

AREA OUTLOOK

Idaho Area Area 13 Al-Anon / Alateen Newsletter



Where will you be while we're sharing, learning and growing! We've got room, and friendship enough to go around; take a chance and get to know us!

Spring Assembly 2016 Idaho Falls, May 21st

Realizing Our Spiritual Potential

GuestHouse Inn
850 Lindsay Blvd
Idaho Falls, ID
208-523-6260

Come for the first time, bring a friend, return to a comfortable place, or just take a chance and get to know us. Laughter, work and growth all wrapped up in a weekend away!

Friday (May 20) Spiritual Meeting following AWSC, approximately 9:15 p.m.

Rooms rates \$59.99 (we need 20 rooms for a free meeting room)

Complimentary breakfast

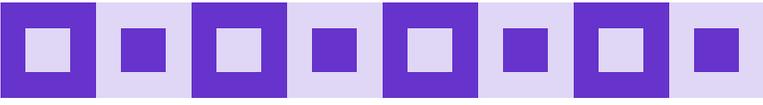
Area World Service Committee Meeting 6-9 PM

before the Friday evening Spiritual Meeting.



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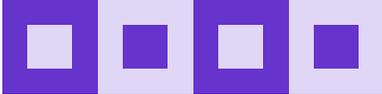


ISOLATION & CONTROL!

I feel so comfortable in isolation where I control everything. But it seems my H.P. wants me to emerge because He used my sense of Responsibility to get me to commit to being a GR. In this position it has become comfortable to relax into the process of coming out of isolation where I felt I have to work out all problems on my own. It is a profound relief to not have to overthink, knowing I can reach out and receive Trustworthy help

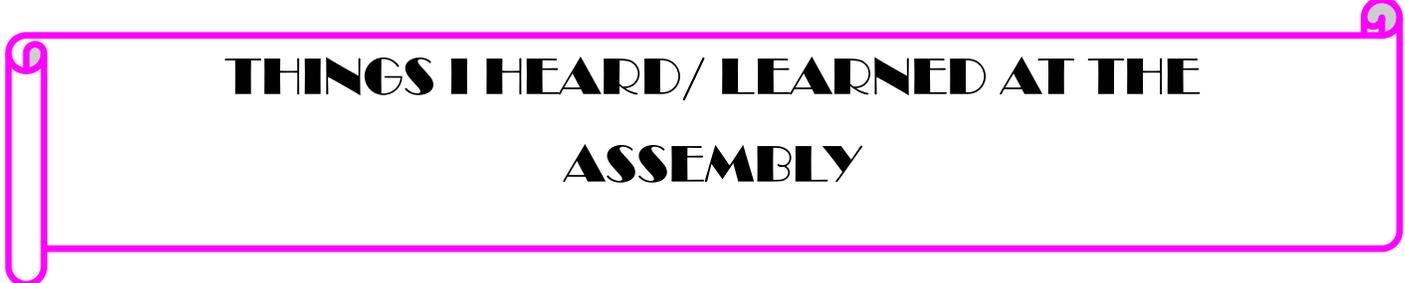


Service



I love service, it has saved my life. Service means that I can participate any where and any time in any aspect of my life, from doing my dishes to being Area Chair. I would love to see more workshops on service, the Traditions, and Concepts and learn more how to implement them in my life.

Danielle E



THINGS I HEARD/ LEARNED AT THE ASSEMBLY

I learned that I can order AI-Anon Faces Alcoholism more than once a year!

More groups than I realized are operating without a GR

I learned that although I felt I could never be a GR (that it would be overwhelming) I find that the fellowship makes coming here not only easy, but pleasant. I found that I got so much help so that I don't feel I'm all alone with a giant responsibility as GR.

I have so much information to bring back to my group as well as well as some great love gifts to invite our group to the Assembly!

Spring 2016

Area 13 World Service
Committee Meeting

The Fixer Learns a Lesson; Could you????



