

IDAHO
AL-ANON NEWSLETTER

5th Year

June 1, 1977

2nd Issue

Newsletter by and for Idaho Al-Anon Family Groups
\$2.00 per year- 4copies
Editor: Deneice W

Meridian, Idaho 83642

Now is the time for subscriptions to be renewed again. I am sending this one to all the groups to encourage them to get more subscriptions from (individuals). Thank you so much.

Your Editor,
Deneice.

YOUR AREA WORLD SERVICE COMMITTEE

| | |
|----------------------------------|----------------------------|
| DELEGATE--Lodema K. S | Wendell, Ida. 83355 |
| CHAIRMAN--Hazel H | Gooding, Ida. 83330 |
| SECRETARY--Naomi S | Nampa, Ida. 83651 |
| TREASURER--Mary J | Boise, Ida. 83702 |
| PUBLIC INFORMATION--Beth D | Idaho Falls, Ida. 83401 |
| INSTITUTIONS--Ladora H | Boise, Ida. 83605 |
| ALATEEN--Roberta C | Caldwell, Ida. 83605 |
| NEWS LETTER--Deneice W | Meridian, Ida. 83642 |
| LITERATURE CO-ORDINATOR--Kathy S | Boise, Ida. 83702 |
| <u>DISTRICT REPRESENTATIVES</u> | |
| DIST. 3--Helen H | Caldwell, Ida. 83605 |
| DIST. 4 | |
| DIST. 5--Uffa M | American Falls, Ida. 83211 |
| DIST. 6 | |

Greetings from Your Delegate:

Well if I didn't goof up once in a while, all of you would be thinking I wasn't human, so I'm glad I do. Kathy S from Boise is our new Literature Co-ordinator, and she will be glad to help any of you set up a depot in your own district, but the one she has is for District III only, and they set it up. I'm sorry if I told some of you you could order literature from her. I live and learn, and that's the way I grow.

I'm so sorry all of you couldn't be at the assembly to hear my report on New York. What can I say about that in such a short space. It took me almost 40 minutes down there to tell them about it. It is an experience I will never forget, and it certainly takes a strong constitution. We went from 8:45 in the morning until 10 and 11 at night, and the first session Mon. nite lasted until 1:30 A.M. Tues. morn. That was a little rough. It is so gratifying to find out that all the other areas have problems the same as we do, only some of them are very different.

cont.

If any of you can get your groups together in a central place, preferably on a weekend, I will be glad to come and give my report to you again. If not, when you receive your summaries, I hope to meet with the districts and discuss parts of it that I didn't cover in my report.

It was so wonderful to meet everyone again in Burley. We had a beautiful assembly and I for one really got a lot out of it. I do so enjoy the sharing sessions.

I do have tapes of our Monday night banquet speaker in New York, and the two speakers for our spiritual meeting on Saturday in New York. I will try and make copies of this to be passed around to the different groups.

One of the highlights of the New York Conference was the announcement of a book for pre-teens called "What's Drunk, Mama?" This will be coming out to all the groups with the June Forum. Everyone who has seen it is really thrilled because we really had nothing before aimed at the young ones whose lives are also effected. Two new pamphlets, "Double winners," and "Living with Sobriety," will be coming out soon, also. "What's Drunk Mama?" is 50¢ a copy.

I could go on and on, but if I got started my letter would make up a newsletter all by itself, so I better make it short this time.

I was glad to see that six couples are planning to go to Hawaii in March. I think this is great. I received a couple of registrations from Marlene, the Hawaii delegate, today, and she will probably send me more when I send back the questionnaire she gave us in New York.

Hope all of you will be saving your pennies to come to our Fall Assembly in Twin Falls around the 1st of November.

I really should sit down and write this letter early in the morning. I think my brain would be percolating a little better, but will just say, I love you all, and thank you for supporting me so good and enabling me to go to New York and bring the message back to you.

Love to you all,
Your Delegate,
Lodema.

AL-ANON FAMILY GROUPS--P.O. BOX 2524--BOISE, IDAHO 83701--304-1661
AL-ANON/ALATEEN MEETING SCHEDULES FOR BOISE, CALDWELL, EMMETT, NAMPA, PAYETTE.
BOISE

