

AREA OUTLOOK

IDAHO AREA 13 AL-ANON / ALATEEN NEWSLETTER

January 2011
Volume 38, Issue 1



Idaho Area Website: <http://www.al-anon-idaho.org/>
WSO Members Website: <http://www.al-anon.alateen.org/members/>

Al-Anon Area Assemblies

By Cecilia S.

Our first Spring Al-Anon Assembly (on our own) will be in Coeur d'Alene at the Best Western - Coeur d'Alene Inn on **Saturday, May 21, 2011**. The facility has been officially booked and the Area Committee has confirmed Ric B. CEO from the World Service Office (WSO) as our Al-Anon luncheon speaker; Ric will also do a Concepts Workshop which we hope will draw even more members to our 1st assembly. At the Fall Assembly, we had a discussion of host district responsibilities and reminders that as an Area Assembly the Area Committee should be responsible for the key roles of the area assemblies; dates, locations, facilities, expenses, agendas, speakers, etc... to avoid double-headed management with the districts. I offered to be the Registration Chair of the spring area assembly since I was a current Area Officer and was planning on staying on the Area Committee. I will report

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the number of registrations to the AWSC.

The 2011 Spring Area Assembly checks will be made out to; **Idaho Area AFG** and mailed to:
2011 Spring AFG Assembly
Post Office Box 3392
Hayden, Idaho 83835-3392

Early Registration \$25 Additional \$15 for Lunch

The AWSC also reconfirmed that the 2011 Fall Assembly will be in District 4 at the Red Lion Hotel in Twin Falls on September 24, 2011. At this time, our Al-Anon speaker has not been selected.

*This year's AWSC meetings will be on March 19, and July 30, 2011 at Kopper Kitchen in Boise.
You don't have to be an Area Committee member to attend.*

Welcome From Your New Area Chair

By Berta R.

HAPPY NEW YEAR!

Welcome to the joys of service.

Congratulations to all of you who are serving in new positions at the Group, District, or Area level. And a special welcome to those of you who have been elected or appointed to a service position for the first time.

I believe this year will be an exciting one for all of us. We have lots of work to get done and I am sure we will have some fun doing it.

I am truly honored to be a part of this Al-Anon journey.

Thank you once again for allowing me to serve you and our fellowship as your Area Chair. I believe together, along with our Higher Power we will continue to make positive impact within the World Wide Fellowship of Al-Anon/Alateen Family Groups.

With love,
Berta

Service Positions are More Than a Title

By Geneva, Missouri Area Chair
Area Highlights Summer 2010

Are you starting to think about the service position you would like to have next year? We are only one year away from electing our next panel of officers and coordinators. Also districts will be electing their DRs and groups choose their GRs. What are you willing to commit to? Remember, every one of these service positions is more than just a title. They all require that work be done. If you don't know what you will need to do, look in the Service Manual. It is also helpful to talk to someone who has been involved in service for awhile. Anyone who has served at the Area level for awhile will have at least a general idea of the service jobs. Most of



"We are but trusted servants we do not govern."

our service positions don't require us to learn a whole bunch of new things; however, they simply ask us to step forward, stretch our thinking and use what we already know. Often we find that we better understand things we "knew" by the end of our term. Every service position is an opportunity to learn and grow. What about you? Are you ready for some new conversations and to see some different scenery?

Our New Idaho Area Committee

Area Officers

Delegate	Kathy B. – Midvale, ID
Alt. Delegate	Wanda L. – Coeur d'Alene, ID
Area Chair	Berta R. – Clarkston, WA
Secretary	Laura F. – Boise, ID
Treasurer	Paula N. – Pocatello, ID

Area Coordinators

Group Records	Traci E. – Boise, ID
Forum/Literature	Robbin B. – Boise, ID
Literature Center	Mike P. – Boise, ID
Newsletter	Cecilia S. – Hayden Lake, ID

Alateen	Barbara V. – Coeur d'Alene, ID
Archives	Ladora B. – Boise, ID
Public Info	Jeff M. – Colfax, WA

District Representatives – DR

District 1	Barbara K. – Post Falls, ID
District 2	Kathy B. – Clarkston, WA
District 3	Terry A. – Meridian, ID
District 4	Open
District 5	Jeanne H. – Pocatello, ID
District 6	Maureen R. – Idaho Falls, ID
District 7	Nancy Jo W. – Nampa, ID

"I realized that if my Higher Power can accept and love me even while I am imperfect, maybe I do not have to wait until I am perfect to love myself." Anonymous

Thank you for being of AI-Anon service



Recovery through the steps, Unity through the Traditions and Service through the Concepts

TEAM Event

“Together Empowering Al-Anon Members”

A new and improved service event that partners one or more Areas with the World Service Office (WSO) to create a unique service event geared to the interest of local members.

The WSO comes to you! A minimum of three representatives from the WSO—volunteers and staff members, will participate.

