

FREE WEEKLY

THE ANACORTES, WASHINGTON



FREE WEEKLY

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FREE WEEKLY

Vol. 28, No. 19

THURSDAY, MAY 11, 2023 — WEDNESDAY, MAY 17, 2023

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By doing so, you will receive a certificate for ANY PIZZA OF CHOICE UP TO \$14.99 VALUE from Papa Murphy's Take 'N' Bake Pizza. Pick-up your prize. No deliveries! Call 299-DIGG (3444) **AFTER NOON, Friday, May 12th.** Phone Calls Only, No Walk-Ins! Limit one winner per household in a 52 week period.

Last Week's Winner: Maureen Guest

Last Week's Answer: Star Surveying

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YOUR BODY, YOUR BABY AND HEALTHY BLOOD SUGARS



Thursday, May 25, 4 p.m.
\$10
Fidalgo Room @ Island Health
Amanda Lungren, RDN, CDCES



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WHAT YOU SHOULD KNOW

Thursday, June 1, 5 p.m.
\$10
Fidalgo Room @ Island Health
Kristin Stamulis, BHSc, RRT-ACCS, CPFT



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Garage Sale: Sat., May 15th, 9am-4pm, 4501 Queen Anne Way (Skyline). Tools, yard art, camping, holiday, home decor

Spring Cleaning Yard Sale: Sat., May 13th, 9am-1:30pm, 1405 11th St. Something from every room. Anacortes check craigslist Friday for pictures

Moving Sale: Fri. - Sun., May 12th-14th, 8am-5pm, 3317 H Ave. Furniture, clothes, antiques, outdoor gear, bikes, etc. Tons of stuff!

St. Mary's Spring Sale: May 18th-20th, St. Mary Catholic Church, 4001 St. Mary's Drive, Anacortes. Thurs. 10am-6pm, Fri. 10am-6pm and Sat. 10am-4pm. Checks and cash only. Do not bring strollers or pets in the building. On Saturday 1/2 price items and \$5 fill a bag 5/18

To place your FREE Garage Sale ad here, call 299-3444 or email us at info@clamdigger.com. Ads must be received by noon on Monday for the Thursday publication. PAID ADS MUST BE RECEIVED BY 4PM FRIDAY FOR THE FOLLOWING THURSDAY PUBLICATION!

NEW THIS WEEK

6 ft. corner desk, 2 drawers, file drawer, printer cart with paper storage, hutch with shelves and storage, \$50. Desk chair \$5. 360-299-0894 5/18

2005 Titan V8 pickup for sale. Call me at 360-298-5198 to look the truck over and offer a price 5/11

Star Surveying hiring Field Survey Technicians. Work outside to complete land surveys and maps using GPS and Trimble Robotic Total Stations. info.ssi@rockisland.com to learn more, or call 360-399-7693

Star Surveying seeks Land Planning Coordinator for clients in Skagit and Island counties. For info, email info.ssi@rockisland.com, or call 360-399-7693 5/11

Hybrid bike - "Specialized", good condition, recent service, \$175 obo. Graeme, 360-421-6600, leave message 5/18

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Grizzly sand blask cabinet, 19" wide, 10-3/4" tall view window 27-1/2" w 24" h 22-1/2" d. Never used. 15lb media included, \$325. 206-799-8001 5/18

2016 F-150 EcoBoost 2.7L supercab long bed Tonneau cover bed liner chrome package dark blue 42,281 miles \$28,950 206-799-8001 5/25

The fishing boat Desire will be in Anacortes selling wild Alaskan salmon 2 Thursdays, May 11th & 18th, Cap Sante Marina B float, 10am-4pm

Mega Max Little Giant heavy duty 15 ft max length ladder with wheels. \$175. Cindy, 360-317-7477 5/18

A rare find! 1984 Yamaha Venture Royale. One owner, 8,730 miles, tourpak, hard saddlebags, chrome package (\$2,500 in 1984), stereo, and much more. Beautiful condition and ready to ride. \$2,999. Call or text 360-202-9089 5/18

CONTINUED ON PAGE 8

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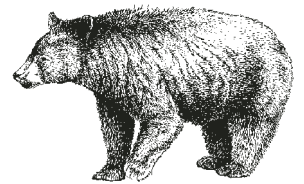
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 10:00 am - In-Person & Zoom Worship
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COMMUNITY ANNOUNCEMENTS

SHIPWRECK - JULY 15th, 8am-4pm. BOOTHS AVAILABLE. shipwreckfest.com or contact Valerie Tibbetts, Fidalgo Island Rotary, 360-299-9390

90'S PLUS CLUB! Get together and meet other people over 90 years old. Enjoy activities, share stories, make friends. Fridays, 10:30am at Oak Harbor Senior Center. Call 360-678-2111 for more info 9/8

"Speaking Our Truth: An Evening for LGBTQ+ Students and Their Allies," a poetry reading featuring Seattle poet Luther Hughes and LGBTQ+ poets and their allies. Sat., May 13th, 7pm, Lincoln Theatre, 712 S. 1st St., Mount Vernon. Free admission. For more info visit <https://lincoltheatre.org> or <https://skagitriverpoetry.org>

Whidbey Island Genealogical Searchers (WIGS) meets on Tues., May 16th, 1pm, Sno-Isle Library, 1000 SE Regatta, Oak Harbor. Genealogical Resources available from Sno-Isle Library will be presented by Rachel Beckman, Oak Harbor and Coupeville librarian. For more info contact whidbeygensearchers@gmail.com 5/11

Immigrant Resources and Immediate Support (IRIS) 3rd annual Mother's Day Fundraiser. Deadline for donations is May 14th. To make a gift, go to irisnw.org or send a check to 1050 Larrabee Ave., Suite 104 #498, Bellingham, WA 98225. For more info call Norma Govea Suarez, IRIS Executive Director at 360-935-1688

Fidalgo Island Rotary Club of Anacortes is providing a scholarship opportunity to a local person planning to begin or continue vocational or technical education. Deadline for applications is May 15th. Applications are available on the Fidalgo Island Rotary website: <https://portal.clubrunner.ca/272> 5/11

Come join the Swinomish Ladies golf league! Starting in May, every Wednesday at 10am. For more casual play, join us Monday and/or Friday at 10am. All skill levels welcome. Questions: contact Laurie 360-540-2504 or pro shop 5/11

Pull and Be Damned Small Boat Messabout - Seafarers Park May 13th, 10am -4pm, Free row in a wherry, kayak, or sail. Everyone welcome. Contact www.oarss.org or 206-697-2963 5/11

Anacortes Music Project Prom: 7pm, May 20th, Buxton's Art Center, 1904 Commercial. Proceeds go to support ongoing music programs. For more info, contact Linda Lipke, lalipke@comcast.net, or anacortes-musicproject@gmail.com

Easy 10-15 mile bike ride Wednesdays at 5pm, Thrive Fitness, 1519 R Ave. Come to learn to refresh your biking skills. Hosted by Skagit Cycle Club. For more info visit skagitbicycleclub.org for email wlfarmer@earthlink.net 6/15

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COMMUNITY ANNOUNCEMENTS CON'T

Procession of the Species-Anacortes Parade: June 10th. For details, see potsanacortes.org or lalipke@comcast.net, shermanpt@gmail.com or info@potsanacortes.org

