M.J. Powers & Co. Continuing Education

PSYCHIATRY DRUG ALERTS

Target Audience

This activity is intended for physicians and other healthcare providers who are involved with or have an interest in the management of psychiatric disorders.

Learning Objectives

- Recognize and implement new approaches to the treatment of psychiatric disorders.
- Determine appropriate treatment selection for psychiatric disorders.
- Identify and appropriately prescribe medications or other therapeutic interventions for various psychiatric disorders.
- Recognize, avoid, and manage drug side effects and drug interactions.

Activity Code 19MP01S / Exam #45						
Issues to be inclu	ded January–June 2019					
Release date	July 2019					
Exam must be re	turned by December 31, 2020					

Upon completing this activity as designed and achieving a passing score of 70% or higher on the posttest examination, participants will receive a letter of credit awarding *AMA PRA Category 1 Credit(s)*TM and the test answer key four (4) weeks after receipt of the post-test and registration/evaluation form.

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In order to obtain CME/CEU credit, participants are required to complete all of the following:

- Read the learning objectives and review *Psychiatry Drug Alerts*, Volume XXXIII, January 2019 through June 2019 (6 issues) and complete the post-test.
- **2.** Complete the enclosed registration/evaluation form and record your test answers in the boxes using either pen or pencil.
- 3. Mail the form to M.J. Powers & Co. Publishers, 45 Carey Ave, Ste 111, Butler, NJ 07405; scan and email it to cme@alertpubs.com; or fax it to 973-898-1201.

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Disclosure Declarations

Kate Casano has no relevant financial relationships.
Trish Elliott has no relevant financial relationships.
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2. In a placebo-controlled trial of fluvoxamine plus either mantadine or placebo in patients with moderate-to-evere OCD, significantly greater improvement was observed in Yale-Brown Obsessive Compulsive Scale Y-BOCS) scores with: A. Placebo B. Amantadine 1/19, pgs. 1–2 3. In this study, patients who received amantadine demonstrated a significantly larger reduction in the Y-BOCS score(s). A. Obsession B. Compulsive C. Avoidance D. All of the above 1/19, pgs. 1–2 ***********************************	6. While there is limited data regarding interactions between antiretroviral agents and antipsychotics (particularly first-generation agents), many of these drugs are				
B. Neuroprotective effects	also metabolized by the CYP450 system, and the potential for interactions exists. A. True				
	B. False				
1/19, pgs. 1–2	1/19, pgs. 3–4				
2. In a placebo-controlled trial of fluvoxamine plus either amantadine or placebo in patients with moderate-to-severe OCD, significantly greater improvement was observed in Yale-Brown Obsessive Compulsive Scale (Y-BOCS) scores with:	7. An important consideration when coprescribing antipsychotics and antiretrovirals is the potential for psychiatric symptom exacerbation. Non-nucleoside reverse transcriptase inhibitors (NNRTIs), in particular have been associated with adverse effects such as psychosis, nightmares, and insomnia.				
	A. Nevirapine				
B. Amantadine	B. Delavirdine				
1/19, pgs. 1–2	C. Efavirenz				
3 In this study natients who received amantadine	1/19, pgs. 3–4				
demonstrated a significantly larger reduction in the	非非非非非非非非非非				
A. Obsession B. Compulsive	8. In a retrospective cohort study of the effects of benzodiazepines in veterans with PTSD, compared with non-use, use of these agents was associated with increased risk of:				
D. All of the above	A. Suicide attempts and suicidal ideationB. Completed suicide				
1/19, pgs. 1–2					
*********	C. Most types of health care utilizationD. All of the above				
4. In a randomized open study in patients whose depression did not remit with venlafaxine, which strategy was more effective than adding mirtazapine?	1/19, pg. 59. Benzodiazepines can provide short-term symptomatic				
B. Switching to mirtazapine	relief in PTSD, but they are not effective in treating the core symptoms of the disorder and are associated with worsening of:				
	A. Overall symptom severity				
1/19, pg. 2	B. Anxiety and aggressionC. Substance abuse and social function				
5. During randomized treatment in this study, remission was achieved by % of the imipramine group and	D. All of the above <i>1/19</i> , <i>pg</i> . <i>5</i>				
39% of the adjunctive mirtazapine group.	本學者亦學學者亦學學				
B. 59 C. 63	10. A pooled analysis of manufacturer-sponsored trials was undertaken to clarify the effects of adjunctive brexpiprazole on patient function in resistant depression. Compared with placebo, patients who received brexpiprazole showed significantly greater improvement in the mean total Sheehan Disability Scale (SDS) score.				
	A. True B. False				