The hosting Area provides the facility and collaborates with the WSO on the program. The TEAM event can take place over one or two days, it is up to the Area to decide; it can be a stand-alone event or tied in with an existing Area event. The TEAM event is a nimble, innovative, flexible event customized for your Area. It will energize your spiritual quest and activate your creativity, all while you enjoy the fellowship of the Al-Anon program.



*It will energize your spiritual quest
and activate your creativity...*

Our First Northwest TEAM EVENT sponsored by Oregon & Washington will be on **June 17 – 19, 2011**
Seabeck Conference Center
Seabeck, WA 98390-9583
\$125 registration includes 2 night stay, 4 meals
WSO Presentations
English & Spanish Workshops
Exploring Spiritual Foundations
Leadership
Alateen

*“I have unlearned as many things as I have
learned.” Mary W. IN*

Al-Anon Faces Alcoholism 2011

The *Al-Anon Faces Alcoholism* magazine is designed to introduce relatives and friends concerned about someone’s drinking to Al-Anon Family Groups and to the concept of alcoholism or problem drinking as an illness affecting everyone in the family.

The magazine includes:

- Basic information about Al-Anon Family Groups.
- Articles by professionals explaining the importance of family recovery and their use of Al-Anon as resource.
- Members’ personal experiences before and since coming to Al-Anon or Alateen.

Our magazine is sold at cost to professionals and can be used as educational material for patients, clients, or consumers.

Al-Anon Faces Alcoholism 2011

Available in Spanish and French

Due to production schedules, your payment and order form for Al-Anon’s special outreach magazine Must be received by

**5 p.m. ET, Wednesday,
February 9, 2011.**

No exceptions can be made.

Al-Anon Family Group
Headquarters, Inc.
(AFG, Inc.) will ship orders
before April 1, 2011.

*This offer is available only in the U.S.,
Canada, Bermuda and Puerto Rico.*

See Al-Anon Faces Alcoholism 2011 on page 4

New Spanish Contact for Idaho

**A Special Thanks to
Isabel H. of Boise**

For Responding to our Spanish Contacts
Spanish Hotline
208-2845377

*Make sure to include our Spanish Hotline
number to your outreach materials.*

Al-Anon Faces Alcoholism 2011 from page 3

Cost for publication...
25 copies (AFA6) for \$18 U.S.
50 copies (AFA7) for \$25 U.S.
100 copies (AFA8) for \$40 U.S.
200 copies (AFA9) for \$75 U.S.
400 copies (AFA10) for \$140 U.S.

Make checks payable to:

AFG, Inc.,
1600 Corporate Landing Parkway
Virginia Beach, VA 23454-5617

Fax: (757) 563-1655

On-line: www.al-anon.org

*Let it begin with me.
When anyone, anywhere,
reaches out for help, let the
hand of Al-Anon and Alateen
always be there ...and let it
begin with me.*

Al-Anon's 60th Anniversary

Join Al-Anon, Alateen, and A.A. members and their guests in Virginia Beach, Virginia, on Saturday, **April 16, 2011**, to celebrate Al-Anon's 60th Anniversary by attending an Open House & Banquet.

The **Open House**, free of charge, will be from 1:00 – 4:00 pm at the World Service Office (WSO), 1600 Corporate Landing Parkway, Virginia Beach, Virginia 23454. There will be a special ceremony at 3:00 pm commemorating paying off the WSO's mortgage.

The **Banquet**, a ticketed event, will be from 6:00 – 10:00 pm at the Virginia Beach Convention Center, 1000 19th Street, Virginia Beach, Virginia 23451.

Tickets are \$50 for the banquet and payment must be received by March 31, 2011.

Even if you're not able to attend Al-Anon's official 60th Anniversary dinner in Virginia Beach, this doesn't mean your groups, district and Area can't find ways to celebrate 60 years of recovery for the family and friends of alcoholics.

Tell us of your special Al-Anon Celebration Event.

Area Donations

Send to:

Idaho Area AFG

PO Box 734

Boise, ID 83701-0734

(this address will be changing soon)

Payee on check: Idaho Area AFG

Memo comments: Group number, District number

WSO Donations

Send to:

Al-Anon Family Groups, Inc.
1600 Corporate Landing Parkway
Virginia Beach, VA 23454-5617

Payee on check: AFG, Inc.

Memo comments: Area 13, Group number,
District number, Group name if not on the check.

About the Forum

Statement of Purpose

The Forum is the International monthly publication of Al-Anon Family Groups, a fellowship that offers strength and hope for the friends and families of problem drinkers. In the pages of this magazine, Al-Anon and Alateen members share their challenges, insights and progress along their path of self-discovery and spiritual growth much in the way that they contribute when attending Al-Anon or Alateen meetings. Such sharing is important in helping readers find personal growth and peace of mind through the Al-Anon program. The magazine also includes topics for discussion at meetings as well as news and information from Al-Anon's World Service Conference and World Service Office.

A one year US subscription is only \$11 – less than a dollar a month.

Mail subscriptions to:

AFG, Inc.

