

The January 2019 New Moon occurs in conjunction with a partial solar eclipse, and it brings positive energy to every sign of the zodiac. The partial solar eclipse and new moon in Capricorn are all about new beginnings in areas of your public life, and its effects will continue on into July 2019. When the moon is in Capricorn, public life, career, reputation, achievement, and accountability are a strong focus. This is a time for setting practical, attainable goals. It is also a time to take chances and trust you will be supported if you're willing to put in the work. So IF EVER you were going to set intentions for HOW YOU WANT YOUR LIFE TO LOOK at the end of 2019, with the key components set in place by mid-year, this moon's energy is the one to harness. Capricorn PLANS ... so set goals that are structured over the course of the year – this is not “make a wish” time, this is MAKE A PLAN time! You never hear me say this, but Vision Boards are absolutely appropriate for this one.

January is a HUGE month for Readings - what we at Talisman call "Intuitive Counseling Sessions" - usually just to have a little heads-up on what to expect in the upcoming year or reassurance that we are traveling along the right road or at least, going in the right direction. I have been reading palms/tarot since the age of 16, my grandmother gave me my first palm reading book (Cheiro's Palmistry For All) at the age of 14. But in all honesty, some of my earliest memories - about age five - are of adults asking me questions and just "knowing" the answers. But I am not alone in this ... so many of you have spoken with me about your own gifts or talents -- some taught or handed down by a grandparent or parent, others having inherited an ancestral gift of Second Sight, and those who kept their gift hidden like a sad secret from their nearest and dearest for fear of rejection. I'm blessed to have had a family who recognized the fact that their religion (Catholicism) could exist hand in glove with one's spiritual gifts ... others are not so lucky. Dreams and gut feelings were taken seriously in my family, often the topic of discussion at the breakfast table - with the understanding that this was personal and to be kept within the family home - not shared with outsiders, or worn like a badge. I have mixed feelings about Theresa Caputo's (aka The Long Island Medium) ambush readings of strangers in public because personally, I know more than a few dead people I really wouldn't want to talk to, any more than I wanted to talk to them when they were alive!

I also believe in outcome-based readings: This means that when the reading is over you feel a sense of relief AND if there is something that can help ... as simple as a prayer or a stone to carry; a little Reiki energy, cleansing ones' self or space, referral for psychological counseling -- that we provide that information as part of the reading so as to help move you in the right direction or to facilitate a change. Every reader at Talisman has a spiritual path and personal commitment to helping others. You all know I do not want anyone leaving Talisman unhappy with a reading. Many of you have heard me joke that a bad reading is like bad sex ... it doesn't start off bad then get better! Seriously, if in the first five minutes you are not sitting there amazed that someone is telling you relevant and helpful information that they would have no way of knowing -- then STOP the reading! I even script how to do just that, every month in this newsletter. In a reading you should be saying very little ... just "yes" or "no" ... if you need to talk, then I'd advise you see a psychologist but in a psychic reading that is the job of the intuitive - to provide information. To save time, it does help if you want (say) to learn more about your career then you let the reader know up front that "I'd like this reading to focus on my career, please" so they ask whomever they are working with to provide that specific information. Otherwise, most of us just go in with a "tell me whatever I need to know" attitude and let 'er rip!

I have a core group of readers as well as "guests" who come in from time to time. For example, Tim Bshara comes in once or twice a year and does Aura/Chakra photography. These sessions last a half hour, and you get a 23-page booklet that outlines everything that Tim will discuss with you ... your energetic fields, how you are "geared" to act or react, and ways to clear blocked chakras/energy or move it differently. I think because men tend to be more visual than women, these sessions with Tim resonate especially well as men are literally able to "see" them as honest evidence of their own internal workings.

