



2.

Monday morning we were up bright and early, had breakfast and were off for a tour of World Service Office. I spent all morning going on tour after tour, I just couldn't see enough on one tour. After a quick lunch the afternoon was spent at WSO. This time I spent time talking to people in Group Records, Forum, Literature, Mailing and packing.

That evening there was a banquet for all. I was seated at a table with the PI, CPC Chairman, Representatives from Belgium and United Kingdom and five other Delegates. Lois W. was at the table next to mine. The speaker was Hildegard M.V., the Forum editor. What a dynamic person she is.

After the banquet there was a meeting for the Panel 21 Delegates. Appointments for the Standing Committees were announced, and we were given our World Service Conference pins. Then off to our first Session of the 1981 World Service Conference.

Tuesday morning I ate breakfast with Alice B., the author of the "One Day at a Time" book. I just "HAPPENED" to have my book with me, and she graciously gave me her autograph.

Lunch was always served in a private dining room, so we were in the hotel all day. But in the evenings we were free from six to eight. We explored many fine restaurants, expensive but enjoyable. I was fortunate enough to dine with Myrna H., Carole H., Audrey S., Ruth, Virginia and Norma, all members of WSO. Their stories are the same as yours and mine.

At noon on Saturday the Conference ended and two bus loads of A.A.'s and Al-Anons traveled to Stepping Stones to visit Lois W. What a hostess she is. There was plenty of coffee, salad, cold cuts and cookies for everyone. Lois took time to talk to all eighty-five of us, and calmly let everyone wander through her home and look, touch and feel her and Bill's personal mementos. There are hundreds of books; the walls are covered with photos, and souvenirs are every where.

Sunday at noon Ethel and I had to go our separate ways. Ethel's husband has been in the hospital the past two months; he is very ill with cancer. Ethel is very serene, working her program faithfully. She showed me a lot about sponsorship, and we never mentioned the word once. Just her thoughtfulness and consideration meant a lot to me as a newcomer.

Thank you Pat W. for the send off to New York. You might not have guessed, but I was shaking in my boots that day.

Thanks to all of you that sent cards while I was in New York. They started to arrive on Wednesday, and that day I seemed to be on a low. I was becoming tired, homesick and depressed. I know I had all those lovely Al-Anon people around me, but I needed strength from someone I knew, and God provided me with a handful of cards. God Bless You All.

Your trusted servant,  
Kathy S  
Delegate            Panel 21

---

#### HOW DOES YOUR GROUP RATE?

#### DOES YOUR GROUP:

1. have an up-to-date Catalog (s-15), price list and supplementary price lists?
2. order literature on a regular basis?
3. have a Group Representative who orders The FORUM?
4. provide a wide variety of literature to group members or just a few pamphlets?
5. have copies of all hardcover books available for members to purchase?
6. have literature available for members to purchase?
7. use an effective and creative literature display?
8. use only Conference Approved Literature {CAL} as topics for meetings?
9. use only Conference Approved Literature {CAL}?
10. take advantage of the special discounts offered by the WSO when ordering Al-Anon's hardcover books?
11. order multiple group subscriptions to The FORUM as a service to members?
12. maintain a lending library of Al-Anon's hardcover books for its members?

AREA HIGHLIGHTS

Area Literature Coordinator S.

\*\*\*\*\*  
 THIS YEAR IS THE 30TH ANNIVERSARY OF THE AL-ANON FELLOWSHIP  
 \*\*\*\*\*

INTERGROUP NEWS

From District 6 Intergroup,

Al-Anon in District 6 has a few changes that are working out well.

The Wednesday night meeting at the A.R.A. house in Idaho Falls has an open meeting every first Wednesday of the month. They try to get different films to show on those nights.

The Friday night group at St. Johns Church in Idaho Falls is having speakers meetings once a month to help members become more relaxed when they're ask to speak in schools or outside agencies.

The Alateen group in Idaho Falls has moved from the library to St. Johns Church and still meets on Monday night.

Rexburg Sunday night meeting could use the support of anyone willing to come up. There's a lot of newcomers that could use your experience, strength and hope!!

Also, there is a new meeting (a study group) on Monday night in Idaho Falls. It's at 8 PM at the Kite Realty building at Elm and Boulevard.