METAPHYSICS WELLNESS FAIR GEM SHOW - Sat-Sun July 8-9 @ 11am-7/5pm, Fidalgo Bay Resort, 4701 Fidalgo Bay Rd, 50 Booths, 20 Talks, All Welcome, \$5, Kids Free, Parking Free, Intuition, Tarot, Psychic Mediumship, Channeling, Energy Healing, Crystals, Handmade Jewelry, Clothing, Accessories, Community, MeWeFairs.com, Laureli 720-352-2434

MAY PROGRAMS AND SPECIAL EVENTS AT THE ANACORTES LIBRARY - 1220 10th St. **SPECIAL EVENTS: Children's Library Celebration** - Sat., May 20th, 10am-12pm, Dr. Sylvia Maxson Children's Library. You are invited to a special reception to celebrate and thank our generous donors, Drs. Robert & Sylvia Maxson. Thanks to their donation to the Anacortes Public Library Foundation, the library has a fully updated play space for our littlest library visitors and their grown-ups. Check out the new comfy reading chairs, maritime themed decorations and our two new boats! Drop in for light snacks and socializing. **ADULT PROGRAMS:** Wednesday evening programs begin after regular library hours; yoga begins before regular library hours. No library services are available after 6pm or before 10am. **Yoga at the Library: Gentle Flow for Adults** - Sat., May 6th & 20th, 9am, Com. Mtg Rm. Join us on the 1st & 3rd Saturdays for a simple 60-min. yoga practice designed for every body. Move through some basic poses while linking breath to movement. Great for beginners or anyone looking for a gentle practice. Bring your own yoga mat. Arrive 5 minutes before class. No admittance once class begins. **Maritime Speaker Series: Seeking Synchronicity: A Solo Kayak Journey Up the Inside Passage** - Sat., May 13th, 2pm, Com. Mtg Rm. Susan Conrad completed two 1,200-mile solo through-paddles from WA State to SE Alaska. Relive the trip as she shares stories and images of her 2022 solo, 78-day sea kayak expedition up the Inside Passage. **Book Club at the Library** - Mon., May 22nd, 2pm, Com. Mtg Rm. May's book selection is "The Personal Librarian" by Marie Benedict. For more information contact the library or visit library.cityofanacortes.org. **Tech Help Every Weekday** - 11am-1pm, Library Help Desk. Drop in with your mobile devices or laptops for hands-on help with downloading library eBooks, audiobooks, movies, and music; learning computer basics; trying new software or internet applications; signing up for LinkedIn Learning and any other tech questions. **CHILDRENS PROGRAMS: Family Storytime** - Fridays, 10:00 and 10:45 am, Com. Mtg Rm. Join us for stories, songs, bubbles, and fun while exploring new books as well as old favorites. **LEGOs in the Library** - Fridays, 3-5pm, Children's Library. Come create your LEGO masterpiece. We provide the bricks; you provide your imagination. **Pajama Storytime** - Thurs., May 11th, 5pm, Children's Library. We'll read books and get cozy. All ages welcome. Pajamas encouraged but not required. **Stay and Play** - Tues., May 16th & Sat., May 27th, 10-11:30am, Com. Mtg Rm. Visit with your little ones for free play with toys, games, and a sensory station. Ages birth to 6 years. **TEENS: High School Creative Writing** - Wednesdays 2-3pm, Com. Mtg Rm. If you're in grades 9 - 12 and interested in writing, join us for this creative writing workshop. Share ideas and get feedback. Work on writing for your personal projects, academic goals, or library collaborations, including the possibility of having your writing published and displayed in the library. **MUSIC: Swing Dances for Everyone** - Sat.,

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TRX Functional Strength

TRX Function Strength is a 45-minute strength class that focuses on activities of daily living. Using body weight, TRX, Pilates, weights and other equipment, participants will improve core strength, balance, and coordination.

Class Times:

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COMMUNITY ANNOUNCEMENTS CON'T

May 20th, 7-9pm, Anacortes Senior Activity Center. Put on your dancing shoes and dance the night away with Skagit Swings. **Second Sunday Jazz: Silk Road Swing Band** - Sun., May 14th, 2pm, Com. Mtg Rm. Victor Horky and his Silk Road Swing Band play compositions by Django Reinhardt as well as jazz standards, traditional Gypsy music, and more. **Jazz Lecture Series: Susan Pascal** - Thurs., May 18th, 7pm, Com. Mtg Rm. The vibraphone, developed in the 1920s and '30s is arranged like a piano. The instrument has a vibrato mechanism and a piano-like damper pedal. Playing with two wooden mallets in each hand, Pascal is able to achieve a rapid, intricate and surprisingly melodic sound, working the three-octave range of the instrument. **LIBRARY CLOSURES:** Mon., May 29th, Memorial Day. **LIBRARY HOURS:** Mon-Fri 10am-6pm and Sat 10am-4pm. Book Returns open 24 hours a day. **FriendShop:** The FriendShop is open for shopping on Mondays, Tuesdays, Fridays, and Saturdays 11am-3pm. Come check out their ever-changing inventory. **Join the Friends** - The Friends of the Library are looking for volunteers to staff the shop. Contact Kandy Dubuque at 360-770-2389 or email her at kandydubuque@gmail.com. **The library is accepting a limited amount of book donations!** Simply place them on the cart next to the book return. Limit your donations to what you can carry. Your donations to the Friends of the Library FriendShop benefit library programs and services for all ages. **No donations of food items or clothing are accepted at the library entrance on the Red Bag Pantry Shelf.** Donate directly to A Simple Gesture. Visit <https://www.asimplegestureanacortes.org/> for more info. Programs are free and open to the public, unless noted. 360-293-1910 or library@cityofanacortes.org

Red Door Thrift Shop: All profits generated by the Red Door Thrift Shop fund our community support outreach efforts. The Red Door Thrift Shop is a Community Support Ministry of Christ Episcopal Church. Open Tuesday, Thursday and Friday 10am-3pm. Donations accepted Monday 10am-1pm, Tuesday 10am-2pm, Wednesday 10am-1pm and Thursday 10am-2pm.

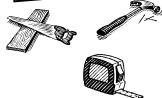
The St. Vincent de Paul Food Bank is closed until April. Utility shut off, rental eviction, laundromat services, propane, basic clothing and household needs assistance is available by calling 360-293-9821 and leaving a message with full name, phone number, and a brief message describing the type of assistance you are seeking.

ARTS & CRAFTS

Scott Milo Gallery welcomes back the Women Painters of Washington Show featuring over 50 juried paintings for the month of May. The artists bring you a great selection of mediums and subject matter to peek your individual interests. Many artists are from the greater Seattle area and others from various cities across the state. Join us for our artist reception on opening night on Friday, May 5, 6-8pm. Take advantage of our online preview on Tuesday, May 2. Enjoy our show in its entirety online via our website at www.scottmilo.com. Check our Facebook and Instagram pages for notices and updates @scottmilogallery. Gallery Hours: Tuesday - Saturday 11am-5pm. Located at 420 Commercial Ave. in Anacortes. Contact us at gallery@scottmilo.com or by phone 360-293-6938.

