

IDAHO AL-ANON NEWSLETTER

9th year

September 20, 1981

5th issue

Newsletter by and for Idaho Al-Anon Family Groups

3.00 per year, due January 1st

Published-Jan., March, May, July, Sept. and Nov.

Editor: Beverly P

Boise, ID 83704

AREA WORLD SERVICE COMMITTEE:

DELEGATE.....Kathy S	Boise, ID 83702
ALTERNATE.....Calleen S	Rapid Creek Rd., Inkom, ID 83245
CHAIRMAN.....Susan T	Twin Falls, ID 83301
SECRETARY.....Ladora H	Boise, ID 83709
TREASURER.....Jean S	Boise, ID 83709
ALATEEN.....Beth D	Idaho Falls, ID 83401
PUBLIC INFO...John W	Boise, ID 83705
INSTITUTIONS..Kay S	Boise, ID 83704
LITERATURE....Lodema S	Wendell, ID 83355
LIT. CENTER...Lou K	Boise, ID 83704
NEWSLETTER....Beverly P	Boise, ID 83704

DISTRICT REPRESENTATIVES:

DIST. #1.....no information	
DIST. #2....."	
DIST. #3.....Joanne, J	Boise, ID 83709
DIST. #4.....Susan	Twin Falls, ID 83301
DIST. #5.....Uffa M	American Falls, ID 83211
DIST. #6.....Jillette G	Idaho Falls, ID 83401
DIST. #7.....Susan C	Ontario, OR 97914

FROM OUR DELEGATE:

I heard a lot of good things at the U S Northwest Regional Service Seminar. Carol (Alateen WSO Secretary) told us about a typical day at work. Ann (Institutional WSO Secretary) shared also about a day in the WSO. Susan (Public Information Sec.) made comments about PI work done through the World Service Office. Myrna (General Secretary WSO) told us about the growth in Al-Anon over the 30 years of its existance.

Morning workshops were on Service Problems, PI, Institution Groups, CPC and Alateen.

Then Hank (Chairman of the Board of Trustees) explained Concepts ten through twelve.

In the afternoon sessions were on What's happening in the media, Conference-Approved Literature and Area Coordinators. With a question and answer session following. Then workshops on Outside Influences, Prejudice, DR's, Service Structure, and Service Problems at all levels.

An Ask-It-Basket and a skit by the South Dakota members filled out Sat. night.

Sunday of course was filled with the spiritual sharing and comments by anyone on personal growth through service.

Eighteen states were represented and four provinces from Canada.

continued.....

2.

It was an enlightening experience and I'm grateful that my Higher Power saw to it that I could attend.

I do hope the Host committee of the Fall Assembly allows some time so I may share with you.

Your trusted servant,
Kathy S.
World Service Delegate

ASK-IT-BASKET questions 1980 WSC

- Q. Do we have the legal right at an Al-Anon Convention to a policy of "anyone under the influence of drugs or alcohol will be asked to leave?" What powers of enforcement do we have?
- A. If a person is disruptive for any reason, he or she, may be asked to leave a meeting, conference or convention. Enforcement may be difficult, but is usually accomplished when a firm message is given.
- Q. Can an alcoholic, not in AA, serve as a GR?
- A. Any member, who is not also a member of AA, may serve as GR if he or she is elected by the group.
- Q. While visiting a group, does a member have the right to talk during the business meeting?
- A. This is a group decision.
- Q. Can contributions "In Memoriam" be made to the WSO when an Al-Anon/Alateen member loses a member of his/her family?
- A. Yes
-

ASK-IT-BASKET----Regional Service Seminar----Banff, Alberta----Oct., 1980

- Q. Recently the FORUM has printed some photographs. This has disturbed some people in our Area. They feel it is a break in Traditions even though names are not printed.
- A. The photographs are not those of the person who had written the article. These are "clip art" obtained from a photo service. If and when such full-faced photos are used, a notification will appear in the FORUM.
- Q. What about young Alateens? Is Alateen in existence? Does Alateen sponsor this type of group?
- A. Alateen is for teenage members of the family. Many young people under the teen age do not understand and are not able to share and, therefore, must be taught. But our program is not a teaching program; it is one of sharing personal experience, strength and hope. There are, however, some younger family members that are able to grasp the sharing program. The 1980 Conference, therefore, gave each group the autonomy to open their Alateen groups to allow younger people. Now there are many groups whose members are under age 13. They are registered as Alateen groups. We are encouraging them to work closely with Alateen groups which might meet with them at some time, so they can gain some direction from the older members. I have heard of Alateen groups which are on their own, this is unwise, as those children need guidance.
-

