoyt: Spirit Guided Tarot - Fridays 2-8pm. \$30/30 minutes. Foot Reflexology treatments EVERY FRIDAY \$1/minute.

Lina: Sunday/weekday mornings - Intuitive Counseling by appointment (261-0047) \$50/45 minutes. Fluent in Italian, Spanish and English.

Nicole, Journeyboard and Cards - Sundays 12-4 \$30/30 minutes

We do things a bit differently at Talisman. You pay our readers AFTER the reading is finished, and if you are not happy you don't pay. NO READER can read EVERYONE successfully and everyone who works at Talisman is aware of this fact. Know that it is acceptable after the first 5 minutes of a reading to say something like, "I'm sorry, what you are saying just isn't resonating with me. I would like to stop the reading now, but thank you for your time". If you do not hear something amazing in the first five minutes, or if it just isn't right ... don't expect a reading to get better as it goes on. Readings go off track for a number of reasons - but the point is, you shouldn't pay if you are not happy. Please, just be courteous and respectful. Complaints are rare because every reader has had to pass the "ultimate interview" ... they must sit and read ME (and I've been reading over 25 years myself) and tell me something about my past/personal life, my children, home, or business that they could not possibly have heard or learned someplace else. But every reader has their unique gift and their own style, it is NOT one size fits all. Personally, I don't think anyone should get a reading more than once every 6-8 weeks (and prefer you allow at least 3 months between readings ... you don't want to become a psychoholic, right?) and I WILL

discourage you from this behavior! My goal is to see people leave an "intuitive counseling session" (because that is really what we do) feeling validated, uplifted and hopeful regardless of the situation or challenges they may be facing. That is the true measure of a "good" reading!

**Available by Appointment:**

Talisman's readers are available for parties and events. You can pay by the hour or allow us to set up and have your guests/attendees pay individually. We do our best to be flexible and fairly priced. Our party rates are \$60 an hour, plus gas/mileage. Please make all scheduling arrangements through Laura at (203) 261-0047.

**Healing massage/Reiki with Kim:** Most of you have met Kim, my best friend and sister-in-law, as she has watched the shop from time to time. She has dressed candles, done house cleansings, and sat in on healing/reading sessions at Talisman as well. Kim takes her own special brand of healing massage/Reiki/journeywork/mediumship on the road, so to speak - "Have table/will travel!" - is a licensed aesthetician and available for at-home sessions for \$85/hour. Of course, I am biased ... but the feedback I have been getting is that she is providing a truly unique and wonderful experience. Call 261-0047 for more information.

**Reflexology Fridays with Mark:** This ancient healing art uses hand/thumb pressure corresponding to the body systems. The practice stimulates/relaxes stress signals resulting in relaxation (who DOESN'T love having their feet rubbed?), pain reduction, and rejuvenation of tired feet -- helping you stand tall in the world! Come in after a hard week of work and treat yourself in Mark's chair (\$1 minute).

**Laura:** I do special, in-depth readings by appointment. My 45+ minute private sessions include a chakra check up, a print out and review of your astrological natal chart, tarot and palm reading, and more! (\$45). Call the shop for an appointment, as I schedule these when the shop is closed or after-hours. Yes, I still do \$5 readings on Wednesday & Thursday but these are done in-between phone calls and waiting on patrons - you can't make an appointment, and I do get interrupted. As long as there are no other scheduled readers in the shop (they drive in from a distance and it's not fair to them) I am always happy to peek at

someone's palm or throw a few cards, so don't hesitate to ask!

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**Classes & Workshops at Talisman**

**RSVP at (203) 261-0047 or email [lenhard@comcast.net](mailto:lenhard@comcast.net)**

**Saturday, March 9: [Becoming the Magician - Performing Real Magick](#) taught by Andrew Neblett, 6:30-8:30pm, (\$25)**

This series of classes will teach you how to perform real magick, regardless of what your background or beliefs. Whether you are Wiccan, Pagan, Christian, Jewish, Muslim, etc or follow no path, this class will teach you how to think, act and perform as a magick user and live a magickal life. Here is a sample of what you will learn: Controlling your thoughts; Strengthening your Will; Connecting with energy; Centering; Focus; Visualization; Magickal systems from Sumerian, Babylonian, Jewish, Egyptian, Celtic, Nordic, African, Indian, Native American, Western and Eastern systems, folk, Christian and many more; Elements; Inner Alchemy; Subconscious traveling; Components of a spell: Creating spells/Working spells; Raising energy; Creating sacred space; Sigil work; Runes; Tarot; Qabalah; Invocation and Evocation; Divination; Hermeticism; Timing; Protection; Correspondences; Spirit work; Herbal magick AND TONS MORE!