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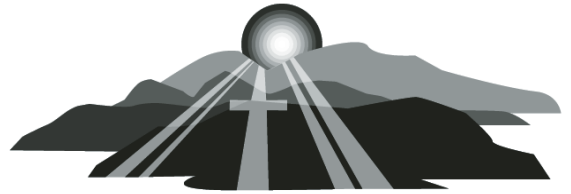
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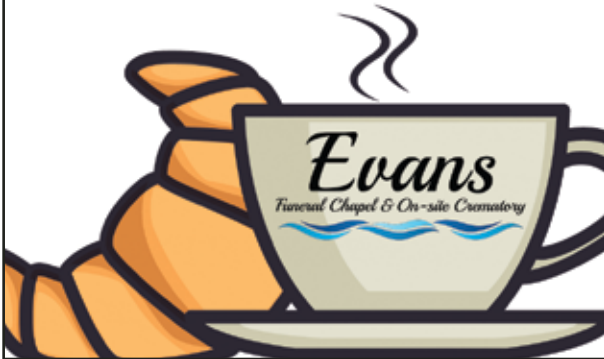


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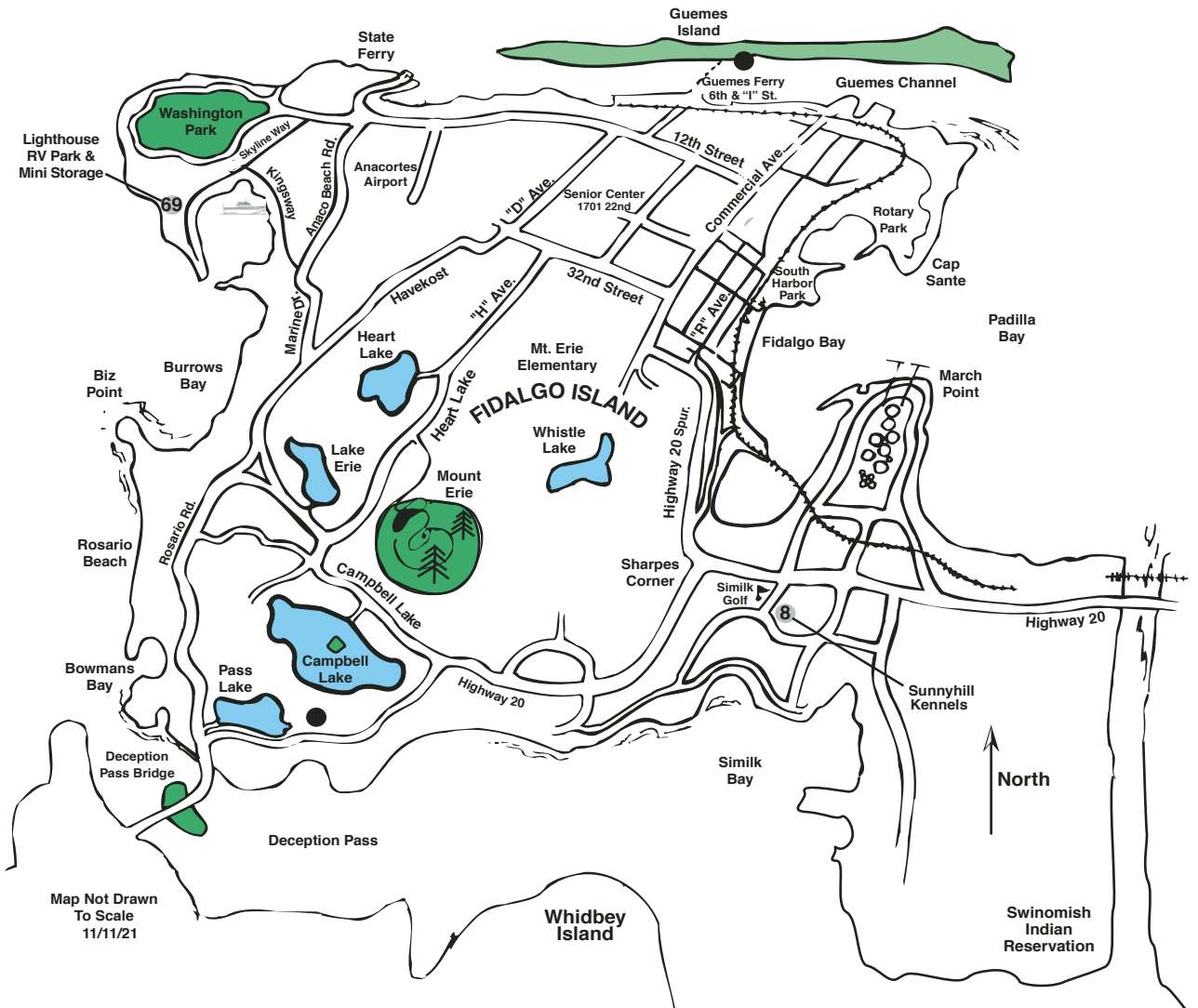
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WARNING: THERE MAY BE HEALTH RISKS ASSOCIATED WITH CONSUMPTION OF THIS PRODUCT. SHOULD NOT BE USED BY WOMEN THAT ARE PREGNANT OR BREAST FEEDING. FOR USE ONLY BY ADULTS TWENTY-ONE AND OLDER. KEEP OUT OF REACH OF CHILDREN. MARIJUANA CAN IMPAIR CONCENTRATION, COORDINATION, AND JUDGMENT. DO NOT OPERATE A VEHICLE OR MACHINERY UNDER THE INFLUENCE OF THIS DRUG. WARNING: THIS PRODUCT HAS INTOXICATING EFFECTS AND MAY BE HABIT FORMING. SMOKING IS HAZARDOUS TO YOUR HEALTH. THIS PRODUCT MAY BE UNLAWFUL OUTSIDE OF WASHINGTON STATE

