

Nevada Chapter AAP

Spring 2018

Letter from the President

Dear colleagues,

Happy Spring! The days are getting longer and warmer. And we have exciting chapter activities coming up.

I want to invite everyone to join us for our 2nd Annual Physician Wellness Retreat on April 21st in Las Vegas. As busy physicians, it's important to remember to take care of ourselves too. We have relaxing activities planned for the retreat including chair massages, a guided meditation session, optional round of golf, and a great speaker with an important and timely topic of supporting ourselves at time of crisis. More details on page 2.

The 2nd Anniversary of Walk with a Doc: Kids time is going to take place Sunday, June 10th at Mt Charleston. More details to come shortly.

Our current Secretary/Treasurer Dr. Rebecca Ching is stepping down from the position. I want to thank her for her hard work and dedication this past year. We are looking for a new Secretary/Treasurer. This is an important position in our chapter. We are now accepting nominations. You can nominate yourself. If you have any questions, please contact us. All nominations due by May 15, 2018.

On the advocacy front, CHIP has been renewed for 10 years! Thank you to everyone who participated in calling and writing to our legislators to let know the importance CHIP and keeping kids covered. You will be hearing from us shortly with more advocacy activities. Stay tuned.

As always, if you have any ideas for advocacy or projects, please let us know. Your chapter is here to support you!

Sincerely,

Betsy



Upcoming Events

Wednesday, April 4, 12-1PM

Renown Grand Rounds

Location: Renown Regional Medical Center

Wednesday, April 4, 5:30-7:30PM

Reno Happy Hour

Location: RapsCALLion

Sunday, April 8, 08:30-09:30 AM (2nd Sunday of every month)

Walk with a Doc: Kids Time

Location: Springs Preserve

Saturday, April 21, 9AM-2PM

2nd Annual Physician Wellness Retreat

Location: Canyon Gate Country Club

News from the Chapter

2nd Annual Physician Wellness Retreat

Join us for our 2nd Annual Physician Wellness Retreat. Dr. David Schonfeld will be speaking about "Supporting Children, Families, and Ourselves at the Time of Crisis." There will also be chair massages and a guided meditation session. Drinks and lunch will be provided. 2 Ethics CME credits are available. See brochure below for more info. We hope to see you there! **Registrations due by April 14, 2018.**



Accreditation Statement

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint providership of University Medical Center of SN and the AAP Nevada Chapter. The University Medical Center is accredited by the Institute of Medical Quality/Columbia Medical Association (IMQ/CMA) to provide Continuing Medical Education for physicians. University Medical Center of SN designates this live educational activity for a maximum of two (2.0) AMA PRA Category 1 Credit(s).

Disclosure Statement:

It is the policy of University Medical Center of SN to ensure balance, independence, objectivity, and scientific rigor in all its individually sponsored or jointly sponsored educational programs.

David J. Schonfeld, MD, FAAP has nothing to disclose. The planning committee members: Pam Greenspon, MD, Betsy Huang, MD, Kami Larsen, MD and Rebecca Ching, MD have nothing to disclose.

*Participants wishing to stay and join a meditation session following the retreat are welcome.

- Objectives:**
- Explain the importance of psychological first aid and basic supportive services to promoting adjustment after a crisis
 - Outline the common symptoms of adjustment reactions in children and adolescents that may occur in response to a crisis
 - Discuss the role of guilt in impacting adjustment to a loss or crisis
 - Consider issues of professional self-care when supporting children and staff who are grieving or adjusting to a crisis event

American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN

Nevada Chapter

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The American Academy of Pediatrics Nevada

2nd Annual Physician Wellness Retreat

Saturday
April 21, 2018

Canyon Gate Country Club
2001 Canyon Gate Drive
LVN 89117

2.0 Ethics CME

Useful Websites

Nevada Chapter AAP

www.nevadaaap.org/

www.facebook.com/NevadaChapterAAP

American Academy of Pediatrics

www.aap.org

HealthyChildren.org

www.healthychildren.org

Chapter Officers

President – Betsy Huang

VP – Pam Greenspon

Secretary/Treasurer –

Executive Director – Roberta Again

Immediate Past President – Kami Larsen

AGENDA:

Saturday—April 21, 2018

9:00am—Registration, Coffee & Chair Massages

9:50am—AAP Welcome

AAP Nevada Chapter President, Betsy Huang, MD, FAAP

10:00am—"Supporting Children, Families and Ourselves at Times of Crisis"

David J. Schonfeld, MD, FAAP

12:30pm—Lunch

1:00pm—2:00pm Chair Massages

2:00pm— Guided Meditation Session

Anne Weisman, Ph.D., M.P.H., L.M.T.