ASK-IT-BASKET questions 1981 WSC

- Q. If an institution owns a film that we would like to show at an open meeting (and is willing to lend it to us gratis) are we obliged to provide a donation, to prevent any illusion of affiliation? The film will not be shown at the institution.
- A. Experience shared by other members has shown that it is not in the best interest of Al-Anon as a whole to show films made by outside agencies; however, if a film is shown, in addition to a regular meeting, it would not violate Traditions to borrow the film.

"A stopped clock is right twice a day" - so why can't I keep quiet?----

"Don't use people and love things --- use things and love people."

The public Information Program is slowly moving forward. In the near future we hope to have Spot Announcements on the local radio stations. (Our thanks to Jim D. for the list of persons to contact in this vital area.)

The Nyssa AFG has taken part in public forums at Payette and Ontario. Every bit helps.

The First Presbyterian Church in Moscow, Idaho is sponsoring an adult seminar on Alcohol - It's Use and Abuse. World Service Public Information has supplied a P.I. Pack. On October 25 the meeting will be on Community Resources. It could prove fruitful for the Moscow AFG to attend and let it be known that help is available in the local area.

Our local Intergroup P.I. Coordinator is bringing information to the schools in the area. Linda is certainly doing a lot of work and we owe her a debt of thanks for the service.

Dr. Wallace K. Pond, a local psychologist and counselor, who covers many faucets of the local area has been furnished with Al-Anon material to aid in recommending potentials to our program. We certainly appreciate his interest in our work.

Current meeting information is being run by the Statesman as a community service. This service is available to any Group. If you need information call John W.

Intergroup sponsors an open meeting every Thursday at 8:00PM, at 1524 Vista Avenue. Ample parking is available North of the building. This meeting should become more viable as attendance picks up with the return to school. This is a good meeting to bring your AA friends to.

When doing Public Information work remember, Al-Anon has no spokesman; we only tell what Al-Anon has done for us. Protect the ANONYMITY of all our members.

JOHN W. Area P.I. Coordinator

AL-ANON FOR MEN. Will start with a meeting 23 September 1981, at 8:00PM, at the State Al-Anon Literature Center, 1524 Vista Avenue, Boise, Idaho. (Ample parking North of building.) For further information call John W. Al-Anon 344-1661. This is an opportunity to discuss our strength, hope and experience man to man. And we believe you will find there is a better way. "I know how you felt. When I couldn't read a paper, never mind pull a report together at work, because I was always torn by the thoughts of the house burning down or the kids coming home from school to a drunken mother I figured it was time to admit I needed help for myself. I found the help I needed here in Al-Anon."

Anonymous.

Boise Intergroup met August 13 and September 10. Answering Service calls from July Intergroup to August Intergroup were 81 and calls from August to Sept. 79.

The 1982 Spring Assembly was discussed at the September meeting. Chairmen for the different functions of Al-Anons participation were chosen. Pam A. coordinator for Al-Anons part at the Assembly gave a report. Meetings for the chairmen will be held after Intergroup meetings.

It was decided to have different groups be responsible for the Podium Meetings for a period of three months. A new calendar will be made by these groups to show when each group will be sponsoring the Podium Meeting.

Each group should set aside money to pay their GR's registration at the Fall Assembly.

A Brighter World

Once upon a time my world was very dark. When I came into Al-Anon I heard, "Your world is only as dark as you allow it to be." I learned that I am only a small person in a big world, but I'm still important in my Higher Power's eyes. Al-Anon taught me to brighten up myself by looking at the positive things thru the 12-Steps and by being more loving and considerate, by detaching from the disease. Low and behold, as I brightened up my own world, the darkness began to fade and the lives surrounding me became brighter to.

Linda K.
Friday Night Eagle Al-Anon

DO YOU JUST BELONG

Are you an active member,
The kind that would be missed?
Or are you just contented
That your name is on the list?

Do you attend the meetings
And mingle with the flock?
Or do you meet in private
And criticize and knock?

Do you take an active part
To help the work along?
Or are you satisfied to be
The kind that just belongs?

Do you work on committees,
To this there is no trick;
Or leave the work to just a few,
And talk about the clique?

