

Idaho Area Assembly – Spring 2016

AI-Anon Assembly Business Meeting Minutes

The business meeting of the Idaho Area AI-Anon 2016 Spring Assembly was held at the Guest House Inn in Idaho Falls, Idaho on May 21, 2016. Danielle E opened the meeting at 8:00 a.m. with the Serenity Prayer followed by reading of the Twelve Traditions and Twelve Concepts of Service.

Attendance

Voting Group representatives were present from each district as follows:

District One -	1
District Two -	4
District Three -	6
District Four -	3
District Five -	2
District Six -	0
<u>District Seven -</u>	<u>4</u>
Total of voting GRs	20

Announcements

1. Fall 2016 Assembly and AWSC meeting will be held September 16-17, 2016 in Lewiston Idaho. Theme: When I Got Busy, I Got Better.
2. Kathy Bo. from Midvale, Idaho was the luncheon speaker.
3. Cheryl G. has offered to continue doing the Area Secretary duties through the Fall 2016 Assembly.
4. Comment sheets to write down your assembly ideas and thoughts are located in your packet. There is also a donation basket for personal or group donations to Area located at the registration desk.

Reports

Secretary's Report – Attendees were asked to review minutes from the Fall 2015 Area Assembly. There were not corrections or additions.

Motion was made by Chandra B. for approval of Fall 2015 minutes, seconded by Cindy N., motion passed.

Treasurer's Report –

2016 Account Balance AI-Anon Area 13

As of 5/16/2016 the checking account balance was \$3909.80; savings account balance was \$8266.11, Assembly seed money \$1000, net worth was \$13,175.91.

2015 Fall Assembly Profit & Loss and AWSC Fall 2015

The assembly held in Caldwell had a total income of \$2653.00, expenses of \$2226.78 for a net profit of the assembly of \$426.22.

2015 Total Group Donations

The total donations for 2015 were \$4350.35. Each group needs to verify and make sure the donations listed are correct. Please be sure that your donations are properly identified when submitted to the Area treasurer so your group can be credited.

Donation forms are available on the Idaho Area website.

Presentations

GR Exchange

Terry A., Alternate Delegate conducted the GR Exchange which focused on the resources available on the Idaho AI-Anon website and how to maneuver your way around that website. She also reviewed the Group Information Sheet, which needs to be updated and submitted each time there is a change in GR's.

Workshop – DRs

The DRs participated in a skit, moderated by Rhoda H. that covered the Links of Service. Linda A. covered areas including Tradition Seven, self-sufficiency including an AI-Anon obituary. Janet B. spoke of the benefits of service – being willing to do what someone asks of you from the simplest tasks on up the ranks. It allows you to learn and share and increase your own skills as well as building a network of friends. Kris S. spoke on being a Sponsor and how one of the responsibilities of sponsorship includes introducing your sponsee to service. Sponsorship is listening, allowing the other person to grow, gain confidence and meet expectations based on the guidelines.

Cass F. spoke on self-supporting groups, asking GRs what their viewpoints on self-supporting really meant to them. It is not all about financial issues but also greeting, chairing the meeting, filling the group officer positions, sharing your experiences, strength and hope. Laurie B. spoke on Concept 4, participation, rotation of service, serving and then stepping down and giving others an opportunity to grow through service. Rotation of service is very important because it allows others to grow within the program and prevents others from assuming ownership of a particular position.

Area Coordinator's Reports

Alateen/AAPP – Kerry D. reported that all Alateen Sponsors are currently involved in the annual recertification. Kerry does all Alateen record reporting to WSO. Report is attached.

Archives – Ladora B. was unable to attend. Danielle E. read the report submitted announcing that Ladora will not be continuing and that all archives will need to be removed from her home and put into storage by year end. Please see attached report.

Group Records – Paula N. went over the Group Records Change Form as we have 12 new GRs at our Assembly. Report attached.

Literature/Forum – Berta R. reported that there is a new AFG Connect information thread available to any members who might be interested in other information which is available on the AI-Anon website. Please see attached report.

