



# AREA OUTLOOK

IDAHO AREA 13 AL-ANON / ALATEEN NEWSLETTER

Volume 1, Issue 1

January 2014

## MEET YOUR AREA COMMITTEE

COORDINATORS:

**Delegate**

Nancy Jo W.  
Nampa

**Alternate Delegate**

Laurie B.  
Twin Falls

**Area Chairman:**

Danielle E.  
Garfield, WA

**Area Secretary**

Julie R.  
Ontario, OR

**Area Treasurer**

Kathy B.  
Clarkston, WA

**Forum/Literature**

Berta R.  
Clarkston, WA

**Newsletter:**

Kathy B.  
Midvale

**Area Alateen**

**Process Person**

Barbara V.  
Coeur d'Arlene

**Archives:**

Ladora L.  
Boise

**Web Site:**

Jamie C.

**Public Information:**

Karen D.  
Boise

**Group Records:**

Paula N.  
Pocatello



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**Special points of interest:**

- \* Danielle E talks about her service experiences
- \* New Beginnings welcomes new comers
- \* Meetings and Assemblies coming right up- see last page for details! See you there

## District Representatives

**District One:**

Kris S  
Rathdrum

**District Two:**

Carol G  
Lewiston

**District Three:**

Linda A  
Boise

**District Four:**

Vickie B  
Twin Falls

**District Five:**

Cass F  
Pocatello

**District 6:**

Trish O.  
Idaho Falls

**District Seven:**

Jan K  
Ontario, OR

\* I USED FIRST NAMES AND INITIALS BECAUSE OUR SITE IS NOT PASSWORD PROTECTED. TO CONTACT ANYONE IN AREA SERVICE PLEASE SEE LINKS ON THE WEB SITE

## Meet Your Area Chair!

Hello, I'm Danielle E., and grateful member of Al-Anon and the new area chair. Welcome to the New Year and new and returning persons making themselves available for service to the area, districts and groups. I am grateful that you stood up for service. I wanted to let you know a little about myself as we continue what has gone on before us. I've been involved in service from the beginning. In 1996 I started out as a group representative for my home group. From there I went on to be the secretary of the district

and then the district representative. I've served as the district representative several times in District 3 of WA and District 2 of Idaho. Recently I was the secretary and then alternate district representative for District 3. I made myself available for the area chair and you welcomed me in. Thank you all. I love being in service, it helps my program grows in ways I could not have imagined and appeals to a side of my nature that I don't always understand. But I do enjoy it. I'm looking forward to the

next three years and I hope you are too. We have big shoes to fill from everyone who has gone on before us for the many years of service they have dedicated to Al-Anon and for the people coming into the program. If you have thoughts or suggestions, please feel free to get them to me.

Love in Service

Danielle E.

## HOW WE KEEP AL-ANON UNITED

Lois writes in LOIS REMEMBERS about the early days of Al-Anon that as groups began to spring up they called themselves various names such as AA Auxiliary, Triple A, Non-Alcoholics Anonymous and AA Associates. As communication was not as easy as it is in this day and time, and often groups did their own thing Lois could see that some structure was necessary to keep the Al-Anon pro-

gram united and consistent. The World Service Office gradual began to publish the first Al-Anon literature, establish the structure and put into place the Twelve Steps and Twelve

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Traditions adapted from Alcoholics Anonymous. Their belief was that "Al-Anon leadership should initiate ideas, offer choices and perhaps emphasize aspects but leave it up to the Fellowship to make the decisions

## Al-Anon Structure

### GR= Group Representative:

Chosen by each group to represent them at the District and Area assembly meetings

Serves one group at a time

Selects the delegate and the assembly officers

### Duties:

Attends Assemblies

Maintains the link between the **group**, and the District and between the group and the

area world service committee

Should study and be familiar with the service manual



Acceptance, Courage,  
Wisdom,  
Equals Serenity

## Beginning Again AFG- Twin Falls

Beginning Again Al-Anon Group meets at the First Presbyterian Church at 209 5th Avenue N in Twin Falls on Mondays & Fridays from Noon to 1:15pm. The format is an open meeting with the chairperson choosing the topic & discussing the current step or tradition sometime within the month. We have a small group attendance on Monday with a larger attendance on Fridays. Several people attend both of the meetings for a good core group. Sometimes the topic is chosen from one of the daily reading books. We have been lucky to

have a good stream of newcomers. Most then find a home group in their area, but we are lucky enough to be able to keep a few. We have a spattering of long timers that help keep us on track when we diverge from the accepted format.