I came to Twin Falls, Idaho to help my daughter, her husband and their children who were in the midst of crisis. I was going to save all of them with my expert advise and ideas! They didn't pay any attention to my suggestions which made me angry, resentful and quite insane! My granddaughter, who was in Alateen, then said "Grandma why don't you go to Al-Anon? It might help you!". I thought she might be nuts suggesting such a thing to Me! But I went and this group happened to be working on the second step which is "Came to believe that a Power greater than ourselves could restore us to sanity". I learned I couldn't change their situation or their lives and today I'm a lot more sane, thanks to my Higher Power and to keeping the focus on myself!

I learned to Let Go and Let God, and leave the results to God. My daughter was wanting me to move into her house. After much prayer, I informed her that it wasn't feasible for me to

move into her home. Well, she got mad, and stopped talking to me. Before recovery I would have to try to force a solution, and make things worse. But using the tools of recovery I choose to not to force a solution. Al-Anon recovery has taught me to take care of myself first and foremost. I am feeling at ease about my decision. Thank you God and Al-Anon recovery!

Let Go & Let God

Alateen

I learned (at the Assembly) that although Alateen is a part of Al-Anon, there was no participation at the Assembly level. Boise and Meridian (West Ada) School Districts have 26 in school meetings a week. They don't have GR's because they are Institutional meetings.

It would be helpful if the District Coordinator (for Alateen) could be included in the program for the general edification of the GR's.



FROM OUR DELEGATE: NANCY JO

It is easy to gain beliefs and values that are healthy and want others to enjoy them also. You reminded me that my truth may not be someone else's and I can not and will not allow my beliefs to supersede that of others. I want everyone to enjoy their growth as I have and I want to touch people and rub my recovery all over them, I also know that my recovery fits me and may not fit someone else's life.

I used to hate to have to wake up in the AM knowing that I had a day of Hell to face. Now, everyday is a gift from my God. It is sometimes hard to give people the right to grow their own way and find their path as their Higher Power shows them. Change is not always easy, it is so simple though with my program.

Thank you God for helping me see the way as you want me to do so for my benefit. 34 years and I'm still teachable. Thank you God. I will get on with my Recovery and let others find their own path. Recovery is always wonderful even if it challenges us. Have a Blessed day.



REALIZING OUR SPIRITUAL POTENTIAL

NWRD Meeting 2016

Abundance		Cooperation
Accountability	Unity	Delegation / Trust
Autonomy		Humility
Balance		Mutual Respect
Compassion / Understanding		Responsibility

Committees added more of our own words

A new Language, Communication with Respect, Complacency, Find Our Voice,
Humility / NOT Pride, Hurting People / hurt People,
It's better to Understand / than to be Understood, Learning New Behaviors,
Respond / not Re-act, Self Growth, Standing still is not going forward,
Thy Will / Not my Will

In Loving Service

Nancy Jo

Delegate; Panel 54

Al-Anon Family Groups

Strength and hope for friends and families of problem drinkers

Finance Update February 2016

Jennie McC, Treasurer

The following update is based on the unaudited financial statements for the period ended December 31, 2015. The General Fund recorded a loss of \$361,033 for this year, compared to a loss of \$16,195 last year, in large part to a continued decline in literature sales below 2015 budget projections.

Literature sales were below 2014 sales by \$446,426. In an effort to conserve the Reserve fund, the investment income and transfer from the Reserve Fund totaled only \$51,415 compared to \$207,818 in 2014. While 2015 Contributions exceeded 2014 Contributions by \$127,948, they fell below budget projections by \$50,633. Total income fell below budgeted income by 6.13% while total expenses were just below budget.

Income:

Literature sales were \$3,415,146 this year, compared to \$3,861,570 last year, a decrease of 11.56%. Gross profit on literature sales was \$2,822,801 (83% of sales), compared to \$3,060,053 (79% of sales) last year. The increase in gross profit percentage means that although sales numbers are not as high as budgeted, we are keeping more of the profit to apply to services. Contributions were \$1,649,337 this year, compared to \$1,521,388 last year—an increase of 8.4%, *Forum* subscription income was \$230,714 this year, compared to \$242,117 last year—a decrease of 4.7%.