1/19, pgs. 5–6

11. The patients who received brexpiprazole showed larger improvement than the placebo patients in the social life and SDS function measures. A. Work/studies	16. According to the FDA Psychopharmacologic Drug Advisory Committee and Drug Safety and Risk Management Advisory Committee, the risk-benefit profile of esketamine nasal stray favorable in					
B. Self-care	patients with treatment-resistant depression.					
C. Family life	A. Is					
D. All of the above	B. Is not					
1/19, pgs. 5–6	2/19, pg. 9					
李章李章李章李章	***********					
12. In a matched cohort of older patients, rates of hip fracture were higher among those who received a prescription for an antidepressant than those who did not. Risk was greatest:	17. According to the results of a meta-analysis, although the absolute risk is small, exposure to SSRIs or SNRIs during pregnancy is associated with increased risk of persistent pulmonary hypertension of the newborn					
A. In the period before the start of treatment	(PPHN). The analysis indicates this is a class effect of SSRIs and that among the agents, may be the					
B. During treatment	safest option because it crosses the placenta in a lower					
C. A year after starting treatment	percentage than other SSRIs.					
1/19, pgs. 6–7	A. Citalopram					
	B. Sertraline					
13. Regardless of whether the association is causal, the	C. Fluoxetine					
authors urge caution when prescribing antidepressants for older people as there is the potential for other serious	D. Escitalopram					
adverse effects. According to an editorial, if an antidepres-	2/19, pgs. 9–10					
sant is warranted, clinicians should avoid prescribing agents and use a careful dose-escalation schedule.	*********					
A. AnticholinergicB. SedatingC. Both of the above	18. Results of a placebo-controlled trial suggest that olanzapine alone is a sufficient treatment for anorexia nervosa in adults.					
	A. True					
1/19, pgs. 6–7	B. False					

14. According to the updated Risk Evaluation and Mitigation Strategy (REMS) Program for clozapine, outdated ANC values will only prevent a certified pharmacy from dispensing clozapine if the most recent value indicates neutropenia and the prescriber has not submitted a treatment rationale to the REMS program.	 2/19, pgs. 10–11 19. In the study, olanzapine treatment produced significantly greater than placebo. A. Reductions in Yale-Brown Obsessive Compulsive 					
	Scale scores P. Improvements in global functioning					
A. Mild	B. Improvements in global functioningC. Weight gain					
B. Moderate or severe	D. All of the above					
C. Life-threatening						
D. Any of the above	2/19, pgs. 10–11					
1/19, pgs. 7–8	******					
李华李李李李李李李李	20. Anxiety is present in >10% of patients with HIV, and					
15. Results of phase 3 studies and a long-term safety study indicate that treatment with esketamine nasal spray (<i>Spravato</i>), in addition to a newly initiated oral antidepressant, produced improvement in adults with treatment-resistant depression.	severe anxiety is predictive of non-adherence to antiretro- viral therapy (ART). According to a comprehensive review, when concomitant anxiolytic and ART are required, benzodiazepines that are not dependent on CYP metabolism, such as, are recommended.					
A. Clinically relevant	A. Diazepam and clonazepam					
B. Rapid	B. Alprazolam and clobazam					
C. Sustained	C. Diazepam and alprazolam					
D. All of the above	D. Lorazepam and oxazepam					
2/19, pg. 9	2/19, pgs. 11–12					