Fidalgo Island & Anacortes Service Guide



UPTOWN ANACORTES

ACCOMMODATIONS

(69) Lighthouse RV Park
6060 Sands Way, (360) 770-4334

AUTO PARTS & SERVICE

(65) Corvette Alley
1103B 23rd St., 360-299-9303

ANTIQUE & ART GALLERY

(63) Scott Milo Gallery & The Framemaker
420 Commercial, 293-6938

((20) Island Import Garage

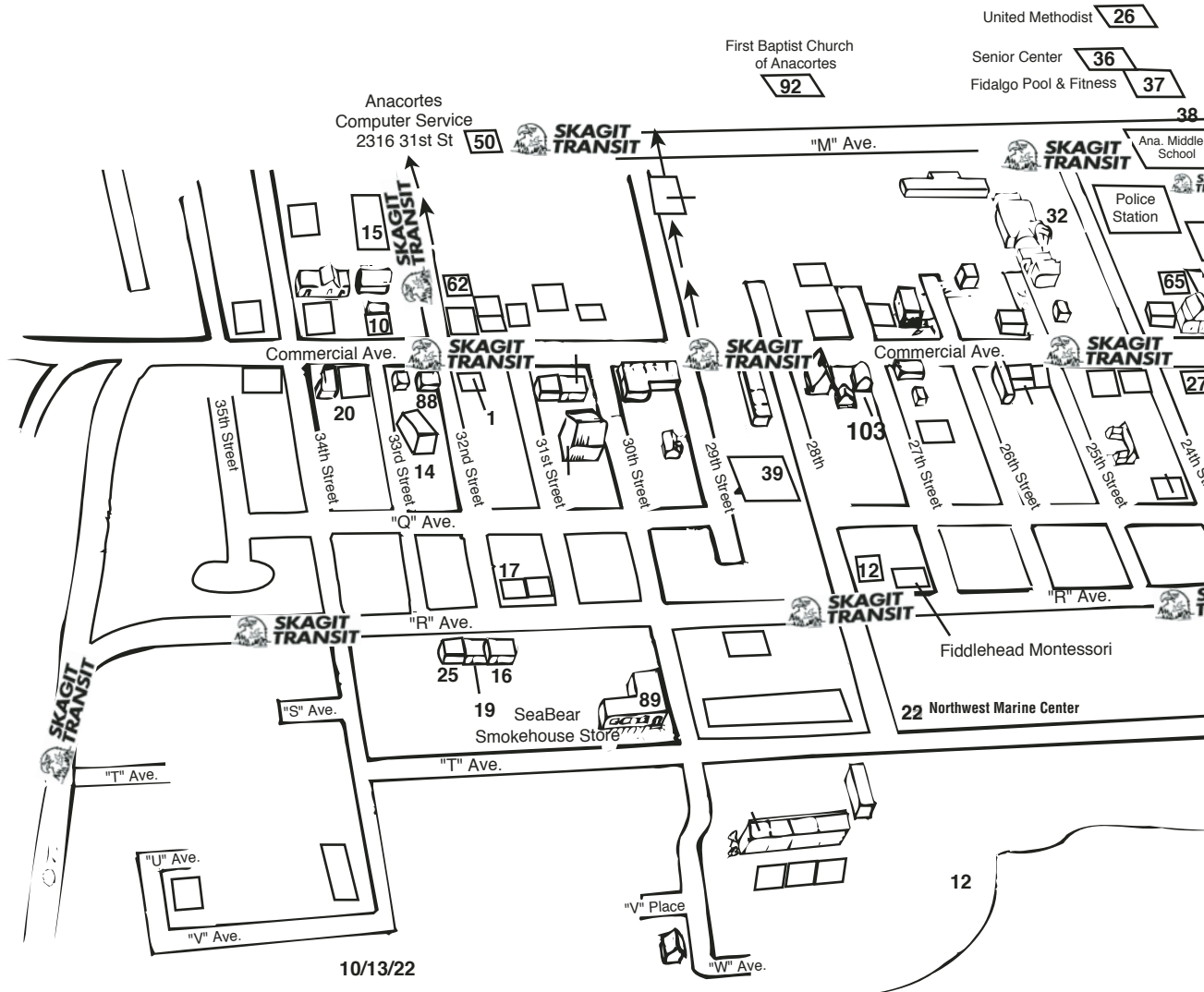
3319 Commercial, 293-4188

BEAUTY SERVICES

(6) 6th Street Hair
907 6th St., 293-7571

(46) Seaside Autobody

1013 10th St., Suite A, 293-8080



10/13/22

COMPUTER/ELECTRONIC SERVICES

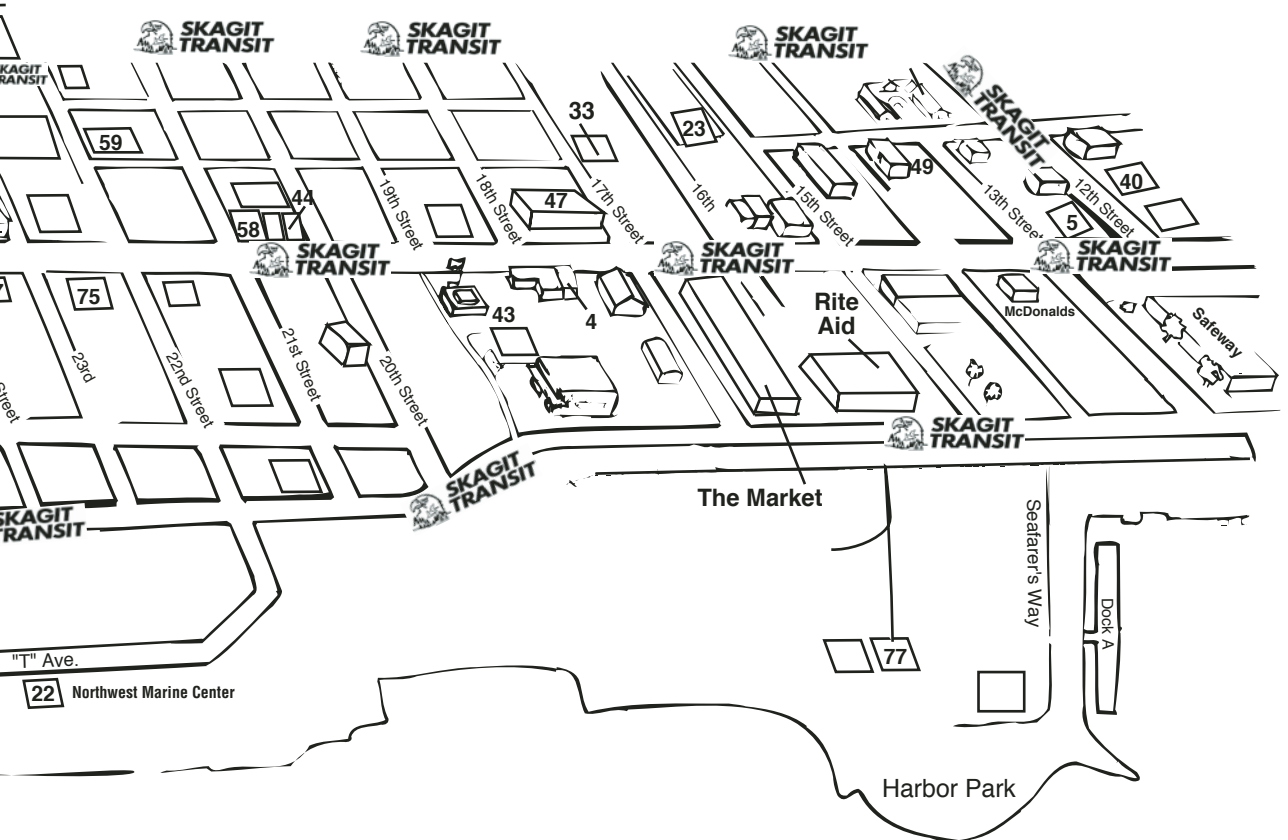
- (50) Anacortes Computer Service
2316 31st St., 588-0951
- (58) Compumatter
2002 Commercial, 299-2428

FITNESS & HEALTH

- (25) Anacortes Physical Therapy
3001 R Ave., 360-299-2781
- Anacortes Dental - Dr. Ward
1302 8th St., 293-2000
- (37) Fidalgo Pool & Fitness
1603 22nd, 293-0673

HOME IMPROVEMENT

- Advantage Window Coverings,
299-8977
- D. Hermstad Construction
2308 33rd St., 293-0384,
cell: 360-708-4452
- (44) Natural Eco Solutions (Hot Tubs)
2000 Commercial Ave.
360-982-2115
- (80) Sebo's Do-It Center, 1102
Commercial Ave., 293-4575



GUEMES ISLAND FERRY SCHEDULE

PHONE: (360) 293-6356

Mon-Thurs	Friday	Saturday	Sunday
6:30 AM	6:30 AM	6:30 AM	
7:00 AM	7:00 AM	7:00 AM	
7:30 AM	7:30 AM		
8:00 AM	8:00 AM	8:00 AM	8:00 AM
8:30 AM	8:30 AM		8:30 AM
			9:00 AM
9:15 AM*	9:15 AM	9:15 AM	
9:45 AM	9:45 AM	9:45 AM	
10:15 AM	10:15 AM	10:15 AM	10:00 AM
10:45 AM	10:45 AM	10:45 AM	10:45 AM
11:15 AM	11:15 AM	11:15 AM	11:15 AM
1:00 PM	1:00 PM	1:00 PM	1:00 PM
1:30 PM	1:30 PM	1:30 PM	1:30 PM
2:00 PM*	2:00 PM	2:00 PM	2:00 PM
2:30 PM	2:30 PM		
		2:45 PM	2:45 PM
3:15 PM	3:15 PM		
		3:30 PM	3:30 PM
4:00 PM	4:00 PM	4:00 PM	4:00 PM
4:30 PM	4:30 PM		4:30 PM
5:00 PM	5:00 PM	5:00 PM	5:15 PM
5:30 PM	5:30 PM	5:30 PM	5:45 PM
6:15 PM	6:15 PM	6:15 PM	
6:45 PM	6:45 PM	6:45 PM	
8:00 PM	8:00 PM	8:00 PM	7:00 PM
8:30 PM	8:30 PM	8:30 PM	7:30 PM
	9:15 PM	9:15 PM	8:00 PM
	10:00 PM	10:00 PM	
	11:00 PM	11:00 PM	

Effective Oct. 1, 2021 - Anacortes departure times listed. Ferry departs from Guemes approximately 8 minutes after the listed times. To view ferry cameras and waiting lines, visit bit.ly/GuemesFerryCams
 *NOTE: Wednesday 9:15 a.m. to Guemes & 2 p.m. from Guemes are hazardous material runs ONLY. No other passengers/vehicles allowed.

