

**February 1, 2019**

**New Shop Hours:**

Tues-Thurs 11am-7pm

Fri-Sat 11am-8pm

Sunday 12-5pm

Monday Closed

**And if I am running late, call my cell (203) 513-1709.**

**IMPORTANT NOTES:** Details in Newsletter!

**Numerology Reports now available**

**See Laura on Facebook Live (Talisman and Cauldron's Page) every Friday at 10 pm**

**Classes! See Below!**

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**Blessed Imbolc!** (My favorite Sabbat of all)

Ah, love. It's February, Valentine's Day looms ahead and despite my distaste for "relationship" readings or love spells, it seems every other person I meet is either hooking up, shacking up, shagging someone new (or two) ... or thinking about it. This means lots of calls for love spells: "Bind him to me!" "Keep him from looking at another!" "Make her love only me!" "Make him leave his wife!"

Um ... a word here, okay?

The word is no.

First, there is the matter of that whole "Free Will" thing I'm kind of stuck on. Can't impose or force your will on another. At least, not ethically (and I do try ever so hard to be ethical). And please, I've heard it a hundred times ... "But it is in his (her) BEST INTEREST to be with me!" That's just a sweet way of being completely selfish, and you know it. WHOSE best interest, again?

I thought so.

Love magick is best worked on yourself - to make you attract what it is you are looking for. Not so much a who, but what ... such as a kind, intelligent, funny, financially stable (okay so a little wealth never hurt!) man or woman who will treat you with care and concern. A more realistic option.

You can start with a pink 7-day candle, dressed with a little love drawing oil. Add energy to charge. Yes, we can oil and dress these for you at the shop. When you

bring the candle home, set it where it can remain lit until it burns out. Put pictures, items - anything that speaks of "love" to you, maybe a statue or picture of Aphrodite or Cupid (a valentine?) around the candle. A pair of animals (swans are good) that mate for life. A photo of a relative or ancestor that had a long and overall happy marriage - ask them OUT LOUD to help. Literally, build a shrine to love. Spray some perfume or cologne. And every time you pass your little love shrine, stand in front of it, close your eyes and see (don't imagine, really SEE) yourself with someone - cooking together in the kitchen if that is your thing, getting dressed to go out, sitting next to them at a movie theatre munching popcorn and telling jokes, bringing them home to meet mom and dad. And you are placing yourself FORWARD in time, energetically, it has already happened. The point is, you are letting the Universe know in no uncertain terms that you are READY for love. And that this is the kind of love you are ready and waiting for.

Before you begin, I'd like to suggest you watch my favorite movie in the whole world "Deja Vu" (1998) starring Stephen Dillane, Victoria Foyt, and Vanessa Redgrave. It is wonderful and always makes me cry. The promo reads "When the powerful attraction that strangers sometimes feel toward one another becomes overwhelming, one's orderly life-plans can be suddenly and totally disrupted."

The hell you say! Now I really love this movie because the stars, rather than being beautiful twenty-somethings, are normal looking people engaged in seemingly normal lives. But there is a metaphysical overtone that I can't discuss, lest I ruin the movie for you. Bottom line: If the Universe decrees you will be with someone, you WILL be with them regardless of how impossible it may all seem. And not just in this lifetime - but countless lifetimes before, and more to follow. The combinations are endless: Husband/wife, brother/sister, mother/son ... finally, you will manage a magical combination that ends in bliss. That "Twin Flame" everyone is suddenly talking about. Or you will screw it up totally in this life and have to wait for the next to start all over. Wheee!

Want to make sure you screw it up? Magically "binding" someone to you ... that's a good start. I have a couple of horror stories (er, cautionary tales) I can share in a more private forum. Point being - Set forth your intention and leave it alone. And while you are waiting, do interesting things. Read. Visit art galleries. Hike in the woods. Walk on the beach. Volunteer at a soup kitchen or animal shelter - help others. Create. Take a yoga or meditation class. Change your hair color. Learn a foreign language. But anyway --- occupy yourself while your intention manifests.

And before you meet that someone special - that tall, dark, mysterious stranger - you may fall in love with someone else first. Yourself.

And that's the greatest love of all, baby!