21. According to the same review, the prevalence of bipolar disorder is nearly 4-times higher in adults with HIV than in the general population, and patients with bipolar disorder are more likely to engage in behaviors that increase their risk of acquiring HIV. When a patient receiving ART requires a concomitant mood stabilizer, may be the best option because its lack of	25. Cariprazine has demonstrated acute and relapse-prevention effects in patients with schizophrenia. According to a post-hoc analysis of clinical trial data, nearly of patients who achieve remission with the drug can be expected to sustain remission for at least 6 months with continued treatment.					
cytochrome P450 effects makes it unlikely to cause hepatically-mediated interactions.	A. Three-quartersB. Two-thirdsC. Half					
A. Lamotrigine B. Lithium	D. One-third					
C. Divalproex	2/19, pgs. 15–16					
D. Carbamazepine	**********					
-						
2/19, pgs. 11–12 22. In addition to pharmacokinetic interactions, there is the potential for ART regimens to augment expected adverse events of anxiolytics and mood stabilizers. In particular, benzodiazepines pose a concern for excessive sedation, and mood stabilizers for, constipation,	26. The FDA has approved intravenous brexanolone (Zulresso) as the first agent specifically indicated for treatment of postpartum depression. Due to risk of and sudden loss of consciousness, the drug will only be available through a Risk Evaluation and Mitigation Strategy (REMS) program with restricted distribution.					
nausea, vomiting, dizziness, and somnolence.	A. Dizziness					
	B. Excessive sedation					
A. Hypotension B. Headache	C. Injection site reaction					
C. Dry mouth	D. All of the above					
D. Confusion	3/19, pg. 17					
2/19, pgs. 11–12	非赤非非非非非非非					
海水水水水水水水水水水水	27. According to a retrospective chart review, veterans had modestly better PTSD outcomes when treated with:					
23. In a small placebo-controlled trial, the investiga-	A. An SSRI					
tional fatty acid amide hydroxylase (FAAH) inhibitor PF-04457845 reduced in men seeking treat-	B. An opioid					
ment for cannabis dependence.	C. Buprenorphine–naloxone					
A. Withdrawal symptoms	D. None of the above					
B. Cannabis use	3/19, pgs. 17–18					
C. Self-reported depression, anxiety, and irritability	7,10					
D. All of the above	28. In these patients, PTSD symptom scores decreased by					
2/19, pg. 13	24% with buprenorphine-naloxone and by 16% with opioids; scores increased slightly with SSRI treatment.					
********	A. True					
	B. False					
24. According to an analysis of data from a Swedish	3/19, pgs. 17–18					
national medical registry, treatment with a statin, an L-type calcium channel antagonist, or metformin reduces	*********					
rates of psychiatric hospitalization and in adults with bipolar disorder, schizophrenia, or nonaffective psychosis.	29. A review of spontaneous posts to an internet discussion forum found antidepressant discontinuation-associated brain zaps—described as electric shocks within the skull sometimes accompanied by dissociation, vertigo, and a					
A. Extrapyramidal effects B. Self-harm						
C. Treatment nonadherence	buzzing sound-found accounted for about one- fourth of the occurrences, which is disproportionate to its					
D. Cognitive dysfunction	prescribing frequency.					
2/19, pgs. 14–15	A. Fluoxetine					
*******	B. Bupropion C. Venlafaxine D. Duloxetine					
	3/19, pgs. 18–19					