**Friday, March 15<sup>th</sup> : [Energy Clearing Techniques Workshop](#) - 7-9pm (\$20) Taught by Sierra North of Starlight Healing**

Spring is the time of year that we all get out our dusters, mops, and brooms and finally get to all the cleaning that we have been too busy to keep up with over the winter. Spring is the season of renewal and new beginnings. It is the time for planting of the seeds of creation, both in the physical and in the spiritual realms. In order for those seeds to flourish and grow we need to do a little "gardening or spring cleaning" for our energetic bodies and environment.

In this workshop you will learn many different techniques for clearing/removal of old and stagnant energies from your own aura and from your environment. You will learn about ancient Shamanic smudging techniques and tools, including which herbs are right for what circumstances. You will learn about the usage of sound, vibration, and

color in energy clearing. Utilization of the proper techniques of energy clearing can have a direct impact on your overall physical, emotional, and spiritual health. You will feel lighter, more balanced and have a more optimistic outlook on your life circumstances and be in a much improved position to create positive changes in your life. Energy clearing techniques are also an integral part of all manifestation or law of attraction work as you need to make energetic space for the new seeds of creation to take root! All participants will get to experience all energy clearing techniques and will have plenty of practice time during the workshop. We are all teachers and messengers of spirit, so no level of training or ability is required. If you have a drum or rattle, please bring one with you. Wear comfortable clothing and bring a notebook, pen, and water to drink. Please refrain from wearing any perfumes or strong deodorants.

**Saturday, March 23: Group Event - Channeled Messages from the Other Side: An evening with Naima Provo, 76:00pm-9:00pm (\$30).**

Naima was first at Talisman in early October, and again in December. Since then I have had many people asking when she would return – and here she is! The first time Naima came to the shop, she showed me her notebook, carefully filled with names and images shown to her in the days leading up to the Talisman event – spirits who had been visiting her at home and at work, in anticipation of connecting with their own! Naima has been communicating with Spirit with great clarity since childhood. She has always known it was her life's purpose to deliver healing messages from loved ones who are beyond reach using our conventional ways of communication. Experience Naima's connection to the Divine and receive messages from people and pets that have passed over to the other side. This event is held downstairs at the shop, with lots of laughter (and some tears) being part of the process ...

**April 7 & 14 Wicca University: Introduction to the history and practice of Wicca - 9 -5 each day, Cost \$125. NOTE: This class is very extensive and is a great way to learn about this spiritual path. Your presenters for this workshop are Bill & Mandy Oram, of The Circle of the Sacred Well. Email Mandy for additional information: [arianowl@yahoo.com](mailto:arianowl@yahoo.com)**

Join us for this two-day workshop that covers all aspects of the Wiccan religion. We will trace the cultural and religious traditions and individuals that have influenced the modern religion of Wicca, as well as other neoPagan religions. It explains many of the common terms associated with Wicca and provides an overview of the Wiccan belief system. It also discusses Wiccan concepts regarding the Divine and provides details about the Elements and the Elementals. There is an overview of the Wheel of the Year - Sabbats & Esbats included. The Wiccan ethical system and details of the concepts and methods involved in creating sacred space are also discussed, along with ritual construction and altar set-up. The class will conclude with an open discussion of the challenges of living the Wiccan religion in a modern world.

**This is a very popular class and seating is limited. Advanced registration is necessary. Register early to secure a seat. Payment is required upon registration and is non-refundable. \$ 125.00 includes handout material, along with a binder with subject dividers in which to place the material. A great start to your Book of Shadows!**

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**The Circle of The Sacred Well Presents:  
Wiccan/Pagan Study Group  
Topic: Animal Communication  
March 19th ~ Time: 7:30 p.m.  
Location: The Undercroft at Talisman**

Join us for this monthly Study Group, which is held on the third Tuesday of each month. This month, we have a special guest speaker, Gwen. The topic will be Animal Communication and the lecture will be open and appropriate for animal lovers of **ALL FAITHS**. Attendees will hear about the foundation and mechanics of animal communication, and our code of ethics. You will also get exercises and tips for practicing at home. Also attendees should bring a picture and two **written** questions for a mini-consultation if they so desire. Consultations will be given at the end of the study group as time allows.