Submitted by:  
Laurie B



## Structure Continued:

### DR= District Representatives:

DR= District Representative:

The Area is divided into Districts and the each DR represents the groups in their District at the area level

DR's Are Chosen by the GR's

Purpose: help the groups understand World Al-Anon, make members feel they are a part of a great whole in which they have fellowship with, and even a responsibility toward

Duties:

Lead District meetings

- \* Help the Delegate in any way to share
  - \* Conference information and reports
  - \* Visit groups making sure they are getting the information and help they need
- to keep in touch with GR's to learn

the views of the groups

To help the groups understand and apply the Traditions

To help keep group information current, mailings are getting to the groups, data sheets are getting returned

- \* Serves on the Area World Service committee



## Delegate:

Chosen by the GR's

One delegate per Al-Anon Area represents their area at the World Service Conference

Brings back the information and shares it at Assemblies connecting the groups with the groups across the Northern Hemisphere



**Al-Anon Alateen Service Manual  
2014-2017**

The Service Manual is everyone's reference guide to Al-Anon. It gives a clear and concise picture of the Al-Anon fellowship, its purpose and functions and how it helps us to resolve group problems and maintain unity .

If you go to the member website: <http://www.al-anon.alateen.org/> and login as a member you will find the members only web site. there you can find a downloadable service manual. The blurb doesn't say when they are released but I'm expecting that each group should be getting one in the next three months or so.

This manual is Al-Anon's best kept secret and one of the joys of service in Idaho Al-Anon. It was there that I learned to use the service manual for answers to all those pesky questions. I'm not going to say you will *like* all the answers that you find **but** at least you will have the facts to make an informed group conscience.

This is a short newsletter  
I am asking groups around the  
Area for submissions about their  
favorite  
Step, Tradition, or Concept  
Or  
Ways to welcome newcomers  
Or  
Their favorite piece of literature

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**Contact Al-Anon**

Via Phone for Meeting  
information  
Al-Anon World  
Service  
888-4AL-ANON  
(888-425-2666)  
wso@al-anon.org

We're on the web  
<http://www.al-anon-idaho.org/>  
<http://www.al-anon.alateen.org/>

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## Up Coming Events! Our Idaho Area Timeline \*\*

- ♦ **Idaho Area World Service Committee meeting:**  
Kopper Kitchen, Boise ,ID March 8th, 9 AM to 4 Pm
- ♦ **Northwest Regional Delegates Meeting:**  
March 21-232014,Spokane, WA  
Current and past Delegates and Alternate Delegate invited.
- ♦ **World Service Conference**  
The 54th Annual Conference has been scheduled for April 25,-April 29, 2014 ,  
Virginia Beach, VA Delegate to attend. Remember to send love gifts to  
her at:  
**Name (Hold for WSC April 25-29,2014)**  
**Wyndham Virginia Beach Oceanfront**  
**5700 Atlantic Avenue**  
**Virginia Beach, Virginia 23451**
- ♦ **Idaho Area Spring Assembly**  
May 17, Boise, ID Everyone invited! Group GR's to represent their  
groups and vote on items brought before the assembly. Meet your new  
Area Committee! Hear the new delegate's report.
- ♦ **Idaho Area Fall Assembly**  
September 27th, in beautiful Coeur d'Arlene, ID, Coeur d'Arlene Inn.  
A Separate event held that evening is the Serenity Cruise. Register for  
both.

\*\* For more information please see flyers on the Id web site!!