

IDAHO AL-ANON NEWSLETTER

9th year

January 20, 1981

1st issue

Newsletter by and for Idaho Al-Anon Family Groups

\$2.00 per year-----6 copies a year

Editor: Beverly P

Boise, Id. 83704

YOUR AREA WORLD SERVICE COMMITTEE:

DELEGATE.....Kathy S	Boise, Id. 83702
ALTERNATE.....Colleen S	Inkom, Id. 83245
CHAIRMAN.....Susan T	Twin Falls, Id. 83301
SECRETARY.....Ladora H	Boise, Id. 83709
TREASURER.....Jean S	Boise, Id. 83705
ALATEEN.....Beth D	Idaho Falls, Id. 83401
INSTITUTIONS..Kay S	Boise, Id. 83704
NEWSLETTER....Beverly P	Boise, Id. 83704

DISTRICT REPRESENTATIVES.

DIST. #1.....no information	
DIST. #2....." "	
DIST. #3.....Jean S	Boise, Id. 83705
DIST. #4.....Susan T	Twin Falls, Id., 83301
DIST. #5.....Julette G	Idaho Falls, Id. 83401
DIST. #6.....Dorene F	Aberdeen, Id. 83210

From the delegate:

GREETINGS AND HAPPY NEW YEAR TO ALL.

I have tried to come up with some brilliant things to say to you, but I have made up my mind that I am not a writer or an author so you will have to put up with plain old me.

Communications is on my wave length right now. I have some forms that need to be filled out and returned to World Service Office. In order to do this I need full names and addresses of the District Representatives. Also, I'm not sure about the complete identification of our Alternate Delegate.

Also I would like to communicate with the groups. So if the Group Representative would give me names and addresses of the group officers; the day, time and place of their meeting then I can do some visiting. I would especially like to know about District meetings, so I could join you.

We still need a couple of volunteers for Public Information and Literature Coordinators. If you are interested, give your name to your DR or come to the Area World Service Committee meeting to be held the latter part of January.

In a letter from WSQ, I am informed that the World Service Conference will be held from April 27 through May 2, 1981 at the Biltmore Hotel, New York city. The theme will be "BUILDING WITH CONCEPTS". Also, the Concepts are being spotlighted in the FORUM this year. Watch for them.

Jean S., Dist. #3, has already been having workshops on the Concepts at District meetings. We need more of these types of Service Panels.

continued...

Wednesday Night Al-Anon

At the beginning of each year, since I have been in Al-Anon, I choose a couple of my character defects that I'm dissatisfied about and I concentrate a lot harder on them. This year it will be "LISTEN" and "LEARN". I know there are so many things I will have to learn in this office, so I will have to do a lot of listening. But I will have to depend on you to provide what I am listening to. So I need to hear from you, you and YOU!!

Your Trusted Servant,
Kathy S

Boise, Idaho 83702

14th ANNUAL PACIFIC REGION AA SERVICE ASSEMBLY-Al-Anon and Alateen participation. Feb. 27th thru March 1st. Westward Hilton Hotel, Anchorage, Alaska. Write: Al-Anon Intergroup, PO Box 4-2736, Anchorage, Alaska 99509

MEETING IDEAS FROM: The FORUM

The January issue highlights an article entitled, "TRUST". Members at a meeting can share how they developed trust in themselves and in others through the application of the Steps.

In February's issue in "Stepping Stones to Happiness," a member tells how she overcame the fear of her husband and his violence. "Expressing Love" discloses the poignant reflections of an adult member as she recalls the serious misunderstandings in her childhood.

FLASH*** AL-ANON BEATS INFLATION

For only five cents, a lowly, almost worthless nickel, you can buy a Public Information aid. Wonderful information. Read and discuss them at meetings, stimulate your own personal growth. Then give them to juvenile authorities, schools, PTO, mental health centers, the clergy, etc.