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### **Community Events**

The Connecticut Wiccan Pagan Network (CWPN) Inc. is a 501(c)(3) not-for-profit educational and networking organization dedicated to

meeting the needs of the greater Wiccan and Pagan community in Connecticut and surrounding areas. The goal is to help provide a forum for Wiccans and Pagans to meet others of "like mind" and to come together and worship in a safe environment. Our hope has been to construct a sense of "community" in which we can all share with and learn from one another. Membership is open to all Wiccans, Pagans, and those with a serious interest in learning more about our religion. If you are under 18 years of age you may join with written parental consent. We reserve the right to refuse or terminate membership of anyone who we feel may be harmful to our organization or to the Wiccan/Pagan Community. Learn more at our website:

<http://www.cwpn.org>.

The CWPN hosts monthly networking meetings throughout the state, open Sabbat circles, coven and study group referral service, classes/work-shops, various social events and lectures with well-known members of the Pagan community. Some of our past guests have been: Janet and Stewart Farrar, Gavin Bone, Margot Adler, Ted Andrews, Dr. Leo Louis Martello, Tzipora Klein, Laurie Cabot, Raven Grimassi, Donald Michael Kraig, Phyllis Curott, Lori Bruno, Jane Sibley and Ellen Evert Hopman.

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**Mineral, Gem & Jewelry Show and Sale:** March 9-10, Maloney High School, Gravel Stret, Meriden CT. Admission: Adults \$5, Seniors & Students \$4 Children 12 and under FREE. Visit [www.lmscc.org](http://www.lmscc.org) for more information. NOTE: These events are family friendly .... they LOVE seeing kids attend their events and cater to them - free mineral with every admission! These shows are a lot of fun and a great place to build a rock/crystal collection.

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**Hunter Healing Hands: *March 2013 Classes, Events & Drum Circles***  
**Contact Jessica Hunter to RSVP 203-522-2673 or email**  
**[hunterhealinghands@hotmail.com](mailto:hunterhealinghands@hotmail.com)**

**Bonfire & Drumming Circle\* By Jessica & Jim Hunter**

Friday, March 1, 2013 - 7:30 p.m. - 10:30 p.m. Investment: \$10.00 donation or bring a snack or plate of food

Come explore an evening of drumming, rattling, and exploring the ancient ways....joined together around a bonfire! Whether you are new or seasoned, we welcome you! ***We have extra rattles and drums available; however you are welcome to bring your own!***

**Reiki Level II Class** By: Jessica & Jim Hunter (Prerequisite: Reiki Level I) Investment: \$175.00

March 13th & 14th - 6:30 p.m. - 10:00 p.m. *All Reiki Classes are taught & outlined under the guidelines of the International Center for Reiki Training. ICRT Manual is included, and a Certificate is issued upon completion. Please visit [www.hunterhealinghands.com](http://www.hunterhealinghands.com) for Reiki class information and registration.*

**Introduction to the Munay Ki** with Guest Speaker, Leslie Higgins

March 15, 2013 - 7:30 p.m. - 9:30 p.m. Investment: \$35.00 Investment through Pay Pal: \$40.00

Come learn about the Munay Ki Rites! The Munay Ki Rites are the nine shamanic rites of initiation to enable one to become a person of wisdom and love in accordance with creation, the Universe, and all life connected. This workshop gives an overview of all of the nine rites, their origins, and how one receives them.

**Spring Equinox Drum Circle – Jessica & Jim Hunter**

Wednesday, March 20, 2013 - 7:30 p.m. - 10:30 p.m. Investment: \$10.00 donation or bring a snack or plate of food

Come celebrate the Spring Equinox! Whether you are new or seasoned, we welcome you! ***We have extra rattles and drums available; however you are welcome to bring your own!***

**Crystal Grids - Mother Earth Gallery & Mining Company** 806 Federal Road (At the Four Corners) Brookfield, CT 06804

Thursday, March 21, 2013 - 6:30 p.m. - 8:30 p.m. Investment: \$35.00 Investment through Pay Pal: \$40.00

Through exercises and lecture, students will learn how to create their own crystal grids for their own personal growth and development.