CME / Exam 45 3

30. The causal mechanism of brain zaps is unknown, but they appear to be related in part to how rapidly antidepressant activity diminishes in the brain after discontinuation. Patients reported using many methods to get relief from the symptoms (e.g., exercise, relaxation, and various supplements); seemed effective.	34. In addition to pharmacokinetic interactions, concurrent use of substance use disorder medications and ART regimens can have compounding effects, which can include: A. Liver enzyme elevations
A. Most	B. Hepatotoxicity
B. None	C. QT prolongation
	D. All of the above
3/19, pgs. 18–19	3/19, pgs. 19–20
李珠安李珠安李珠李	***************
31. Substance use disorders are an important concern in patients with HIV. Clinically significant interactions between methadone and most antiretroviral (ART) classes are uncommon, however, individual agents can affect methadone metabolism. While most combinations do not require methadone dosage adjustments, clinical guidelines recommend increasing methadone to avoid	35. In a preliminary randomized trial in patients with opioid use disorder, compared with oral naltrexone, patients who received the long-acting injectable formulation following detoxification. A. Remained in treatment longer B. Had fewer opioid-positive screens
opioid withdrawal symptoms when it is used in combina-	C. Attended more therapy sessions
tion with:	D. All of the above
A. Ritonavir	
B. Abacavir or nelfinavir	3/19, pgs. 20–21
C. Elvitegravir	*******
D. Efavirenz or nevirapine	
3/19, pgs. 19–20	36. A network meta-analysis supports all of the following as first-line pharmacotherapy for generalized anxiety disorder except:
32. In patients receiving treatment with buprenorphine for opioid dependence, guidelines recommend against	A. Venlafaxine
coadministration of buprenorphine with unboosted	B. Vortioxetine
atazanavir and close monitoring of patients receiving	C. Duloxetine
ART regimens that include ritonavir, which can produce a significant in buprenorphine plasma levels.	D. Escitalopram
	3/19, pgs. 21–22
A. Increase	
B. Decrease 3/19, pgs. 19–20	37. The analysis found was most effective at reducing Hamilton Rating Scale for Anxiety (HAM-A) scores but was associated with high rates of premature study withdrawal.
33. Of the 4 agents FDA-approved to maintain abstinence	·
in alcohol use disorders (i.e., acamprosate, disulfiram,	A. Vilazodone
oral naltrexone, intramuscular naltrexone), none have significant CYP effects, and coadministration with ART	B. Paroxetine
regimens is generally considered to be safe. However,	C. Quetiapine D. Pregabalin
coadministration of has been shown to negate	
the efficacy of disulfiram, and the lopinavir-ritonavir	3/19, pgs. 21–22
combination product contains ethanol, and coadministra- tion with disulfiram could lead to a disulfiram-like reaction.	李孝培李孝宗李孝宗
	38. According to the results of an observational study,
A. Nevirapine B. Atazanavir	adding a/an appears to be the best choice for patients with schizophrenia for whom monotherapy with a second-generation antipsychotic is insufficient.
C. Darunavir D. All of the above	
3/19, pgs. 19–20	A. BenzodiazepineB. AntidepressantC. Mood stabilizerD. Additional antipsychotic
	3/19, pgs. 22–23