1600 Corporate Landing Parkway
Virginia Beach, VA 23454-5617

Or Fax Forum Subscriptions to:

757-563-1655

Online

www.al-anon.alateen.org/members

Makes a Great Gift too



A Meeting in My Pocket

Applying the Service Concepts to Your Life

By Cecilia S.

For our upcoming Idaho Spring Assembly, Ric B. from WSO will be conducting a Workshop on Al-Anon's 12 Concepts of Service. The first time I attended a "Concepts Workshop" I was in awe on how Al-Anon's spiritual principles carried over from our 12 steps, 12 traditions to our 12 concepts of service (and even our 4 Warranties) and all of these principles could be used in my own personal recovery. Each month Al-Anon's monthly publication of the Forum has a member's personal story on how they apply a step, a tradition and a concept to their personal recovery. Here's an

example of a member's sharing on Concept 5 "The rights of appeal and petition protect minorities and insure that they be heard."

By Anonymous, Michigan

As I grew up in my alcoholic family, there were certain catch phrases I heard frequently, "Silence is golden," "Don't rock the boat," and "Because I said so." I became the shy, quiet one who hid in the background. I learned that authority was not to be questioned. I ended up believing that my own thoughts and feelings were not important. If I ever dared to speak my true feelings, it was done behind someone's back.

*"Concept 5: Speak without fear, listen without judgment."
By Anonymous,
Michigan – May
2010 Forum pg. 33*

Please see "Applying the Service Concepts to Your Life" on page 6

Idaho Literature Distribution Centers

We all know of our wonderful Literature Distribution Center in Boise Located at:

Al-Anon/Alateen Information Service Center
1111 S Orchard Street, Room 172
Boise, ID 83705
Payee on check: AAISC
Memo comments: Group number
Phone: 208-344-1661

Donations are accepted & appreciated

North Idaho now has a Literature Distribution Center in Cd'A (out of a member's home)

North Idaho District 1 LDC
Post Office Box 275
Coeur d'Alene, ID 83816
Payee on check: North Idaho District 1 LDC
Memo comments: Group name
Phone: Sue O. 208-676-1997

In Al-Anon, I have learned a new way to behave. "Talk to each other, reason things out with someone else, but let there be no gossip or criticism of one another," our Suggested Al-Anon/Alateen Closing reads. I have found that I can speak up without fearing chastisement. I can listen to others without judgment.

"A fellowship of equals" does not mean that we are all the same or that we always agree, but it does guarantee that we treat one another with respect. Al-Anon's Concept Five puts that guarantee in writing: "The rights of appeal and petition protect minorities and insure that they be heard."

How wonderful it is to know that I have just as much right to my opinions and beliefs as anyone else. Today I can speak up and today I can be heard.

By Anonymous, Michigan

Do you want to learn more about applying the 12 Concepts of Service to Your Personal Life?

Mark your Calendar

Plan to attend the Area's Concept workshop on Saturday, May 21, 2011 in Coeur d'Alene

Calendar of Events

- **March 11-13, 2011-** Pockets of Enthusiasm Round-Up, Mirabeau Park Hotel, Sullivan Rd, Spokane, WA. AFG & AA Speakers & workshops http://www.nwpockets.org/register_mail.php
- **Saturday, March 19-** AWSC planning meeting from 10-3 pm Kopper Kitchen, Boise ID. District Representatives to attend. All are welcome.
- **Saturday, May 21, 2011** - Al-Anon Area Assembly, Coeur d'Alene, ID. Located at the Best Western -Coeur d'Alene Inn. New Group representatives to attend. Ric B, Executive Director from WSO will be the luncheon speaker and Ric is facilitating a Concepts Workshop at the Spring Assembly. ALL MEMBERS ARE WELCOME. The 2011 Spring Area Assembly checks will be made out to; **Idaho Area AFG** and mailed to: 2011 Spring AFG Assembly, Post Office Box 3392, Hayden, Idaho 83835-3392 *Early Registration \$25 Additional \$15 for Lunch*
- **June 17-19th TEAM-** Seattle, WA. WSO workshops, etc. Seabeck Conference Center. Registration: Judy J. 14911 SE Woodland Way, Milwaukie, 97267 \$125 for 2 nights lodging and 4 meals. Make check to TEAM 2011. <http://www.al-anon-idaho.org/Events/TEAM2011RegistrationForm.pdf>
- **Saturday, July 30th** - AWSC planning meeting from 10-3 pm Kopper Kitchen, Boise ID. District Representatives to attend. All are welcome.
- **Saturday, September 17** - 3rd Annual Serenity Speaker Cruise on Lake Coeur d'Alene. Dottie and Jim AFG & AA are the speakers from Post Falls.
- **Saturday, September 24** - Idaho Al-Anon Fall Assembly, Red Lion Hotel, Twin Falls, ID

For a full listing of events, please visit our Idaho Area website; <http://www.al-anon-idaho.org/Events/events.htm>