



# Idaho Al-Anon Family Groups Meeting Schedule

Revised 08.31.2017

## District 7 - Nampa, ID and vicinity

### 24-Hr Information

(208) 344-1661 (English)

### Websites

Idaho Area: [www.al-anon-idaho.org](http://www.al-anon-idaho.org)

World Service Office: [www.al-anon.org](http://www.al-anon.org)

### Literature Center (AAISC)

Al-Anon Alateen Information Service Center  
1111 S Orchard St, Ste 172, Boise, ID 83705

Hrs: (Call ahead, volunteer hours may vary)

Monday - Friday: 11:00 AM to 5:00 PM

Phone: (208) 344-1661

Email: [al.anon.idaho@gmail.com](mailto:al.anon.idaho@gmail.com)

### WSO (Headquarters)

Tel: 757-563-1600

Email: [wso@al-anon.org](mailto:wso@al-anon.org)

Online store: [ecomm.al-anon.org/shop](http://ecomm.al-anon.org/shop)

*Did you grow up with a problem drinker?  
Are you troubled by someone's drinking?  
Does she drink too much?*

Please submit Schedule Updates to:  
[nancyc1938@gmail.com](mailto:nancyc1938@gmail.com)  
(208) 841-1472 (phone or text)

### Mon in Middleton No

7:30 PM - **Serenity Group (30556430)**

8:30 PM United Methodist Church  
104 East Main (West side door)  
AA mtg in next room & separate play room

Contact: Debi K (208) 880-3995

### Mon in Nampa No

7:00 PM - **Beginners Al-Anon (30543373)**

8:30 PM First United Methodist Church  
2717 12th Avenue Rd

Contact: Loni (208) 442-7268  
Cindy (208) 869-9921

### Tues in Caldwell No

6:00 PM - **Una Luz al Final Del Túnel (30511225)**

7:30 PM Spanish Meeting  
107 S Kimball Av (next to a barber shop)

Contact: Maria P. (208) 965-6639  
Amanda R. (208) 695-8639

### Tues in Ontario, OR No

7:00 PM - **Safe and Sound (62297)**

8:00 PM St Matthew's Episcopal Church  
802 SW 5th

Contact: Linda (208) 642-9563

### Wed in Caldwell No

6:00 PM - **Free To Be Me (30650929)**

7:00 PM New Life Bible Fellowship Church  
1219 S Kimball Ave (in the basement)  
(opposite Armory)

Contact: Janet D. (208) 230-9074  
Nancy C. (208) 841-1472

### Thurs in Cambridge Yes

8:00 PM - **Just For Today AFG (30555931)**

9:00 PM 7th Day Adventist Church  
1/2 mi. or less South of Cambridge  
on Hwy 95

Contact: Kathy B. (208) 550-0327  
Sandy (208) 550-2183

### Thurs in Nampa Yes

6:30 PM - **Paths to Recovery (30541795)**

7:30 PM Trinity Lutheran Church  
8 S Midland Blvd, Room 2  
(corner of Lone Star Rd)

Contact: Sol B. (208) 936-0332  
Janet D. (208) 230-9074

### Thurs in Ontario, OR No

12:00 PM - **Noon Serenity (46331)**

1:00 PM St Matthew Episcopal Church  
802 SW 5th

Contact: Jana (208) 452-3982  
Jan (208) 739-7042

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### Suggested Preamble

"The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength, and hope in order to solve their common problems. We believe alcoholism is a family illness and that changed attitudes can aid recovery.

"Al-Anon is not allied with any sect, denomination, political entity, organization or institution; does not engage in any controversy; neither endorses nor opposes any cause. There are no dues for membership. Al-Anon is self-supporting through its own voluntary contributions.

"Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by welcoming and giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic."

### Serenity Prayer

God grant me the serenity

To accept the things I cannot change,

Courage to change the things I can,

And wisdom to know the difference.

### Al-Anon Declaration

*Let It Begin with Me*

When anyone, anywhere, reaches out for help,

let the hand of Al-Anon and Alateen  
always be there, and – *Let It Begin with Me.*

*"When our Information Service Center lists a group, at their request, there is an informed agreement that the group will abide by Al-Anon Traditions and keep its doors open to any Al-Anon member. Listing in this directory does not constitute approval of any group's manner of practicing the Al-Anon program. If the group you attend is not right for you, please try another. There is help and hope available in Al-Anon."*