**God(dess) Bless Us All!**

**Laura**

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**NEW-AGE FAIRES HELD EVERY SATURDAY** Faire time 12-6pm. (203) 308-2457 for appointments

**Readers (\$30/30 minutes - cash only).**

February 2

- Gwen - Whole Life Reading (past life memories)
- Karn - Psycards (Mediumship)
- Sandy - Tarot (with or without Soul Portrait)
- Sherri - Tarot/Astrological Spread

February 9

- Pina - Angel Oracle (Mediumship)
- Red Goddess - Tarot
- Randy - Tarot
- Sherri - Tarot/Astrological Spread

February 16

- Gwen - Whole Life Reading (past life memories)
- Karn - Psycards (Mediumship)
- Sherri - Tarot/Astrological Spread

February 23

- Andrea - Tarot (Mediumship)
- Andrew - Tarot, Runes
- Pina - Angel Oracle (Mediumship)

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**The designation of "mediumship" is NOT a guarantee that your loved one(s) will present themselves in the reading - it means the channel is open and a particular reader is skilled at recognizing and then relaying information when/if it comes through.**

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We do things a bit differently at Talisman. You pay our readers AFTER the reading is finished, and if you are not happy you don't pay. NO READER can read EVERYONE successfully and everyone who works at Talisman is aware of this fact. Know that it is acceptable after the first 5 minutes of a reading to say something like, "I'm sorry, what you are saying just isn't resonating with me. I would like to stop the reading now, but thank you for your time". If you do not hear something amazing in the first five minutes, or if it just isn't right ... don't expect a reading to get better as it goes on. Readings go off track for a number of reasons - but the point is, you shouldn't pay if you are not happy. Please, just be courteous and respectful. Complaints are rare because every reader has had to pass the "ultimate interview" ... they must sit and read ME (and I've been reading over 35 years myself) and tell me something about my past/personal life, my children, home, or business that they could not possibly have heard or learned someplace else. But every reader has their unique gift and their own style, it is NOT one size fits all. Personally, I don't think anyone should get a reading more than once every 6-8 weeks and prefer you allow at least 3 months between readings ... you don't want to become a psychoholic, right? I WILL discourage you from this behavior! My goal is to see people leave an "intuitive counseling session" (because that is really what we do) feeling validated, uplifted and hopeful regardless of the situation or challenges they may be facing. That is the true measure of a "good" reading!

Laura - Private/Phone/Skype appointments:

I do private, in-depth readings by appointment. My comprehensive multi-service 60+ minute private session includes a chakra check-up, a printout, review of your astrological natal chart, tarot and palm reading and more! (\$75). Private tarot readings (\$30/30min, \$60/hr) also by appointment. Phone sessions are \$20 for a half hour - for those who do not live nearby. Yes, I do \$5 tarot/palm readings on Wednesday, Thursday, Friday and Sunday. The Faire is Saturday, with all our wonderful guest readers, **so I do NOT do \$5 Readings on Saturdays**. Please understand these are done in-between phone calls and waiting on patrons - you can't make an appointment, and I do get interrupted. Sometimes there is no one waiting, other times a dozen people are standing in line. They are five dollars because the shop is open and I am working, so they are not strictly "private" readings. If you require privacy please understand the shop is open for business. That's why they are five dollars! These mini-readings last about 10 minutes or so, and great if you have a quick question or have never experienced a reading before.

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**Classes/Events at Talisman - Limited space, you must RSVP (203) 308-2457**

**Tarot 101:** Monday, February 11th from 7-9pm. Taught by Laura Lenhard (\$10).  
Beginner/Intermediate level. Handouts - but remember to bring your tarot cards! Limit  
10 Attendees.

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**Warrior Wards:** Monday MARCH 18, 7-9pm. Taught by Gina Martini. \$25. Creating  
everyday Wards and then turning them UP - Badass Wards  
for modern-day Warriors/Witches. (Note: More information in March Newsletter)

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### **Community Events**

The Connecticut Wiccan Pagan Network (CWPN) Inc. is a 501(c)(3) not-for-profit educational and networking organization dedicated to meeting the needs of the greater Wiccan and Pagan community in Connecticut and surrounding areas. The goal is to help provide a forum for Wiccans and Pagans to meet others of "like mind" and to come together and worship in a safe environment. Our hope has been to construct a sense of "community" in which we can all share with and learn from one another. Membership is open to all Wiccans, Pagans, and those with a serious interest in learning more about our religion. If you are under 18 years of age you may join with written parental consent. We reserve the right to refuse or terminate the membership of anyone who we feel may be harmful to our organization or to the Wiccan/Pagan Community. Learn more at our website: [CWPN.org](http://CWPN.org). The CWPN hosts monthly networking meetings throughout the state, open Sabbat circles, coven and study group referral service, classes/workshops, various social events and lectures with well-known members of the Pagan community.