Here is a list of our regularly-scheduled Readers:

**Andrea**: I have been reading all my life, beginning at age ten, and started full-time professionally after the unexpected passing of various important people in my life and my career just kept going on its own from there. The staff at some of the places I work call my readings a "blend" because Mediumship (in the form of loved ones who have passed) can come through. I consider myself rooted in the Tarot and for me, it is my first language. The cards direct me and give information on everything from health issues to job questions, relationships etc. I believe that Readings are an individual experience that can help in anything from relationship issues, stress levels, to closure with passed loved ones. Although every reading is different, it is not uncommon for information from loved ones who have passed over to come through. The experience of a reading can help people cope, get answers to tough questions and gain a higher understanding of themselves. Honestly, what I most frequently hear from clients is they are able to take a deep breath and just "plain ol' feel better" after I have read them.

**Andrew Neblett (Tarot & Runes)**: Drew is an intuitive counselor who uses the tarot, runes, pendulum, kinesiology, clairsentience, claircognizance and spiritual intervention mixed with his years of experience as a certified hypnotist and natural health consultant to provide answers to your questions. His readings are brutally honest - he says what he feels and does not sugar coat anything. However, he delivers the information in a kind, often humorous way. A typical session with Drew will start out with the client mixing the deck with two hands on the table to infuse them with their energy. Then, the client will pick three cards to determine what the general energy, tendencies and issues are the most important and crucial at this time. Once this is known, Drew will then answer the client's questions. A gifted teacher, Drew can talk a long time but when he does a reading, he will not babble. A client comes to Drew to get answers to their questions, and a whole lot more. No matter what your issues are, Drew will tackle them all: Romance, health, family, jobs to the darker side of life - curses, possession and dark magick. Drew's mission in life is to provide help to all who ask.

**Gwen Lord (Tarot & Past Life Memories)**: I grew up with a mother who read regular playing cards and palms. With tarot, I was privileged as a teen to have a Romany friend, whose mother let me sit in on readings, for Gadje (All of us) and Rom alike. VERY different styles! I started reading formally myself, and with my current deck, The Healing Tarot, I feel a deep connection to Spirit. My style of reading relies on intuitive energies, "hearing" Spirit tell me things, and how each card speaks in relation to the other cards. Often, I will see "pictures" of what is going on behind the cards. As to past lives - My first formal hypnotic regression was facilitated by the very Gifted Ann Veloria, who studied under Dick Sutphen, and gave me great insight into the "how and why" of my current life, what past

lives bring to us in growth, and a deeper sense of Spirit altogether. I continued with formal regression sessions, many with a psychologist out of West Hartford, who was studying the connections between illness and past lives. When I read for people, I often “see” past lives for them, as well as whatever tarot shows me is happening now, and find that past life images and details can also play forward into a reading which can lend fascinating depth to current life experiences.

**Karn McKane (Psyncards, Mediumship)**: I was born as a clairvoyant with an innate ability to communicate with loved ones in spirit. My gifts were not understood by those around me at a young age, so they laid buried as any true gift can for many years. But they were not to be kept down and I was in for quite the journey, one I draw on frequently when helping others. I have honed my own abilities by studying with some of the most famous psychic mediums of our times. I delight in doing animal communications, am a Certified Hypnotherapist, Reiki II Practitioner, and a Certified Healer, having graduated from the Connecticut Healing Institute where I was also a student teacher. When doing readings I use Psyncards which you will see I have had for many years. I have over 20 years of experience as a professional reader and will deliver your messages to you with the kindness and directness you deserve.