Please come to the meetings often,
And help with hand and heart.
Don't be just a member
But take an active part.

Think this over, members,
You know what's right from wrong.
Are you an active member,
Or do you just belong?

Anonymous

District #7 Al-Anon contributions from January 1 thru September 10, 1981

- Nampa A.F.G. - \$10.00 Tl.
- Caldwell A.F.G.- \$25.00 Tl.
- Nyssa A.F.G. - \$20.00 Tl.

Suggested donations at the Spring Assembly were discussed and it was encouraged for us to donate tri-annually if possible at:

- 10% to WSO (Support your FORUM)
- 25% to Area (Support your Newsletter)
- 60% to District

STATE AL-ANON LITERATURE CENTER
 1524 Vista Ave., P.O. Box 2524
 Boise, Idaho 83701
 Profit & Loss Statement
 July 1 - August 31, 1981

<u>SALES:</u>	JULY 1981	AUGUST 1981	YEAR TO DATE
Book Sales	\$ 651.50	\$ 684.75	\$ 3,105.80
Pamphlets	232.51	264.60	1,530.72
Discount	185.41	216.12	979.38
Postage Income	12.15	6.00	36.97
Credits Due & Used	(2.94)	(5.76)	9.30
Back Orders	(12.95)	--	(9.00)
Miscellaneous Sales	--	--	7.61
Rent Income	15.00	--	47.50
TOTAL INCOME	\$1,080.68	\$1,165.71	\$ 5,708.28
<u>COST OF SALES:</u>			
Books	\$ 651.50	\$ 673.00	\$ 3,127.50
Pamphlets	197.51	264.60	1,537.58
Postage Expense	53.50	38.47	284.64
GROSS PROFIT	\$ 178.17	\$ 189.64	\$ 758.56
<u>OVERHEAD EXPENSES:</u>			
Donations	--	--	4.25
Miscellaneous	.03	(.07)	22.77
Office supplies	35.81	.1.03	72.08
Rent Expense	74.39	74.39	371.95
Cash Short & Over	(.41)	--	(2.27)
Insurance-Liability	--	--	45.00
TOTAL EXPENSES	\$ 109.82	\$ 75.35	\$ 513.78
TOTAL NET PROFIT	\$ 68.35	\$ 114.29	\$ 244.78

BEGINNING CASH ON HAND 7-1-81	\$1,455.95
PLUS DEPOSITS	1,955.18
LESS DISBURSEMENTS	(1,781.94)
RETURNED CHECKS	(62.32)
ENDING CASH ON HAND 8-31-81	\$1,566.87

A District III meeting was held at the McCall campout on Aug. 22nd. It was hosted by the Friday Night Al-Anon group from McCall.

There were Al-Anon members present from District VII and one from Union, Oregon. We appreciated their in-put. There were approximately twelve Al-Anon members from District III.

Discussion was held on co-operating verses affiliating with Care Units. Many members expressed a lack of knowledge of Care Units. Feelings were expressed by members who had spouses that had been in Care Units. Nancy C. from Boise was elected to find out about setting up a workshop at Nampa Care Unit for District III.

Thanks again to the Friday Night McCall group who furnished cookies for the meeting.

Irene E.
District III Sec.

Do you ever wonder----WHY?----Sometimes there is no why.

What is worth a million dollars? \$\$\$\$\$\$\$\$\$\$ YOUR SMILE

NEWS FROM GROUPS

The Rigby groups, both Al-Anon and AA have moved from the courthouse in Rigby. Our new location is in the Community Church, on the corner of State St. and First North.

Its easy to find, just two blocks straight north of the stop light on Main Street.

Al-Anon meets upstairs and AA has their meeting downstairs on the same night. We meet every Tuesday at 8:00 P.M.

Please join us.

Thank you,
Zola L.
Rigby Al-Anon Sec.

The Friday Night Al-Anon Group in Idaho Falls have just started a baby-sitting service in the church when our meeting is held, so that young children can be watched if their parents attend AA or Al-Anon. We're very pleased with it so far.

Ada R.
member of
Friday Night Al-Anon

Jerome has a noon meeting that meets on Thursdays in the jury room of the court house.

Welcome, everyone, to the Friday Night Eagle Al-Anon. We usually have attendance from 12 to 23, some in cocoons, some beginning to crack out into a new way of life of warmth and fellowship, some butterflies flying from flower to flower doing 12 Step work. So wherever you are in your Al-Anon travels, you will find friendship and understanding in our group.