- PI-11 "Al-ANON FAMILY GROUPS - A COMMUNITY RESOURCE FOR SPIRITUAL LEADERS," 5 cents each
 - PI-29 "THE INFLUENCE OF AL-ANON ON CHILDREN OF ALCOHOLICS," 5 cents each
 - PI-47 "DETACHMENT" 5 cents each
- TOTAL _____

Make check payable to:

*LITERATURE CENTER. .Boise, Idaho. .83702

Nov. total sales	\$703.75...	Books	339.50...	Pamphlets	364.25
Dec. " "	478.02...	"	233.72...	"	244.72
Nov. Postage	35.84				
Dec. " "	24.16				

The new book Twelve Steps & Twelve Traditions is earmarked to come out in January. I'll get the word out as soon as I'm notified.

Today I pray for the wisdom to build a better tomorrow on the mistakes and experiences of yesterday.

BOISE GROUP NEWS

Helpful Monday Al-Anon Group meets at the Grapevine, 1518 Fort St. at 8 p.m. The group has just completed the Twelve Steps and are beginning the Twelve Traditions. Average attendance is six.

Ladora H. GR

A noon meeting on Tuesday at the First United Presbyterian Ch., 10th and State was started about a month ago. Average attendance is four.

Ladora H.
Chairperson

On Friday at 8 p.m. there is a meeting at the Health and Welfare Dept. 600 N. Curtis. There about six people attending that meeting.

Boise Intergroup is sponsoring a Thursday Podium Meeting at Ada County Council on Alcoholism, 1615 W. State. The meeting will be every Thursday at 8 p.m. starting January 22. This will be an open meeting.

HURRAH KUNA ALATEEN !!! HURRAH!!! HURRAH!!!

The Kuna community now has a Alateen Group. We meet on Monday nights at 8:00 at the United Methodist Church. We've had five meetings now with ten or more people at each one. All of our meetings have turned out well.

On New Years Eve the Alateen Group went to a dance at Mt. Home with the A.A. and the Al-Anon groups. We all had a wonderful time. Since we all had so much fun in Mt. Home the Alateen Group is planning on building a dance floor of our own, thanks to Bud C. of Kuna. When our floor is done everyone is invited.

Thank you
Kuna Alateen
Mary.

For information call Cliff Bonnie,

BOISE INTERGROUP

Boise Intergroup met on January 8. There has been alot of discussion about Alateen. For the time being Intergroup has decided to help Boise teens get to the Kuna Alateen meeting. New officers were elected for Intergroup. Pat W. is the new chairperson; Bev. S. Alternate chairperson; It was voted to keep Ladora H. as secretary and Mary Jane A. as treasurer. Linda K is new P.I. chairperson; and Helen S. is chairperson for the answer-service. The new answering service in Helen's home started Friday January 16. Helping Helen are Irene E., Bev. S., and Pat W. Helen said there had been a few calls since Friday. Some more people are needed to take calls during the day. The answering service number is still the same, 344-1661. The new Thursday Podium Meeting chairperson is Joanne J. with Jean S. alternate.

AREA WORLD SERVICE COMMITTEE MEETING:

January 31st at 9:00 a.m.
Norths Chuckwagon
Kimberly Rd. Twin Falls, Idaho

All State officers, Coordinators and District Representatives should be there. Any Group Representatives and interested Al-Anons are welcome.

Susan T chairman

IF IT WORKS, WHY FIX IT?

(from WSO Highlights "Inside Al-Anon", Jan. - Feb. 1981)

Did you ever get the urge to rewrite parts of the Twelve Steps and Twelve Traditions? Many letters come into the WSO, usually fromeager over---

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newcomers, with suggestions for improving the foundation of our program as outlined in these two program basics.

Lois, our co-founder, at the request of several early groups of families of AAs, wrote a variation of the Steps. But by the time Al-Anon headquarters was formed, she and many "oldtimers" had witnessed many miracles in the lives of non-alcoholics brought about by the practice of AA's Steps as they existed. They concluded: the less we change, the better for Al-Anon as a whole. They also realized if the Steps were altered once they would be altered again and again. Their meaning and power would then be lost and group unity would suffer. Everyone was greatly pleased, therefore, when most family groups voted, in response to a questionnaire, to adopt AA's Twelve Steps practically unchanged. Since that time confidence in them has broadened and deepened. In other words, if it works, why fix it?

Boise 83704



Catherine

Boise

Mako 83702

