

Al-Anon Idaho Area 13 Newsletter

Issue 2

June 2017

Groups, District, Area, WSO and other Al-Anon "mysteries"

Did you ever notice how much jargon is used in Al-Anon? One of the goals of this newsletter is to help explain these terms so that members can focus on their recovery.. In this month's newsletter, we're going to explain the different parts of the Al-Anon organizational structure.

WSO stands for World Service Office and is located in Virginia Beach, Virginia. [CLICK HERE](#) to visit the WSO website.

WSO is made up of areas from around the world. **Area 13 includes**

all of Idaho and surrounding towns such as Clarkston (WA), Ontario (OR) and Afton (WY).

Area 13 consists of seven districts which are shown on a map on the next page. Check out the map to figure out which is your district.

Within each district are groups which hold meetings. **In Area 13, just over 100 groups hold meetings each week.** That's a lot of recovery!

Each piece of the organization is KEY and thanks for being a part of making recovery happen!

Progress not perfection

Welcome to the second issue of the new format and frequency of the Al-Anon Idaho Area 13 Newsletter. The frequency has been changed from quarterly to monthly. In addition, the newsletter is now two pages long so it will include shorter stories and links to additional information. As the kinks are worked out, remember one of our Al-Anon slogans: "Progress not perfection". Your feedback and article ideas are most appreciated so send them to area13newsletter@gmail.com.

What do YOU think?

Future issues of this newsletter will include features and fillers including some of your answers to the following questions:

- What brought you to Al-Anon and what keeps you coming back?
- What is your favorite piece of Al-Anon CAL (Conference Approved Literature) and why?
- What gets you involved in or keeps you from doing service?
- What is your favorite Al-Anon slogan and why?
- Other question(s)?

Please send your responses to area13newsletter@gmail.com. Thank you for your participation.

Mark your calendars

June 17-18 – TEAM Reach for Recovery Event in Missoula, MT. [CLICK HERE](#) for more details.

July 29 – AWSC (Area World Service Committee) Meeting in Boise. [CLICK HERE](#) for more details.

August 12 – District 1 Summer BBQ to celebrate 60 years of Alateen. 4-8pm at Church of the Nazarene located at 4000 4th Street in Coeur d'Alene.

September 15-16 – Area 13 Fall Assembly in Boise. Stay tuned.

Send your event information to area13newsletter@gmail.com.

Did you know...

that many Al-Anon CAL (Conference Approved Literature) daily readers and other books are available in electronic book format? [CLICK HERE](#) to visit the Al-Anon Family Groups page on Amazon to see what's available.

[CLICK HERE](#) to access the Area 13 website to download meeting schedules for any or all of the seven districts.

Attention Professionals

[CLICK HERE](#) to access the Resources for Professionals portion of the Al-Anon WSO website.

Thank you!

To Doug C. and the amazing District 5 team for putting together an EXCELLENT Spring Assembly May 19-20 in Pocatello!

Thank you for your interest in the Idaho Area 13 Al-Anon Newsletter! This document is published on the 10th of each month with the deadline for submissions being the 5th of the month. If you have items to be included in the newsletter, please email them to area13newsletter@gmail.com. Your feedback for the newsletter would be greatly appreciated. To receive this FREE monthly newsletter, email area13newsletter@gmail.com.

District 1 Update

District 1 is excited to announce a Summer BBQ being held Saturday, August 12th from 4-8pm at Church of the Nazarene located at 4000 4th Street in Coeur d'Alene, Idaho to celebrate 60 years of Alateen. This is a great opportunity to fellowship with one another. All are welcome; families with young children will appreciate the giant playground structure on the property! The District is providing hot dogs, smores and fire pits to gather around.

District 2 Update

Thank you to District 5 for hosting a great Spring Assembly!. One GR was amazed at the problem shared and how our group avoided them. Another was glad she went and realized she needed to work the steps differently. Communication is the key to recovery and the need to understand the meanings behind the Traditions and guidelines. It would be easier if life was black and white, but we are emotional beings who are dysfunctional learning to be healthy functional beings.

District 3 Update

District 3 started 2017 with a changed meeting format, a very successful Steps Come Alive workshop, and five major initiatives. Our Meeting format has changed from business focus to recovery focus by conducting discussions and utilizing speakers concentrating on the value of Service in Recovery. At each meeting, we examine scenarios that will assist members in resolving Group issues. Our Steps Come Alive workshop was attended by nearly 120 members and was well received. We are currently have five initiatives underway: building a District 3 Website, investigating how we can make Al-Anon more attractive to Millennials, allowing members to use Credit Cards for workshops and donations, starting two more meetings, and getting a higher level of participation at Assembly.

District 4 Update

District 4 doesn't have an update in this month's newsletter but look for their latest news next month.

District 5 Update

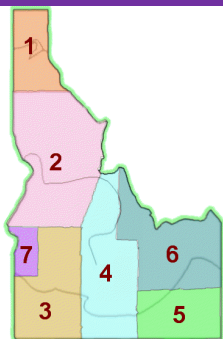
- Reaching for Recovery A team building event w/WSO participation June 17-18th in Missoula, MT
- Tuesday Courage to Change group will have a Speaker meeting Aug. 29th – speaker TBA
- All of the District 5 members I've spoken with really enjoyed the Spring Assembly.
- If you would like to subscribe to our NEW District 5 newsletter, contact: Lori A at Dist5AlAnonIdaho@gmail.com.

District 6 Update

District 6 does not currently participate in the Area 13 activities.

District 7 Update

The recent Area Spring Assembly in Pocatello was one of the most uplifting Assemblies in a long time. Not that the others were bad. This one was well organized and the laughter was so good.



- **District 1 - Northern Idaho** including Bonners Ferry, Clark Fork, Coeur d'Alene, Hayden Lake, Kellogg, Osburn, Post Falls, Sandpoint, St. Maries
- **District 2 - Central northern Idaho** including Cottonwood, Craigmont, Grangeville, Kamiah, Kendrick, Lenore, Lewiston, Moscow, Orofino, Riggin, Weippe
- **District 3 - Midwestern Idaho** including Boise, Eagle, Emmett, Garden Valley, Kuna, McCall, Meridian, Mountain Home

District 4 - Central Idaho including Bellevue, Buhl, Burley, Filer, Gooding, Hailey, Jerome, Ketchum, Rupert, Shoshone, Sun Valley, Twin Falls

District 5 - Southeastern Idaho including Afton (Wyoming), American Falls, Chubbuck, Malad, Pocatello, Preston, Soda Springs

District 6 -Mideastern Idaho including Arco, Ashton, Blackfoot, Challis, Driggs, Dubois, Idaho Falls, Mackey, Rigby, Salmon, St. Anthony, Teton

District 7 - Western Idaho including Caldwell, Homedale, Middleton, Midvale, Nampa, Nyssa, Ontario (Oregon), Payette, Weiser

Area 13 Service Openings

- Area 13 is looking for a Public Outreach Coordinator.. For more information, contact Janet D, Area 13 Chair, at Janetafg95@gmail.com.
- Assistance is needed to get the updated Area 13 website completed. If you're willing to help, contact Kathy B, Area 13 Website Coordinator, at kbosler67@gmail.com.

Thank you for your service!