

SPECIAL EDITION NEWSLETTER

Idaho Area 13 Fall 2017 Assembly

Assemblies are ENERGIZING!!

Area 13 2017 Fall Assembly Agenda September 16 (Downtown Hotel – Boise)

- 7:30 a.m.** DR (District Representatives) Exchange Breakfast (Restaurant in Hotel)
- 8:00 a.m.** Registration - Outside the meeting room
- 8:30 a.m.** Welcome - Janet ~ Serenity Prayer ~ Introductions ~ Announcements ~ Twelve Traditions ~ Twelve Concepts ~
- 8:45 a.m.** Secretary Report - Cheryl
- 9:00 a.m.** Treasurer's Report - Berta (voting on 2018 Budget)
- 9:20 a.m.** Delegate's Report
- 10:00 a.m.** Area Coordinator Reports - (4 minutes per coordinator) - Literature/Forum- Laura; AAPP/Alateen- Ruth; Archives- Ladora; Newsletter- Jane; Group Records- Robbin; Website Coordinator- Kathy; Public Outreach- VACANT; Literature Center Liaison - VACANT.
- 10:25 a.m.** Our Members: Our Hope for the Future Speaker #1 -Robbin B.
- 10:45 a.m.** District Reports - (4 minutes per District)- Dist. 1 - Brianne; Dist. 2 Roz; Dist. 3 Bret; Dist. 4 Laurie; Dist. 5 Doug; Dist. 6 VACANT; and Dist. 7 Jan.
- 11:10 a.m.** Break - Meet -n-Greet
- 11:30 a.m.** GR (Group Representatives) Exchange - (Q & A) - Paula
- Noon:** Luncheon Spirituality and Service Speaker 1 - Doug C & Fellowship
- 1:00 p.m.** Announcements & Recovery Countdown
- 1:15 p.m.** Elections for an Area Delegate and Alternate Area Delegate - Janet
- 1:35 p.m.** Workshop - Healthy Sponsorship - Roz and Ruth
- 2:10 p.m.** Spirituality & Service Speaker #2 - Brianna M
- 2:35 p.m.** Pros and Cons to Centralize One Assembly (GR Discussion/Vote)
- 3:00 p.m.** Meet-n-Greet
- 3:20 p.m.** Our Members: Our Hope for the Future Speaker #3 - Kathy B.
- 3:40 p.m.** First Timer Award
- 4:00 p.m.** Closing: Al-Anon Declaration
- 4:15 p.m.** Break
- 4:30 p.m.** AWSC Follow-up Meeting

****This agenda is subject to change at the Fall Assembly Sept. 16, 2017***

"Before beginning our Fall 2017 ID Area 13 AFG (Al-Anon Family Groups) Assembly, I ask you to drop those obstacles, anxieties, and fears you may have that prevent you from good spiritual practice. Let's bring in qualities of love, tolerance, integrity, and whatever else you need to trust this path our Higher Power has placed on us." – Janet D, Area 13 Chair

What is Idaho Area 13?

Here is some background on how Al-Anon is organized. WSO stands for World Service Office and is located in Virginia Beach, Virginia.

WSO is made up of areas from around the world. Area 13 includes all of Idaho and surrounding towns such as Clarkston (WA), Ontario (OR) and Afton (WY).

Area 13 consists of seven districts which are shown on a map on the next page. Within each district are groups which hold meetings. **In Area 13, over 100 groups hold meetings each week.** That's a lot of recovery!

Did you know...

that by attending the Idaho Area 13 Fall Assembly (Sep. 16 in Boise) that you will connect with fellow Al-Anon members from all over Idaho and towns from surrounding states?

Also, you will hear speakers and presentations on subjects to help with your recovery. In addition, you can learn about the business of Al-Anon which is an important recovery piece.

You will also hear updates on programs such as Alateen and what is going on with Al-Anon at the Group, District, Area, and WSO levels. For any history buffs, you can see some of our extensive collection of Al-Anon archives. And there's so much more! [CLICK HERE](#) for more details and to register.

You can still register to be part of the Area 13 Fall Assembly. Click on the link above for the scoop!

Issues to be voted on at Fall Assembly

The following issues are scheduled to be voted on at the Area 13 Fall Assembly:

- **Changes in the rotation system of future assemblies**
- **2018 proposed budget for Area 13**
- **Election of a Delegate and Alternate Delegate**

This list is subject to change at the Assembly itself. The Area 13 voting members are those individuals on the Area 13 AWSC as well as District Representatives and Group Representatives from Area 13.