| | | |
|---|--|--|
| SUNDAY NITE--8:00P.M. 1518 FORT--GRAPEVINE CLUB ***** | *CALDWELL 454-1043 *WEDNESDAY NITE--8:30P.M. *KALEY MEDICAL CENTER *10TH & LOGAN * ***** | *ALATEEN MEETINGS *12yrs.-20yrs. * |
| MONDAY NITE--8:00P.M. 23RD & WOODLAWN 1ST CONGREGATIONAL CHURCH ***** | *EMMETT-365-5506/365-2924 *WEDNESDAY NITE--8:00P.M. *WALTER KNOX MEMORIAL HOSP. * ***** | *BOISE 304-1661 *MONDAY NITE--8P.M. *1518 FORT *GRAPEVINE CLUB * ***** |
| TEUSDAY NITE--8:00P.M. 1518 FORT--GRAPEVINE CLUB ***** | *NAMPA 466-9608 *MONDAY NITE --8:00P.M. *1512 12TH AVE. *MERCY HOSP.-SUMMER RM. * ***** | *CALDWELL *459-6228--467-2623 *WEDNESDAY NITE *7:30 P.M. *511 KEARNEY * ***** |
| WEDNESDAY NITE--8:00P.M. 23RD & WOODLAWN--BSMT. 1ST CONGREGATIONAL CHURCH ***** | *PAYETTE 642-4758 *TEUSDAY NITE--8:30P.M. *ST. JAMES EPISCOPAL CHURCH | *NAMPA 466-6567 *MONDAY NITE--8P.M. *1512 12TH AVE. RD. *MERCY HOSP. -SP. RM. |
| THURSDAY MORN.--10:30A.M. 23RD & WOODLAWN--BSMT. 1ST CONGREGATIONAL CHURCH ***** | | |
| FRIDAY NITE--8:00P.M. 1518 FORT--GRAPEVINE CLUB | | |
| FRIDAY NITE--8:00P.M. 1ST & BANNOCK ANDERSON CENTER--ROOM E | | |

NEW INTERGROUP FOUNDED

The Al-Anon Family Groups in Payette, Emmett, Nampa, and Caldwell have formed the P.E.N.C. Intergroup. Our first official meeting was held March 26th. We are doing public information work. Our address is:
P.E.N.C. Al-Anon Intergroup
P.O. Box 1102
Nampa, Idaho 83651

You might note that the Caldwell Alateen and Nampa Al-Anon are using the same address. The members of our group are: from Caldwell: Roberta C.-Chairman, Annette T.- Literature Co-Ordinator, Sandy T., Program Co-Ordinator, from Nampa: Kathy H.-Liason Officer. From Payette: Kim M.-Secretary, Treasurer, Beth S., from Emmett: Martha M. From Caldwell: Alateen-Shane B.

This report is the public information work done in our different communities before the Intergroup was formed; as well as after P.E.N.C. was originated.

- I. Caldwell Public Library
 - A. Explained Al-Anon and Alateen programs to them.
 - B. Donated one "Hope for Children of Alcoholics"
 - C. Donated six Alateen Posters.
 - D. Gave lots of Al-Anon/Alateen literature.
- II. Contacted H.E.W., Rick Anderson, Region 3, Substance Abuse Director.
 - A. Explained Al-Anon and Alateen Programs.
 - B. Donated six Alateen Posters.
 - C. He agreed to order literature for H.E.W., and distribute it himself.
- III. Contacted H.E.W., Dave Dutton, Region 3, Mental Health Director.
 - A. Explained Programs.
 - B. He said he'd get literature from Rick Anderson.
- IV. Dependency Awareness Center (Nampa).
 - A. Donated two Alateen Posters.
 - B. Gave Al-Anon/Alateen Posters.
- V. We've done a lot off the record-handing out literature and talking to people.
- VI. Adult Probation and Parole Department (Caldwell).
 - A. Asked to attend one of their monthly staff meetings at an undetermined date.
- VII. Have appointments with school counselors concerning Al-Anon/Alateen at Nampa High.
- VIII. Ordered rubber stamps.
 - A. Nampa Al-Anon. B. Caldwell Alateen. C. Caldwell Al-Anon.
 - D. Al-Anon/Alateen Family Groups--the Intergroup stamp.
- IX. Our format for fliers has been adopted by the District 3, P.I. Groups.
- X. Open Al-Anon Meeting for Public Information.
 - A. April 13th, 8:00P.M. at Kaley Medical Center in Caldwell.
 - B. Small turnout but we all gained some good experience.
 - C. Announced all over.
 1. News Tribune-Caldwell.
 2. Idaho Freepress-Nampa.
 3. Radio Stations: KBXL-Caldwell, KFXD-Nampa, KMFJ-Emmett, KCID-Caldwell, KGEM-Boise.
 4. T.V. Stations-6,7,2,4.
 5. Sent out 100 fliers announcing the meeting in Nampa/Caldwell area.
- XI. Radio spots sent to KBXL-Caldwell and KMFJ-Emmett, per their request, with information about regular meetings.

Cont.

