

## NEWS LETTER

Idaho Falls was honored to host the Idaho Spring Assembly May 4-5-6, 73. Al-Anon and Ala-teen meetings were held from 10:00 a.m. until 12:00 noon and from 2:00 p.m. until 4:00 p.m. The banquet was at 6:00 p.m. followed by an open meeting.

During the Al-Anon sessions, the twelve traditions were presented, one by each group and opened to the floor for discussion. The assembly was chaired by Betty T. of Boise, Ruth L. of Pocatello, and Darlene P. of Idaho Falls.

Betty gave her report on her trip to New York and during the report, you could feel the spirit of our Higher Power fill the whole room. I cannot possibly describe the serenity, peace and joy I felt at that time. Betty, with the approval of the group conscience, appointed the members to help her. As Public Information Coordinator, Beth D. of Idaho Falls; as Ala-teen Coordinator, Jan J. of Boise; and for News Letter, Jean S. from Idaho Falls. Institutional Coordinator is still open if anyone is interested.

Farewells were taken at a no-host breakfast at the Ponderosa Inn at 9:00a.m. Sunday. The attendance was very good at all gatherings.

Pocatello Ala-teen group was four weeks old at the assembly. Idaho Falls Ala-teens had its first birthday April 19. It was hosted by the Lincoln Group of A.A. They have made great strides in one year.

Our Public Information Coordinator, Beth D. has been a busy gal and kept a lot of other people busy too. There are books to be checked out and pamphlets to read at the Idaho Falls Public Library. She and her helpers have put posters in laundromats, grocery stores, post offices, and other places, stating facts of Al-Anon and phone numbers to call for help.

Six Idaho Falls women made a film about how Al-Anon works for them. It was shown on K.I.D.T.V. March 18th. The Ala-teens made a film with the same theme in mind a few weeks earlier.

In March Ala-teens, Al-Anons and A.A.'s gave talks in the Jr. high schools in Shelley. In April, Al-Anon and A.A. members formed teams to talk to the different classes in the Idaho Falls schools. May 7, Al-Anons and Ala-teens met with the Idaho Falls Chief of Police and Juvenile Officers to explain our purpose, with very good results.

Idaho Falls Ala-teens were invited to a "rap session" at Ridgement house, a local half-way house for Jr. high age kids who have problem parents.

The Post-Register wishes to do a series on Al-Anon. The group conscience voted "ay" on the Society editor attending an open Al-Anon meeting in which all members wanting to protect their anonymity would be notified ahead.

Two new groups have started in the South Eastern Idaho Area. The Blackfoot Tranquility Group started December 12, 1972. The Pocatello Serenity Group started January 11, 1973. May we wish the best of luck and good fortune to both groups. All groups in the state will be asked to contribute ten cents per member each week to go to the State Fund, to pay for Public Information Projects, News Letter, films and other things to help the public to understand our message.

As this is our first sample of Idaho Al-Anon--Alateen news letter, I'd like to request news reports from all state Al-Anon and Ala-teen groups be sent in. News Letter needs you!



(Winners and losers) in part from the grapevine.

When a winner makes a mistake, he says, "I was wrong." When a loser makes a mistake, he says, "It wasn't my fault." A winner goes through a problem; a loser tries to go around it and never gets past it. A winner says, "I'm good, but not as good as I ought to be." A loser says, "I'm not as bad as a lot of other people." A winner listens; a loser just waits until its his turn to talk. A winner feels responsible for more than his job; a loser says, "I only work here."

Idaho Falls	Sacred Heart Hospital	8:00 p.m. Wednesday nite
Serenity Group Pocatello	855 N. Garfield (Avelyn's)	8:00 p.m. Thursday nite
Blackfast Tranquility	Bingham Memorial Hospital (downstairs)	8:00 p.m. Tuesday nite
Ban-relle Pocatello	324 W. Center (downstairs)	8:00 p.m. Tuesday nite
Idaho Falls la-teen	Sacred heart hospital (nurses classroom downstairs)	8:00 p.m. Monday nite