You're invited to the Spiritual Meeting on Friday, Sep. 15 at 8 PM in the Spokane Room on the 2nd floor of the Downtowner Hotel in Boise.

District 1 Update

District 1 will be hosting an Ice Cream Social on October 14th as part of our quarterly speaker panel. Ice cream at 5:30, Speaker panel from 6-7pm. These quarterly speaker panels, which raised funds for the AA convention with Al-Anon participation, were such a success that the district voted to make them a regular occurrence! We are gearing up to host the Spring Assembly in May as well as continue to support the AA convention with Al-Anon participation which will also be in May of 2018. More folks are stepping up in service and together we can make it!

NOTE: Due to technical difficulties, updates from all of the District Representatives were not available. Look for them all in next month's Area 13 Newsletter.

A special message from Berta R.

Tradition 7 states "every group ought to be fully self-supporting declining outside contributions" At both the Spring and Fall Assembly members are given opportunity to make personal contributions to support the Idaho Area while attending the assembly.

Did you know each Al-Anon member can also make personal contributions in addition to your group's contribution to our Idaho Area?

Please send your contribution to
 IDAHO AREA AFG
 P.O. BOX 1819
 LEWISTON, ID 83501

Please make your checks payable to IDAHO AREA AFG. Thank you for allowing me to serve as your Idaho Area Treasurer.

District 5 Update

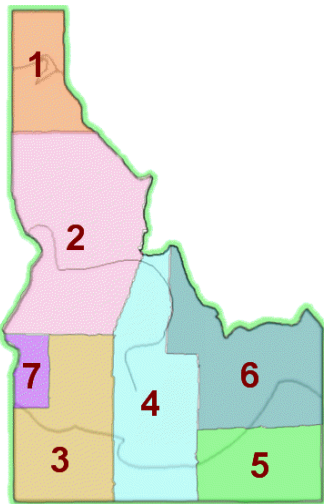
The healing began for me in Al-Anon when I started to move out of isolation and began to reach out for help. Feelings and buried memories will possibly return and bring up hurt and pain. By gradually releasing the burden of unexpressed grief, we slowly move out of the past.

This is the action and work that heals using that 5 S's that Kathryn D. shared with us: Steps, Sharing, Sponsorship, Service and Spirituality. We live and practice the Steps, We Share at meetings, We get a Sponsor and if we are lucky we will sponsor another person, we ask our Higher Power to show us the way to Serenity and we connect with our Spirituality.

You will not do this alone. Look around you and you will see others who know how you feel. We will love and encourage you no matter what. We ask you to accept us just as we accept you.

Discussing spirituality is never easy, but it is important, especially if you are trying to relate more deeply with the "unseen" parts of life, as we all are. Al-Anon is a spiritual program based on action coming from love. We are sure that as the love grows inside you, you will see beautiful changes in all your relationships, especially with your Higher Power, yourself, and your loved ones. – Sending love and gratitude, Doug C. District 5 DR

Area 13 District Map



- **District 1 - Northern Idaho** including Bonners Ferry, Clark Fork, Coeur d'Alene, Hayden Lake, Kellogg, Osburn, Post Falls, Sandpoint, and St. Maries
- **District 2 - Central northern Idaho** including Clarkston (WA), Cottonwood, Craigmont, Grangeville, Kamiah, Kendrick, Lenore, Lewiston, Moscow, Orofino, Pullman (WA), Riggins, and Weippe
- **District 3 - Midwestern Idaho** including Boise, Eagle, Emmett, Garden Valley, Kuna, McCall, Meridian, and Mountain Home
- **District 4 - Central Idaho** including Bellevue, Buhl, Burley, Filer, Gooding, Hailey, Jerome, Ketchum, Rupert, Shoshone, Sun Valley, and Twin Falls
- **District 5 - Southeastern Idaho** including Afton (Wyoming), American Falls, Chubbuck, Malad, Pocatello, Preston, and Soda Springs
- **District 6 - Mid-eastern Idaho** including Arco, Ashton, Blackfoot, Challis, Driggs, Dubois, Idaho Falls, Mackey, Rigby, Salmon, St. Anthony, and Teton
- **District 7 - Western Idaho** including Caldwell, Homedale, Middleton, Midvale, Nampa, Nyssa, Ontario (Oregon), Payette, and Weiser