Literature Center (AAISC) – Luann H. Announced that the Literature Center now has the ability to accept credit and debit cards and they have purchased a new printer. Also, the Center will now be open for a few hours on Saturdays.

Newsletter – **Kathy Bo.** discussed her joy at being the Newsletter Coordinator. She discussed the methods she uses concerning distributing the newsletter while still maintaining anonymity. Report submitted.

Public Outreach - Berta R. read a report submitted by Karen B. as she was unable to attend. Please see attached report.

Website – Jamie C. reported that she normally does not edit documents that she uploads on the website. Her job is simply the uploading, not the editing. Editing is up to the group who submits the document. She also requested that when submitting documents, please include the URL of the page on which you want it posted. Anyone who is not receiving the newsletter and wishes to do so, please give Jamie your email address. Report enclosed.

District Representative Reports

District 1 – Kris S. Includes 21 groups, and 3 counties. See attached report.

District 2 – Rhoda H. Includes 9 meetings. See attached report.

District 3 – Linda A. 27 groups, 21 Alateen mtgs. in the schools. See attached report.

District 4 – Lauri B. See attached report.

District 5 – Cass F. See attached report.

District 6 – Linda H. Includes 5 meetings.

District 7 – Janet B. See attached report.

Policy and Procedures

1. Responsibilities of the AWSC changes
2. Area Expenses, grammar change
3. Hotel Accommodations – changes due to combining AWSC and Assembly
4. Meal Reimbursement – removed AWSC separate meal expenses
5. Area Delegate – no delegate report at AWSC meeting
6. Area Chair – voting follow-up directive
7. Area Mailbox – updated on how to provide assembly information
8. Area Coordinators – remove 3 min report at AWSC meeting.
9. Archives – remove rotating, remove AWSC committee, already there, remove member of Archives committee, remove is familiar..., keep organ skills, remove maintain and provide, remove writes articles for area newsletter, retain access to computer, rotating out of office moves to the top box, Underscored listings will stay.
10. Archives Committee bullets – will be removed, committee is up to coordinator. Not going into guidelines.
11. Newsletter, remove printing reports

Motion made for affirmation by Sue H. with second by Loray D., motion passed unanimously.

Al-Ateen Guidelines

Minimum safety and behavioral changes were reviewed by Kerry. A motion was made to affirm the changes by Chandra B. with a second from Cindy G. Motion passed unanimously.

Assembly Guidelines – Below are the suggested changes to the Assembly Guidelines.

1. Date of assembly, third weekend May and September
2. Joint AWSC and Assembly meetings
3. Assembly Rotation – month and year will be removed, District rotation retained.
4. Recovery Countdown, newest members get subscription to the Forum.
5. Literature Coordinator two subscription forms
6. Area Donation
7. Decorations at Assembly (removed?)
8. Venue – allowing host committee to decide facility
9. Meeting room for AWSC meeting – added
10. Minimum sales of rooms or food for free room.
11. AWSC dinner not to exceed \$25, work with Area Chair/host committee
12. On-line hotel registration on flyer if available.
13. Early hookup of electronics prior to beginning of meeting.

Document changes will be sent to GRs prior to Fall Assembly. A vote will be taken then. Kris S. made a motion to accept the proposed changes. Seconded by Chandra B. Motion passes unanimously.

Each table shared their most valuable part of the Assembly.

Meeting was closed with the AI-anon Declaration at 4:05.