Ferry may make ONE extra trip when overloaded at 11:15 a.m. OR when there is an hour between runs. No extra trips at 6:45 p.m. For one extra run immediately after the 8, 8:30, or 11 p.m. runs, the cost will be \$120 plus fare. Extra runs after 9, 9:30 or 11:45 p.m. will be \$500 each plus fare. HOLIDAYS: Ferry will run on a SATURDAY schedule ending at 10 p.m. when New Years Day, Memorial Day, Fourth of July, Labor Day, Thanksgiving or Christmas fall on Sun-Thurs. SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE.

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 Open 8:30am to 5:00pm – Monday thru Friday

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MARINE

(22) Northwest Marine Center
 2417 "T" Ave., 293-8200,
www.nwmarinecenter.com

Northwest Marine Center
 700 28th St., 293-9521,
www.nwmarinecenter.com

MEDICAL - PHARMACY

(32) • Island Hospital,
 299-1300
 • Health Resource Center,
 1211 24th Street, 299-1367

(10) Anacortes Hearing,
 3202 Commercial, 588-1956

PLACES OF WORSHIP

(38) New Hope
 Christian Fellowship,
 35th & M Avenue, 293-4475

(26) United Methodist
 Church, 2201 H Ave.,
 293-0528

REAL ESTATE & MORTGAGE CO.

(34) Allied Realtors,
 1011 5th St., 588-0643

(5) American Dream Realtor
 588-1515

RESTAURANTS, FOOD & DRINK

(47) Papa Murphy's ,
 1710 Commercial, 299-2299

(60) The Rockfish Grill,
 320 Commercial, 588-1720

(74) Village Pizza,
 807 Commercial,
 293-7847/293-8009

SENIOR SERVICES

(36) Anacortes Senior Center,
 1701 22nd Street, 293-7473

SERVICES - SUPPLIES - MISC.

(43) Anacortes Printing,
 1811 Commercial, 293-2131

(54) Bikespot,
 210 Commercial, 588-1676

(43) Clamdigger,
 1811 Commercial,
 299-DIGG(3444)

Evans Funeral Chapel
 & On-Site Crematory
 1105 32nd Street
 360-293-3311

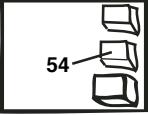
SHOPPING - MISC.

(78) Boxes & Bears,
 709 Commercial, 299-9593

Fidalgo Artisan Yarn
 711 Commercial,
 293-7377

(2) Kiwanis Thrift Shop
 450 O Ave.
 360-293-2921

2nd Street



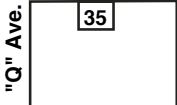
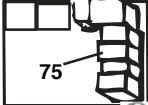
3rd Street



4th Street



"O" Ave.



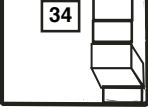
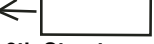
"Q" Ave.

"R" Ave.

5th Street



101



Commercial Ave.



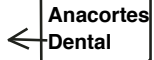
6th Street

Guemes Island

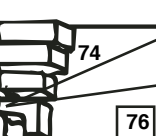
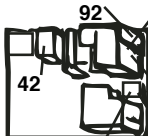
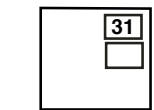
Post Office



7th Street



8th Street



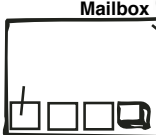
9th Street



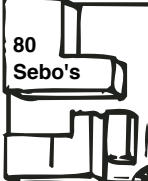
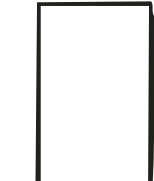
10th Street



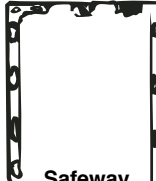
Library



11th Street



Commercial Ave.



12th Street

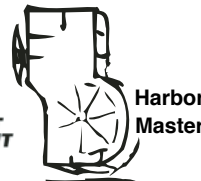
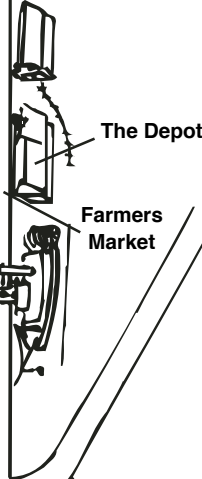
Visitor Information

Chamber of Commerce
293-7911
Information Center
293-3832

City of Anacortes

Airport 293-4691
City Hall 293-1900
Fire Dept. 293-1925
Harbor Master 293-0694
Island Hospital 299-1300
Library 293-1910
Museum 293-1915
Police 293-4684
Senior Center 293-7473

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8/19/21



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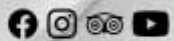
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PROFESSIONAL SERVICES

Car Hand Wash and Wax - Professional wash and wax, handwash your standard car or small pickup \$65. I also do headlight restoration. Helps you see better at night and removes discolored headlights, \$50. 360-588-8888 8/31

Michael's Landscaping - Tree removal up to 25', pruning, bark and cleanups, mowing in Anacortes, renovations, weed control, black berry removal, fruit trees. 206-271-1540

Investment Management - For 10 questions to ask anyone giving investment advise go to www.PTPortfolios.com tfn

Terry's Clock Repair. 35 years experience. Specializing in grandfather, antique and family favorites. Feel free to call with questions. 360-770-8153

Have you been driving to Bellingham, Seattle or further for your import vehicle's high tech quirks? **Island Import Garage can help!** 293-4188 Need help getting organized? Call 360-298-4600.

