

Al-Anon Idaho Area 13 Newsletter

Issue 9

February 2018

Mark your 2018 calendar for these events!

Feb. 24 - "Funraiser" for 2018 AA Coeur d'Alene Convention with Al-Anon Participation, 4-8 PM at First Lutheran Church (526 S. Olive Ave. Sandpoint). \$10 Bingo with great prizes! Potluck theme: "*Childhood Favorites*" and please bring a dish to share.

March 3 – AWSC (Area World Service Committee) Meeting. 8:30 AM to 4:30 PM at the Kopper Kitchen in Boise

March 10 – Professionals Open House at the Al-Anon Alateen Literature Center 10 AM- 2 PM. 1111 S. Orchard (use Entrance 6) in Boise.

March 10 – Sponsorship Workshop. 9 AM to 12 noon. United Methodist Church (5147 Whitaker Rd., Chubbuck). Kathryn D. and Kevin B share their sponsorship as well as mentoring knowledge Join in fun Role Play exercises to practice your Skill & Style!

April 7 –Share Your Story Workshop. 10 AM- 2 PM at the Al-Anon Alateen Literature Center at 1111 S. Orchard (use Entrance 6) in Boise. Refreshments served.

May 5 - Lois W and Anne B Tribute Luncheon & Art Silent Auction - 11: AM to 1 PM. Eagle United Methodist Church (651 N Eagle Road – Eagle)

May 18-19 – Al-Anon Idaho Area 13 Spring Assembly. Coeur d'Alene. The theme is "There Is No Standing Still", For more information, check out the [District 1 Update](#) on the next page of this newsletter.

July 5 – Day of Connecting Al-Anon's International Convention Baltimore, Maryland

If you have events to add to the calendar, please send them to area13newsletter@gmail.com. Event hyperlinks are appreciated.

Because we could all use a little blank space...

Idaho Area 13 Map



District 1 - Northern Idaho including Bonners Ferry, Clark Fork, Coeur d'Alene, Hayden Lake, Kellogg, Osburn, Post Falls, Sandpoint, St. Maries

- **District 2 - Central northern Idaho** including Clarkston (WA), Cottonwood, Craigmont, Grangeville, Kamiah, Kendrick, Lenore, Lewiston, Moscow, Orofino, Pullman (WA), Riggins, and Weippe

- **District 3 - Midwestern Idaho** including Boise, Eagle, Emmett, Garden Valley, Kuna, McCall, Meridian, Mountain Home

District 4 - Central Idaho including Bellevue, Buhl, Burley, Filer, Gooding, Hailey, Jerome, Ketchum, Rupert, Shoshone, Sun Valley, Twin Falls

District 5 - Southeastern Idaho including Afton (Wyoming), American Falls, Chubbuck, Malad, Pocatello, Preston, Soda Springs

District 6 -Mideastern Idaho including Arco, Ashton, Blackfoot, Challis, Driggs, Dubois, Idaho Falls, Mackey, Rigby, Salmon, St. Anthony, Tetonia

District 7 - Western Idaho including Caldwell, Homedale, Middleton, Midvale, Nampa, Nyssa, Ontario (Oregon), Payette, Weiser

Thank you for your interest in the Idaho Area 13 Al-Anon Newsletter! This document is published on the 10th of each month with the deadline for submissions being the 5th of the month. If you have items to be included in the newsletter, please email them to area13newsletter@gmail.com. Please keep your submissions to 140 words or less and include relevant links if possible. Your feedback for the newsletter would be greatly appreciated. To receive this FREE monthly newsletter, email area13newsletter@gmail.com.

2018 Al-Anon Membership Survey DEADLINE is Feb. 27

The survey questionnaire is available online in three languages. Here are the links

- [English](#)
- [Spanish](#)
- [French](#)

The World Service Office (WSO) website has made a BIG change!

The old password protected site has been turned off. The content has been migrated to the new website under the Member menu. The WSO has other means to distribute materials meant for members only (i.e. AFG Connects), therefore we will not posting anything that could potentially violate the principle of anonymity. [CLICK HERE](#) to see the updated WSO website

District 1 Update

District 1 has a couple of events coming up. The first on is the Sandpoint "Funraiser" for 2018 AA Coeur d'Alene Convention with Al-Anon Participation. Saturday February 24 from 4-8 PM at First Lutheran Church 526 S. Olive Ave. Sandpoint. \$10 Bingo with great prizes! Potluck theme: "Childhood Favorites" and please bring a dish to share. Also, SAVE THE DATES of May 18-19 for the Al-Anon Idaho Area 13 Spring Assembly. The theme is "There Is No Standing Still" The event will be held at the Hampton Inn in Riverstone (1500 Riverstone Drive, Coeur d'Alene, ID 83815). May 18 is the Friday night spiritual meeting from 8 PM – 9 PM and May 19 is the Spring Assembly 8 AM -4:30 PM.

For more information:

- Call or text Brianna at 208 640 9158.
- Mary at 208-651-6014 or Idahodistrict1@gmail.com.

Special Room Rates available until April 25th or until sold out..[CLICK HERE](#) for more details on the special room rates.

District 2 Update

The district is considering adopting some guidelines. We are having a workshop this month titled "What does the 7th Tradition mean to You" and hope to have a positive input. It is open to all members in the district. District 2 has an active archives and is available to any members seeking information on groups, when they started coming to Al-Anon, or any other research. Am looking forward to the AWSC meeting and Assembly in Coeur d Alene in May. Several of the groups do a Step and Tradition each month on a regular basis. Thanks for the service the newsletter does for our Area. yours in Service Carol G.

District 3 Update

No District 3 update was provided for this month.

District 4 Update

No District 4 update was provided for this month.

District 5 Update

I have a question for everyone. When was that moment when you realized that you could no longer live the way you had been living?

For me, that was my moment of surrender or bottom - the moment where I was finally ready to tell the Truth.

Having this experience of reaching a bottom is what ties us all together in Al-Anon.

I know as I waddle down this path of recovery it really helps me to work and live the 12 Steps. I'm not always a glowing upbeat person... believe it or not, I do have a few bad behaviors I'm still working on. I've found that it makes no difference what path you have chosen as long as it works for you.

I choose to honor all paths to recovery. And I honor all information that can support you on that path.

If you are looking for inspiration, practical tools and suggestions, I encourage you to support and attend the upcoming Workshop on Sponsorship on March 10th, 2018. Kathryn D. from Lava Hot Springs and Kevin B. from Salt Lake City will be sharing with us their plethora of knowledge. My hope is that the Workshop will enrich us all. If you have any question please do not hesitate to get a hold of me.

With love and Gratitude

Doug C. D5 DR

District 6 Update

District 6 does not currently participate in the Area 13 activities.

District 7 Update

No District 7 update was provided for this month.

[CLICK HERE](#) to access the Area 13 website to download meeting schedules for any or all of the seven districts in Idaho Area 13..

Area 13 Service Openings

Area 13 is looking for a Public Outreach Coordinator.. For more information, contact Janet D at Janetafg95@gmail.com.

Quote of the Month

Step One puts the focus back on me, not on the alcoholic. My attempts to control others make my life crazy, but by letting go, I become free. Those around me find freedom to make their own mistakes and face their own consequences.

Reaching for Personal Freedom—Living the Legacies (P-92), page 11

Check out the Al-Anon Family Groups YouTube Channel at

<https://www.youtube.com/user/AlAnonFamilyGroupHQ>.

Did you now...

that many Al-Anon CAL (Conference Approved Literature) daily readers and other books are available in electronic book format? [CLICK HERE](#) to visit the Al-Anon Family Groups page on Amazon to see what's available.