Eagle Al-Anon
292 N. 1st Eagle
Parish House- St. Mathews Cir.



XX

On August the Area World Service committee held a meeting at the First Presbyterian Church in Twin Falls. District Representatives from districts 3, 4, 6 and 7 gave reports. There were also reports from Jean, Area Treasurer, Ladora, Secretary, Kathy, our Delegate and from Beverly, Newsletter Editor.

Beth, Alateen Coordinator and Lou, District 3, Alateen Coordinator gave very interesting talks about Alateen. With both Beth and Lou behind Alateen, I know Alateen will really grow in the Area, Districts and Groups.

Bev. P. Editor

XX

I sure hope groups will help answer the questions sent to the Newsletter for the Question Box before the November Newsletter is published. PLEASE HELP

??
? What do you look for in a sponsor? ?

? A puzzling question, how can one get the entire group to participate ?
? in the business discussions precisely? ?

??

I have been busy attending meetings in the Boise area to promote the Newsletter. Since most Al-Anons do not get to read the Newsletter at meetings, I'm hoping to get individuals to subscribe. So far the response has been good. In the next few months I am going to try and send to groups in the Districts a courtesy issue of the Newsletter. Because the Idaho Al-Anon Newsletter needs money to keep going most of the \$3.00 subscription cost is a donation this year, since there is one issue left to be published in November. Three dollars will be due January 1st, 1982. I hope everyone understands this. Thanks to everyone who has wrote and those who have bought subscriptions.

Lots of Love, Bev. Editor

From the 1980 World Service Conference:

Registration of "Pre-teen": For several years there have been requests for the WSD to register, as members, children under twelve, which call themselves "Pre-teens," "Alatot," etc. A motion was offered and discussion followed.

Those in favor of registering Pre-Teens cited: "Preventative medicine"-- Younger children who are reached early are less confused and disturbed; The need has been expressed--every year requests are made; Not all Al-Anon parents are ready to help their own children; Sponsors of these groups are highly dedicated; Groups are very enthusiastic; There is good sharing; There is a need to reach these children before real trouble begins; Younger children are more receptive than teenagers.

Those opposed: A "teaching" situation is created; Alateen should be strengthened first; Al-Anon should not take over the responsibility of parents; Younger Children don't know what to share; Sponsors are untrained; Adult sponsors are difficult to recruit; Watching younger children is a bigger responsibility; New literature would be necessary; AA has one meeting with members of all ages; Al-Anon seems to keep dividing; There should be one Al-Anon of all ages; What would the age limit be? The Alateen groups could be split according to age groups; How do children "take what they like and leave the rest." How can younger children be counted on to observe anonymity and Traditions.

LET GO--LET GOD

As children bring their broken toys,
with tears for us to mend,
I brought my broken dreams to God,
because He was my friend.

But then, instead of leaving Him in peace
to work alone,
I hung around and tried to help,
with ways that were my own.

At last I snatched them back and cried,
"How can you be so slow?"

"My child," He said, "What could I do?
You never did let go'....."

*****W.O M A N T O W O M A N*****

A.A. and Al-Anon Women - Day with 12 Steps
Tuesday, October 13, 1981 9 A.M. - 6 P.M.
NAZARETH - 4450 N. Five Mile Rd. (N. of Ustick) Boise, Idaho
\$7.00 per person - Coffee and lunch included.
(free time for 4th Step work and/or meditation)
For information - call Hazel or Lou,
Register with above-- Hazel or Lou or mail before October 4th to:

WOMAN TO WOMAN
2020 Westgate Dr.
Boise, ID 83704

Make checks payable to WOMAN TO WOMAN (LIMIT TO \$5)

"WHEN WE ARE CONCERNED WITH WHAT THE FUTURE HOLDS-----
WE ARE NOT CONCERNED WITH W H O HOLDS THE FUTURE."

Don S.

HAVE YOU HEARD????????? TWIN FALLS is hosting the FALL ASSEMBLY
COME COME COME COME COME COME COME You'll like it!!!!

THANK YOU to each and everyone

Yah Yah VOLUNTEERS --- If it were not for YOU, the S.A.I.C. would not be open; but it is & servicing -- you & you & you & you--- The rest of us are grateful for your work.