If you have decided to sell, give a call to hear what we offer to represent you in listing your property. See ad in the Real Estate section. **American Dream Real Estate, Adrian Franulovic, 360-770-0757**

BackBreakers - Local moving and junk removal services. Now serving Anacortes. Contact us for a quote! 866-579-1998, dane@backbreakers nw.com. Licensed, bonded, insured

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Anderson Glass - For all your glass and window replacement needs - including shower doors, skylights, mirrors, and screens. 30 years experience. Call Curtis, 360-333-7661

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The Framemaker offers 1,000's of frames to choose from. Come see us at 420 Commercial Avenue; 293-6938. Open Tuesday - Saturday 11am - 5pm and by appointment. www.scottmilo.com

Anacortes Construction Services, one of Skagit County's most experienced and respected custom-building firms with over 32 years of construction experience. Our broad base of experience ranges from renovating 100-year old homes to building large commercial facilities & retail stores. Along the way we've built many single-family custom homes and successfully completed

CONTINUED ON PAGE 42



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BOWL OF SOUP, SALAD & BREAD



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Friday & Saturday 12pm-9pm

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Spring 2023 Sailing Schedule

Effective 3/26/23-6/17/23
WA State Ferries

Anacortes / San Juan Islands: Westbound Daily

Leave Anacortes	Leave Lopez	Leave Shaw	Leave Orcas	Arrive Fri. Har.	Arrive Sidney
4:15	—	—	—	5:20	—
5:30	—	7:00	6:20	—	—
6:20	7:10	—	—	7:40	—
—	6:55	7:15	7:35	8:15	—
7:30	—	9:00	8:20	—	—
8:30	—	—	—	9:35	—
9:30	—	—	—	10:35	—
—	9:55	10:15	10:35	11:15	—
10:35	11:25	12:40	11:45	—	—
11:55	12:45	—	—	1:20	—
12:35	1:15	—	—	—	—
—	1:05	12:20	12:40	2:00	—
1:55 F/Su	—	—	2:45 F/Su	—	—
2:40	—	—	—	3:45	—
3:40	—	4:35	4:45	—	—
—	3:50 ExSunH	4:10 ExSunH	4:30 ExSunH	5:10 ExSunH	—
4:30	5:20	—	—	5:50	—
6:00	6:50	—	—	7:20	—
6:30	—	7:25	7:35	—	—
—	7:30	7:50	8:05	8:45	—
8:25	9:15	—	—	9:45	—
8:55	—	9:45	9:55	—	—
11:30 Fri	12:25 Fri	—	12:55 Fri	1:35 Sat	—

Eastbound Daily

Leave Sidney	Leave Fri. Har.	Leave Orcas	Leave Shaw	Leave Lopez	Arrive Anacortes
—	5:45	—	—	6:30	7:10
—	6:05	7:35	7:15	6:50	—
—	—	6:45	7:00	7:30	8:10
—	8:05	—	—	—	9:10
—	8:30	9:15	9:30	9:50	—
—	—	8:45	9:00	9:30	10:10
—	9:55	—	—	10:40	11:25
—	11:05	—	—	—	12:10
—	11:35	12:40	12:20	1:00	—
—	—	12:25	12:40	—	1:30
—	—	—	—	1:35	2:15
—	1:55	—	—	—	3:00
—	2:15 Sun	—	—	3:05 Sun	3:55 Sun
—	2:20 ExSunH	3:10 ExSuH	3:25 ExSuH	3:45 ExSuH	—
—	—	3:15 Su	—	—	4:05 Su
—	4:15	—	—	5:00	5:40
—	—	5:15	4:35	—	6:05
—	5:45	6:45	7:00	7:20	—
—	6:25	—	—	7:10	7:50
—	7:45	—	—	8:25	9:05
—	—	7:50	7:25	—	8:40
—	8:50 Fri	—	—	—	10:10 Fri
—	—	10:05	9:45	—	10:55
—	10:05	—	—	—	11:10

PROFESSIONAL SERVICES CONT.

many large remodel projects. There is virtually nothing in the construction industry that we haven't done. We offer major League experience and small-town service!

Can't afford to hire an electrician? **CALL JONES ELECTRICAL CONSULTATIONS, LLC.** We can help you to do-it yourself. 360-202-1236, mpjones1@earthlink.net

Health Insurance - Medical, Dental, Life for Employer groups and Individuals, please call **Alice Bohnker Insurance Services, LLC** for a free quote or a free review of your current plan. Alice Bohnker, 360-588-8302, 3110 Commercial Ave, Ste 102-B. Goes beyond the sale to the service of her clients!

Keystone Building Services LLC - Reputable local general contractor. Custom homes, remodels, tenant improvements, residential, commercial, industrial. 20+ years experience. Free consultations. 360-588-4189 Lic#KEYSTBS5876NO

CLASSES & WORKSHOPS

Mother's Day Craft Class - Multiple seashell projects, May 12th-14th. Contact 360-220-1328 to reserve spot and for more information or email dana@seasidereflexions.com 5/11

Grief Support Group meets for one hour every Tuesday starting at 1pm. Our support group is Christian based and open to the public for anyone who has lost a loved one. For more information, please call the church office at 360-293-4475. www.newhopeanacortes.org

Traumatic Brain Injury (TBI) Support Group. Third Thursday monthly in Anacortes, 6:30-8pm. Contact Libby, 360-230-8010 or libby@breakthrough-speech.com

Stroke Support Group. Third Thursday monthly in Anacortes, 1-2:30pm. Contact Libby, 360-230-8010 or libby@breakthrough-speech.com. Breakthrough Speech, LLC

New AI-Anon meeting - Thursdays, 7pm. Paths to Recovery, 1211 "M" Ave. Entrance at rear of Anacortes Christian Church on "N" Ave

Alzheimer's Support Group meets 2nd Monday monthly, 1-3pm at Westminster Presbyterian Church. Call Ann G., 299-9569

Do you have a problem with gambling? Gamblers Anonymous meetings held Tuesdays, 6:30pm, Mt Vernon Senior Center, 1401 Cleveland Ave. Any questions, call hotline at 855-222-5542

FURNITURE & APPLIANCES

Amana refrigerator, 21 cu. ft, bottom drawer freezer, \$100. 360-941-9128 5/11



Happy Mother's Day!

May 14



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Flower Bed Maintenance

- Weeding**
- Planting**
- Pruning**
- Trimming**
- Bark**
- Mulching**

Lawn Maintenance

- Mowing**
- Edging**
- Weeding**
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- Installation**
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Health Screening Event

Tuesday, June 6
8:00 a.m.–12:00 p.m.
\$100
Fidalgo Room @ Island Health



Island Health Education is excited to offer our health screening event to the community again. Get your cholesterol, A1C and vitamin D levels tested from a single blood draw. For accurate screening results, a 12-hour fast is recommended.

We are offering these tests as a **bundle only**, with a limited number of appointments (10 minutes each). We will **not** be accepting insurance as a form of payment for this event.

Registration and pre-payment are required for this event.

Registration is Easy



360.299.4204



islandhealth.org/classes



communityed@islandhospital.org



Cholesterol

Learn your total cholesterol, LDL, HDL and triglyceride levels.



A1C

The A1C test is a common blood test used to diagnose prediabetes and type 2 diabetes. If you're living with diabetes, the test is also used to monitor how well you're managing blood sugar levels.



Vitamin D

A vitamin D test measures the level of vitamin D in your blood to make sure you have enough for your body to work well. Vitamin D is essential for healthy bones and teeth. It also helps keep your muscles, nerves, and immune system working normally.



ANACORTES SENIOR ACTIVITY CENTER

1701 22nd St., for details on any of the events listed below call 293-7473

Birding Field Trip - Join Anacortes Parks Department's Steve Phillips from 10 a.m. to 12 p.m. on Thursday, May 18, for a 2-hour guided birding field trip on the SHIP trail. Steve will begin by sharing some pointers on birding, including binocular use and birding by ear. The field trip will move at a slow pace, ensuring all are included in the group's sight and sound observations. The goal is that everyone has a good time while learning a bit about the ecology of the birds that spend their time in Anacortes.

Farmers' Market Funds Available - Vouchers will be available on a first come/first served basis at the Center between 1 and 2 p.m. on Tuesday, May 30. Each eligible person will receive up to \$80 to use at any approved Skagit County Farmers Market or Farm Stores. Incomes must be below \$2,248 for individuals and \$3,040 for couples. You must be willing to fill out paperwork with your contact information and sign an affidavit saying you are eligible. For more information, call Renee Corcoran at (360) 416-1511.

