
IDAHO AL-ANON NEWSLETTER

8th YEAR

September 18, 1980

5th issue

Newsletter by and for Idaho Al-Anon Family Groups

\$2.00 per year-----6 copies a year

EDITOR: Deneice W

Meridian, Ida. 83642

CO-EDITOR: Bev P

YOUR AREA WORLD SERVICE COMMITTEE:

DELEGATE...Lodema K. S

Wendell 83355

ALTERNATE..Robert S

Hailey 83333

CHAIRMAN...Uffa M

American Falls 83211

SECRETARY..Carla W

Idaho Falls 83401

TREASURER..John W

Boise 83705

PUBLIC INFO....Janett B

INSTITUTIONS.....

ALATEEN...Beth D

Idaho Falls 83401

NEWSLETTER..Deneice W

83642

CO-EDITOR...Bev P

Boise 83704

LITERATURE..Kathy S

Boise 83702

DISTRICT REPRESENTATIVES:

DIST. #3--Jeane S

Boise 83705

DIST. #4--Hazel E

Goodin 83330

DIST. #5--Wesley N. P

Poc

DIST. #6--Carla W

Idaho Falls 83401

~~WORLD SERVICE COMMITTEE MEETING~~

~~WORLD SERVICE COMMITTEE MEETING~~

~~October 11, 1980 Twin Falls, Idaho~~

~~at North Chuck Wagon Restaurant on Kimberly Road~~

~~\$1.00 per person for coffee and doughnuts~~

~~\$2.50 per person for lunch~~

SEE YOU ALL THERE!

AL-ANON/ALATEEN MEETINGS

****BOISE****

Sunday--8pm--Grapevine Club--1518 Fort St.----362-3615----345-2760
377-2559
Monday--12 noon--St. Paul's Ch.--401 N 14th----377-1083----343-6604
344-2292
8pm--Grapevine Club--1518 Fort St.----362-1589----377-1083
362-2884
8pm--Congregational Ch.--23rd & Woodlawn----344-4052----377-
3845----344-0620
Tuesday--8pm--Grapevine Club--1518 Fort St.----375-6748----343-0410
342-2860
Wednesday--8pm--Congregational Ch.--23rd & Woodlawn----375-1441---375-
7902-5-2344-2292
Thursday--10am--Congregational Ch.--23rd & Woodlawn----377-1718----377-
3923----376-0553
Friday--8pm--Anderson Center--1st & Bannock----344-1562----362-0825
8pm--Grapevine Club--1518 Fort St.----375-4420----377-0572

****CALDWELL****

Wednesday--8pm--Kaley Med. Center--10th & Logan----459-8605----459-2083
459-8574

****EAGLE****

Friday--8pm--Parish House--St. Matthews Ch.

****EMMETT****

Monday--8pm--Walter Knox Hospital----365-4342
Thursday--8pm--Walter Knox Hospital

****KUNA****

Monday--8pm--Senior Citizens Building----362-0825

****MERIDIAN****

Thursday--8pm--Episcopal Ch.--1021 W 8th St.----888-3357----888-3188
888-2049

****McCALL****

Tuesday--8pm--Congregational Ch.--1st & Park----634-5629----385-4335
Friday--8pm--Congregational Ch.--1st & Park----634-5629----385-4335

****MTN. HOME****

Monday--8pm--Episcopal Ch.----587-5668----587-8594----832-2266

****NAMPA****

Monday--8pm--Mercy Medical Center----466-3997----467-5998----459-4358

****NYSSA****

Friday--8pm--Methodist Ch.--Emison & 3rd St.----372-3318----372-2526

****PAYETTE****

Tuesday--8:30pm--Episcopal Ch.--110 N 10th----642-2090----642-4758
452-4696

ALATEEN MEETINGS

****BOISE****

Monday--8pm--1915 Harrison Blvd.--JANET--344-5448

1 September 1980

SUBJECT: SUGGESTED CONTRIBUTIONS BY AL ANON GROUPS.