- XII. Free permanent ads for Al-Anon and Alateen regular meetings in:
A. Idaho Free Press-Nampa. B. News Tribune-Caldwell.
C. messenger Index-Emmett. D. Argus Observer-Payette, one week only, April 20-27.
- XIII. Al-Anon and Alateen registered with the Chamber of Commerce in Caldwell.
- XV. Planning "Poster Campaign" in Payette, Emmett, Caldwell and Nampa. It is to be finished by the end of June.
We hope to hear from you concerning ideas and comments you have.

Sincerely,
Kim M.
Secretary/Treasurer

ALATEEN HAPPENING

Boise Alateen Group held a dance April 30th at the Grapevine Club. Caldwell and Nampa Alateens were invited.
There was a good turn out and all enjoyed themselves dancing, eating and getting acquainted.

ABOUT THE FAIR

The groups in District III have had a booth at the Western Idaho State Fair for the past two years (1975/1976).

As is the policy of the Fair Board Directors to send out a letter every spring to find out if past exhibitors wish to reserve space for the coming event this fall.

Since the reservation had to be returned by April 1st I did not have time to write and have an answer from each group.

As last years chairman for the Fair Booth, I took it upon myself to contact the Group Representatives who in turn brought this to their groups and got a group conscious on this matter.

The District, as of then, was comprised of eleven groups. Four of the groups voted YES and seven voted NO. There will be no plans for a booth this year.

many good ideas were brought out for Public Information work and I will bring these up for discussion at the next District meeting.

Kathy S

DISTRICT III LITERATURE CENTER PROGRESS REPORT

The Literature Center was really busy again during the month of March. I have really been very busy filling orders for the groups and then writing up orders to Headquarters in New York.

Sales totaled \$179.70 for the month of March, compared to \$55.10 last year, sales have tripled.

The new catalog that W.S.O. sent to all groups will be a tremendous help to all of you secretaries. If you are not too well acquainted with the literature take a little time to look at this catalog. I'm sure it will help you in ordering.

Now you won't find "COMMUNICATION" listed in the index of the "One Day At A Time". But---you can find it in the "DILEMMA OF THE ALCOHOLIC MARRIAGE". Five chapters and some twenty-two pages.

KATHY S
DISTRICT III LITERATURE CENTER

BOISE, IDAHO 83702
PHONE

OPEN MEETING HELD

On April 28, 1977 an open meeting for Al-Anon was held at the First Congregational Church at 8:00 P.M.

Though we had reserved the film "GUIDELINES" about six weeks in advance, for some unknown reason it was not available and the film "LIVING SOBER---CLASS OF '76" was substituted.

We had 45 to 50 people turn out, and the film was enjoyed by everyone.

A panel consisting of, Louise R., Naomi S. and Helen H., answered questions from the audience after the film.

Cookies, furnished by Al-Anon members, and coffee and conversation finished off the meeting.

NEWS FROM THE GROUPS

The Boise Sunday Serenity Al-Anon Family Group meets at 8:00 P.M. at the Grapevine Club. We are trying to get a volunteer as Intergroup Representative.

Ladora H.
Sec. & Treas.

The Friday Nite Annex Al-Anon Group meets at the Anderson Center on 1st & Bannock, at 8:00 P.M. This new group has grown to about ten members. Arlie P. is Secretary and John W. is Group Representative. We extend a cordial welcome to anyone with a problem of Alcohol. A very active AA group meets in the room next to us.

The Al-Anon group is currently working on Inventory, doing the steps. This will be followed by the Traditions.

John W.

John W. was recently elected G.R. for the Sunday Nite Group. Attendance has increased some but we welcome anyone that needs a meeting. "Better in Al-Anon than in trouble."

John W.

I was only acting G.R. for the Friday Nite Group, and was replaced by a regularly elected G.R..

J.W.

Our meeting place has changed to the Walter Knox Memorial Hosp. on Wed. Nite at 8P.M. As a group we are studying the steps, have one new member from North Carolina. About four regular members. Everyone likes the idea of an Intergroup for this area. We think this will help our group.

Al-Anon Friend from Emmett,
Martha M

Tuesday Nite Group, Boise, is still meeting upstairs at the Grapevine Club, 8P.M. The meetings are built around the 12 steps and 12 traditions. In addition, we are having beautiful programs using a variety of topics. Most of which are found in "Living With An Alcoholic." It is for growth we seek Al-Anon help, whether or not we recognize that as the reason.

Yours in Al-Anon,
Mary J. G.R.

The Wed. Nite Group is now using the booklet "BLUEPRINT FOR PROGRESS, for study and discussion. Nathy S. is G.R., Darlene W. Treas. Jean S., Sec.