Cheryl G.
Acting Area Secretary

Attachments

Page Document

Page Document

2016 YTD Group Donations
Al-Anon Area 13
01/01/2016-5/16/2016

GROUP NAME	DISTRICT	NUMBER	AMOUNT	TOTALS	# of Grps per Dist
Northwest Serenity		66383	50.00		
FRIDAY Noon Steps & Traditions	1	62434	46.00		
Journey of Recovery	1	30566249			
Happy Solution Sandpoint	1	3422			
Friday Night Survival AFG	1	500299			
Afternoon Delight	1	40751			
Courage to Change	1	502711	140.00		
Insanity to Serenity	1	65487			
Saturday Sunshine	1	30566441			
Serenity Matters(Tues Night AFG)	1	31958	74.00		
Freedom AFG Group	1	502355			Donations
Serenity Seekers	1	30513088			
Bonnars Ferry	1	67210			
St Maries Serenity	1	30524809			
Living Fully	1	30601048	55.00		
Weds 5pm Grp AFG		62949			
Mama & Papa AFG	1	30643021			
District 1	1				
District Total	1			\$365.00	25
Moscow Friday NightAFG	2	3394	30.00		
Monday Night Book Study	2	503120			
Lewis Clark Tuesday Night	2	3388			
Wednesday Night AFG	2	48023			
Canyon AFG	2	3384	104.00		
Clarkston Roundtable	2	14149	25.00		
Thurs Noon AFG	2	61569	50.00		
Wed Night Pullman	2	48023			
Thursday Night Pullman Book Stu	2	30604780			
District 2	2				
District Total	2			\$209.00	12
Steps to Serenity	3	3345	46.14		
Sunday Early Birds	3	62315	60.00		
Garden Valley Grp	3	66020	30.00		
Friday Night Fireside	3	500569			
Tues Night Womens	3	501877			
Tues-Fri Noon Five Mile	3	502795	53.34		
Tues Night Adult Child Al-Anon	3	31241			
Wed Night Collister	3	504118	98.75		
Thursday Mens	3	503412	30.59		
Mon-Thursday Eagle Noon	3	502539	475.34		
Sat Eagle Step Study	3	30561909			

Thurs Noon Literature Study	3	503789			
Midtown Al-Anon	3	30540266			
Mon-Wed Noon	3	61227			
Saturday Serenity	3	30564985			
Seeking To Improve Our Consciou	3	30576209			
Tues-Fri Noon AFG	3	3338	45.99		
Thurs Night Friends	3	30514823	57.75		
Monday Sat AFG	3	30605709			
Valley County AFG	3	3389			
Sunday Night Keep It Simple	3	30542748			
Vida Nueva GFA	3	30533319			
Sat Morning Spritual AFG	3	65838	58.00		
New Beginnings AFG	3	30652898			
District 3	3		200.00		
Stacia L					
District Total	3			\$1,155.90	36
Filer Tuesday Night Grp	4	24707	70.00		
Monday Morning AFG	4	24705			
Buhl Fri Night Serenity Seekers	4	35113	50.00		
Experience Strength And Hope AF	4	48100			
Family AFG Meeting	4	500427			
Hailey Noon AFG	4	502687			
Solo Por Hay GFA	4	30520616			
Sat Night New Life AFG	4	30519069			
Beginning Again	4	26714	46.00		
Weds Night AFG	4	3426			
District 4	4				
District Total	4			\$166.00	14
Friday Out to Lunch	5	30788	30.00		
Bantello AFG	5	3403			
Thurs Serenity	5	3405			
Pocatello Turnaround	5	36305	50.00		
Wednesday Wild Bunch	5	44344			
Steps to Serenity	5	48198	20.00		
District 5	5				
District Total	5			\$100.00	10
Arco AFG	6	3063434319			
Ashton AFG	6	30537663			
Serenity AFG	6	3336			
Blackfoot Down Under	6	500976			
Monday Night Al-Anon	6	3376			
West Side Family Grp	6	64378			
Just For Today	6	503388			
Driggs AFG	6	30584826			
Weds Noon Munch Bunch	6	37923			
Down Under II AFG	6	30611690			
Fresh Start	6	42063			

Salmon	6	3417			
District 6	6				
District Total	6			\$0.00	14
Safe & Sound	7	62297	20.00		
Monday Beginners	7	43373	75.00		
Wed Just for Today	7	63168			
Noon Serenity	7	46331	15.00		
Free To Be Me AFG	7	30650929			
Serenity Group AFG	7	30650929			
Esperanza GFA	7	502543			
Nampa 12X12	7	30541795	20.00		
Living The Legacies AFG	7	30638575			
Una Luz Al Final Del Tunel AFG	7	30511225			
Courage to Change	7	30538129			
Just for Today AFG	7	30555931			
District 7	7				
District Total	7			\$130.00	14
cash in mail			49.00	\$49.00	
GRP DONATION TOTALS				\$2,174.90	125