### **Imbolc Celebration**

Saturday, February 9, 2019 at 1 PM – 6 PM. Bethel Historical Society, 40 Main St,  
Bethel, Connecticut 06801. (203) 794-1050. Children welcome! Admission: Members  
\$5, NonMembers \$10.

Join us as we honor the end of winter and usher in the beginning of Spring!

- Doors open at 1pm
- Angelica Bitters Class 1:30pm
- Brigid's Crosses 3pm
- Ritual 4pm
- Dinner and raffle 5-6pm

Meal is Potluck, so please bring your favorite dish to share!

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Friday, Feb 22: Paint 'n Sip at RadArt Studio in Oxford, 6:30-8:30pm. Join us once a month, 4th Friday, for Zodiac paint night. This month, Aquarius - Paint a Zodiac themed 16X20 canvas: Canvas, supplies, and instruction \$35. Sherri from Talisman & Cauldron will be available for astrologically themed tarot readings \$20/20min. Email Kayla for reservations at [radart.rocks@gmail.com](mailto:radart.rocks@gmail.com) (203) 889-8971

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**Buddhist Path to Recovery from Addiction.** Cost: Donation. This is a spiritual approach for those who have not found AA/NA appealing OR want to incorporate another service along with AA. **Mondays** 7:30pm Blue Lotus Yoga, 731 Main St., Monroe. **Thursdays** 6:30pm at the Tibetan Buddhist Center, 30 Putnam Park Rd., Redding. **Sunday** 7:30am Barefoot Living in the Arts, 85 Mill Plain Rd, Fairfield. Contact: [ericperro@gmail.com](mailto:ericperro@gmail.com).

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Our own China (who is always at the shop on Tuesdays and most Saturdays) also makes the sage water spray, Four Thieves products, soaps, salt baths and many of the oils. She is a gifted artist as well, please visit her at One Handy Witch: The Art of China Mayhew

[One Handy Witch on Facebook](#)

[One Handy Witch website](#)

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**Awaken The Power Therapy:** Introduces Women’s Wellness & Empowerment Group. This group is an 8-10 session group that meets on Saturdays. The Group focuses on life issues: juggling work & family, substance abuse issues, early recovery from substance abuse & depression, parenting issues, parenting a "difficult" child or a child with a mental health diagnosis, relationship issues, low self-esteem, social isolation, reduction of sexual libido with depression and/or childbirth, assertive communication with a spouse & in the workplace. This group allows for a supportive & safe space to process, ventilate feelings & gain useful advice and support using art therapy, GODDESS Training, expressive therapy, spiritual principles, cognitive behavioral therapy techniques, dialectical behavioral therapy approaches, guided meditation and open discussions with other women. Each Group is \$25 per session. For clients with Medicare or Medicaid sessions will be free! CALL FOR DETAILS! Monique West, LCSW. Email: [Mwest@awakenthepower.org](mailto:Mwest@awakenthepower.org) 58 River Street, Milford, CT 06460 203-693-1050

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Hunter Healing Hands: Located in Black Rock, Jessica and Jim Hunter's events include

Reiki Share; monthly drum circle; classes and so much more! For details, cost, etc. please see Hunter Healing Hands Contact 203-916-8381 to register for an event!

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Get a new career in Dental Assisting in only 15 Saturdays! Low tuition, located at beautiful 4 Corporate Park, Shelton! Labco School of Dental Assisting Plus, LLC. City beat award winner for customer excellence two years in a row! Call Laura Benedetto-Collins, Director/Owner 203-253-3520

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The Collab Exchange: A retail hybrid cooperative to launch Bridgeport based retail brands and encourage small business growth, business development, and promote entrepreneurship. Features the work of Bridgeport based fashion designers and brands. Located at 1123 Main Street, HSW Building, a half-block from the Holiday Inn & Conference Center.

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### [By the Numbers](#)

#### **[By China Mayhew, Numerologist](#)**

For many of us, it seems our vocation and avocation never seem to jive. There's a constant conflict between what you want to do, where your talent lies, and what you wind up actually doing. Now I'm not talking about the misguided need that leads a person to fulfill someone else's expectations or just needing to be practical because reality constantly rears its ugly head. Most people involved in the arts have had to come to terms with the need for a day job. In this job there's no expectation of fulfillment, it's a means to an end. Rent and utilities have to be paid because no matter how fulfilling that part in the off off off off Broadway play is, it still pays only bus fare. What I'm talking about is that feeling you get when you know what you want to do, you know what you are good at, you may even have all the required documentation and yet circumstance seems to constantly steer you in another direction. Even if you are brilliant at what you are doing, and the money is pouring in, you're miserable. Well, the numbers can give you some insight into this situation.