March 14th, District 6 Intergroup displayed literature at the country club mall. It was sponsored by Eastern Idaho Regional Volunteers. There were booths set up and down the mall with different agencies. We handed out literature to those that were interested. Intergroup would like to thank all the volunteers they had, that sat down there and made sure the literature was passed out.

Respectfully,  
 Linda H., Secretary  
 District 6 Intergroup

---

Boise Intergroup met May 14th at the new Literature Center, 1524 Vista Ave. The answering service had a total of 83 calls in the past five week period. Volunteers are still needed. Call Helen S. at Intergroup voted to ask different groups to sponsor a Thursday Podium Meeting held in the same building as the Literature Center is. A list of meeting sponsors will be sent to groups. Chairs are needed for the Podium meeting. If you have a chair you can donate bring it to the Podium meeting. Volunteers are also needed for the new Literature Center.

---

LITERATURE CENTER

The Literature Center Committee would like to thank everyone who helped with the moving. The Center has been officially open since April 23 and doing well.

At this time, The Committee would like to announce that there will be an Open House at the Center on May 30, 10-12 a.m., 1524 Vista Avenue. We also will be closed on all holidays. Our mailing address is P.O. Box 2524, Boise, Id. 83701. The hours we are open are from 5-7 p.m. on Tuesdays and Thursdays, 10-12 a.m. on Saturdays.

We would like to take this opportunity to thank all the volunteers. If anyone would like to volunteer, please call Fran R. The following committee members have keys if an emergency should arise:

Fran R.  
 Kathy S.  
 Candy S.

John W.  
 Ladora H.

Please, no C.O.D. orders. Make checks payable to State Al-Anon Literature Center.

## Ask-It-Basket Questions from 1980 World Service Conference

- Q. What is the possibility of changing the Policy Digest at the top of page 18 to read: "...Al-Anon bulletin boards, newsletters and information services should not be used for publicizing activities of other organizations, the possible exception being AA."
- A. Though we are spiritually allied with AA, Al-Anon as a whole cannot endorse any outside organization. If groups wish to post notices of AA, it is within their autonomy to do so.
- Q. Can meeting days and times be included in Directory listings?
- A. The World Directory is published annually. Since meeting information changes frequently, it can never be relied upon for accurate meeting information.
- Q. How soon can we expect a literature rack similar to AA's?
- A. This is under consideration by the WSO Executive Committee.
- Q. How do you feel about "Double Winners" attending Al-Anon and taking up the whole meeting with their personal problems? Should the planned subject of the meeting be stuck to or not? If not, isn't this breaking the First Tradition? For example--if there are ten people at a closed Al-Anon meeting, probably 8 of them have personal problems, should one person monopolize the meeting which we all need so badly?
- A. It's the Chairman's responsibility to maintain control of the meeting and to state that everyone is to have an opportunity to express themselves.
- Q. How do you handle "gays" at meetings?
- A. As you would any other member. Al-Anon transcends age, race, color, creed, sex and life-style

---

Several groups have asked the question. What do you look for in a sponsor? The pamphlet lets you know how to be one. The Newsletter would like to hear from groups or individuals on how, why and what they did in choosing a sponsor. I'll be waiting for answers to put in the Newsletter.

---

Rigby was the host for the Mini-Conference held at the Rexburg V.F.W. Hall. We had a good showing of people from far and near. Everyone participated and the day was enjoyed by all. Rigby A.F.G.

-----

April 11, Mini-Conference in Rexburg was a big success for the first ever in the area. Our Delegate Kathy S. was there with a very informative report from the assembly in Alaska.

We also had a speaker from Dubois, Linda who was very good. Driggs and St. Anthony chaired the other panels we had and we also had a Father Martin film "The Family".

All in all it was a fun day filled with Al-Anon.

Linda H. Secretary  
District 6 Intergroup

---

From the editor:

Items needed for future Newsletters are:

1. Group news
2. Questions and Answers
3. Slogans, sayings, personal thoughts and stories from individuals
4. Any other ideas you may have for the growth of the Newsletter.

As of May 18 there is a bank balance of \$34.70. There are 80 subscribers with 56 paid and 24 unpaid.



## GROUP NEWS

We have a new growing Al-Anon group in Shoshone. We are registered with ASO under the name of Lincoln County A.F.G. Our group is meeting at the Senior Citizen Center, Monday evening at 8 p.m.