39. Despite the advantages of long-acting injectable antipsychotics in providing consistent medication exposure, patients may experience breakthrough symptoms. Potential causes for these breakthrough symptoms can include:	43. In a population-based cohort study of >62,000 patients with schizophrenia followed for a median of 14 years, the overall risk for was significantly lower during periods of antipsychotic polypharmacy than monotherapy.
A. Low plasma drug levels	A. Death
B. Comorbid medical illness	B. All-cause hospitalization
C. Improper administration technique	C. Psychiatric rehospitalization
D. All of the above	D. All of the above
3/19, pgs. 23–24	4/19, pgs. 27–28
40. In a randomized trial in patients with schizophrenia, adding the investigational opioid antagonist samidorphan to olanzapine treatment produced 37% less weight gain than olanzapine alone. However, effects were seen only in patients who did not experience early weight gain during	44. In the study, clozapine was associated with the lowest rate of psychiatric rehospitalization of any monotherapy, and the combination of was the only polypharmacy superior to clozapine monotherapy. A. Clozapine and aripiprazole B. Clozapine and risperidone C. Aripiprazole and quetiapine
a 1-week olanzapine lead-in.	D. Risperidone and quetiapine
A. True	4/19, pgs. 27–28
B. False	*******
4/19, pgs. 25–26	
*************	45. In a clinical trial, cariprazine treatment reduced depressive symptoms in patients with bipolar I disorder. At study week 6, rates of treatment response with
41. Antipsychotic-induced hyperprolactinemia is common in patients with schizophrenia. According to an analysis of combined data from brexpiprazole clinical trials, prolactin levels increased slightly in patients treated with the agent who had initially normal values and in those whose pretreatment values were above the upper limit of normal.	Cariprazine were about%. A. 15 B. 35 C. 50 D. 70 4/19, pgs. 28–29
A. Increased substantially	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
B. Were unchanged	46. However, in the study, active treatment was associated
C. Decreased	with significantly higher rates of treatment-emergent
4/19, pgs. 26–27	mania, weight gain, and metabolic changes than placebo.
	A. True B. False
42. In long-term studies, a shift in prolactin from within	4/19, pgs. 28–29
the normal range to >3 times upper limit of normal occurred in% of women receiving brexpiprazole.	米拉班班班米班班班
The proportion of patients with a shift of this magnitude	
was negligible in women in the acute studies and in men.	47. In a group of patients with treatment-resistant depres-
A. 5.3	sion, a single ketamine infusion produced response (i.e.,
B. 9.2	≥50% improvement in Montgomery-Asberg Depression Rating Scale score) in 27%. Repeated ketamine infusions
C. 15.6	(3/week for 2 weeks) produced additional improvement in
D. 28.1 4/19, pgs. 26–27	symptoms and nearly 60% of patients achieved response. Following weekly maintenance infusions for 4 weeks,
******	$___\%$ of these patients maintained response.
	A. 20
	B. 46
	C. 66
	D. 91
	4/19, pgs. 29–30

CME / Exam 45 5

48. The most common adverse effects of ketamine infusions were cardiorespiratory effects, numbness or tingling, dissociation, dizziness, and visual disturbances. These effects were: A. Transient	53. Results of a large cohort study suggest that women treated with antidepressants or anxiolytics in early pregnancy have a 3-fold increase in risk of preeclampsia. Risk appears to be in women who discontinued the drugs before the 16th gestational week.
B. Cumulative	A. Intensified
4/19, pgs. 29–30	B. Unchanged C. Attenuated
**************************************	5/19, pgs. 34–35
49. Ketamine infusion has rapid and substantial anti- depressant effects; however, the benefits are transient. In a randomized controlled trial of continuation therapy in patients with treatment-resistant depression, adding lithium to continuing ketamine infusions patients' initial response.	54. The study also found preeclampsia risk increased in women with unmedicated depression or anxiety, but not to a significantly greater degree than in those without the disorders. A. Was
A. Prolonged	B. Was not
B. Did not prolong	5/19, pgs. 34–35
4/19, pgs. 30–31	******
*********	*****
50. Some research has suggested that early initiation of levodopa could modify the course of Parkinson's disease. However, a randomized delayed-start trial found no difference(s) in between patients who received early- or delayed-start levodopa.	55. In a manufacturer-sponsored study of patients with depression that was well controlled with citalopram, paroxetine, or sertraline but who were experiencing treatment-emergent sexual dysfunction, switching to improved sexual function without sacrificing antidepressant efficacy.
A. Disability and quality of lifeB. Symptom progressionC. Cognitive function and depressionD. All of the above	A. AgomelatineB. KetamineC. AtomoxetineD. Vortioxetine
4/19, pgs. 31–32	5/19, pgs. 35–36
51. Despite positive results from clinical trials, use of estrogens and selective estrogen receptor modulators as adjunctive treatment in patients with schizophrenia is uncommon. Estradiol, a major form of estrogen, is a neuroactive steroid that enters the brain and interacts with the system(s), with possible neuroleptic effects similar to second-generation antipsychotics.	56. The study results suggest the switch may be particularly effective in patients whose sexual dysfunction is associated with treatment. A. Paroxetine B. Sertraline C. Citalopram
A. Dopaminergic	D. Any of the above
B. SerotonergicC. GlutamatergicD. All of the above	5/19, pgs. 35–36 ********
5/19, pgs. 33–34	57. Although further research is needed, a comprehensive
*******	review suggests that medication-related changes in cortical excitability and plasticity can influence outcomes of brain stimulation in patients with psychiatric disorders.
52. According to a literature review, with age- and gender-appropriate physical health monitoring, adjunctive estrogen can be considered for women from post-puberty to post-menopause. Adjunctive SERMs appear to be promising but require further research.	A. True B. False 5/19, pgs. 36–37
A. True B. False	**********
5/19, pgs. 33–34	