There are 2 numbers in everyone's chart that can lead to this conundrum. The first is your Destiny/Fate number. This number is the sum of your birth month number, your birthday, and your birth year, eg. February 1, 2019, would be  $2+1+2+0+1+9=15/6$ . It represents what one should accomplish this time around, but in single digit form, it's also a good indicator of the career path. The second number is often referred to as the Path of Destiny number. It's obtained by adding up the numerical values of all the letters in your name. It's an indicator of all-around personality, talents, skills, it's the kit and

caboodle, everything you have at your disposal to achieve your destiny. What you have to do, and what you have to do it with, but here in lies, the rub ... numbers, like people, don't always get along. Where a 4 will work nicely with more analytic numbers, it is diametrically opposed to numbers that attract a more wild and free vibration. Put a 4 with those numbers and it becomes an unyielding containment unit...a horrid little box. How do you get around this? What can the numbers tell you other than you are destined to be miserable and the "Powers That Be" seem to enjoy watching you in that condition? For one thing, that Destiny/Fate number can give you the clues you need to bring your skill set up to speed. Fate is usually the spanner in the works, everything could be easy, but where's the fun in that? And destiny? Well despite popular opinion destiny is not something written in stone, it's more the road map of the necessary learning curve needed to achieve the desired outcome. So yes your numbers may be in conflict, but that destiny number is showing all the blanks that need to be filled in. Just because your path of destiny number says you are an artist in every way shape and form and you really don't want to block your creative flow with all that businessy stuff, your destiny number suggests a business-oriented carrier path, and fate keeps placing you in a corporate environment that feels like a soul-sucking fate worse than death, that doesn't mean your destiny can only be achieved by enduring what feels like endless misery. You are being clued in that you need to learn the business side of being an artist. Ultimately your destiny can only be fulfilled through your path of destiny, those skills you've come into this world with which are then augmented by those you acquire over the course of a lifetime. Where this can be somewhat muddy when it comes to other aspects of life, when it comes to career it can be pretty straightforward, you can look at that destiny number and then the choice becomes yours. The easy and least productive road is enduring endless misery. The other option is, establish your priorities, create realistic expectations, and possibly bite the bullet in the short term to achieve your destiny on your own terms.

### **Next Month: Karmic Numbers**

Background: I've been doing numerology for roughly forty years. I started in my early teens reading palms, and then switched to astrology. I was very frustrated with the fact that even though I'd learned how to do astrological charts (old-school style no computers) I still couldn't do an accurate chart for myself. Being adopted I had no clue as to my birth time. Numerology didn't require that information nor did it require excessive math and ephemerides, just the full name, the name a person chooses to be known by, and their birthday. I was also intrigued by how the name you choose to be known by interacts with your birth name, and how a change in name can invite a whole new vibration, good or bad. Although, I've used Chaldean and Cabalistic numerology systems my personal preference is the double-digit Pythagorean system for its ability to



handle many different alphabets. My charts include overall personality, destiny/path of destiny, the name charts, pinnacles, challenges, info derived from the birthdates and other helpful information hidden within a name. I also use the divine triangle which gives an overview of the three major 27 year periods in one's life, each broken up into periods of nine. I do a chart and provide a pamphlet with the information derived from your name and a 30-minute session to go over the points in the chart. Appointments are made on Sundays (but other arrangements are possible) I do need at least one week in advance to prepare the chart. Cost: \$30.00

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### [Astrology Corner](#)

**By Alethea Hunt, Astrologer**

February arrives under the influence of two distinct and potent astrological energies playing out in tandem. The month begins with a “bang” via a volcanic square-off between Mars in Aries and Pluto in Capricorn on Feb 1st; an explosive vibe that needs careful handling. Tempers can flare, longstanding simmering resentments can quickly reach a boiling point, and there’s even a capacity for sadistic violence in the air so please handle this energy with care! Do not act upon any destructive impulses arising at this time and rather than becoming reactive and lashing out, this alignment presents us with a moment to proactively consider how to manage “hot” responses therapeutically – mind your “triggers” and what you \*do\* when your psychological “trip wires” are hit. Because Mars in Aries is involved, be particularly cautious around men with tempers – if you’re in any kind of abusive situation, this is an energetic cue to get the hell out; we can’t ever be too careful when Mars & Pluto square off, because under the wrong circumstances violence does have the capacity to be fatal. I don’t like to sound alarmist, but this is an energy we definitely don’t ever want to take too lightly.