Thank you,  
Elsie R. GR

Our group in American Falls is going great guns. We have Between 10 and 20 every Thursday night at 8:00 p.m. at St. Marys Catholic Church, 352 Roosevelt, American Falls.

Yours in Al-Anon,  
Uffa M.

The Monday Night Newcomers Group in Boise is growing beyond belief, averaging 26 people weekly. The word is spreading, there is hope and help.

Thanks,  
Fran R.

The Caldwell Wed. nite group has increased from 4 to about 18 or 20 in the past 6 months or more and we are really delighted.

In April we had the film "The Enabler" and everyone enjoyed it.

May we've had a lady attorney come to talk to us on legal matters and give legal advice in answer to our questions. Later, May 27 we have another film "I'll Quit Tomorrow".

We're starting the Steps and discussions in between the films in hopes that we have something of help and interest for the group and we say to all of you "Keep Coming Back".

## DISTRICT III

District III held a meeting at the Spring Assembly in Idaho Falls to elect a new Alternate District Representative. Marge C. From Kuna was elected.

District III will be having a mini-workshop in July. Watch for an announcement.

Irene E.  
Dist. III Sec./Treas.

## \*\*\* SPRING ASSEMBLY IN IDAHO FALLS \*\*\*

If you weren't there---Y O U missed it. It was GR R R EAT!! The electricity of love flowed through out the weekend and was hopefully carried home and into meetings. It was a most richly rewarding experience and the best assembly yet. NOW is the time for YOU to save up your quarters - one day at a time--- planning for the Fall Assembly in Twin Falls.

----District 7---The Assembly voted and approved for a new District to be formed. CONGRATULATIONS & GOD'S BLESSINGS in your new growth.

Money in Al-Anon was another informative meeting given by Jean S. and a named from Dist. 3. Many good questions were asked and good answers were given.

If your group has a working way that you distribute your money - don't change. If you don't know how to divide your group money, then send to your State Al-Anon Literature Center (S.A.L.C.) for a new pamphlet to help you.

The Al-Anon Fri. night meeting was sharing of Al-Anon from all over the state. One would share and then chose another to speak. A lot of good words continued.....

were spoken and the message was carried. It is amazing -- the more Assemblies I attend -- the better I hear. Thank you Dist. 6 - and all those who shared part of their lives.

Our Delegate, Kathy, gave her report of her trip to our New York Office. Many people working very hard in many ways to help our Al-Anon program grow--- in our WorldService Office. Ninety some delegates meeting together to answer our questions and share new ideas. What an experience - Kathy - and we thank you for bringing us the message.

There are new pamphlets and some revised ones that are now or will soon be in your S.A.L.C. at 1524 Vista, Boise.

Thank you John for being our Al-Anon speaker at the Banquet. We love you!! I once heard that we are getting better when we can see the humor in our lives. John has much humor in his story. We all need that. After all - laughter is the best medicine.

The Sunday morning breakfast speakers were A.A.'s from the audience. They all carried their message well making us all realize that there is a GOD working in our lives and it was awe inspiring to see God's living MIRACLES. The amount of sobriety was from day 2 to 35 years - ONE DAY AT A TIME.

W O W ! ! ! WHAT AN ASSEMBLY !!!

Lou K.

### MY VICTORY

by Bob O.

I borrowed my husband from a life gay and free, I thought love and marriage would bind him to me. But he belonged to the taverns, the jug and the broads, His promises and love talk turned out to be frauds. I'd sit by the phone and not leave the house, Lest he'd drop by and I'd miss seeing the louse. He forced me on welfare, he couldn't provide, The things so essential, I swallowed my pride. The kids loved their daddy, the only one they had, But hiding their shame made them ever so sad. I watched other dads take their kids for a swim. Their kids looked so happy, Mine always looked grim. I prayed for the day he'd belong just to me. And my prayers were all answered, as you soon shall see. His friends were all absent, although they abound, But when really needed, they just weren't around. In those last tragic moments, there were just he and I, when his liver exploded and I watched him die.

\*\*\*\*Let's hear it for all the Alateens who were at the Spring Assembly\*\*\*\*

YYY EEE AAA HHH !!!