It is strongly recommended that Al Anon Funds be maintained in a local Bank with two persons authorized to sign checks. To assure that the bank statements get to the Group we urge you to use the Intergroup address: The Name of your Group, P.O. Box 2524, Boise, Idaho 83701. (This address for members of Boise Inter Groups only). The practice of hoarding funds is not beneficial to your Group nor the Al Anon Program. A small balance of around \$25.00 should be sufficient for any emergency.

In addition to buying literature, coffee, etc, it is recommended that funds for an average Group (8 to 12) be disbursed as follows: (Smaller Groups would be expected to give less and larger Groups more).

Rent for meeting place, Half of collection but not over \$2.00, for each meeting.

Intergroup, \$10.00 per month, paid monthly at Intergroup meeting. (More would help in our Public Information Work).

District, \$5.00 per Group per year, paid annually in the Spring.

Delegate Fund, \$3.00 per person per year, paid annually normally in October.
(This includes the fare of the Delegate to World Service in New York).

Area Treasury, \$1.00 per person per year, paid annually in the Spring.

Al Anon Family Groups, Inc., \$6.00 per person per year, paid in March, July & November.

We are self supporting through our own contributions. Forwarding your contributions helps spread the work to others. Remember these are only suggestions. They have proven helpful in the past.

Paying the registration at the Fall Assembly for your Group Representative is encouraged to show Group support.

Serving as your Area Treasurer has been a most rewarding and growing experience.

Al Anon Love,

John W. W.

Area Treasurer
Boise, Ida 83705

NORTHSIDE AL-ANON GROUP

we continue to read, study, and discuss the Twelve Steps, and in general are receiving much needed messages from new members as well as

"OLDER" ones; by that I mean our steady members. Each of us in our own way extending our messages.

I have a question----how many of our Al-Anon groups have asked our Delegate to come visit and share her most interesting message? I happen to know the number is almost NONE! That's an insult in every sense of the word! Does this mean we don't need or want a Delegate? I hope not.

Alice A.

9/1/1980

To the Editor of the Newsletter:

Literature sales for the month of	JULY	AUGUST
Hardback Books	\$172.50	\$191.50
Pamphlets & etc.	154.00	377.15
Number of groups orders	14	30
Postage	\$12.89	40.83

Total sales so far this year \$5825.22.

So many changes are happening in Al-Anon literature, colors, the typefacing, and new pieces, it is all very exciting.

How about that "AL-ANON, IS IT FOR YOU?", a great giveaway for Public Information. Put it in your church, doctor's office, hospital, any number of places. You might ask for permission first, of course.

We have received advanced notice of the Serenity Prayer on a laminated card (wallet size), an order has been put into WSO, but please don't order any until we notify you we have received them.

Souvenir Programs of the International Conference at New Orleans will be available, also.

Something that all NEWCOMERS should leave their first meeting with, is the sheet INFORMATION FOR THE NEWCOMER. It is a brief explanation of Al-Anon.

For those of you interested in SERVICE, become better acquainted with your service manuals. Each group should have the set of four.

There is a tremendous amount of information and guidance in our hardback books. I have been to some very good meetings that have been based on something taken out of, "Living with an Alcoholic", or from a personal story from "Al-Anon Faces Alcoholism". "The Dilemma of the Alcoholic Marriage" is so great in applying the Al-Anon program to problems in an alcoholic marriage. You don't know what you have missed if you haven't read the hardbacks.

YOU WOULD BE WELL REPAID BY A THOROUGH REVIEW OF ALL OUR LITERATURE. IT IS FULL OF GOLDEN NUGGETS. BUT GOLD IS WHERE YOU FIND IT. TO FIND IT, YOU HAVE TO LOOK.

(pg. 96 "Al-Anon's Favorite Forum Editorials")

Area Literature Coordinator,
Kathy S

FROM DIST. 6

The annual A.A. campout was held the first weekend in Aug. at Warm River and there was a fantastic turn out. We had lots of fun and lots of meetings.