Following this we have a trine between Venus in Sagittarius and Uranus in Aries on Feb 2nd. Though any planetary aspect involving Uranus can be a wildcard and tends to destabilize things, generally speaking this energy is inclined to be a favorable influence that emphasizes financial and relationship matters in more positive ways – maybe some unexpected money comes our way, or our Sweetie surprises us in a \*good\* way; if we’re lucky, perhaps with some kind of gift we didn’t see coming (let’s hope it’s a pair of plane tickets for the win, LOL).

The Aquarius New Moon on February 4th shakes things up on the home and family front, but in a good way c/o its supportive link to benefic Jupiter in Sagittarius. Any changes occurring at this time facilitate growth & an optimistic perspective works wonders in shifting both our mood and circumstances for the

better. Another highlight of this lunation is its ability to help expand our social circles – network more & get connected to bigger groups for maximum benefit. Mercury nearby this lunation suggests maybe trying out different neighborhood locales or striking up random conversations with strangers outside of our usual comfortable in-town spots; maybe take a drive a town or two over and investigate what the social scene has to offer in a slightly different area.

Mid-month a punchy conjunction between Mars & Uranus in Aries takes place on February 13th. This energy will be active for several days on either side of the above-mentioned date, and it's a volatile pairing that can be prone to sudden upsets, social agitation (online or otherwise), and the possibility of accidents or even random violence. Keep a cool head in any hot situations and detach from conflict - especially with irrational people - ASAP. Use extra awareness when handling hot or sharp objects or anything electrical to prevent any possibility of burns, cuts, or shocks. The days leading up to this conjunction can, however, be good energy for starting something new that may be a game-changer provided we're willing to adapt quickly to changing conditions and find this stimulating rather than irritating - some get off on having to constantly innovate, as it keeps them feeling alive.

A Full Moon in tidy, wellness-oriented Virgo on February 19th highlights health matters and cleanliness of body and home. With the Pisces Sun opposite this lunation, it's possible we may have been neglecting or even ignoring something in this regard and now we have an opportunity to bring things back into balance. Chiron jabbing at the Moon uncomfortably suggests a need for immediate adjustment - and hopefully healing - of some kind of chronic issue, but not in a way that's too hasty, that lacks a methodology, or that jeopardizes the security of our health. So no crazy crash diets, extreme workouts, or quick-fix hacks to cleanse the energetic or actual health of the home while failing to address a more immediate issue, OK? Think "holistic". Mars in Taurus supporting this lunation helps to light a steady fire under our butt so we're able to see whatever we're doing through – get in touch with your desires and be willing to take action in tangible ways; say with exercise or making more proactive food choices if this relates to our body or by pulling the trigger on a new aesthetic for the household if it's our home in need of cleanliness and organization. Do mix mundane and magickal at this lunation; say with a homemade prosperity-enhancing mop-n-glo, the ritual burning of some all-natural money-attracting candles (utilizing all proper fire safety precautions, of course!) to "green up" our home after a good scrub, or perhaps a spell to help encourage the starting of new healthy habits for our physical vessels. Uranus in Aries also lending energy to the Full Moon favors initiating a change of some kind at this time, so don't do the "same old, same old" and expect different results; bust a move/rut and maybe even actively recruit friends for help if appropriate.

Overall the month ends on a quieter energetic note than it began on; the last astrological event worth mentioning is the conjunction of Venus with Pluto in Capricorn on Feb 22nd. This energy favors putting on the brakes and pulling out of an investment in either the financial or relationship realms. This is like hitting some kind of stop-loss/limit where we're able to prevent further deterioration in a financial or relationship condition by looking at things over a longer timeline and drawing a line in the sand for when it's time to cut a loss. It isn't light and fluffy energy, but it does help preserve time, energy, money, and/or love for more worthwhile expenditures later on down the road. Don't let yourself reach a point where you're entirely spent and feeling resentful/used; retract that investment if it's not yielding a tangible return. This isn't fear-based; it's sensible if/when there is no guarantee it will pay off.

**\*\*\* A note to readers:** If you would like to receive my FREE monthly newsletter via email which is packed full of information & astrological insights, click [HERE](#) or email Alethea@EmpoweredDestiny.com and I'll be happy to add your name to my list of recipients! You can also follow my nifty astro-blog or find me on Twitter (@EmpwrDstny).

**Namaste, my friends -  
"The Divinity within me perceives and adores  
the Divinity within you"  
\* Laura \***