

# AAP Nevada Chapter

Spring 2017

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## Letter from the President

Hello Colleagues,

It's time for the spring edition of the quarterly newsletter. With the blossoming of the trees and the longer days, my time as your chapter president has come to an end. I have relished the opportunity to represent our chapter membership and the children of Nevada, so with the close of my term I am left with a bittersweet feeling. I am extremely proud of all that we have accomplished together over the last two years and am immensely happy to be handing over the reins to an executive team who I know will continue to carry us forward in wonderful new directions. I am happy to announce our new executive leadership as follows: President: Betsy Huang; Vice President: Pam Greenspon; Secretary/Treasurer: Rebecca Ching

As always, Roberta Again remains our executive director and I will stay on as immediate past president. I am also thrilled to say we had many new faces come forward to serve on committees and help push the agenda forward for the children of Nevada. Our current committee members will offer up their expertise in the areas of advocacy, government affairs, nutrition and obesity, physician wellness, emergency preparedness, practice management, and early career physicians. Please join with me in wishing them all well in their new positions and offer them your support and thanks.

We have exciting things to look forward to in the coming months. Our first ever Physician Wellness retreat will take place at the Mount Charleston Lodge in April. We are currently planning for our CME event in the fall. And we continue to have Walk with A Doc: Kids time every month at the Springs Preserve. Several of our practices are actively involved with a multistate HPV MOC project and we are always looking for grant opportunities for our members.

I can't thank you all enough for allowing me to serve as your president over the past years, and I look forward to continuing my commitment to serving the children of our state.

Yours in Service,

kami

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## Upcoming Events

**Sunday, April 9, 8:30-9:30 AM**  
**(2<sup>nd</sup> Sunday of every month)**

Walk with a Doc: Kids Time

Springs Preserve

**Saturday, April 29, 8AM-12PM**

Physician Wellness Retreat

Mt Charleston Lodge

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## Important Announcements

We have a brand new webpage! Please check us out online at [www.nevadaaap.org](http://www.nevadaaap.org)

Please like us on Facebook: [www.facebook.com/nevadachapteraap](https://www.facebook.com/nevadachapteraap)

## News from the Chapter

### Physician Wellness Retreat

Join us for the first annual physician wellness retreat! As caregivers, it's vitally important that we learn to take care of ourselves so that we are able to take care of our patients. Physician burnout is becoming more common and it's an important topic to be addressed.

Our speakers are Sandra Abdullah who will be speaking about "Mindfulness" and Dr. Anne Weisman will lecture on "Physician Burnout." 2 CME ethics credits. Breakfast and lunch will be provided. There will be an optional hike after lunch.

Prices:

\$50 for members

\$75 for non-members

\$25 for medical students/residents



### Useful Websites

#### Nevada Chapter AAP

[www.nevadaaap.org/](http://www.nevadaaap.org/)

[www.facebook.com/  
NevadaChapterAAP](http://www.facebook.com/NevadaChapterAAP)

#### American Academy of Pediatrics

[www.aap.org](http://www.aap.org)

#### HealthyChildren.org

[www.healthychildren.org](http://www.healthychildren.org)


### Chapter Officers

**President – Kami Larsen**

**VP – Betsy Huang**

**Secretary/Treasurer – Pam Greenspon**

**Executive Director – Roberta Again**




### Health & Wellness

*As physicians, we know practicing medicine is often stressful. Increasing practice demands and ever-evolving societal expectations can generate intense pressure. It is the hope that this 1/2 day retreat will give you some of the tools necessary to help with day-to-day pressures that a physician endures.*

**Sandra Abdullah, LCSW**  
Clinical Director of Behavioral Health for Nevada Health Centers, Inc.

**Anne Weisman, Ph.D., M.P.H., L.M.T.**  
Director of Wellness & Integrative Medicine, UNLV School of Medicine



**AGENDA:**

Saturday—April 29, 2017  
8:00am—Registration & Breakfast  
8:30am—AAP Welcome

9:00am—"Mindfulness- Oh Come On—Really?" - Sandra Abdullah, LCSW

10:00 am—Break

10:15am—"Physician Burnout" - Anne Weisman, Ph.D., M.P.H., L.M.T.

11:30am—Lunch & Trail hike (Hike is optional)

**Registration Fees:**

AAP Members—50.00 ☐  
Non-Members—75.00 ☐  
Residents—25.00 ☐  
Hike/Trail walk ☐

**Name & Title**

**E-mail**

Please make check payable to AAP Nevada Chapter - P.O. Box 15748 Las Vegas, Nevada 89114

**Please RSVP by e-mail by 4/26/2017**  
[nevadachapteraap@gmail.com](mailto:nevadachapteraap@gmail.com)

**The American Academy of Pediatrics - Nevada Chapter**

Betsy Huang, MD—President  
Pam Greenspon, MD—VP  
Rebecca Ching, MD—Secretary/Treasurer  
Kami Larsen, MD—Immediate Past President  
Roberta Again, Executive Director

To register, please to go email us at [nevadachapteraap@gmail.com](mailto:nevadachapteraap@gmail.com).

## AAP Policy Corner

### Counseling Parents and Teens About Marijuana Use in the Era of Legalization of Marijuana

Abstract:

Many states have recently made significant changes to their legislation making recreational and/or medical marijuana use by adults legal. Although these laws, for the most part, have not targeted the adolescent population, they have created an environment in which marijuana increasingly is seen as acceptable, safe, and therapeutic. This clinical report offers guidance to the practicing pediatrician based on existing evidence and expert opinion/consensus of the American Academy of Pediatrics regarding anticipatory guidance and counseling to teenagers and their parents about marijuana and its use. The recently published technical report provides the detailed evidence and references regarding the research on which the information in this clinical report is based.

For the full policy statement, please visit:

<http://pediatrics.aappublications.org/content/139/3/e20164069>

## Contact Us

Questions? Comments? Please contact us at

[nevadachapteraap@gmail.com](mailto:nevadachapteraap@gmail.com)



## Useful Websites

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