AL-ANON AREA 13
Proposed Budget for 2017

Budget Item	2017	2017	2016	2016	2015	2015	2014	2014
<u>Meeting Expenses</u>	Actual	Proposed	Actual	Proposed	Actual	Proposed	Actual	Proposed
rs Travel,Lodging, Dining		\$3,000.00		\$3,000.00	\$1,558.89	\$3,000.00	\$3,122.95	\$3,000.00
AWSC Committee Meetings		\$1,300.00		\$1,300.00	\$1,072.76	\$1,300.00	\$1,141.98	\$1,300.00
<u>Coordinators</u>								
Alateen/AAPP		\$40.00		\$40.00		\$40.00	\$4.48	\$40.00
Archives		\$100.00	\$29.43	\$100.00	\$44.00	\$100.00	\$40.55	\$100.00
Forum/Liturature		\$20.00		\$20.00		\$20.00	\$18.09	\$20.00
Group Records		\$50.00		\$50.00		\$50.00	\$11.12	\$20.00
Literature Ctr Liaison		\$0.00		\$0.00		\$0.00		\$20.00
Newsletter		\$20.00		\$20.00		\$20.00	\$13.75	\$20.00
Public Outreach		\$180.00		\$180.00	\$151.00	\$180.00		\$40.00
Website		\$100.00		\$20.00		\$20.00		\$20.00
<u>Officers</u>								
Alternate Delegate		\$50.00		\$50.00		\$50.00		\$50.00
Delegate		\$300.00	\$139.33	\$300.00	\$250.56	\$300.00	\$195.46	\$300.00
Chair		\$40.00		\$40.00		\$40.00		\$40.00
Secretary		\$40.00		\$40.00		\$40.00		\$40.00
Treasurer		\$75.00		\$75.00	\$13.81	\$75.00	\$111.68	\$75.00
<u>Operating Expenses</u>								
Archives Storage		\$2,100.00						
Background Checks		\$200.00	\$35.00	\$200.00	\$175.00	\$200.00	\$367.05	\$125.00
Bank Charges (bank set-up, nsf e		\$20.00		\$20.00		\$20.00	\$58.23	\$20.00
Equalizer Expense		\$2,400.00		\$2,200.00	\$1,965.00	\$2,200.00	\$2,447.00	\$2,000.00
Financial Review		\$150.00		\$150.00		\$150.00		\$150.00
NWR Delegate Meeting		\$1,800.00	\$863.82	\$1,800.00	\$713.85	\$1,800.00	\$473.83	\$600.00
TEAM Event (NWRSS Exp)		\$0.00		\$0.00		\$0.00		\$0.00
PO Box Rental		\$200.00		\$200.00	\$98.00	\$200.00	\$146.00	\$200.00
Public Outreach (PSA< etc)		\$0.00		\$0.00		\$0.00		\$50.00
Spanish Hotline		\$0.00		\$50.00		\$50.00		\$50.00
Website Domain Name		\$30.00	\$16.99	\$30.00	\$302.79	\$30.00		\$30.00
Website Hosting		\$300.00	\$286.00	\$190.00		\$190.00		\$190.00
Totals			#####	#####	\$6,345.66	\$10,095.00	\$8,152.17	\$8,370.00
Donations					\$4,350.35		\$5,535.55	
Assembly Total Revenue					\$2,692.99		\$1,711.54	
Assembly Seed Money							\$250.00	\$1,000.00

Spring Assembly – Idaho Falls
May 21, 2016

In the Al-Anon's History book "Many Voices One Journey", Lois W is quoted as saying "it takes only one person to start something but many others to carry it out." And this is exactly what we are doing today.... Carrying the message out to each other.... We are an information link to our membership.