58. Following safety concerns raised by a postn	narketing
review, a population-wide case-control study w	as under
taken to clarify suicide risk associated with zol	pidem
(Ambien) use in combination with other agents	. The
study found patients receiving zolpidem with _	
were at increased risk, compared with those re	ceiving
zolpidem alone.	

- A. An antidepressant only
- B. An opioid only
- C. A benzodiazepine only
- D. An antidepressant and a benzodiazepine

5/19, pgs. 37-38

59. In the same patient sample, a case-crossover analysis, which assesses acute trigger effects in association with short-term exposure, found significantly increased risk with all drug combinations, relative to zolpidem monotherapy.

A. True

B. False

5/19, pgs. 37-38

60. The serotonergic drug flibanserin (Addyi), approved to treat generalized hypoactive sexual desire disorder in premenopausal women, carries a boxed warning contraindicating its use with alcohol because of the possibility for severe ______. However, a safety review suggests alcohol need not be completely avoided by women taking the drug, provided temporal precautions are followed.

- A. Agranulocytosis
- B. Liver damage
- C. Hypotension and syncope
- D. None of the above

5/19, pg. 38

61. CYP2D6 metabolizer status (e.g., poor, intermediate, rapid) can affect drug pharmacokinetics. According to the results of a retrospective study, CYP2D6 genotyping prior to initiating treatment with aripiprazole or risperidone could:

- A. Minimize titration time
- B. Prevent inefficacy due to under dosing
- C. Reduce the incidence of adverse effects
- D. All of the above

5/19, pgs. 38-39

- 62. If untreated, agitation in pregnancy can lead to adverse outcomes such as premature delivery, low birth weight, growth retardation, postnatal death, and spontaneous abortion. According to a review, which of the following could be an appropriate treatment for acute agitation in a pregnant woman?
 - A. Diphenhydramine
 - B. Haloperidol
 - C. Lorazepam
 - D. All of the above

5/19, pgs. 39-40

- 63. Second-generation antipsychotics also appear to be safe for use in pregnancy, with no specific pattern of adverse outcomes.
 - A. True
 - B. False

5/19, pgs. 39-40

- 64. However, when medication is required, response should be monitored closely because pregnancy-related changes in drug distribution, metabolism, and clearance may require:
 - A. Increased fetal monitoring
 - B. Dosing modifications
 - C. Inpatient treatment
 - D. None of the above

5/19, pgs. 39-40

- 65. Clinical interviews are of limited accuracy in predicting worsening suicidal ideation during anti-depressant treatment. In a study of patients newly treated with duloxetine, a model that combined _____ and 2 RNA markers that can be easily measured in peripheral tissue was found to be accurately predictive.
 - A. Patient age
 - B. CYP genotype
 - C. Baseline depression severity
 - D. All of the above

6/19, pgs. 41–42

66. In a placebo controlled trial of patients with moderate-to-severe treatment-resistant depression, twice weekly esketamine nasal spray plus a new oral antidepressant produced response in ______% of patients, compared with 52% of those who received an oral antidepressant plus placebo nasal spray.