**Pina “Lady of The Light”**: Oracle Psychic Medium, working in the Angelic Realm.

Mediumship, Angel communication and Psychic ability. To help with the fruition of manifestations, she blends oils, enchants candles, makes spiritual baths and incense. She currently is a partner in a business - Bru-Ha-Ha, Unique Incense Bottles. Pina has worked as a Psychic Consultant with the Connecticut Paranormal Research Society and The Smoking Gun Research Agency. She has read in New York at Magical Realms, Mystical Energy and with The Psychic Network. In Connecticut at Purple Moon, Trinity Productions, Promotion in Motion’s Ladies Night out Yearly (ongoing) Happy Rainbows, ARC Sacred Center, A Healing Hand, Programs for Human Development (PHD) Faires, Blog Talk Radio, Divine Spark Health Fair Jamboree, Sanatosha Yoga Center and appeared on Comcast Cablevision. In Salem, Ma. at Crow Haven Center, in October. Currently reads at Talisman and Cauldron, The Ruby Tree and Happy Rainbows.

**Randy Ouellette**: I'm a third generation reader; my Grandmother and Mother were also readers. It was my Grandmother who gave me my first Tarot deck when I was 14 (that was in 1977). I've always read for family and friends - now I read professionally at home and at psychic fairs in New England. For me, Tarot is about the "story" I see for you in the deck. I am a no-nonsense reader - I will let you what I see and never "sugar coat" what's in the cards for you. I thank my guides and loved ones for allowing me the privilege to be able to help others with my gift!

**Red Goddess**: Has been providing healing and divination for the last 14 years. She knew at an early age that she was intuitive and could often predict that things would happen before they did. She is a natural empath and clairvoyant. She mentored with Lee Ramos of “HeavenLee Sent” where she formally trained in reading tarot cards. Red also works with Reiki, utilizing energy as a form of healing. She was formally trained by Keri Uihlein of The Healing Loft. Red also performs dream analysis as she herself has very vivid dreams that will give her prophetic visions of future events.

**Sandy (Tarot, Intuitive Artist)** is a trained fine artist and designer, drawing since she was a child with her artist mother. Her talents also blossomed in various locations around the world and within the

states. Her spiritual journey started young, and she delved deeper after the death of her father almost 10 years ago. The process of creating a tarot-inspired soul portrait starts with a few moments of silence and prayer and holding the cards. "I ask for guidance for myself and the person I'm with to create a portrait that reflects on their inner self, inner beauty, and natural gifts. Images blend from the meditation and the card reading that result in an image of their Highest Self". You can opt for a Tarot reading OR a Tarot-inspired Soul Portrait Session (same price). Also, Sandy can be privately commissioned for more detailed work. Portraits can be created for the individual, or couples or pet(s).

**Sherri:** Originally from Atlanta Georgia, Sherri has been Reading for clients for 30 years. Gifted as a psychic clairvoyant, she uses astrology in combination with tarot. She worked as a celebrity makeup artist in the film industry for over 30 years (and raised her family) prior to making the shift to "professional" intuitive. Sherri uses the Ryder Waite tarot deck and spreads them in a circle of astrological houses – this generally looks at the coming year with insight given for upcoming events, concerns, etc.

**Todd Pritz:** An Empath and Reiki practitioner who has been using his talent as an intuitive Tarot reader for the last 8 years. He uses the Robin Wood Tarot card deck since he first learned over 15 years ago. Todd believes that Tarot is a great source of guidance and greatly helps the decision-making process when we travel through the various crossroads of life. He has found in some cases, that some people that have come to him suffer from energetic blocks that hinder their ability to move forward. He uses intuitive counseling, crystals and energy healing to remove the blockages and allow the client to move forward without the fear that usually has held them back. They usually leave with a renewed sense of strength and faith in humanity. Todd's ability to empathize, move energy, and work with "The Light" has helped many to heal and move on to the next leg of their journey. He finds great joy in connecting with others and notes that we can either learn through love or through fear.

I want to end by thanking ALL of you who patronize my little shop -- each and every one of you matter to me and the entire staff at Talisman and Cauldron, as you are the reason we are here in the first place! I have learned from all of you that my own Higher Calling lies in service, and recognize my own talents for what they are ... nothing but a cheap parlor trick, unless used as a gift to bring inspired insight to others.

**God(dess) Bless Us All!**

**Laura**