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**Request from Catherine Kane:** I'm currently starting writing on my fifth book, on marriage between christians and pagans, with the challenges

that involves and ways of dealing with them. I'm looking for folks who are or were in a christian-pagan marriage (I know Starwolf and I aren't the only ones) and would be willing to be interviewed by phone and give me input that may be included in the book. If you'd like to be a part of this, please email me at [we\\_are\\_foresight@yahoo.com](mailto:we_are_foresight@yahoo.com) for more details.

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### [Astrology Corner](#)

**By Alethea Hunt, Talisman's Resident Astrologer**

There's an awful lot of water in the sky still as we continue to ride the wave of the Pisces Stellium that began in February. This energy is cresting now, coming to a head at the Pisces New Moon on the 11th, so the beginning of March continues to be a good time for introspection and solitude as well as for creative inspiration channeled toward productive ends. Make music, art, poetry, dance – whatever it is that floats your boat - but make sure you USE it rather than allow the inspiration to dissipate and vaporize into nothingness. Many attuned to these watery vibrations will also find their dreams and intuition very active early in the month so look for the symbolic keys to unlock difficulties via meditation, visualization, divination, and of course during your sleeping hours to see what is revealed to you. All this energy is also great fuel for prayer - with the trine to Saturn in the mix, you will still have to do the legwork to manifest things. But if you need a miracle now, it certainly wouldn't hurt to petition Divinity as your prayers may be heard – especially with Mercury turning direct in close proximity to Neptune later this month!

If you have a birthday in early March, the year ahead presents you with opportunities to use your gifts in and talents in productive ways in order to help others. Pisces is a sign known for its soft heart and many of you have a knack for being involved in the helping or healing professions - this is a year to use those abilities to aid those going through times of crisis, even if it's only being a "soft place to fall". Just be conscious of your \*own\* limitations, however – with Saturn retrograde we need to be mindful of boundaries and limits so that we're not energetically bled dry. Protect yourself on an etheric level and try not to be around people or situations that are overly draining and taxing for prolonged periods

without a “time-out” as Pisces is a sign that readily absorbs the woes of others. You can cope with the increased demands upon your time and energy by making it a priority to have regular “me” time this year – it’s OK to withdraw and have those days where you stay in, call in sick, or don’t pick up the phone if you’re feeling tapped out. But do not feel guilty about this, because you cannot pour from an empty cup.

Getting back to the rest of the month, after the 11th the tide gradually recedes as Mars beats feet from Pisces into Aries and the other planets follow suit. Steam builds as we go from wet to hot when Mars & Uranus get some company in Aries when the Sun arrives here at the Vernal Equinox, followed by Venus shortly thereafter. The vibe will then change from fluid to hasty and you’ll want to flag the 22nd as a day to watch for excessive speed and an inclination for accidents if you’re prone to recklessness at all. In fact, I would keep an eye out until well after the Full Moon, as once Mars moves out of contact with Uranus and Pluto, the Sun will come nipping at its heels and further juice up the Uranus-Pluto square. Venus gets in on this action too around the same time, so there could also be some shakeups planned for relationships between this event and the Libra Full Moon.

Speaking of this Full Moon, the relationship shakeups aren’t necessarily a bad thing. This is about turning out what’s old, stale, and stagnant and infusing it with fresh energy. If you find yourself with a need to metaphorically clean house and throw out the old to bring in the new, this is greenlighted now. It can be an attitude about a relationship, a behavior within a partnership...or even your actual physical significant other if you feel a need to withdraw your energetic investment in this person for whatever reason. The caveat is that with Uranus and Mars getting the stink-eye from Saturn in Scorpio, be sure of what you’re doing because if you are initiating change it is something likely to stick. I cannot promise structural integrity if this turns out to be something that you later want to re-glue.

\*\* A note to readers: If you would like to receive my FREE monthly newsletter via email which is packed full of information and astrological insights, simply click [HERE](#) or send an email to [AHunt617@aol.com](mailto:AHunt617@aol.com) and I’ll be happy to add your name to my list of recipients!

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**Note:** Some of you have told me you are no longer receiving this newsletter, and have had to access it though the website (where all my newsletters are archived). If this is the case, please add Talisman to your address book - very often, your email provider will update its privacy settings without letting you know they are doing so. Adding [lenhard@comcast.net](mailto:lenhard@comcast.net) to your email address book should resolve the problem!

**Namaste, my friends -  
"The Divinity within me perceives and adores  
the Divinity within you"**

**Laura Lenhard**