A. 12

B. 38

C. 69

D. 84

6/19, pgs. 42-43

67. Results of the study are encouraging and there was no clear evidence of withdrawal after discontinuation. However, concerns about the use of esketamine nasal spray, including remain.	71. In the study, the combination of was associated with the lowest failure rate and was the only combination associated with lower rehospitalization rates.
A. Potential suicide riskB. Length of treatmentC. Rapid relapse after discontinuationD. All of the above	 A. Olanzapine plus quetiapine B. Lithium plus aripiprazole C. Lithium plus valproate and olanzapine D. Lithium plus valproate and quetiapine
6/19, pgs. 42–43	**************************************

68. In a placebo-controlled withdrawal trial, patients who had achieved stable response or remission with adjunctive esketamine nasal spray were randomly assigned to placebo or continued esketamine. Patients who continued using esketamine nasal spray weekly or every other week did not have a significantly lower risk of relapse than those switched to placebo.	72. Benzodiazepines readily cross the placenta and have been identified at high concentrations in fetal tissues. According to the results of a case-control study, their use in early pregnancy associated with increased risk of spontaneous abortion. A. Is B. Is not
•	6/19, pgs. 46–47
B. False	
6/19, pgs. 43–44	73. The study found risk was increased: A. With benzodiazepines as a class
ear evidence of withdrawal after discontinuation. owever, concerns about the use of esketamine nasal oray, including remain. A. Potential suicide risk B. Length of treatment C. Rapid relapse after discontinuation D. All of the above (19, pgs. 42–43) ************ B. In a placebo-controlled withdrawal trial, patients who ad achieved stable response or remission with adjunctive esketamine nasal spray were randomly assigned to acebo or continued esketamine. Patients who continued sing esketamine nasal spray weekly or every other week d not have a significantly lower risk of relapse than lose switched to placebo. A. True B. False (19, pgs. 43–44) D. Relapse following antidepressant discontinuation can ometimes be attributed to antidepressant withdrawal. owever, that was unlikely in this study because the of esketamine precludes steady-state levels with termittent dosing. A. Short half-life B. Low bioavailability C. Primary metabolism pathway D. All of the above (19, pgs. 43–44) **********************************	B. In a dose-dependent manner C. With both long- and short-acting agents D. All of the above
intermittent dosing.	6/19, pgs. 46–47
B. Low bioavailability C. Primary metabolism pathway D. All of the above 6/19, pgs. 43–44	74. Results of a retrospective study suggest that a combination of genomic markers and baseline symptom severity can accurately predict response to SSRI therapy in patients with depression. The predictive genomic markers were 2 single-nucleotide polymorphisms (SNPs) both of which are biomarkers for:
70. An observational study of patients receiving monotherapy with lithium, valproate, olanzapine, quetiapine, or aripiprazole or a combination of the agents following a manic episode found those who received combination therapy had lower rates of all of the following except:	A. Plasma kynurenine B. Oxidative stress C. Immune and neuronal signaling D. None of the above 6/19, pg. 47
B. RehospitalizationC. Medication switches	75. An additional SNP, associated with plasma serotonin, was also found to be a significant predictor of SSRI response, but only in: A. Men
6/19, pgs. 44–45	B. Women 6/19, pg. 47

M.J. Powers & Co. Continuing Education

Psychiatry Drug Alerts - Activity Evaluation Form

Please note: Credit letters will be issued upon receipt of this completed evaluation form. The planning and execution of useful and educationally sound continuing education activities are guided in large part by input from participants. To assist us in evaluating the effectiveness of this activity, please complete this evaluation form. Your response will help ensure that future programs are informative and meet the educational needs of all participants. Thank you for your cooperation!