On October 17, 2015 the yearly conference call was held with the WSO representative and other Literature Coordinators from around the United States. At that time the WSO had received 1159 sharings on the "Intimacy in Alcoholic Relationships", 176 sharings for the pamphlet Parents and Grandparents of Young Problem Drinkers and 515 sharings for the new daily reader. Members are encouraged to continue to send sharings in on all 3 of these new literature pieces as the committee still needs more. You may submit your experiences by mailing them or submitting them on the Al-Anon/Alateen website.

The updated report for Forum subscriptions is down by 9. In December 92 group subscriptions were active and as of March 83 of our groups had a forum subscription. Due to budget constraints at the World Service office, the free subscription to each group with a current mailing address has been discontinued, so please encourage your group to continue to subscribe to the Forum.

Remember to peruse through the Al-Anon members website as there is an enormous amount of information and literature available at our finger tips! There are currently 35 guidelines for assisting us in our service in this fellowship that are free downloads from the website. These guidelines are in addition to what is in the service manual. There is also the new "E Group News" that comes to your group via an email address provided to the WSO.

Also remember that our Alateen literature is a great source for all of us.

Thank you for allowing me to be your Area Literature Coordinator for this term.

Berta R.

Literature Center Liaison Report
2016 Spring Area Assembly

The Literature Center continues to be totally staffed by volunteers Monday through Friday, 11 AM to 5 PM and recently Saturday, from 11AM to 2 PM. It has become a major part of our public outreach. We have a new Treasurer, Lisa C. and a new Literature Coordinator Beth P. and we are very please to have them. All board positions are currently full. The District voted on accepting the new AAIC's By-Laws which was reviewed and rewritten where necessary for updates and better understanding. We are still looking for a volunteer coordinator. Computer support now has six people that can be called by volunteers when there is a problem to be solved. The Credit Card machine has been a challenge for some but it seems to be the right decision for making book purchases easier for folks. The Literature Center is growing as a place for hope and inspiration and a place people can come converse and feel comfortable at.

I think I covered it all for now. If you have any questions please email and I will get back with you. Thank you very much for all you do.

Luann H
Literature Center Liaison District 3

**ALTERNATE DELEGATE'S REPORT
SPRING ASSEMBLY 2016
IDAHO FALLS**

Good morning. My name is Terry A.

In September 2015, at the Fall Assembly, I was elected to be the Alternate Delegate for the last year of a three year term.

I wanted to do this because I not only have a passion for Al-Anon, but also for the GRs, especially when they attend Assembly. There is so much that not only happens at the Assembly but also so much to learn about Al-Anon. After many years of attending Assemblies and of being in program, my head still spins at what I don't quite understand. I hope that I can add a little bit of clarity and insight as Alternate Delegate.

As a quite unexpected bonus, in March I was privileged to attend the Northwest Regional Delegates (NWRD) meeting in Portland with Nancy Jo, our Delegate. WOW, what an experience. I have met a number of super enthusiastic Al-Anons during my years in program – many of them are here today, but the current and past Delegates whom I met in Portland are over the top! I wanted to bottle some of their energy and enthusiasm and bring it home with me. I wish that each Al-Anon group member could realize how much their Area and Region care about them.

Another phase of my position as Alternate Delegate has been to assist our Area with registration for this Assembly. As I have found with all of my various service positions over the years, there was yet another "learning curve". I retired at the end of December 2015 and I thought I was done with learning – should have known better - I now know how to make labels for name tag badges. As I have also found, there are always many knowledgeable people who can point me in the right direction – I just have to ask for help.

Another benefit of being involved with registration is that I have been able to match more names and faces of Al-Anon members from around the state.

As previously stated, my term ends after the Fall Assembly. I would strongly encourage anyone even slightly interested in this position to give it some serious thought. I am happy to talk with you.

With Love in Service

Terry A ☺

May 21, 2016

2016 DISTRICT 2 AL-ANON REPORT/SPRING AREA ASSEMBLY/Idaho Falls

Concept 4: Participation is the key to harmony.

District 2 has a total of nine active meetings. Since the 2015 Fall Assembly, one meeting closed, and two new meetings opened. Our district has some positions that need to be filled: district rep, alternate district rep, and public outreach coordinator. Five out of nine groups are represented by group reps. Group member attendance averages range from 6 to 25. District 2 remains financially stable.