The S.A.I.C. Committee served coffee and doughnuts on Sat., Sept. 12, to a few volunteers who came to the workshop. We all learned how to mail orders and laughed at some of the mistakes we had made. We are all human. Please -- if a mistake is made on your order -- let us know -- & we will correct it. Be a volunteer!!! It isn't difficult and can be a learning experience. Thanks again to YOU -- VOLUNTEERS!!!!!!!

Are you interested about the beginning of Al-Anon in in Idaho? Call Ladora - your area secretary - or write to her - and let her know any information that you may have in regards to Al-Anon from back -- when --- Let's build Archives for Al-Anon in Idaho.

Are you having problems -- and -- don't know where to turn -- Hit your knees -- and let HIM take care of them. "I CAN'T ----- HE CAN ----- AND I THINK I'LL LET HIM".

Isn't it great to love & be loved. God loves Y O U !!!

ALATEEN... the children of Alcoholics - need meetings to --

BOISE

Mon. night - 8P.M. - 23rd. & Woodlawn - welcomes YOU.

Mon. night - 8P.M. - PRE-TEEN same place - Welcomes 9, 10, & 11 yr. olds.

Wed. night - 8P.M. - 23rd. & Woodlawn - Welcomes You.

Where are you Emmitt, -- Caldwell, -- Nampa ????? WRITE!

Alateen Sponsors (or anyone interested in Alateen)

There will be an Alateen Sponsor workshop on Sat., Oct. 10 at 2020 Westgate Dr. - Boise, Id. 83704 - 9:45 - 3:00.

Come and help each other -- CARE --- SHARE --

We need your experience , strength, & hope.

There will be a potluck for lunch. Table service & drinks furnished.

SEE YOU THERE ----YOU YOU YOU YOU YOU YOU -----

Alateens --- Plan NOW for attending YOUR meetings at the A.A. Fall Assembly -- Nov. 6, 7, &8 -- in Twin Falls.

Alateen is Growing -- Growing -- Growing -- Are you?? There are 12 Steps that can help you with your life and make you feel good --"inside". Work your program -- attend your meetings -- take your program & practice it in all your affairs -- even HOME.

Coming soon -- New Alateen meeting in Eagle -- listen for notice.

Scoop from Chantil - your Alateen rep. on the AA Comm. for the Spring Assembly to be held in Boise -----

Alateen will have a room to use for meetings &/or ??? YAH!

There will be an Alateen Speaker and a Preteen Speaker.

There will be a meeting on Sat. at the Twin Falls Assembly to discuss the Spring Assembly.

C A L E N D A R

SEPTEMBER:

23 - 4 P.M. - Channel 6 - After school special - "She Drinks A Little"

OCTOBER:

10 - 9:45 A.M. - 3 P.M. - Alateen Sponsor Workshop (see Alateen)

13 - 9A.M. - 6P.M. - Woman to Woman (A.A. & Al-Anon)

NOVEMBER:

6,7,&8 - Fall Assembly - Twin Falls

====+++++++ N F W G R O U P S +++++====

Alateen --- Wed. 8P.M. - First Congregational Church 23rd. & Woodlawn ---for 12 yrs. and older

Al-Anon --- Tues. 10:00 A.M.. - 6713 Fairview (between Royal Fork & Elmer's) Book Study Group

A.A.(open meeting)--- Sat. 8P.M. - 6713 Fairview (between Royal Fork & Elmer's) Chapter Nine - The Family Afterwards

YA'LL COME ___ Old & New Members WELCOME ___ WELCOME ___
+++++

NAMPA AL-ANON ___ Monday Night ___ 8:00P.M. - C E T Building Nampa Caldwell Blvd. -- (2nd. building from Red Steer)

Doris N. (459-4358)

-----FALL ASSEMBLY IS COMING-----
(get a car load of friends together & GO)
-----Twin Falls --- Here we come-----
=== Nov. 6, 7, 8 ===

The last Al-Anon Newsletter was GREAT thanks to our editor, Bev and all those who contributed -- Kathy S., Hildegard, Jean S. Candy, Sharon R., Twila H., Beth D., Christian, Erin, Lou, Bob S., Ladora H., & others who sent in info we all gine YOU our THANKS!!!!!!

Lou K.

Boise 83704



*Delivered Monday Reg. A.S.G.
Box 2524
Boise
Idaho 83701*

33