Conversation with Mayor Miller - Please join Mayor Matt Miller from 1:30 to 3 p.m. on Wednesday, May 24, for an informal conversation. Everyone is welcome.

How To Talk to Your Doc - Join Dr. Alethea Fleming from 10:30 to 11:30 a.m. on Tuesday, May 30, for an entertaining and informative discussion about how to get the most out of your medical appointment with tips on preparation and prioritization as well as understanding your providers perspective.

Coffee with a Council Person - Join Anacortes City Council Member Carolyn Moulton for a chat at 1:30 on Wednesday, May 17. Bring your questions and learn about the work of the City Council in a comfortable, informal setting ... coffee is available in the Center lounge.

Functional Fitness - The Center's newest fitness class meets from 10 to 11 a.m. on Mondays and Wednesdays. The class blends functional movements, such as squatting, reaching, pushing and pulling, with balance exercises and strength training. This class will be taught by fitness veteran Deb Nicol. Deb has been working in the fitness industry for over 20 years with a specialty in Pilates. There will be a \$4 class fee paid directly to the instructor. Come any time. You can purchase a 10-class discount pass for \$35.

Anacortes Fire Department Presents - Join Captain Chris Byer of the Anacortes Fire Department from 10 to 11 a.m. on the fourth Tuesday of each month for presentations on the work of our local fire department. This month Chris will be at the Center on Tuesday, May 23. Chris started his firefighter journey 17 years ago as an Anacortes volunteer, and there will be plenty of time for questions.

Momentia Group - You are invited to attend the next Momentia group meeting from 12:30 to 1:30 p.m. on Wednesday, May 10. Are you interested in supporting members of our community who have dementia? Call Kati at (360) 399-3235 or email her at DSM@lighthousememorycare.net.

Line Dancing - Line dancing meets every Friday from 8:30 to 10 a.m. The cost for the instructed classes is \$10 per dancer or \$15 per couple for instructed classes. Donations to the Center are welcome for the practice sessions. Call (360) 293-7473 for information.



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LOST: Orange tabby cat lost in Clearridge district of Anacortes. If found call 360-588-4179. 6/1

This section is free. If you have lost an item or found an item, please let us know by calling 299-3444, stopping by 1811 Commercial Ave., or e-mailing: info@clamdigger.com

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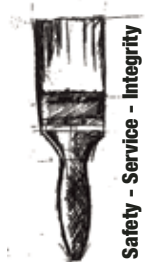
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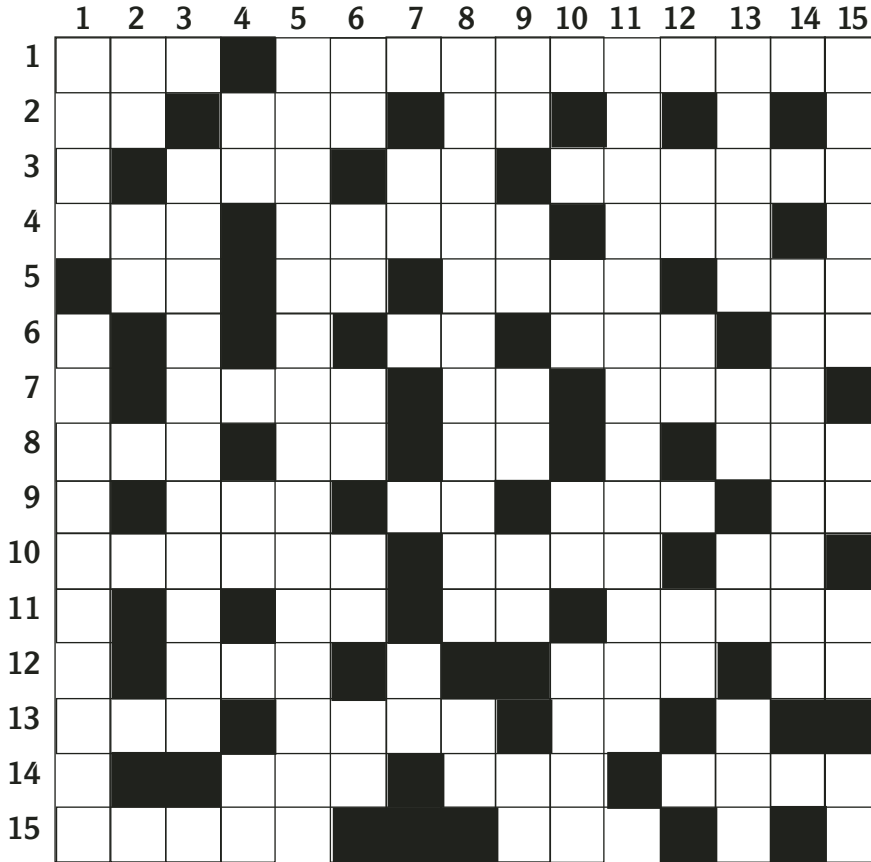
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CROSSWORD

This crossword puzzle was created and printed by Crossword Magic Computer Software



DOWN

- (1,1) gathering to watch and grieve over a dead person on the night before the burial
 (1,6) aircraft with set of large fast-turning metal blades fixed on top of it
 (2,1) hour
 (2,4) road
 (3,3) the science or art of making maps
 (4,2) to such a degree
 (4,9) year
 (4,14) discount store
 (5,1) giving out of light with little or no heat
 (6,1) railway
 (6,4) Iowa
 (6,7) Rhode Island
 (6,10) Edward's nickname
 (6,13) direct current
 (7,3) for example
 (7,12) Pennsylvania
 (8,1) weighting between 126 and 135 pounds
 (8,13) Kansas
 (9,1) identification
 (9,4) Tuesday
 (9,7) chlorine
 (9,10) large animal of the cattle type, wild or used by man
 (9,14) for example
 (10,5) before Christ
 (10,9) Senior
 (10,12) all right
 (11,1) very strange
 (12,3) the subject of
 (12,6) post office
 (12,11) the subject of
 (13,1) bear
 (13,7) from below towards a higher place
 (13,10) year
 (13,13) having no water
 (14,5) the 7th day of the week
 (15,1) make longer or greater
 (15,8) electrically controlled apparatus used for making a speaker clearly heard by large groups of people, by using loudspeakers
 (15,11) yards
 (15,14) postscript

ACROSS

- (1,1) international organization which aims to improve the health of people throughout the world
 (1,2) Arkansas
 (1,4) a set of years which is counted from a particular event after an important development
 (1,8) thick piece of wood from a tree
 (1,10) not fine or smooth
 (1,13) test by use and experience
 (1,15) lift, push, or move upwards
 (2,5) doctor
 (3,3) make the low soft cry of a dove or pigeon
 (3,7) unpleasant smell
 (3,9) grass plant grown in cold countries for its grain, used for making flour
 (3,12) long-handled garden tool used for removing wild plants
 (4,2) not bold
 (4,14) digital compact cassette
 (5,1) increase rapidly in numbers
 (5,4) power of seeing
 (5,5) public-address system
 (5,8) Rhode Island
 (5,11) compact disc
 (5,13) North Dakota
 (7,3) for example
 (7,6) forward
 (7,9) silver
 (8,2) identification
 (8,5) large brass wind instrument that produces low notes
 (8,7) European Community
 (8,8) Illinois
 (8,10) hard pointed growth found in a pair on the top of the heads of cattle, sheep, and goats
 (8,11) Texas
 (8,14) great body of salty water
 (9,15) gymnasium
 (10,3) severe in rules of behavior
 (10,6) policeman
 (10,9) drink, taking only a little at a time
 (10,12) rock, earth, etc., from which metal can be obtained
 (10,13) Kentucky
 (11,4) the color of blood
 (11,7) defeat completely and drive away
 (11,11) set in order
 (12,14) journey from one place to another
 (13,5) not a good student
 (13,8) young seal
 (13,10) yards
 (14,6) since the Birth of Christ
 (14,9) Royal Academy
 (14,12) yard(s)