We have an active archivist who has been interviewing long time members and gathering histories of our groups to submit to our Idaho Area archivist and our own archives.

Six members participated in a Wellness Fair for the City of Lewiston Employees on May 5th.

Our district provided Al-Anon information to the newly established Latah Recovery Center in Moscow. This is a community resource information and help center.

Over 100 people attended the November Al-Anon Gratitude Potluck with an AA and Al-Anon speaker.

The Annual December Holiday NON-progressive potluck dinner event, put on by various Al-Anon members, drew around 40 people.

On March 12th, to celebrate Lois' birthday, a dessert auction was held by the Lewiston Tuesday Lewis and Clark group.

Friday Night Clarkston Round Table holds a speaker meeting every month that has a 5th Friday in the month. Speakers have been either an AA member, Al-Anon member, or a dual member.

Two members from the Wednesday Pullman meeting recently shared their experience, strength and hope at the Palouse River Outpatient Recovery Center during Friends and Family night.

And finally, April 30th, our Al-Anon Family groups were invited to participate with AA in their newly revived 2016 Spring Fling event. This was a one day event of rotating between topic tables sharing on the principles of our programs. The day included a potluck lunch, potluck dinner, AA and Al-Anon speaker.

In grateful service,

Rhoda H.

District 2 (pro tem) Alternate District Representative

Idaho Area 13 Spring Assembly Meeting

“ Realizing Our Spiritual Potential”

May 21st, 2016

Guesthouse Inn, Idaho Falls, ID

District 3 Report- Linda A.

Since our Fall Assembly we have had four fundraising events and one participation event with the Gem State Roundup 2015.

- 1) Mini-Conference hosted by Tuesday Night Women's group was held September 26th at the St. Stephen's Church. The group worked very hard on this event but it was poorly attended.
- 2) Annual Chili Feed, hosted by Saturday Morning Spiritual group was held Oct. 18th at St. Stephen's Church, poor attendance because of conflicting community events,
- 3) Lasagna Dinner, hosted by Saturday Serenity group, was held Dec. 12th at the Church of the Nazarene. \$508.00 was raised for District.
- 4) 2nd Annual Al-Anon Appreciation Day, hosted by the District GR's and was held February 20th, at the Five Mile Church of the Nazarene. \$278.00 was raised for District. It was a panel sharing their experience, strength and hope to help us get off to a great new year. It had a \$5.00 donation at the door gave each participant an opportunity to win one of two wonderful raffle prizes.
- 5) Gem State Roundup that was held August 28-30, 2015 at the Riverside Hotel, Resulted Al-Anon receiving a check this past January from AA in the amount of \$400.00. Bret R. was the Al Anon Chair and did a fantastic job. Not a lot of Al Anon members attended, but those who did really enjoyed the speakers and the Al Anon panels. The panel topics were: “The Miracle of My Spiritual Journey”, “The Miracle of Conscious Contact”, and “The Family Afterwards”.

Future Events:

- 1) AA Spring Assembly with Al Anon participation, May 27, 28 & 29th, 2016 at Riverside Hotel in Boise. Al Anon liaison, Linda

A-Chair & Registration Committee Chair is Beth P. There will be an Al-Anon luncheon and Pam A is the speaker. We will also be participating with AA in joint panels. Al-Anon will not receive any money from this event because the GR's voted not to do a raffle.

- 2) Gem State Roundup, August 5,6, &7th, 2016 at the Riverside Hotel in Boise. Ruth B. is the Al-Anon chair. There will be Al-Anon Panels and also an Al-Anon Luncheon.
- 3) Weekend Workshop, February or March 2017, awesome out of town speaker has already been booked, Ruth B will chair this event and more details will be forthcoming. Plan is to have statewide participation.

We currently have 27 Al Anon meetings in Dist. 3. Alateen meetings in local schools continue to be very successful. Our District 3 planning meeting was held January 3rd and there was a lot of discussion on how to increase participation in the events

Our new Public Outreach Coordinator is Jane F. (I call her "Red" because she's on fire about Public Outreach). She continues to work with various facilities to provide speakers and information. She has established a public outreach committee who works with media and professionals. She has also created a new monthly District 3 Newsletter.

