

# Nevada Chapter AAP

Summer 2018



## Letter from the President

Dear colleagues,

I hope you are enjoying the summer. Make sure to stay cool in the high temps.

Thank you to everyone who came out to our 2<sup>nd</sup> Anniversary Celebration of Walk with a Doc: Kids Time. It was a beautiful day for a hike. Check out our pictures on our Facebook page and on our webpage. We are having our monthly walks at Mt Charleston for the summer due to the cooler temps. We will resume our walks at Springs Preserve in September.

Mark your calendars for our 11<sup>th</sup> Annual Meeting on Saturday, Sept 15, 2018 at the M Resort. See next page for more details. We hope you will join us for this informative and fun meeting.

A warm welcome to our new class of pediatric interns at UNLV School of Medicine! Thank you to everyone who came out to welcome them at Happy Hour. We had an amazing turnout!

On the advocacy front, there are many ongoing issues that affect children's health. For more information, you can check out the AAP Advocacy Toolkit or sign up for Advocacy Alerts. More info on page 2.

Lastly, I want to congratulate Dr. Vanessa Slots for winning the election for Secretary/Treasurer. We are excited to have her join us on the board. And I want to thank Dr. Jinsy Jacobs for running as well. We appreciate her dedication to our chapter.

As always, if you have any ideas for advocacy or projects, please let us know. Your chapter is here to support you!

Sincerely,

Betsy

## Upcoming Events

**Sunday, July 10, 10-11AM**  
(2<sup>nd</sup> Sunday of every month)

Walk with a Doc: Kids Time

Location: Mt Charleston

**Tuesday, July 17, 6:45-8PM**

Atopic Dermatitis Dinner  
Presentation

Location: Fleming's Prime  
Steak, Las Vegas

**Saturday, September 15**

11<sup>th</sup> Annual Meeting

Location: M Resort,  
Henderson

## Important Announcements

We have brand new Twitter and Instagram accounts! Follow us @NevadaAAP and #NevadaAAP.

## News from the Chapter

### 11<sup>th</sup> Annual Meeting – Caring for Kids: Update 2018

Join us for our 11<sup>th</sup> Annual Meeting on Saturday, September 15<sup>th</sup> 2018 at the M Resort in Henderson, NV. We have timely updates on important topics including Autism, Suicide Prevention, Disaster Preparedness, Oral Health, Sports Medicine, Asthma, and Firearm Safety. There will be exciting exhibitors to visit and a chance to network and meet with other pediatric healthcare providers in our state. New for this year, we will have online registration. More info coming soon!



save.the.date



AAP  
Nevada  
Chapter  
11th  
Annual  
Meeting

9.15.18

m resort - henderson, nv

### AAP Advocacy Toolkit

Currently, there are many ongoing issues affecting children's health from protecting children from gun violence to protecting migrant children's health to protecting children's access to healthcare, just to name a few. There are also many advocacy opportunities for pediatricians. The AAP Advocacy Toolkit is a great resource with helpful tips and useful statistics. You can access the AAP Advocacy Toolkit here: <https://federaladvocacy.aap.org/>. You can also sign up for Advocacy Alerts by emailing [kids1st@app.org](mailto:kids1st@app.org).

Your chapter is always hard at work coordinating with national AAP and engaging our members to participate in advocacy projects. If you are interested in doing more advocacy work, you can join our advocacy committee. If there are any advocacy projects you are interested in, please contact us.

### Useful Websites

**Nevada Chapter AAP**

[www.nevadaaap.org/](http://www.nevadaaap.org/)

[www.facebook.com/  
NevadaChapterAAP](https://www.facebook.com/NevadaChapterAAP)

**American Academy of  
Pediatrics**

[www.aap.org](http://www.aap.org)

**HealthyChildren.org**

[www.healthychildren.org](http://www.healthychildren.org)

### Chapter Officers

**President – Betsy Huang**

**VP – Pam Greenspon**

**Secretary/Treasurer –  
Vanessa Slots**

**Executive Director – Roberta  
Again**

**Immediate Past President -  
Kami Larsen**

## AAP Policy Corner

### Guidelines for Adolescent Depression in Primary Care (GLAD-PC): Part I. Practice Preparation, Identification, Assessment, and Initial Management

Abstract:

**OBJECTIVES:** To update clinical practice guidelines to assist primary care (PC) clinicians in the management of adolescent depression. This part of the updated guidelines is used to address practice preparation, identification, assessment, and initial management of adolescent depression in PC settings.

**METHODS:** By using a combination of evidence- and consensus-based methodologies, guidelines were developed by an expert steering committee in 2 phases as informed by (1) current scientific evidence (published and unpublished) and (2) draft revision and iteration among the steering committee, which included experts, clinicians, and youth and families with lived experience.

**RESULTS:** Guidelines were updated for youth aged 10 to 21 years and correspond to initial phases of adolescent depression management in PC, including the identification of at-risk youth, assessment and diagnosis, and initial management. The strength of each recommendation and its evidence base are summarized. The practice preparation, identification, assessment, and initial management section of the guidelines include recommendations for (1) the preparation of the PC practice for improved care of adolescents with depression; (2) annual universal screening of youth 12 and over at health maintenance visits; (3) the identification of depression in youth who are at high risk; (4) systematic assessment procedures by using reliable depression scales, patient and caregiver interviews, and *Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition* criteria; (5) patient and family psychoeducation; (6) the establishment of relevant links in the community, and (7) the establishment of a safety plan.

**CONCLUSIONS:** This part of the guidelines is intended to assist PC clinicians in the identification and initial management of adolescents with depression in an era of great clinical need and shortage of mental health specialists, but they cannot replace clinical judgment; these guidelines are not meant to be the sole source of guidance for depression management in adolescents. Additional research that addresses the identification and initial management of youth with depression in PC is needed, including empirical testing of these guidelines.



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NevadaChapterAAP](https://www.facebook.com/NevadaChapterAAP)

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[www.aap.org](http://www.aap.org)

### HealthyChildren.org

[www.healthychildren.org](http://www.healthychildren.org)

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For the full policy statement, please visit:  
<http://pediatrics.aappublications.org/content/141/3/e20174081>

## Announcements

Our chapter offers a \$500 NCE scholarship to one resident and one medical student each year to help cover costs for attending NCE. Applications due on 9/1/18. You can find more information on our webpage.

## Volunteers

We are looking for speakers for **Walk with a Doc**. You can talk about any healthy lifestyle topic. If you are interested, please contact us.

## Contact Us

Questions? Comments? Please contact us at  
[nevadachapteraap@gmail.com](mailto:nevadachapteraap@gmail.com).



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