Expenses:

Operating expenses were \$5,115,300 this year, compared to \$5,047,568 last year. This is an increase of only 1.34% which was on target with respect to the budget. There were not significant changes in expenses except that costs involved in the printing and mailing of the *Service Manual* in 2014 were not repeated in 2015. As part of the Finance Committee's duty to keep a watchful eye on expenditures, we must find places to cut expenditures while not affecting core services to the members. The suspension of the complimentary copy of *The Forum* to the groups is one such action taken in 2016.

Reserve Fund:

The fair value of investments in the Reserve Fund totaled \$4,892,994 at December 31, 2015. This amount includes an unrealized gain of \$674,237. In compliance with a Board of Trustees' motion, 4% of the average balance of the Reserve Fund over the prior 36 months could be transferred to the General Fund, if needed.



COURAGE TO CHANGE HAS THE COURAGE TO CHANGE!

Al-Anon's daily reader *Courage to Change* is now available as an audiobook (eA-16)! Contact your favorite audio vendor for more information. Listening length is nine hours and 14 minutes. The audio book is sold as a downloadable MP3 file through these vendors, rather than directly from Al-Anon, because they have the technology that can provide copyright protection for our literature. In accordance with our policy on anonymity, the narrators are not identified.



Al-Anon Idaho Area 13 Spring 2016 Assembly

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 208-523-6260

Realizing our Spiritual Potential

May 21st, 2016

Friday (May 20) Spiritual Meeting following AWSC, approximately 9:15 p.m.

Rooms rates \$59.99 (we need 20 rooms for a free meeting room)

Complimentary breakfast

Make reservations by 4/20/2106 (in order to get the group rate above):

Tell them you are with AFG

If you have questions, please contact:

Danielle E.
 509-339-5265 (voice or text)
 danielleafg@gmail.com

Terry A.
 208-850-1891
 tamlaustin@q.com

Luncheon Speaker: Kathy B. from Midvale, ID

Luncheon includes:

Meeting starts at 8:00 a.m.—4:00 p.m.

Name: _____ District: _____

Address: _____

City, State, Zip: _____

E-mail Address: _____ Phone #: _____

Saturday, May 21, 2016, Idaho Area Spring Assembly

Assembly Registration	\$25.00	_____	Position Currently Held
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Assembly Luncheon:	\$20.00	_____	GR	_____
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Late Fee (after 5/2/16)	\$5.00	_____	DR	_____
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Personal Contribution:	\$	_____	Other	_____
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Make checks payable to: **Idaho Area AFG** Other _____

Mail to: 2016 Spring Assembly
 AAISC
 1111 S. Orchard St., Suite 172
 Boise, ID 83705

Let's all go!

Please read the following letter sent to all groups when the decision was made to discontinue sending the free issue of the Forum to all registered groups. Remember they still print the Forum, and you can even pay for a digital copy for your tablet or Smart phone. If the Forum has been instrumental in your recovery please subscribe, I know I do!
Kathy B Newsletter Editor

Dear Al-Anon and Alateen group members,

For several years, your group has received a free copy of *The Forum*. This service provided by the World Service Office costs over \$100,000 a year. Due to decreased literature sales and increased costs, your Finance Committee has decided to discontinue sending free copies with the March 2016 issue for a one-year trial. The Committee has a fiscal responsibility to keep a watchful eye on Al-Anon's expenditures and make adjustments when necessary. Budget constraints make this decision necessary.

We are *not* discontinuing the magazine – only the distribution of the free monthly copies to the English-speaking groups. You can continue to read *The Forum* with a paid group subscription. Also, individual members can subscribe electronically for \$1.49 per issue and access the magazine by smart phone or other device. Al-Anon's monthly magazine contains meaningful sharings of experience, strength, and hope from members around the world. Don't miss out!

We are sorry for the necessity of discontinuing free copies, but hope your group has appreciated receiving *The Forum*.

In grateful service,

Jennie M., Treasurer, Al-Anon Family Groups, Inc.

WSO Finance Committee Chairperson

Al-Anon Family Group Headquarters, Inc.,