ONGOING EVENTS/ACTIVITIES

Sailors Wanted: Anacortes Radio Controlled Sailors sail International One Meter radio controlled yachts at Seafarers Memorial Park Sundays, 11am. Contact Julian, 360-391-5044 for more information

Amateur Radio meets each Tuesday at the Anacortes Senior Center at 10am. Free classes, monthly education meetings. Contact dean-becker@comcast.net

Skagit Widowed Support Services group (SWSS) meets - Tuesday, May 9th, 11:30am at Coconut Kenny's in Burlington next to Fred Meyer. Tuesday, June 13th, 11:30am at Asian 1 in Burlington behind Taco Bell. Every 3rd Wednesday, 11:30am at The Royal Star Buffet in Mt. Vernon. The last Friday of each month: POTLUCK at the Burlington Senior Center and often celebrate a holiday and the birthdays for that month. For more info, contact info John RixBlackburn, President 360-610-2102 or Vice Pres. Kathy Brown 360-724-0349

Ladies! Have fun singing four part barbershop style harmony with Skagit County's only **Sweet Adelines group**, "Harmony Northwest Chorus." Rehearsals are Mondays, 6:30 to 9pm. For more information, contact Carol Ward, 425-232-9171

TOASTMASTERS! Improve your communication and leadership skills! Anacortes Deckers Club meets virtually or in person Thursdays 12:05-1pm at Village Pizza (upstairs). Contact Doug at 703-796-1159

Dogs in the Nighttime Sherlock Holmes Society of Anacortes meets every 1st Wednesday, 5pm at Village Pizza (upstairs). Email kathleenkaska@hotmail.com

Skagit-Anacortes Folk Dancers - Tuesdays at 5:30pm. Bay View Civic Hall, C Street, Bay View. Call Joel, 360-391-0601

Anacortes Pickleball - For information about dates and times to play pickleball locally, please email anacortespickleball@gmail.com

Come play ULTIMATE FRISBEE Tuesday 6-8pm at Kiwanis Meadows Park (corner of 13th and D). For more info, check out "The Real Anacortes Ultimate Group" on Facebook or email mlward@gmail.com

WA Old Time Fiddler jam sessions open to the public. 1st Friday, Oak Harbor Senior Center, 2nd & 4th Fridays, Mt Vernon Senior Center. 6:30pm. 360-630-1156

Join us Thursday nights, 7pm for **adult co-ed pick-up soccer** at Smiley's Bottom. All experience levels welcome!

Ping Pong at the Anacortes Middle School cafeteria, Monday and Wednesday from 6:30-9pm.

Bridge (Friendly Game) Mondays 12:30-3pm. Drop-in contact Janet @ janetfromboston@gmail.com for questions. Anacortes Senior Center

Cultured Purls Knitting Guild meets first Tuesday monthly. Beginners welcome. For more info, call Jean, 360-399-8319, or email. theculturedpurls@gmail.com

SUDOKU

		4	3	1		8		7
								6
	3				2	4		
		9			8			
	6	8				2	1	
			2			6		
		3	1				4	
9								
1		6		3	7	9		

Puzzle by websudoku.com

Difficulty: EVIL

Instructions: Fill in the puzzle so that every row, every column, and every 3x3 box contains the numbers 1 through 9.

7	8	1	3	9	5	2	4	6
6	3	4	1	2	7	9	5	8
9	2	5	6	8	4	1	7	3
3	7	2	8	6	1	4	9	5
4	5	9	2	7	3	8	6	1
8	1	6	4	5	9	7	3	2
2	4	3	9	1	6	5	8	7
5	9	8	7	3	2	6	1	4
1	6	7	5	4	8	3	2	9

Puzzle by websudoku.com

LAST WEEKS

Port Townsend District Tide Table - 2023

Corrections: To determine the time and tide for any of the following places on a certain date, add or subtract the time and height from the time and height of the Port Townsend daily tide prediction for that same day. Use the high tide corrections to correct the high tides and use the low tide corrections to correct the low tides.

Place	High Tide		Low Tide	
	Time	Correction Height	Time	Correction Height
Anacortes, Guemes Channel	+0:22	*0.96	+0:33	*1.00
Deception Pass St. Park,	-0:18	*0.90	+0:02	*0.98
Bowman Bay, Fidalgo Island				
Swinomish Channel entrance,	+0:36	0.0	+1:17	0.0
Padilla Bay				
Thatcher Pass	+0:31	*0.96	+0:18	*0.92

* Multiply by ratio for height correction.

Day	Time	Ft.	Time	Ft.	Time	Ft.
Th 05/11					3:13 PM	-1.5
F 05/12					4:15 PM	-0.7
Sa 05/13	12:45 AM	8.7	7:20 AM	5.2	10:33 AM	5.7
Su 05/14	1:23 AM	8.7	7:50 AM	3.9	12:31 PM	5.4
M 05/15	1:54 AM	8.7	8:21 AM	2.5	2:21 PM	5.8
Tu 05/16	2:22 AM	8.7	8:53 AM	1.1	3:45 PM	6.5
W 05/17	2:47 AM	8.7	9:25 AM	-0.2	4:52 PM	7.3

Light Face - Low Tide

Bold Face - High Tide

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I	A	A	D	W	I	G	X	A	E				
	R	I	B	H	R	S	S	T	A	R	L		
V	T	A	X	E	A	X	R	U	N	A			
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Clamdigger Kitchen

Peaches and Cream Puff Pastry Tart

- 1 sheet of puff pastry, thawed
- 1 (8-ounce) container of dairy-free cream cheese, softened
- 1-2 tablespoons light agave nectar (organic cane sugar, or pure maple syrup)
- 1 1/2 teaspoons pure vanilla extract
- 1-2 teaspoons vegan butter, melted
- 1-2 tablespoons organic cane sugar
- 2 cups peaches, sliced (but not too thinly)
- 1/2 cup fresh blueberries

Thaw the sheet of puff pastry at room temperature for 30-40 minutes or according to the package directions. Soften the cream cheese by letting it sit at room temperature for 30 minutes.

Line a baking sheet with parchment paper and preheat the oven to 400°F.

Using an electric handheld mixer, beat the softened cream cheese with the agave nectar (or sweetener of choice), and vanilla extract on medium speed until whipped and smooth.

Once thawed, place the puff pastry on a floured surface and use a rolling pin or a chilled bottle of wine to roll it into a 13"x9" rectangle. Using a paring knife, thinly trace a 1 inch border around the dough, but don't slice through. Use a fork to prick the center of the pastry all over (but not the border). Brush the border with the melted vegan butter and sprinkle on the cane sugar.

Carefully transfer the puff pastry to the parchment paper-lined baking sheet. Spoon the cream cheese mixture onto the pastry and spread it out evenly using a rubber spatula or a frosting spatula, leaving the border uncovered. Top evenly with the sliced peaches and then dot with the blueberries.

Bake the tart in the preheated oven for 25-30 minutes or until the crust is golden brown and lightly puffed.

Once slightly cooled, cut into squares and devour.

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FOOD & DRINK

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