Program Objectives: Having completed this activity, you are better able to:	Stro Agr				ngly igree
		,			
Recognize and implement new approaches to the treatment of psychiatric disorders. Determine appropriate treatment selection for psychiatric disorders.	5 5	4	3		1
Identify and appropriately prescribe medications or other therapeutic interventions for various psychiatric disorders.	5	4		2	1
Recognize, avoid, and manage drug side effects and drug interactions.	5	4	3	2	1
Overall Evaluation:	Strongly Agree			Strongly Disagree	
The information presented increased my awareness/understanding of the subject.	5	4	3	2	1
The information presented will influence how I practice.	5	4	3	2	1
The information presented will help me improve patient care.	5	4	3	2	1
The information demonstrated current knowledge of the subject.	5	4	3	2	1
The program was educationally sound and scientifically balanced.	5	4	3	2	1
The program avoided commercial bias or influence.	5			2	1
Overall, the program met my expectations.	5	4	3	2	1
Based on information presented in the program, I will (please check one):					
 □ Do nothing as the content was not convincing. □ Seek additional information on this topic. □ Do nothing. Barriers at my institution prevent me from changing my practice. 	reflec	ets			
If you anticipate changing one or more aspects of your practice as a result of your participation in the us with a brief description of how you plan to do so:				ise pi	ovide
Please provide any additional comments pertaining to this activity and suggestions for improvement	:				
Please list any topics that you would like to be addressed in future educational activities:					

ANSWER SHEET

PSYCHIATRY DRUG ALERTS

45 Carey Ave., Ste 111, Butler, NJ 07405 Email: cme@alertpubs.com Fax: 973-898-1201

Activity Co	de: 19MP	'01S '	Test 45

e-mail address (for credit notification)

	A	В	C	D		A	В	C	D		A	В	C	D
1	A	B	©	(D)	26	A	B	©	(D)	51	A	B	©	(D)
2	A	B	©	(D)	27	A	B	©	D	52	A	B	©	D
3	A	B	©	D	28	A	B	©	D	53	A	B	©	(D)
4	A	B	©	(D)	29	A	B	©	D	54	A	B	©	D
5	A	B	©	D	30	A	B	©	D	55	A	B	©	D
6	A	lack	©	(D)	31	A	lack	©	(D)	56	A	lacksquare	©	(D)
7	A	B	©	D	32	A	B	©	D	57	A	B	©	D
8	A	lack	©	(D)	33	A	lack	©	(D)	58	A	B	©	(
9	A	B	©	D	34	A	B	©	O	59	A	B	©	(D)
10	A	B	©	(D)	35	A	lack	©	(D)	60	A	B	©	(D)
11	A	B	©	D	36	A	B	©	D	61	A	B	©	D
12	A	B	©	D	37	A	lack	©	D	62	A	lacksquare	©	(D)
13	A	B	©	D	38	A	B	©	D	63	A	B	©	D
14	A	lacksquare	©	(D)	39	A	lack	©	D	64	A	B	©	D
15	A	B	©	D	40	A	B	©	D	65	A	B	©	D
16	A	lacksquare	©	(D)	41	A	lack	©	(D)	66	A	lack	©	(D)
17	A	B	©	D	42	A	B	©	D	67	A	B	©	D
18	A	lack	©	(D)	43	A	lack	©	(D)	68	A	lack	©	D
19	A	B	©	D	44	A	B	©	D	69	A	B	©	(D)
20	A	lack	©	(D)	45	A	lack	©	(D)	70	A	lack	©	(D)
21	A	B	©	D	46	A	B	©	D	71	A	B	©	D
22	A	lack	©	(D)	47	A	lack	©	(D)	72	A	lack	©	(D)
23	A	B	©	D	48	A	B	©	D	73	A	B	©	D
24	A	B	©	(D)	49	A	lack	©	(D)	74	A	B	©	(D)
25	A	B	©	D	50	A	B	©	D	75	A	B	©	D

]	attest that I	have com	pleted the	Psychiatr	y Drug A	lerts activity	as designed.
				,			0

	MA PRA Category 1 Credit(s) TM for participating in this activity (1 credit for each hour
of participation, not to exceed 1	Z credits).
☐ Non-Physicians: I claim (u contact hours of instruction.	up to 1.2)Continuing Education Units (CEUs). One CEU is awarded for 10
Signature	Date

Exam must be returned by December 31, 2020

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