Canyon Gate has graciously agreed to offer a discounted rate of \$50.00 fee for any attendee who would like to play 9 holes of golf after the retreat. Fee includes, green fee, cart, and taxes. Please let us know in your registration if you would like to play golf and we will send you separate payment instructions.

Registration Fees:

Nevada Chapter AAP Members: o \$50.00

AAP Members: o \$75.00

Non AAP Members: o \$100.00

Residents & Students: o Free

Golf: o \$50 (separate payment)

Registrations due by 4/14/18. There will be no on site registration.

Presenters:

David J. Schonfeld, MD, FAAP, Professor of Practice in the Suzanne Dworak-Peck School of Social Work and Pediatrics at USC

Anne Weisman, Ph.D., M.P.H., L.M.T., Director of Wellness & Integrative Medicine, UNLV School of Medicine

Name & Title

E-mail

Please make checks payable to AAP Nevada Chapter
P.O. Box 15748

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Nevada Chapter

Betsy Huang, MD: President
Pam Greenspon, MD: Vice President
Rebecca Ching, MD: Secretary/Treasurer
Kami Larsen, MD: Past President
Roberta Again: Executive Director

AAP Policy Corner

Infection Prevention and Control in Pediatric Ambulatory Settings

Abstract:

Since the American Academy of Pediatrics published its statement titled "Infection Prevention and Control in Pediatric Ambulatory Settings" in 2007, there have been significant changes that prompted this updated statement. Infection prevention and control is an integral part of pediatric practice in ambulatory medical settings as well as in hospitals. Infection prevention and control practices should begin at the time the ambulatory visit is scheduled. All health care personnel should be educated regarding the routes of transmission and techniques used to prevent the transmission of infectious agents. Policies for infection prevention and control should be written, readily available, updated every 2 years, and enforced. Many of the recommendations for infection control and prevention from the Centers for Disease Control and Prevention for hospitalized patients are also applicable in the ambulatory setting. These recommendations include requirements for pediatricians to take precautions to identify and protect employees likely to be exposed to blood or other potentially infectious materials while on the job. In addition to emphasizing the key principles of infection prevention and control in this policy, we update those that are relevant to the ambulatory care patient. These guidelines emphasize the role of hand hygiene and the implementation of diagnosis- and syndrome-specific isolation precautions, with the exemption of the use of gloves for routine diaper changes and wiping a well child's nose or tears for most patient encounters. Additional topics include respiratory hygiene and cough etiquette strategies for patients with a respiratory tract infection, including those relevant for special populations like patients with cystic fibrosis or those in short-term residential facilities; separation of infected, contagious children from uninfected children when feasible; safe handling and disposal of needles and other sharp medical devices; appropriate use of personal protective equipment, such as gloves, gowns, masks, and eye protection; and appropriate use of sterilization, disinfection, and antisepsis. Lastly, in this policy, we emphasize the importance of public health interventions, including vaccination for patients and health care personnel, and outline the responsibilities of the health care provider related to prompt public health notification for specific reportable diseases and communication with colleagues who may be providing subsequent



Useful Websites

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www.nevadaaap.org/

[www.facebook.com/
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care of an infected patient to optimize the use of isolation precautions and limit the spread of contagions.

For the full policy statement, please visit:

<http://pediatrics.aappublications.org/content/140/5/e20172857>

Volunteers

We are looking for speakers for **Walk with a Doc**. You can talk about any healthy lifestyle topic. If you are interested, please contact us.

Contact Us

Questions? Comments? Please contact us at nevadachapteraap@gmail.com.



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