Alateen report from Lou K., Alateen Coordinator for Dist. 3

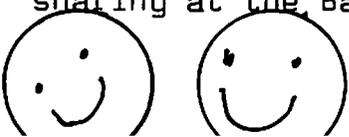
ARE YOU BUILDING YOUR PROGRAM?

The Alateen Panel at the Idaho Assembly Meeting was most successful. It was an eye opener for the Alateens & Al-Anons & their relationship. Use these questions in your Al-Anon &/ or Alateen Meetings-----

1. What do Alateen and Al-Anon have in common?
2. What distinguishes an Al-Anon meeting from an Alateen meeting, other than age?
3. If you have never been to an Al-Anon meeting, what are your expectations, what are your fears?
4. When you attend an Al-Anon meeting, do you find yourself looking for differences or similarities?
5. What was your best experiences at an Al-Anon meeting?
6. What was your worst?
7. What can the individual Alateen and Al-Anon member do to resolve this dilemma?
8. After Alateen, what do you feel will help you continue to grow?

Thank you Frank and the other panel members for opening up our minds and helping us become aware of these questions. Your sharing with us gave us insight for Al-Anon & Alateen growth.

A big smile & much love go to Pre-teen Andra G. & Alateen Roxanne B. for sharing at the Banquet Meeting at the Spring Assembly.



continued.....

ALATEEN NEWS-----

CALDWELL & BOISE were represented at the Dist. 3 Alateen Sponsor Workshop held May 2. It was learned that the main ingredients for being an Alateen Sponsor are hugging & caring for teens. NAMPA was added to the list of having Alateen Groups along with BOISE, EMMETT, KUNA, & PAYETTE. Encouragement was shared for future groups beginning in CALDWELL, EAGLE, & more groups in BOISE. Please call me if I can be of any service with your group or with starting a new group. I don't have all the answers; however, getting in touch with another sponsor can help.

Summer is a good time for all groups to share in other meetings. Get a car load together and go visit another group.

ALATEENS --- How about an "eating meeting" - Picnic -- anyone? All Alateens and Sponsors in Dist. 3 getting together. J\_U\_N\_E ? Let me hear how YOU feel about that!!! Write or phone -- Lou K Boise, Idaho 83704.

ALATEENS --- WELCOME NAMPA- Now let us hear from you, your group's name, mailing address, & a ph. contact no. IT is said that PAYETTE has dismissed for the summer. KUNA ALATEEN GROUP as of May 19, is meeting on Tuesday, at 8:00P.M., at United Methodist Ch., 3rd. & Franklin Sts.

PRE-TEEN GROUP --- Boise now has a PRE-TEEN GROUP meeting on Monday at 8:00P.M., at 1st. Congregational Ch., 23rd. & Woodlawn Sts. BOISE ALATEEN GROUP meets at the same time & same place as usual.

ALATEENS did you know that you were part of Al-Anon? Do you know who the Al-Anon Group is that sponsors your Alateen Group? Have you visited an Al-Anon Group? If your answer is NO to any of these questions, start asking & find out how you can change them to YES.

ALATEENS this is YOUR newsletter. This is your way to communicate with other Alateens. Please send your groups name, mailing address, & a ph. contact no. to be published in the newsletter so other groups can communicate with YOU. Send any info about your group or your meetings. What kind of meetings are you having - Step Study? - Ask it Basket? - Sharing Your Stories? - Open Discussion? -- Or - ???

Alateens: Do you need a sponsor to start an Alateen Group? Go and visit Al-Anon Meetings and find an Al-Anon you would like to be your Sponsor. Ask him/her to be your sponsor & help you start a group. In Alateen you can gain a new awareness and can share it with others.

WHAT YOU ARE IS GOD'S GIFT TO YOU  
WHAT YOU MAKE OF YOURSELF IS YOUR GIFT TO GOD

SPONSOR -- My Sponsor helps me see my choices, she loves me alot, she shares with me the 12 Steps, she is there when I need her. I choose her because she was someone I could talk to & someone that I could relate to & someone in my side of the program & someone of the same sex. Thank You God for the very special person in my life -- my sponsor.

Signed -- Anonymous

IT IS TIME TO BE PROUD OF WHAT YOU ARE,  
NOT QUILTY FOR WHAT YOU ARE NOT.

*Base 83704*



*Edward L. II*

*Base*

*Make 83709*

83