

lunch specials

mon. - fri. | 11:30am - 3pm

sandwiched blt

bacon | lettuce | tomato | pesto aioli | pita 6

parisian

brie | cucumber | greens | house dressing | baguette 6

tuscan turkey melt

turkey | oven roasted tomato | mozzarella |
pesto aioli | pita 7

mozzarella + tomato

fresh mozzarella | tomato | greens | house
dressing | ciabatta 8

wrapped

chicken ranchero

spicy chicken | romaine | cheddar jack | tomato
| ranch dressing | whole wheat wrap 8

chicken caesar

blackened chicken | romaine | creamy caesar |
parm | whole wheat wrap 7

tuna salad

tuna salad | greens | tomato | red wine
vinaigrette | whole wheat wrap 6

greek veggie

roasted zucchini | greens | garlic spread |
kalamata olives | feta | whole wheat wrap 7

toastie

french bread pizza

baguette | mozzarella | marinara 5

salads

caesar

romaine | creamy caesar | crouton | parm 5

house

greens | vegetables | crouton | house dressing 6

mediterranean

romaine | tabouleh | feta |
red wine vinaigrette 6

sides

add to any lunch special | 3

cup of soup du jour

house side salad

hummus + pita

mediterranean side salad

tortilla chips + guacamole

caesar side salad