Idaho Falls celebrated their 15th year in Al-Anon with their annual pot luck picnic on Aug. 14th.

The Intergroup rented the Marque on Yellowstone Ave. to say congratulations and was responsible for an article about Al-Anon and what it is, in the local paper.

There is a Pre-Alateen (9-12yr. olds) on Friday nite at St. Johns Church in Idaho Falls. The kids are really showing an interest. They need a permanent sponsor. Right now different Al-Anon's are filling in each week. If anyone is interested please let us know. It's a very rewarding part of service.

St. Anthony and Rexburg really need our support if your up that way Thursday or Sunday.

Respectfully
Linda H.
Sec., Intergroup

****PAYETTE****

Monday--4pm--Junior High School--Room #3----278-3668----452-4047
642-2090

For any information write:
Al-Anon Family Groups
P.O. Box 2524
Boise, Idaho 83702
or call 344-1661

GROUP NEWS

Friday Night Annex Al-Anon Family Group meets at the Anderson Center at 1st & Bannock in Boise. We have been having an average of 12 in attendance with at least one newcomer a week. We welcome all newcomers and vistors.

The friendly Friday Night Eagle Group welcomes newcomers and oldtimers. Come share with us.

***** Linda K. G.R. *****

The little town of Kuna now has a Monday night Al-Anon meeting. We are meeting in the Senior Citizens Bldg. which is right behind the City Hall. We welcome all newcomers and Alateen. Come help us grow.
Marge C.

DO YOU JUST BELONG

Are you an active member,
The kind that would be missed?
Or are you just contented
That your name is on the list?

Do you attend the meetings
And mingle with the flock?
Or do you meet in private
And criticize and knock?

Do you take an active part
To help the work along?
Or are you satisfied to be
The kind that just belongs?

Do you work on committees,
To this there is no trick;
Or leave the work to just a few,
And talk about the clique?

Please come to the meetings often,
And help with hand and heart.
Don't be just a member
But take an active part.

Think this over, members,
You know what's right from wrong.
Are you an active member,
Or do you just belong?

Anonymous

FROM YOUR ALATEEN CO-ODINATOR

Alcoholism the Family Disease!! True, but is the whole family healing? They can't be with so few Alateen and preteen groups.

"The only way we can grow and learn and love is to do it together. That's the key." Taken from the Aug. 1980 Forum, page 10.

Alateen and preteen is the junior segment Al-Anon, yet so few know about the program and it's purpose. My best growth, learning process and understanding came when I was involved with Alateens.

If you don't care to Sponsor just read the literature and the hard back book, "Hope for Children of Alcoholics." Be informed. Invite an Alateen or the group to share in an Al-Anon meeting. It is amazing to listen to their mature attitude about the steps and some subjects we have trouble with. After all, they had two to have been confused over, resentful over and frustrated about.

Idaho Falls has had a preteen group going for several months with great results. The parents has been pleased and complimented the Sponsors. There is a problem keeping it going after lack of Sponsors.

This is the big problem in the Alateen programs. Good Sponsors are taken for granted and used to death. Everyone wants a group, however.

In my opinion, we Al-Anons need to quit fearing the involvment or thinking everything will be okay for the kids cause I have a program. Osmosis just won't get it for the children.

Have you seen the film "Soft is the Heart of a Child." Who could deny any child the right to heal after seeing it?

Do our children have to grow up to marry an alcoholic or become one to find a program for their own answers?

The Fall Assembly will have a workshop for Alateen. A teen boy from Idaho Falls will be guest speaker. On hand will be an Alateen host and hostess. Plans for recreation are on the agenda. These young people have talked in schools and cottage meetings as well as family groups.

We are trying "One Day at a Time to do it together."

Beth D

Alateen Co-ordinator

MALAD

Malad has had an Al-Anon group for seven years and this last fall started meeting in the old Malad Hosp., sharing the room with A.A. Before that time, the group met in their homes. We meet Wed. afternoon at 5:00 P.M. our address is 213--2nd St. N., Malad, Id. 83252