Our District's monthly meetings continue to be well attended. The GR's appreciate having time at the end of the meeting to discuss their problems, concerns and solutions; however, our District has been challenged with members lack of interest in service.

Alateen meetings continue to flourish in the valley. The sponsors are very dedicated and make such a difference in the lives of these young people. The District is very supportive that guidelines will be created for Alateen speakers at our events.

The Literature Center continues to be totally staffed by volunteers. It has become more than just a place to purchase Al Anon books and literature, it is a place of hope and inspiration for people not familiar with or new to our program. It has become a major part of our public outreach. The Literature Center is open Monday - Friday, 11:00 AM to 5 PM. and starting in June will be open Saturdays, 11:00 AM to 2 PM. We have a new Treasurer, Lisa C., and a new Literature Coordinator, Beth P. All board positions are currently full and District will voting on the AAIC's new By-Laws. Still looking for a volunteer coordinator. (Will share with Area brief inspirational stories that have occurred at the office)

My service to District 3 continues to be a blessing in my life,

Linda A.
DR Dist. 3

District 4 Report
2016 Spring Area Assembly

District 4 has had 3 District meetings since last fall, with 3-5 groups represented. We have lost 3 meetings in the District due to lack of attendance. The GRs suggested that the DR start attending the all available meetings in the district. I will attempt to do so on a rotating basis. We have been struggling with the money for the phone service, it has been suggested that we discontinue the phone service and allow people to find us online or use the 800 number. It was also suggested to get a GO phone and rotate it around the groups. No decision was reached. There was no selected for the next District meeting.

In Service,
Laurie B
District 4 Rep

IDAHO AREA AL-ANON COMMITTEE MEETING

MAY 2016

NEWS FROM DISTRICT 6, IDAHO FALLS & SURROUNDING AREA:

Meetings in Arco and Ashton have gone by the wayside. One or two people were trying to keep them going and locals didn't show interest.

Our District has been very active in getting Al-Anon pamphlets out in different facilities. One lady on the District committee is responsible to order and check all areas to make sure material is still available. One place I know they have pamphlets is the courthouse.

We recently had a spring fling with District providing lunch and games. Monday afternoon meeting was in charge of facilitating it. There was a panel of 5 members that talked about the Tradition or Concept of their choice and how they used it not only in Al-Anon and at the work place but also in their personal lives. If I remember right, 25-30 members participated.

Our D.R. recently suggested that each group do a "Group Inventory" as no one had taken the time to do one in a long time. Monday noon group did one. We took 3 weeks to get it done but it was well worth it and the meeting is being run with more direction now. And differences were aired.

We had a "Holiday Social" in December which is always well attended. We invite AA's to come and participate. We have a Raffle, and an Auction and it is our main money maker. We have a speaker that shares for an hour. Sometimes it's an AA/Al-anon couple, sometimes an AA member and sometimes a Al-Anon member. It is a Pot Luck and the best recipes are brought to share.

All our viable groups in the immediate area have a G.R. that attends the District meeting every 3rd Sunday of the month. After the District meeting, we have a Speakers meeting and it is well attended.

Thanks to all at the Area Meeting for making me feel so welcomed

Linda Holmes, member of District 6

Spring Assembly Report
From Janet D., District 7 Rep.
May 2016

District 7 has been busy serving our new Alateen groups, one at the Middleton Middle School and one on Friday evenings at the United Methodist Church; and making contact with other schools as well. We have two Alateen sponsors so far, and hopefully another sponsor on aboard soon.

The groups in District 7 are thriving; some are going through changes; as to moving to a new location, and getting a new GR for the first time. But all of them dedicated to keep Al-Anon strong in District 7.

I haven't been able to make any visits due to a surgery, and the loss of my father, and traveling home to Oklahoma. But District 7 is a strong district full of many dedicated members.

I feel truly blessed to serve as their District Representative.

Truly Blessed by Service,
Janet D
District 7 Rep